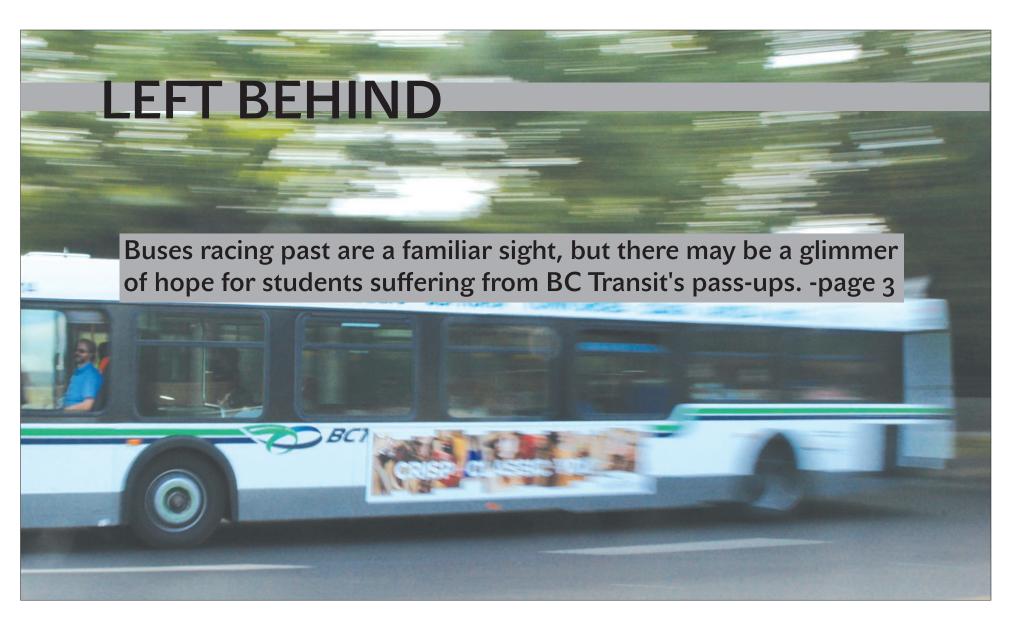


camosun's student voice since 1990





Carla Wormald knows all about losing loved ones to suicide.

She wants to help.

-page 5

# **NEXUS**

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COVER PHOTOS

Come out to our weekly Nexus editorial meetings, where all Camosun students can get involved in their studen newspaper. Meetings take place every Tuesday at 11:30 am in the *Nexus* office, Richmond House 201, Lansdowne. Call 250-370-3591 or email editor@nexusnewspaper.com fo

s: Lucas Milroy/Nexus Fall fashion: Photo provided Carla Wormald: Marielle Moodley/Nexus

#### editor's letter

# **September salutations**

Welcome, students! Whether you're new to Camosun or returning for another year of studies, we hope your summer treated you well and you're ready for some serious learning. And some serious reading. Because we're ready to start publishing our bi-weekly paper to help keep you informed of news happening on and off campus, arts events happening around town, and much, much more.

Reading the stories that make up this issue, I can't help but notice a theme of rebirth. Of starting over. Maybe it's September talking, or maybe it's BC Transit's kinda-good news of reinstated service hours (see page 3), but there's some new hope in the air. On page 5, those who have survived suicidal thoughts and loved ones taking their own lives rally for hope, rally for life.

There's an exclusive fall fashion preview on page 6, and page 8 and 9 deliver the arts section that our writers always deliver so well. Back on page 11, we're debuting two brand-new comics, which we're very excited about.

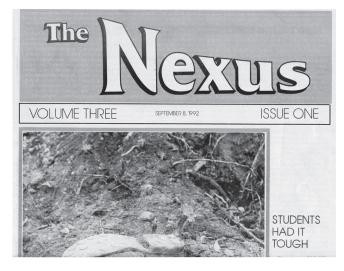
It's a new beginning in so many ways. Please, join us for the adventure, as a reader, and as a volunteer (see below). It's bound to be a good one.

We encourage you to volunteer for Nexus; after all, it's your paper! We can use writers, photographers, artists, proofreaders... please drop us an email at editor@nexusnewspaper.com, call at 250-370-3591, or stop by Richmond House 201 anytime to chat about how you can get involved!

-Greg Pratt, editor-in-chief

#### flashback

### Twenty years ago in *Nexus*



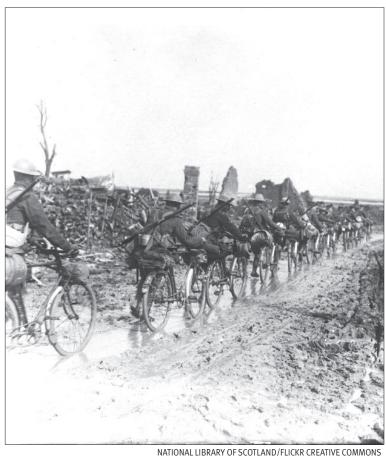
**Technology vs. technology:** An article in our September 8, 1992 issue entitled "Lansdowne fire causes chaos" reported that a coffeemaker is the main suspect in a fire that broke out on campus, causing much first-dayback disruption. Luckily, Camosun then-president Dan Cornish had his "cellular phone" on him, so he notified authorities immediately. (Okay, we're easily amused: "cellular phone" just made us chuckle out loud in the office while perusing this issue.)

Everything old is old again: Ever get the feeling the plots just get played out over and over again? Even 20 years ago, we were reporting on funding issues: in this issue, it was the library suffering. They were losing hours and it was reported they had fewer books per student than any other BC college. The reason? But of course: funding cuts.

**What?:** The following was printed in this issue, completely irony-free: "You've wondered about it! You've wanted it! You've waited for it! Well, the waiting is over! Pickel-ball has arrived at Camosun College." Apparently, the sport is a cross between tennis, badminton, and, uh, table tennis. Apparently, it never quite took off like we thought it would in 1992.

open space

# Down with taxpayer-funded vanity



Even back in the old days, they wore helmets!

#### **LUCAS MILROY**

STAFF WRITER

If a cyclist gets into an accident and cracks their head open because they decided to not wear a helmet, we all pay, and it's time people realized that.

Some people are strongly opposed to wearing a bicycle helmet. They attribute many reasons to their displeasure with noggin fortification, citing such ridiculous claims as longing for the cool breeze flowing through their hair, worrying about looking cool, or dreading that they may mess up their locks. None of these are legitimate claims.

However, there is one claim that people make that holds some weight. Some people stand by the thought that they should be free to not wear a helmet if they please, as it does not affect anyone but themselves. While upon first analysis this claim seems to be true, looking deeper into the request will show that the carefree act of not wearing a helmet can have negative

repercussions on both the rider and the general public.

Not wearing a helmet while riding a bicycle makes you more susceptible to injury. A person may be injured as a result of not wearing their helmet, but it's their body that will be injured, and they're the one who will pay the price, right? This is not quite true.

When a person is injured they are taken to the hospital where they are inspected and treated. Who pays for this? The taxpayers. The taxpayers are paying for you to go to the hospital and receive medical care because you thought it looked cooler to ride without safety. The taxpayers are the ones who have to pay for your lack of diligence, for your vanity.

This isn't fair. By simply strapping on a helmet you can reduce your risk of being injured, and save taxpayers' money. So next time you hop on the old ten-speed think twice about the ramifications of not wearing your helmet.

Something on your mind? Send Open Space submissions (up to 400 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

#### What food would you like to see added to the cafeteria menu and why? BY MARIELLE MOODLEY



**AZIZ AL BATAIN** 

"Kefta, because I am Arabic and a little homesick. I want something that reminds me of home."



**SAM HOLDEN** 

"Thanksgiving turkey, because it's filling and makes me learn better."



**DAYLIN ROBSON** 

"Steak and lobster, because I like being extravagant and I love seafood in general."



**NICOLA BUKOVOC** 

"Salt and pepper chicken wings, because you don't need cutlery to eat them."



HARMONY CHANG

"Chow mein, because my mom always makes me chow mein back in China."



**ALEX GARNEAU** 

"Local baked goods like quiches and gourmet sandwiches."

infrastructure

# BC Transit reinstates 7,000 service hours

"We would need closer to 20,000 hours to adequately address the pass-up issues for students."

#### **MADELINE KELLER-MACLEOD**

CAMOSUN COLLEGE STUDENT SOCIETY

> **LUCAS MILROY** STAFF WRITER

BC Transit recently announced they have reinstated 7,000 hours of service to their routes, 5,000 of which are going back into conventional bus lines (the other 2,000 hours are going to handyDART

Students are affected by busses passing them by on a regular basis, and that's the main problem that BC Transit is trying to resolve by reinstating the hours, according to Maureen Sheehan, director of sales and marketing, although she adds that it will not be enough to totally eliminate the pass-up problem.

"We do not expect to completely eliminate pass-ups," says Sheehan, "and ask our customers to be patient as our operations team makes the best possible use of the additional 5,000 hours."

Edward Pullman, Camosun College Student Society (CCSS) clubs and events coordinator, says that the pass-up issue has been affecting students at Camosun and UVic for over eight years.

"There just isn't enough funding in the system right now to accommodate the service hours that we need," says Pullman.

And while BC Transit are putting 5,000 hours back into the conventional system, CCSS external executive Madeline Keller-MacLeod isn't so optimistic that this addition will even begin to cover the needs of the students.

"They are just adding 7,000 hours back into transit that were cut in 2010," she says. "But all 7,000 hours were cut from the conventional transit system. Now, 5,000 are going back into the conventional system, and 2,000 went into the handyDART."

Keller-MacLeod says that while it's a good thing that handyDART also got hours added to the line, it still adds up to hours missing from the conventional route.

"There were pass-ups in 2010 when we had 7000 hours taken away, and now we are only getting 5000 back," she says. "We would need closer to 20,000 hours to adequately address the pass-up issues for students."

According to Pullman, the passups are not the only issue with BC Transit that affect students. Another key problem is that buses



LUCAS MILROY/NEXUS

Students will be seeing less buses whipping past them thanks to reinstated service hours.

are getting slowed down in traffic, which deters people from wanting to ride them. This is a problem that needs to be remedied if we want to see an increase in user satisfaction, he says.

"The best way to do that is dedicated busways on major routes like Douglas, McKenzie, and Hillside at key hours when traffic is heavy," says Pullman. "Because, quite frankly, we are not really giving people much of an incentive to take the bus if the bus is stuck in traffic with everything else."

BC Transit recognizes the

issue of congestion and say they are making an effort to identify key problem areas and improve upon them. Sheehan says they are leading a transit priority study with the region's road authorities to identify and improve on problematic areas.

"The study will look at transit priority on Highway 1, Highway 17, Douglas, McKenzie, and the Island Highway," she says. "To improve efficiency, transit priority should help us move passengers faster and free up service hours and buses to apply where demand warrants."

As for the pass-ups, even those who are not getting passed are seeing the negative repercussions of the lack of readily available transit service for students.

"I usually get on at the very beginning of the number 4 [route], which is why I don't get passed up, but I watch people get passed every morning," says second year university transfer student Michaela Delong, who watches the bus get busier and busier along its route.

"It's packed," says Delong, "which is uncomfortable, but you've got to get to school some way."

#### **NEWS BRIEFS**

#### A smashing success

In case you didn't know, the Olympic Games took place in London, England, this summer. Most of you probably weren't there, but fear not: thanks to a team of crack scientists at Camosun College's Sports Innovation Center, we were able to be aptly represented. The small device they created, known as MMS (multi-sport measurement system), was sported by numerous athletes while training for their Olympic events, which allowed the athletes to obtain accurate, real-time feedback of their training. This feedback was then used to pinpoint areas for improvement. Good show, chaps!

#### **Chargers tryouts** start now

Do you think that you have what it takes to sport the blue ram (or is it a rare breed of mountain goat?) on your jersey? Are you prepared to sweat, work your ass off (it isn't a donkey, is it?), and bring pride to the Camosun name? If you answered "hell yeah!" to these questions, then you better hurry up and get to tryouts. Men's basketball open tryouts start on September 5, from 6:30 to 8:30 pm, with a women's basketball team meeting on September 7 at 3 pm, followed by a scrimmage from 4:30 to 6:30 pm, and open tryouts on September 10 from 4:30 to 6:30 pm. For volleyball, there are men's tryouts on September 5 from 4:30 6:30 pm, September 6 from 6:30 to 8:30 pm, and September 8 from 4:30–6:30 pm. All of these tryouts are taking place at the Pacific Institute for Sports Excellence (the big sports building near interurban).

#### **Camosun funding** criticized

Camosun will get a \$506,000 funding boost this year for 64 extra student spaces in its health-care assistant program. It's part of a

province-wide one-time funding spree, but some people say it's just not enough. Camosun College Student Society external executive Madeline Keller-MacLeod says that Camosun's frozen funding over the past three years has resulted in great losses for the college. "Due to inflation this amounts to a two or three per cent cut per year," she said in a press release. "This has resulted in the elimination of the applied communication program and has put our dental hygiene program at risk." While appreciating the one-time funding for what it is, Keller-MacLeod explains that to see real change we'll need more. "This is only one-time funding," she said. "Employment needs in this field will continue to grow with an aging population. Sustainable funding should be guaranteed for these new seats."

#### **Getting graphic**

A comic and graphic novels certificate program is now available at

Camosun College for the first time ever. But this course is not just limited to the art of graphic novels and comics: one can also pursue gaming, motion graphics, illustration, or advertising. So many possibilities, one short course.

#### **Student loan** repayment update

Some moderately good news for those dealing with student-loan debt: a new system has been put in place for repaying BC student loans. The traditional model that looked purely at the income of the loanburdened student will be replaced with a system that takes a closer look at the individual. This new structure will look at income, family size, ability to repay debt, and overall debt load in an attempt to make it easier for the new grad to adjust to their professional lives. These new rules, however, do not lower the interest rate on loans, which, at 2.5%, is the highest in Canada.

#### When fire ants attack

Planning a romantic picnic on the grass in Oak Bay? Or perhaps you're thinking of grabbing one last game of Frisbee in the park before the cool autumn winds take over? Think again. Fire ants are on the loose, and they are not afraid to bite. Over the past 15 years this invasive species has been growing steadily in the Lower Mainland and on southern Vancouver Island, and can be seen (and felt) on the skin of unsuspecting victims. So remember, be safe, and watch out for those devilish creatures on your next funfilled outing on a grassy knoll

-LUCAS MILROY

Got a news tip? We want to hear it! Send an email over to editor@nexusnewspaper.com to let us know what you know!

HELP BUILD **OUR TEAM** 

> 250-370-3591 editor@nexusnewspaper.com nexusnewspaper.com

NEXUS NEEDS STUDENT VOLUNTEERS

basketball

# New Chargers coach refuses to go lower than bronze

"If we finish any lower than third it would be a personal failure for me."

> **SCOT CUACHON** CAMOSUN CHARGERS



KEVIN LIGHT

Scot Cuachon has moved up from assistant coach to interim head coach of the men's Chargers basketball team.

#### **LUCAS MILROY**

STAFF WRITER

After putting in two years as assistant coach of the men's Chargers basketball team, Scot Cuachon is starting to move up.

Newly appointed as the interim head coach after previous head coach Craig Price shipped out to Alberta, Cuachon has high expectations for the boys in the upcoming

"To be completely honest, if we finish any lower than third it would be a personal failure for me," says Cuachon. "I feel like we have to build and get better every year, and

with our bronze-place finish last year I feel that is our baseline."

Luckily, as Cuachon has been assistant for the past two years, the transition should be a smooth one.

"He's going to bring a new spin on things, but it will build on what we've built up with the previous coach," says Jordan Elvedahl, who plays point guard for the Chargers.

Cuachon brings more experience than just the couple years he's had as assistant coach. He's been a basketball player all his life, playing in both college and university. So for him, the move to coaching was simply a natural progression, the next step in his basketball career.

As a past player, Cuachon recognizes that the success of the team doesn't lie solely on him, and is trusting his players to step up and bring home the championship.

"I don't feel as though it is completely up to me," he says. "Of course I have a big part in it, but we have some very strong leaders and proven people on our team. Some guys are going into their last eligible year of playing, and want to make it memorable. They will force guys to join them, and all I really have to worry about is the technical side."

With coach Cuachon's game plan in full swing, the Chargers are hoping to beat last year's provincial third-place finish and move on to the nationals. To get there, Cuachon will be working hard, implementing his signature twists to ensure that the team is ready for the challenges that await them in this upcoming season.

"As far as putting a stamp on how we're going to play this year, their training camp and conditioning will be hellish, to say the least," says Cuachon. "These guys know what they're in for, and will be working pretty hard to get in shape for the season."

#### PEERS HELPING PEERS AT CAMOSUN

#### Camosun College International Peer Connection Program

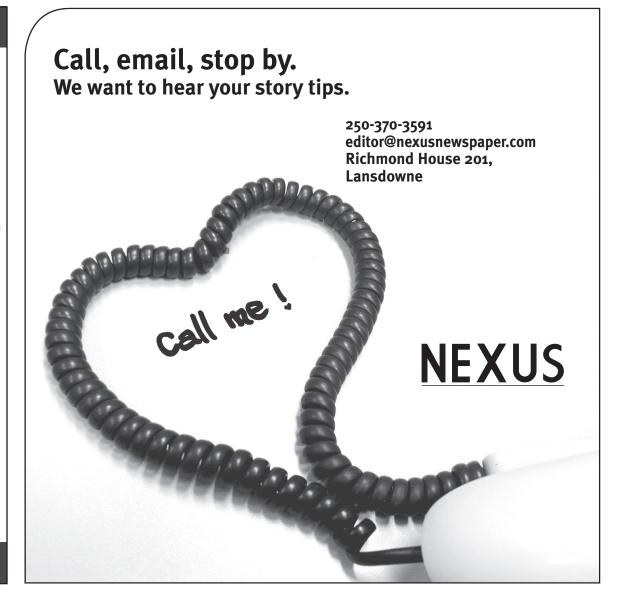
- International and domestic students that join the Camosun College International Peer Connections Program receive training in cross-cultural communication skills that are invaluable for personal growth, crosscultural learning, and career development and exploration.
- Peer Connections provides Camosun students with a unique leadership opportunity to help their peers while learning about culture and global perspectives from other students.
- Students in the program enrich their campus life intellectually and socially by learning from a variety of guest presenters and student-centered activities with a global focus.

Students interested in joining Peer Connections can attend one of the following information sessions:

Sept. 17 or Sept. 18 - 5-6 p.m. Lansdowne Campus - Wilna Thomas Building, Rm. 234

For more info, please email

peerconnections@camosun.bc.ca



social issues

# DOTS never gives up on helping the suicidal

"Thankfully, the last time I was sent home from the hospital, I passed out after a couple bottles of wine. before I could take too many pills. I had planned to kill myself."

**JEAN OLIVER** 

MARIELLE MOODLEY

There are two major problems with treating mental illnesses. It's often invisible, and it's nearly impossible to prove that someone suffers from a mental illness.

At least that's according to Development of Treatment Services (DOTS) president Jean Oliver. And she should know, having been through the horror of suicidal urges herself.

"It's very difficult to prove that someone is suicidal," says Oliver, who is also a creative writing and psychology student at Camosun. "When I was in the hospital trying to get help because I knew my suicidal urges were putting me in serious danger, I was sent home because I was told that I didn't fit the criteria of being clinically suicidal."

Oliver considers herself lucky that she didn't become a part of the national statistic of 55 people killing themselves every day. Overcoming her own suicidal struggles, Oliver feels that she must now advocate for those who need resources, in hopes of lowering those numbers.

"Our strategy is to provide seamless mental health care in Canada by

providing immediate resources that are useful for those suffering with mental health."

DOTS advocates believe that there are certain mental illnesses that need to be taken seriously no matter the opinion of the person giving the assessment, and that in urgent matters it is crucial to give that support that the Canadian health care system currently doesn't offer. (There are also no support groups in Victoria to help people with anxiety or suicidal feelings.)

"There's lots of information available about suicide prevention but when someone is in a critical moment they require simpler ways of accessing the help," says Oliver. "DOTS has a panic button on our website for easy access to a crisis hotline."

#### A life on the edge

Oliver began having suicidal urges when she started to lose her

She had just overcome a major head injury and was feeling rage as a side effect of the injury, and was also going through a divorce.

"I was abusing my body with alcohol and pills to numb the pain I was going through," she says. "Eventually, I started thinking illogically and told myself that life wasn't worth continuing. I felt like I was a burden on others and that life would be better off for them if I wasn't around."

The last time Oliver was sent home from the hospital when she was in suicidal panic it was her fourth trip in. She asked the doctor to level with her and the doctor said that if they helped her she would become dependant on them and that it wasn't helpful for anybody.

"Thankfully, the last time I was sent home from the hospital, I passed out after a couple bottles of wine, before I could take too many pills," she says, "I had planned to

kill myself, because I thought it was all too hard."

Oliver's pivotal moment was when she woke up alive and realized that it wasn't completely her fault that she almost died. She had gone to the hospital for help and was turned away, and believes that if she received the help she needed she may not have attempted to commit suicide.

"None of my friends knew I was suicidal when I was," she admits. "Suicide is such a taboo thing to talk about; without the medical support I needed, I felt like I was running out of options. When I realized it wasn't all my fault, I decided that I needed to change my life around and help others who have suicidal urges to do the same."

#### Losing loved ones to suicide

Carla Wormald has suffered on the other side of suicide. Wormald, who is on the DOTS board of directors, attended last year's DOTS rally because she was suffering from the loss of three people that were close to her. They had all committed suicide within the previous four years.

"I was feeling guilt, loss, and helplessness through losing people in my life to suicide," she says. "I went through counselling but didn't know how to direct my energy until I went to the rally."

Getting involved with DOTS helped Wormald self-heal. She learned how to cherish those who have lost their lives to suicide, be a catalyst for positive change regarding mental illness and suicide support, and help people create a better path for themselves.

"Our society needs to advocate awareness, break down the stigmatic barriers, and let people come together to share their experiences with overcoming suicide,"

On a government and commun-



DOTS board member Carla Wormald has lost loved ones to suicide.

ity level, Wormald says we need to make more support systems available, advertise the current support systems, and at least provide an emergency psychiatric bed at the hospital for suicidal people waiting for help.

"One of DOTS' biggest values is to create resources for those who have suicidal feelings or suffer from other mental illnesses," she says. "I believe that at least two out of the three people I recently lost may still be here today if they were able to speak therapeutically about their suicidal feelings rather than repress their guilt and shame associated with committing suicide."

#### Rallying for life

The DOTS rally will have petitions and notification letters for those political members of legislation who have an impact on changing the mental health care system on a municipal, provincial, and federal level. The rally will also feature a human chain, which really stands for something larger.

"The human chain part of the rally is symbolic for people coming together," says Wormald. "It helps us share stories, network, support each other through our past experiences, and support each other through what we are currently going through."

DOTS wants to remind those who are feeling suicidal, have felt suicidal, or have lost loved ones through suicide that everyone deserves to be helped through these

For Oliver, it's all about holding on to a bit of logic.

"In my worst moments there was a voice talking to me constantly while I was awake and giving me nightmares in my sleep," she says. "Try to keep positive, eliminate the stressors in your life, think logically, and speak with someone who can help you realize what is logical."

> DOTS rally 10 am - 1 pm Saturday, September 8 Legislature lawn dotsbc.com

# **NEXUS**

The content doesn't end in the paper. Web-exclusive stories are always popping up at nexusnewspaper.com.

Scan the QR code to check out some web-only stories:





style

# From burgundy and python print, fall fashion has it all



The pretty pastels of spring and summer are deepening into jewelled tones for fall.



PHOTOS PROVIDED

Burgundy, collars, and boots: fall fashion is here.

#### KATE MASTERS

CONTRIBUTING WRITER

Put away your fake Uggs, yoga pants and latest American Eagle/ Hollister/Billabong/Roxy sweater and embrace some fall fashion trends. Summer was all about flirty high-low skirts, ripped jeans, sheer tops, and pastel colours, but now autumn has arrived, with a darker colour palette and edgier details; colours always darken in the fall to reflect the changing of the seasons. Just a rule of thumb: a dying leaf provides much of fall colour

inspiration. Aside from maxi skirts, this summer was all about showing some skin, whereas fall is about covering up with button-up Peter Pan collared shirts and oversized outer coats. Here are some wardrobe must haves for fall.

#### Layering

Peter Pan collared shirts and leather-studded motorcycle jackets; a grandpa sweater and a lace blouse; that oversized duffel coat paired perfectly with a jewel-toned cardigan. Fall is all about the layering.

#### Colour runs deep

The pretty pastels of spring and summer are deepening into jewelled tones for fall. Lavender and cotton-candy pink darken to burgundy, while minty fresh green matures into an emerald green and baby blues darken the sky by turning into midnight navy. Fall fashion tones down the vibrance and freedom of summer, but in no way does it tone down the fun.

#### Fierce prints

From tortoises (Cynthia Rowley), to pythons (Yigal Azrouël),

to fish (Cristian Siriano), the fall runways had a very cold-blooded reptilian theme. Medieval and Baroque-inspired flower pattern prints walked down the runway, often with a waxed sheen.

#### Studs everywhere

Fashion has now demanded that studs adorn everything. Find them on boots, jackets, pants, jeans, shorts, hats, sunglasses... Thank the character of Lisbeth Salander, the tattooed and black-leather clad heroine in The Girl with the Dragon Tattoo, who spurred this craze. It will continue to grow.

#### Velvet

Velvet is no longer just for that Wednesday Addams Halloween costume or mandatory Christmas dinner attire—designers from Gucci to Ralph Lauren have endorsed the fabric as the texture of the season.

#### Oversized outerwear

Now is the perfect time to raid the nearest Salvation Army or Value Village for an oversized wool blend jacket with a herringbone print. Remember, fall fashion is all about "the bigger the better" when it comes to coats.

#### Collars

Statement collars are popping up everywhere, from the fall runway shows of Derek Lam to any store that claims to be the least bit trendy. The more covered up you are this fall the more fashionable you will be, so button that collared shirt to the top and even layer a fitted sweater over it with the collar of the shirt underneath pulled over top. Those who don't want to splurge on a full shirt can just go out and buy a detachable collar and wear it with any shirt. The collar is the new necklace and is here to stay.

#### My friend Chelsea

Every fashion blogger owns a variation of the Chelsea boot—it's fashion forward yet comfortable. The boot is defined by its elastic siding and its sleek equestrian lines. Buy a pair in black or brown leather, or pleather.

#### Don't forget...

Buy all these trends and layer them all together. An oversized herringbone coat paired with a burgundy velvet blouse and a studded detachable collar with Baroque-inspired floral pants finished off with Chelsea boots? Sounds marvelous.





SUMMER DOESNT HAVE TO BE OVER YET

#### **\$15** gets you:

- your wristband (4 ferry hops for the price of 3)
- 3 pub stops (Lido or Flying Otter, Spinnakers and Canoe)
- a **free appy** at each location per group of 4 or more
- and a wicked outing with your buds

#### Grab your friends and start the school year off right!

last day Sept 15th. Boats stop running at 8:30pm For more details: www.victoriaharbourferry.com/pickle-pub-crawls/











music

# Rifflandia brings international talent, benefits local artists

"The exposure of our name, and potentially our music, to so many people is invaluable."

OLIVER BROOKS

LEISURE SUIT



SHANE DERINGER

If locals Current Swell ever finish reading all these books, they'll be one of many bands playing Rifflandia.

NICKOLAS JOY

CONTRIBUTING WRITER

The biggest problems that the organizers of Victoria's Rifflandia fest have faced while doing the annual music to-do have been good ones, as far as problems go. Past Rifflandias brought complaints and dissatisfied festival-goers when venues reached capacity and long lines caused people to miss concerts, but that was smoothed out with the introduction of the Royal Athletic Park as the fest's main stage.

As the festival—now in its fifth year—got bigger so did the acts that played, with groups like De La Soul, Broken Social Scene, and The Cave Singers playing Rifflandia last year. This year, with The Flaming Lips, Sloan, Cake, Mother Mother, Dan Mangan and Fucked Up, among many others, playing, it's clear that Rifflandia is definitely not slowing

down, and has hopefully put its problems in the past.

"It's moved to several outdoor locations while also filling every available venue around the city," says Ghosty of local roots rock band Current Swell, who played in 2010 and who are playing this year at the main stage. "We've seen it grow to bringing in both national and international touring acts."

The acts playing this year range from Reggie Watts, with his bizarre and seemingly bipolar looping acappella musical comedy, to chill indie pop groups like Australia's The Jezebels. The festival's eccentricities will surprise unsuspecting folks who unknowingly find themselves watching, say, local weirdo rap group Hundy Thou, whose shows seem a lot more like a metal concert.

And it doesn't end there. The

Flaming Lips, for example, are one of the most surreal touring acts in decades. In the past they have descended onto stages in a giant UFO, and lead singer Wayne Coyne often crowd surfs in an inflatable hamster ball while Teletubbies lookalikes dance on stage and confetti endlessly rains down upon the crowd.

Though many of the more notable acts (there are 117 in total) are international, and some seem like they're from other planets, the festival thrives symbiotically with Victoria's vibrant music scene.

"Rifflandia gives Victoria something we can call our own," says Ghosty. "We have our own unique creative culture here, and this event provides a platform to showcase that. It strikes me as a union of Austin's South by Southwest fest and the classic Canadian folk festival. Our streets and venues provide

an atmosphere that is distinctly Victoria. It's something we can get behind as a community."

Victoria is brimming with talented artists who don't normally get to be in a festival scenario, so Rifflandia really provides an interesting opportunity for some local artists

"Festivals afford small bands the opportunity to be a bigger band for a night," says Oliver Brooks, frontman of Victoria post-punk/ shoegaze band Leisure Suit. "We'd have a hard time drawing a large crowd to some of our own shows, but at a festival you've got a huge pool of people who are already hanging around looking for their next music fix. The exposure of our name, and potentially our music, to so many people is invaluable."

But that exposure is worthless if people can't get in to see the band,

which has been one of the biggest drawbacks of the fest. But at least if a venue is full, there's probably another venue to go check out, which can actually work out great in the end, exposing concert-goers to new sounds.

"One of Rifflandia's greatest assets is that, as a smaller festival, it can trick you into broadening your musical horizons," says Brooks. "The Music Conservatory, for example, hosts three night venues. When you've got three completely different sets going on literally down the hall from one another it's easy to get up and walk over to another amazing show on a whim."

Rifflandia
Thursday, September 13 to
Sunday, September 16
Various venues
2012rifflandia.com



Music Bingo Mondays @ 7:30, \$5.25 Martinis

Color Contest Tuesday @ 7:30 PM, \$5 doubles

.40 Wing & PRAWN Wednesday

\$7.95 Burger Thursday, \$5 Doubles

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movie review

## Celeste and Jesse Forever fails



They look so happy. Too bad the movie's a flop.

MEGAN GIBSON CONTRIBUTING WRITER

In any film, there's always something easy to pick at, even if the movie was great. Finger-pointing is simple because it's obvious what went wrong, whether it's to do with an actor, a director, or the set.

Eight fingers and two thumbs aren't enough to point out all the wrongs in *Celeste and Jesse Forever* 

The title itself is something a 13-year-old girl writes on her binder while bored in class. This movie was on the brink of being tossed out the window 10 minutes into it. I stuck it out. Apparently I'm a glutton for punishment.

Rashida Jones and Andy Samberg are Celeste and Jesse, a separated couple who remain best friends. Usually there's this thing called "chemistry" between two actors in such an intimate role; it helps carry the film and gives the audience something to relate to. That isn't the case here, which makes it hard to believe they were ever anything more than friends.

This needs to be said: Samberg is neither Robin Williams nor Jim Carrey; interchanging between comedy and drama is a skill, which Samberg lacks. He'd be best to stick to the Lonely Island.

Jones is decent in her role as Celeste, but can't fully pull it off. It's hard to tell if it's the acting, the directing, or simply poor writing that makes her character lack believability. It seems the only reason she's the lead role and not a supporting one is because she co-wrote the script, with Will McCormack (who, oddly enough, does well in a supporting role, despite the poor writing).

Then there's Elijah Wood, who is Jones' gay business partner. He's even worse than Samberg in his role.

Wood may have been more believable as homosexual if he didn't try so hard to play up the stereotypes.

Lee Toland Krieger directed this fail. A couple questions come to mind: is he a bad director, or was he too intimidated to properly direct the actors into doing a good job? There were a few scenes that could have been gold, but completely missed the mark.

Overall, *Celeste and Jesse* is a failed attempt at a witty, quirky independent film with too many painfully awkward moments. There were some genuine laughs, but not enough to pretend it was worth the watch. Spare yourself the wasted 92 minutes.

Celeste and Jesse Forever is playing now at the Odeon.



New Music Revue

## Two to get started



Great Bloomers

Distant Fires
(Dine Alone Records)
4/5



Mother Mother The Sticks (Last Gang Records) 4.5/5

For an album full of songs about love, Great Bloomers sure do cover a variety of depressing subjects on sophomore album Distant Fires. In fact, these five Toronto-based, pop-influenced, folk rockers seem to have a lot on their minds as they explore the darker sides of love through the course these eleven

Most songs, for example, "Pale Morning Strangers," "Fear Will Make A Fool Of You," and "Sunday Clothes," all stick with the mellow, somewhat morose vibe that is fitting to the subject of the songs. However, some songs, such as "Something More" and "I Wanna Die Young," which tells the story of a guy whose relationship, which was full of love, has ended, and now feels as though he would be content to die, conceals the somewhat glum topic with a positive, upbeat tune.

All of the songs provide strong lyrics backed up by quality music, demonstrated by a great guitar solo on "Slowly In Your Gaze," and some awesome piano in "The Fire Burns Strong." Every song on this album engages the listener and is able to draw out emotions in an undeniably poetic fashion.

-Lucas Milroy

The fourth album from Vancouver's much-talked-about indie rockers Mother Mother might just have something to please everyone in a family.

But the question is this: will that eclectic flavour be a blessing or a curse?

Let's start with the youngest one first: my three-year-old loves the first single, "Let's Fall In Love." With catchy lyrics like "Mommy did it, Daddy did it, funny little monkeys in the zoo do it," it's easy for him to sing along to.

My wife loves the potty-mouthed Beatles feel of "Dread In My Heart." But she can't seem to put her finger on what Mother Mother's sound is and she's turned off by the Spacehog-esque "Businessman."

On the title track, Mother Mother show off their staple unconventional lyrics and effortless harmonies... and then very obviously show off some of their musical influences from both yesterday and today.

As for me, I think the question that really begs asking is this: what's not to love?

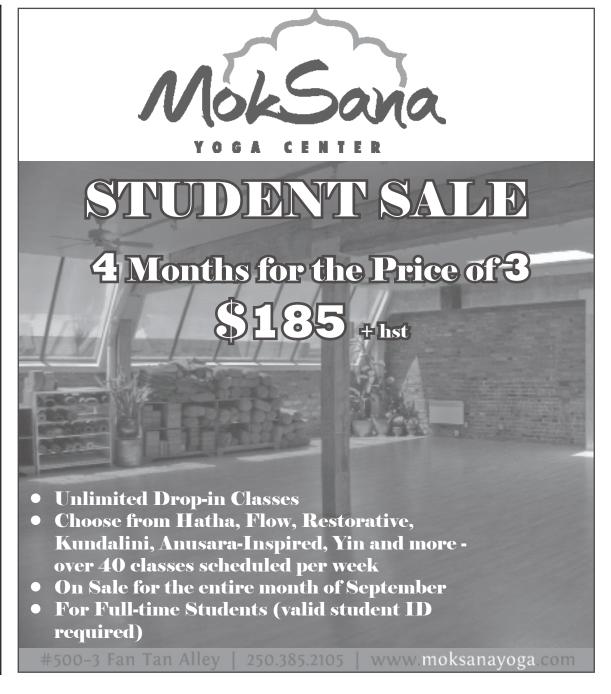
-DAN DARLING

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In Search of Lost Time

by Daphne Shaed camosun college pride centre

## Manufactured identity

As a MTF transsexual, sex was always a strange act for me.

I always felt closer and more enduring emotion from cuddling, kissing, caressing. During sex, I would imagine being the woman that I am, which made things difficult.

Sex was a strange and foreign act that was not as satisfactory as the media would have me believe. It is quite the opposite now.

But then, when I think back, masturbation was far more satisfying. This was not the fault of any of my previous partners; it was me being upset about the state of my body and the role I had to play in coitus.

I aligned myself with the thoughts of asexuality. I had never really investigated my asexuality because I was socialized to have sex. Yet another identity that I held

internal and only spoke of in hushed tones in the dark to whomever I was trusting at the time; sometimes it was just my kitties.

Was I discovering my asexuality, or was I simply manufacturing objects of my sexual self to adapt and provide comfort in the face of loneliness?

I was manufacturing it.

My previous self was definitely inclined to an asexual identity due to the nature of my cultural and socially constructed manhood, confining my womanhood to inner fantasy and ever-present daydreaming.

However, now that Daphne was a living reflection of my inner self and the chains of imposed social frameworks have been broken, fractured, and shattered, I no longer align with those feelings. At least not in the same way.

#### A MESSAGE

FROM THE CAMOSUN COLLEGE STUDENT SOCIETY

by Madeline Keller-MacLeod

It can be hard to make new friends during the excitement and anxieties that come with the start of a new semester. While the student society offers many opportunities for meeting other students on campus, such as volunteering on committees and participating in clubs, this fall we'll also be hosting a series of free pub nights.

To kick off the semester, September 13 will be our welcome week event, held at Maude Hunter's. Students who attend can get \$5 beer specials. In October we'll have a college invasion pub night, as the student society will be hosting our Tight and Bright Reloaded: Even Tighter, Even Brighter event. Finally, our Beauty and the Geek college invasion night on November 22 will celebrate the end of the

semester. (More details on those events soon!)

While the themes and venues will make great atmospheres for socializing, there will also be raffles for prizes. Once you're through the doors, your name will be entered into draws for great swag, including tickets to local sports events, gift cards, bookstore vouchers, and more.

We're thrilled to be hosting these pub nights to provide safe spaces for students to have fun throughout the semester. On behalf of the Camosun College Student Society, to all new and returning students, welcome to Camosun! We hope to see you at the pub nights (and you must be 19 or older to attend these events, so don't forget to bring two pieces of ID).

TOASTMASTERS INTERNATIONAL

Speaker's Corner

by Jean Oliver camosun college toastmasters

#### The beginning of the end

Bringing your first semester to a successful close is an end result anyone would want. Picture the smile on your face when you look over your final marks in December. How do you get to there from here? You start at the end of course.

End-point visualization is the key. You have to start with habits that will get you there. It's that simple: close your eyes; see yourself looking at that 8.0 GPA. See it. Feel it. Smell it. Own it.

But no amount of movie magic will do this for you. You must take action. When you schedule an appointment, keep it; if you're out of balance in an area,

get back on track. You are experiencing end-point visualization.

Your habits will produce results, good or bad. Make your habits work for you. By semester's end you will get that hit of reward; how good it feels will blow you away.

But where can you learn end-point visualization? Here at Camosun College Toastmasters. Attend a free workshop on September 15, from 9 am to noon. To register, head on over to endpointvisualization. wordpress.com today and take that first step towards a happy ending.



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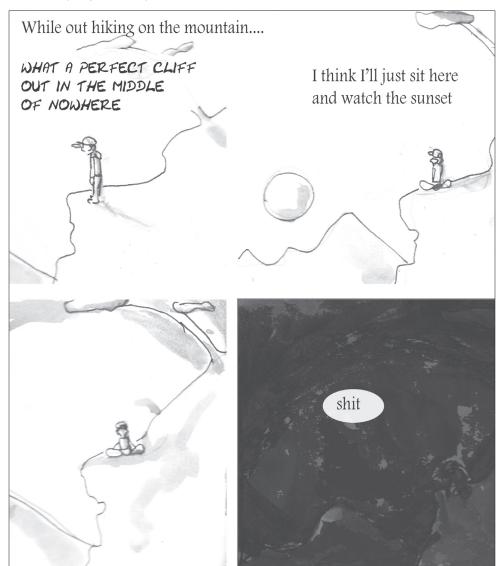
If you think you might be able to make folks laugh with a short comic every other week, then we'd like to see your work in print

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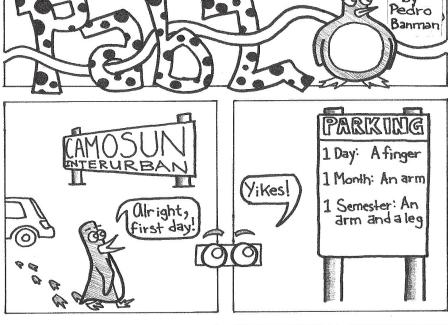
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# HUMOUR/EVENTS

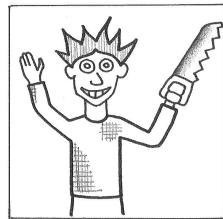
Luke Sanity Deprived By Lucas Dahl



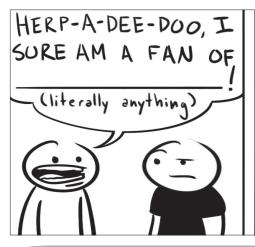
Pablo By Pedro Banman

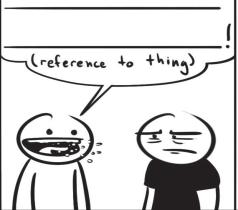






Ski Ninjas By Kyle Lees (The Argus)









eye on campus—

by Lucas Milroy

Ongoing

#### Toastmasters' Master Toasts

For many people, public speaking is their biggest fear (behind spiders, obviously); signing up for a local Toastmasters class might be just what you need to overcome those fears (speaking, not spiders; you're on your own there). With a free visualization and planning workshop from 9 am to 12 pm on Saturday, September 15 you'll have the perfect opportunity to see if this is right for you. There are also regular classes at Lansdowne and Interurban: at Lansdowne there is speaker corner every Thursday at 6:45 pm in Paul 216, as well as master motivators (this class is intended for you experienced speakers) on the second and fourth Saturday of the month at 9 am in Paul 216. At Interurban, first Canadian Toastmasters takes place every Tuesday at 5:15pm at Campus Center

Ongoing

#### **Reduce Stress for Less!**

As hard as it may be to believe in these first few weeks of class, somewhere in the abyss of stress you have some inner Zen. And what better way to find it than with a Meditation For Stress Management and Academic Success course? \$40. Check out camosun.ca/sports/rec/classes-lansdowne. html for more information.

UNTIL SEPTEMBER 30

#### Got money?

No, neither do I. But here is a chance for you to get some. If you or a family member is part of the United Food and Commercial Workers Union (UFCW), you might be eligible to win one of 18 \$1,000 scholarships. Don't want money and are a member of the UFCW? Just for referring someone you get entered into a draw to win an iPad.

Just go to ufcw.ca/scholarship and apply for the Beggs—Dowling—Mathieu Scholarship. But you better be quick, as the last submission will accepted on September 30.

#### UNTIL MONDAY, OCTOBER 1

#### Diversity Story Challenge

Do you like cash and other prizes? Have you ever faced diversity, either in a positive or negative fashion? You may be interested in the Camosun Diversity Story Challenge, in which students are encouraged to submit stories, both written and verbal, for a chance to win the aforementioned cash and other prizes. Even if you don't win, your story still might be published in a book. Contest entry deadline is October 1, so hurry up and share your diversity story. Check out camosun.ca/about/diversity/challenge.html for more info.

#### Thursday, September 6

#### CamFest 2012

Maybe you were at the Lansdowne CamFest on September 4? Head out to Interurban for theirs on September 6. You'll find info booths, entertainment, music, games, local vendors, and, my personal favourite, free food. There will also be an afternoon beer garden at Interurban on September 27.

#### Tuesday, September 11

#### Anti-Enbridge Vigil

The continuing monthly vigil protesting the Enbridge Pipeline goes down this time at the cenotaph in front of the Leg. (That's legislature, not the thing attached to your torso and foot!) Head down at 5 pm, and in the meantime click on over to Facebook and search for "Victoria vigils against Enbridge Northern Gateway Project." That's a lot of words, I know.

## Wednesday, September 5

local, live, and loud

#### The Hives, Fidlar

CLUB 90NE9, \$35, 9 PM I think I was 11 the first time I got them. To this day, I'm not sure why they appeared or what caused it. Stress, maybe. But I was 11, for Chrissakes... what the hell could I be stressed about? Anyway, the itchy little suckers are back and this time they're playing instruments and wearing suits. And once again, they'll probably kick my ass. You know, I sure hope I'm not allergic to rock 'n' roll.

#### Thursday, September 6

#### Tech None, Krizz Kaliko, Madchild, The Scale Breakers

CLUB 90NE9, \$40, 9 PM
It's going to be sweaty in the club Thursday night. A bunch of homies sucking back Caribou Lou's and rhyming along with some of the hardest-working rappers around. Have you ever seen Tech N9ne do a live show? The dude can sweat like nobody's business. He works hard for your money so you better treat him right. (And, RIP, Donna Summer, Queen of Disco.)

#### Sunday, September 9

#### Future Islands, Miami Nights 1984

LUCKY BAR, \$12, 8 PM Have you ever heard anyone say a singer has a "milky" voice? Do you know what that means? It's a bit like their vocal sound has a thickness to it, I guess. When the lead singer for Future Islands really gets into it, his voice gets milky. I don't know if that's a bad thing, necessarily. It's just something I noticed. Slightly sombre synth-pop reminds me of '80s movies. You may want to start a John Hughes marathon after this show.

#### WEDNESDAY, SEPTEMBER 12

#### Krafty Kuts, The Funk Hunters, The Spilly G's

CLUB 90NE9, \$15-\$25, 9 PM
Personally, I like to mix in a can of tuna and some extra cheese with my Kraft Dinner.
It gives it a bit more sustenance, y'know?
Really makes it feel like you're getting a substantial meal. I know my mother-in-law swears that peas and tomatoes are the way to go, but I just don't feel like you're getting filled up. I mean, sure, it tastes damn good but it's not really the gut pack that I get from the tuna. Now, Krafty Kuts, for example, is just the right amount of gut pack. He'll fill you so full of funk you won't want to eat for days.

#### Monday, September 17

#### Buckethead

CLUB 90NE9, \$25.50-\$30.50, 9PM Playing guitar is hard. You've got to practice A LOT to get good. I tried it for about a week. Way too hard. I went back to video games for my hand-eye coordination. So much easier. I don't think this guy (who, inexplicably, wears a Kentucky Fried Chicken bucket on his head while playing guitar) has had the chance to play any video games during his lifetime. He's released 37 albums. Thirty-seven. Most people reading this haven't been alive that many years. Not only that but he's collaborated on over 50 others. The fact that he even has time to tour is amazing. I'm tired just thinking about it. Time for a nap.

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