

WE ALL WEAR MASKS



page 6



**HALLOWEEN
SPOOKS AND
THRILLS
INSIDE!**

WITCHES

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LOVECRAFT

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DRACULA

page 9

NEXUS

camosun's student voice since 1990

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COVER PHOTOS:
We all wear masks: David
Red Halloween mask: Kate Masters/*Nexus*

editor's letter

Fright night delights

Everyone deserves one good scare.

I always liked those words, paraphrased and slightly altered over time, origins already becoming lost in the confusing and polluted landscape of pop culture. Because in that one good scare, there's a moment of clarity, an awakening; it's the slap in the face that we all need but can only really dish out, without being a complete jerk, around Halloween.

Indeed, it's the most wonderful time of the year for many of us, and to celebrate, we've put together a collection of stories that honour all that is spooky and mystical about the time of year.

But it's not just cheap thrills: on page 5, contributing writer Nicole Beneteau dives deep into Victoria's witch community, and emerges with some insight on the culture. Staff writer Marielle Moodley looks into the psychology of Halloween costumes on page 6 and discovers that sometimes a costume is not a disguise: it's a magnification. Flip on over to that story to find out more.

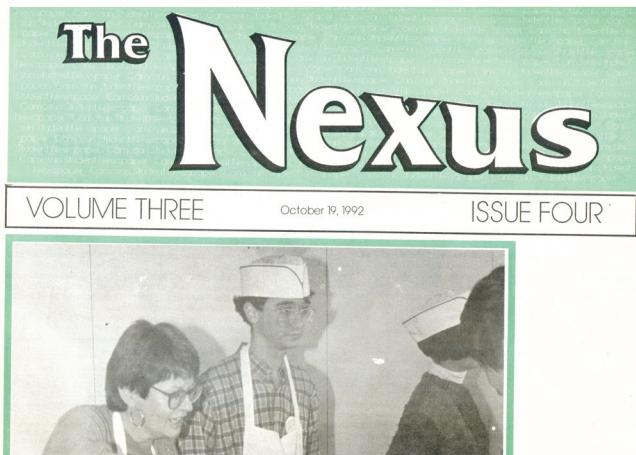
But wait! Don't flip yet, because I still haven't mentioned our review of the latest play taking on the Dracula character (page 9), or our preview of a most Lovecraftian event (page 8). How about an opinion piece extolling the virtues of fleshy costumes for females? That one's on this very page, and whether or not you agree with contributing writer Marina Glassford, you've got to admire her gusto on the touchy subject.

So, yes, everyone deserves one good scare this Halloween. May you get yours, be it on those pages or elsewhere.

-Greg Pratt, editor-in-chief

flashback

20 years ago in *Nexus*



Wow: In our October 19, 1992 issue we featured a small interview with a 19-year-old singer from Toronto named Amanda Marshall. She talked about her yet-to-be-released debut album, and what it was like balancing schoolwork with being a singer. Seems like one of those little profile pieces of a forgotten Canadian musician. But cut to a few years later, and that debut album ended up selling over 1,000,000 copies in Canada alone.

Sneaky: A news article documented the exploits of one Eugene Evans, who had been removed as the Camosun College Student Society director of campus communications earlier in the year. Evans wanted to run for the same position he had been impeached from, but he wasn't enrolled in any classes. In order to meet that criteria, Evans, the day before nominations closed, registered to audit an English 150 course. (Did he get back in? Stay tuned to this column to find out.)

Huh?: The *City Cycling... Seriously* column was a fun and informative look at the life of a cyclist. But in this issue, that column painted drivers with a bit too wide of a brush as it stated that "motorists aren't looking to their right, normally, while preparing to turn right." So maybe shoulder checking doesn't quite get the love it deserves, but still...

eyed on campus

Cut it out, Camosun



One of the Camosun visual arts project tributes Sleeman Brewery.

See something interesting on campus? Snap a picture of it and send it to editor@nexusnewspaper.com and we just might print it!

open space

Slutty costumes? Yes, please

MARINA GLASSFORD
CONTRIBUTING WRITER

Slutty costumes are a rite of passage into womanhood. Wearing a provocative costume is something all women do at some point in their lives. And why not?

The other 364 days of our lives we're forced to conform and wear what's generally acceptable in society. Halloween is supposed to be an escape from that. It's the one day a year that we get to be whoever we want to be; to wear something we wouldn't normally wear. Yet it still holds true that if a woman wears something sexy and revealing she's instantly labelled as a bimbo.

In my years as a trick-or-treater and, more recently, party-goer, I've had my fair share of costumes. I've been everything from a dead bride to an ice queen; a couch potato (use your imagination) to a pimp. And pretty much everything in between.

There have been years where I've worn costumes that show more skin, and years where I've worn a mustache. So, for all the women out there who want to dress as a slutty nurse or Playboy bunny, I say more power to you!

Men are free to dress as axe-

wielding psychopaths, but when a woman decides to show her love for cheerleading while showing off her gorgeous gams she gets nothing but smack talk from other women. And that's where it truly gets bad: despite all of our pro-feminist, pro-choice, be-who-you-are talk, on All Hallows' Eve we suddenly decide to demean the women who do exactly that. Halloween is supposed to be about expressing yourself, and if that means pulling out the fishnets and garters, then so be it.

Of course, there are the arguments that sexy costumes are unoriginal and degrading. But when half the room is full of zombies or whatever the fad of the year happens to be, does it really matter? Every off-the-rack Halloween costume is overdone; why not make it a bit more interesting by showing off your bodacious bod? And as for slutty costumes being degrading, that simply isn't true if a self-respecting woman chooses to wear it.

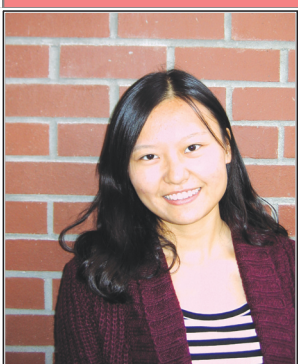
Feminists fought for women's rights: the right to have hairy legs and the right to wear whatever you like. A woman should be able to whip out a slutty pumpkin suit on Halloween.

Something on your mind? Send *Open Space* submissions (up to 400 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

SPEAK UP

What's the best or worst Halloween costume you've ever seen?

BY MARIELLE MOODLEY



NICOLE PEI

"The girl from *The Ring*, because she's haunting and scary!"



KATRINA SHEN

"Vampires, because I love *The Vampire Diaries*."



SELMA KIFLEYESUS

"Candy stripe girls, because it's a cute costume."



REZENE GHEVREMESKEL

"Angels, because they represent something good and religious."



JEREMY CHEW

"The Borat mankini costume, because it takes lots of balls to pull off a costume that outrageous."



GRAYSON BARCELO

"I once saw a kid dressed as Death stealing candies from people with his scythe; that was pretty intense."

funding

New social sciences class encourages positive change

“The broader plan is to eventually have a diploma or an applied degree in global studies.”

FRANCIS ADU-FEBIRI
CAMOSUN COLLEGE



PHOTO PROVIDED

Camosun student Kayla Woodruff distributing the cell-phone love in Kenya.

LUCAS MILROY
STAFF WRITER

Africa Calling, which started out as a class project at Camosun in January of 2011, has inspired a new social sciences class at the college while quickly growing into a not-for-profit organization aimed at delivering cell phones to rural villages.

“Our three main goals are all about saving lives,” explains Kevin Davis, a Camosun College student and one of the group’s founding members. “They are: helping people in rural villages in Africa, helping people in North America, and keeping phones out of the landfills.”

Now the college is offering a first-of-its-kind class at Camosun: Social Science 203: Service Learning and Global Issues, taught by sociology professor Francis Adu-Febiri. Adu-Febiri says the course is intended to be an interdisciplinary course: it’s not just for social science students, it’s for anyone interested in making a positive change in the world. The course will be credited at other postsecondary institutions.

“So far we have managed to get transfer credit for UVic, Simon Fraser University, and UBC Vancouver and UBC Okanagan,” says Adu-Febiri. “They will transfer as general social science credits.”

The new course will be available to take in January and will contain online and in-class components. Adu-Febiri says he’s also interested in developing the idea into a whole program.

“We have other courses that we are also trying to develop, such as Introduction to Africa, which will be an online course, and there will be another course on geography,” he says. “The broader plan is to eventually have a diploma or an applied degree in global studies.”

Adu-Febiri also acknowledges that it’s important to keep the course open so its chances of being cancelled are lessened.

To get the project off the ground Adu-Febiri and Francis Yee, a fellow Camosun professor, received the \$5,000 Camosun President’s Fund, allowing them to develop the concept of the course.

After the idea came to fruition Adu-Febiri and Yee were presented with \$50,000 in BC Campus funding from the provincial government to further expand the course and have it accessible online.

While the aim of putting the course online is to have it accessible to everyone, some students are recognizing that the online component isn’t always a good fit.

“Online courses definitely work

for some people, but I’m not sure that this idea where there are so many online courses and everyone just assumes that everyone will be okay with it is the right way to go,” says Matthew Helliwell, a first-year university transfer student.

Davis thinks what’s important is focusing on what the course is aiming to accomplish.

“What the course will focus on is picking an issue and a place, and work on solving it. It doesn’t need to be a huge thing,” says Davis. “Camosun is going to change the face of education. This is about interacting in the real world, not just learning about it.”

NEWS BRIEFS

New radiography program at Camosun

On October 9, Camosun College officially opened its Medical Radiography Technology (MRT) program. This is Vancouver Island’s first MRT program. The official opening included speeches by Ida Chong, Oak Bay/Gordon Head MLA; Kathryn Laurin, Camosun president; and Bob Grant, Vancouver Island Health Authority director of medical imaging. The speakers were followed by the ribbon cutting, which included cake and refreshments, and finally a tour of the facilities with MRT students and faculty. The event took place at

the Wilna Thomas Building on the Lansdowne campus.

Chargers get started

The Camosun men’s and women’s volleyball teams hosted their season openers against our island rivals, Vancouver Island University (VIU) on October 12 and 13. The women kicked off the action and, despite a strong battle, were beaten 3–0 at the Pacific Institute for Sports Excellence. But the men were able to even the score, sweeping VIU’s men with a score of 3–0. Then, in round two of the opening weekend, the women fell 3–0 to VIU in a hard-fought battle, followed by a tough 3–2 loss for the men.

Harper talks trade

Stephen Harper went to Africa for the first time since 2007 to discuss trade, as opposed to aid. Africa is the second fastest growing region (behind Asia), and the federal government is starting to recognize this. On his visit Harper went to two African nations, Senegal and the Democratic Republic of the Congo (DRC). While in the DRC, Harper, accompanied by recently elected Quebec premier and Parti Quebecois leader Pauline Marois, also took part in the 14th Summit of la Francophonie that took place October 13 and 14.

A first in Canada

Victoria is prepping to be the first city in Canada to produce a Youth Poet Laureate (or YPL, an acronym we just made up). A poet laureate is an official, government-appointed poet who is often expected to compose poems for special occasions and events. That will pretty much be the task of the YPL here in Victoria. Once chosen the YPL will perform at Victoria City Council and Victoria Youth Council meetings, and other city events. Applicants must be 21 or younger to be eligible and must submit three poems, in any format, a resume outlining their community engagement experi-

ence, and three ideas for projects that they’d be interested in taking on as Victoria’s YPL. For more info search Facebook for “Victoria Youth Poet Laureate.”

-LUCAS MILROY

Got a news tip? We want to hear it! Send an email over to editor@nexusnewspaper.com to let us know what you know!

NEXUS

camosun’s student voice since 1990

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NEXUS NEEDS STUDENT VOLUNTEERS! COME TO OUR EDITORIAL MEETINGS EVERY TUESDAY AT 1:30 PM AT RICHMOND HOUSE 201.

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style

Halloween costumes mirror pop culture



PHOTOS BY KATE MASTERS/NEXUS

A sampling of some of the spooks to be found at Victoria Costumes.

KATE MASTERS
CONTRIBUTING WRITER

The thrill of finding the perfect Halloween costume is exhilarating for some and exhausting for others. If you're nervous about online shopping, too impatient for a thrift store, and depressed by Walmart's buzzing fluorescent lights and prepackaged costume clones, it's time to consider renting.

The quality of a rental costume is much better and you get more fabulousness for your buck. Also, you won't have to be the Black Swan two years in a row.

"Who wears a costume twice?" asks Charlotte Rennison, owner of Victoria Costumes in Brentwood Bay. "Costumes are all about becoming someone different and doing different things, so why would you wear the same costume again?"

With new movies, television shows, books, and YouTube videos clogging up mainstream media, there's certainly no need to ever repeat a costume. Popular culture has always had an influence with Halloween costumes.

"It's everything and I have to keep up to date with stuff, and I don't have cable," says Rennison. "People call and I have no idea what they're talking about sometimes. I remember last year or the year before people kept calling and asking for Snooki costumes. I'm like, 'Who is this Snooki person?' And, yeah... unfortunately I had to watch a bit of that show [*Jersey Shore*]."

With the last season of *Jersey Shore* airing this fall, the Snooki impersonators will hopefully be few and far between. That character is making room for classic pop-culture characters like Princess Leia, Superwoman, Catwoman, and the Black Widow.

"Women want to look and feel feminine," says Rennison. "Women are more inclined to go sexier than, say, they were just going to a neighbours' 1920s party on the weekend. People think they can get away with a little more skin when it comes to Halloween."

For men, Charlotte fields the most inquiries about the fearless leader of the Death Star and, of course, superheroes.

"Always, without fail, *Star Wars* and superheroes are the most popular," says Rennison. "Darth Vader is always number one. We have the standard Darth Vader costume and then movie quality, and that's what people want."

Another growing trend for both men and women is steampunk.

"Steampunk is all about original pieces," says Rennison. "Victorian-era pieces are mixed in with futuristic ideas. Top hats and goggles for men, and for women it's all about the corsets and bustle dresses."

Although sticking with the trendy costumes is safe, sometimes mixing it up is just what the Halloween fairy godmother called for, and what Rennison hopes for.

"People just need to get a little more creative," says Rennison. "I thought a great group Halloween costume would be a turkey with a bunch of pioneers. I've never seen that done before. How fun would that be?"

"Costumes are all about becoming someone different and doing different things."

CHARLOTTE RENNISON
VICTORIA COSTUMES



spirituality

It's always the season of the witch in Victoria



PHOTO PROVIDED

A real-life witch! John Threlfall is nowhere near as scary as you might think.

“Being a witch in Victoria is like being gay in San Francisco. We’re very much understood and accepted as part of the community.”

JOHN THRELFALL
WITCH

NICOLE BENETEAU
CONTRIBUTING WRITER

Victoria has often been dubbed a haven for newlyweds and nearly deads, but there’s another cultural group thriving in Mile Zero: witches. From followers of the Wiccan faith to ceremonial magicians and goddess worshippers, those who practice pagan traditions abound in Victoria.

John Threlfall, fine arts communications and special projects officer at the University of Victoria, has long been an advocate of the Victoria Wiccan community. “People know me as the local witch,” says Threlfall, who has been practicing witchcraft for over 28 years. “One of the reasons I moved to

Victoria was because it was such an ‘out’ witch town. I knew, living in Vancouver, that Victoria was where it was at.”

But it wasn’t always so inviting. Thanks to attention from such sources as *Michelle Remembers*, a so-called true account of Satanic rituals and child abuse, Victoria has a history of misconceptions about witches and their practices. “People used to, and probably still do in some circles, associate witches with other fictional Halloween characters like vampires and werewolves,” says Threlfall. “They think witches don’t really exist, not realizing it’s a legally recognized religion.”

Thanks to the work of Threlfall and other members of the Wiccan community who work to educate the public, Victoria has become something of a Pagan paradise. “Being a witch in Victoria is like being gay in San Francisco. We’re very much understood and accepted as part of the community,” says Threlfall.

While Threlfall belongs to the local 13th House Mystery School, Robert Birch, gay men’s health coordinator for AIDS Vancouver Island, practices in the Reclaiming tradition. Reclaiming is strongly based in feminism and activism and, for Birch, participating in the tradition sends an important message. “Identifying myself as a witch is a counterculture way of reclaiming my own identity and pushing back

from a neo-Christian upbringing,” says Birch. “A lot of people that attend Reclaiming are what I call cultural change agents. They are actively looking at making a more egalitarian society for us and for the planet.”

One of the ways Birch and other members of the Reclaiming community work to make change is through the skill-sharing workshops and presentations offered at the annual BC Witchcamp. Celebrating its 25th anniversary this year, BC Witchcamp provides novice and experienced witches a week of learning, eating, playing, and dancing in the forests of the Lower Mainland. It was at a Witchcamp in California where Birch was inspired to commit to the practice of witchcraft. “150 people dancing around a fire every night, really exploring these deep, soulful, body-centered, heart-centered experiences is mind-blowing,” says Birch.

Now, as a teacher at BC Witchcamp, Birch enjoys the opportunity to explore the facets of his personality.

“It’s a great place for me to share my skills as a workshop facilitator and trainer, but also play as an artist and a performer,” he says.

Back in Victoria, those interested in a less intensive first step into the craft can take the Introduction to Wicca course taught by members of the 13th House Mystery School at Triple Spiral in Fan Tan Alley.

Phylis Songhurst, longtime

proprietor of Triple Spiral and Priestess in 13th House Mystery School, explains that the lure of the unknown attracts people to the biannual course.

“Some people know there is something else, but they don’t know how to find it and they’re looking for how to connect,” she says. “Sometimes people will have strong intuition or psychic ability and they don’t know what to do with that. They might think, ‘These things are happening and I don’t know why.’”

While the course, which is open to anyone over the age of 19, covers topics such as spellcraft, herbology, and history, the Wheel of the Year is one of the central structures in many Wiccan practices. Based on the transition of the seasons, the Wheel of the Year consists of eight festivals, with the New Year, or Samhain (pronounced sow-en), falling around October 31. Samhain, the basis for some traditions still practiced on Halloween, is a time for honouring the dead and celebrating the birth of a new year.

For Threlfall, who’s not only an active witch but a busy dad, the end of October means making time for all celebrations.

“We’re like any other modern family that has to grapple with the consumer and the spiritual traditions,” he says. “But Halloween is the only night of the year when it’s cool to be a witch. It’s our one night of the year that’s all about us.”



NICOLE BENETEAU/NEXUS

Phylis Songhurst and Linda Beet at Triple Spiral.

Witch discrimination

Even though Victoria has a large number of Wiccans and practicing witches, it’s not nearly as accepted as most mainstream religions. Take a recent request by Corrections Canada in BC for a Wiccan prison chaplain. In early September, Canada’s public safety minister Vic Toews turned down the request on the grounds that all non-Christian chaplains were to be eliminated based on his interpretation of the prison chaplain policy. This leaves all Wiccan prisoners in BC with the only option of chaplain services coming from a Christian chaplain. Pagans getting spiritual guidance from Christians? Trick or treat!

-JASON SCHREURS

The witch myth

Ever wonder why the traditional Halloween imagery of a witch involves them riding on a broomstick? Well, thanks to the theory of the late Barry Beyerstein, a scientific skeptic and psychology professor at Simon Fraser University, you may never look at a witch’s broomstick the same. Beyerstein believed that the sensation of flying experienced by witches was the result of boiling and ingesting the deadly nightshade plant, which produced a hallucinogenic reaction. Since the effect was the result of the plant entering the bloodstream, the legend that witches flew on broomsticks might have been the result of the witches rubbing the broomsticks they had used to mix the boiled nightshade solution against their vaginal regions, thus a broomstick between their legs. Yes, folks, their vaginal regions.

Local witch John Threlfall isn’t necessarily buying this theory, though.

“Since the use of hallucinogens in early witchcraft practice has been widely theor-

ized, there may be a case for Beyerstein’s idea—although you have to wonder who’d be mixing a boiling solution with a broom,” he says. “Why not just use a wooden spoon? But it seems to have a bit of a gender bias, obviously precluding the involvement of male witches... unless they were doing something more intimate with their magic wands.”

“A more realistic argument for broom riding can be found in early agricultural fertility traditions,” he continues, “where pagans would straddle their brooms—often used in marriage ceremonies—and see how high they could leap in freshly planted fields: the higher the leap, the bigger the crop. It’s easy to imagine how a scene like this could trickle down to the stereotypical witch-on-broom imagery. Do witches still use brooms today? Absolutely—in ritual, for handfasting marriage ceremonies, as decorations and, not too surprisingly, simply for sweeping their homes.”

-JASON SCHREURS

psychology

Halloween: Embracing fears and personas

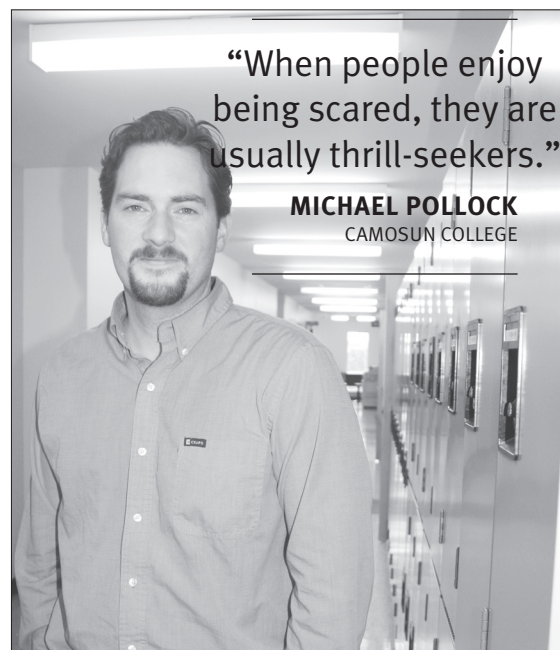
“Some people want to be scary for Halloween because they don’t express their dark sides often.”

KRISTIN GRANT
BODY PAINTER



VIC KIRBY

People can show off different aspects of themselves through body painting.



“When people enjoy being scared, they are usually thrill-seekers.”

MICHAEL POLLOCK
CAMOSUN COLLEGE

MARIELLE MOODLEY/NEXUS

Camosun College instructor Michael Pollock.



PHOTO PROVIDED

More examples of body painting. Spooky? Sexy? You decide.

MARIELLE MOODLEY
STAFF WRITER

Halloween originated as a holiday called All Hallow’s Eve, which celebrated the evening before All Hallow’s, which was a Christian holiday. All Hallow’s Eve embraced Pagan traditions and honouring the dead, and over time it has gotten a reputation for embracing the ghouls, ghosts, and other dark spooks of the world.

With scary movies and spooky costumes and a general atmosphere of horror, Halloween ups the ante for fear. But why do we like to scare ourselves and each other?

Come into the darkest depths of your mind... if you dare

Camosun College psychology professor Michael Pollock has some of the answers to the age-old question of why we like to be scared.

“It’s the same kind of thing as our ancestors sitting around a cave fire and hearing stories that prepare us in case we stumble upon similar encounters,” says Pollock. “We’re fascinated, even though it scares us to imagine ourselves in those situations.”

Pollock says whether we’re afraid or not, there are theories out there and studies done to show that there’s a physiological arousal to identify what emotion it is.

“Being scared in certain situations and consciously recognizing the fear is different than unidentifiable unconscious emotional reactions like scary movies and elements of Halloween, which produce arousing experiences like fight-or-flight reactions,” he says.

It’s been documented that if we associate things that scare us with something pleasurable, then we can consciously interpret them as things that are enjoyable.

“When people enjoy being scared, they are usually thrill-seekers,” he says. “This makes me wonder whether they are not able to get enough stimulation in their day-to-day lives and go about getting it by stimulating fear within themselves.”

Pollock has delved into the thrill-seeking trait by conducting sleep experiments with student volunteers to see how scary movies have an influence on their sleep.

“I’ve done this experiment multiple times and, sure enough, it

disrupts people’s sleep and causes nightmares,” he says. “After we’ve analyzed their dreams I’ll show them the data and statistics and ask them whether they will still watch scary movies. Almost every time, nine out of 10 students will still want to, even though it can scare them and disrupt their moods in the long run.”

The psychology of wearing Halloween costumes and role-playing takes a person and puts them into situations where they are frightening to others.

“The dark side of Halloween costumes and depersonalizing ourselves is interesting,” says Pollock. “Some think that if they’re unrecognizable they can start riots and commit crimes. Personally, I think Halloween costumes are liberating and a way to not portray our normal personas.”

Paint it black... and every other colour

Local painter Kristin Grant is surrounded by the liberation that costumes bring: she creates body art and costumes. Grant has been body painting for only a couple

of years but has been contracted out to do work for lots of Victoria thrill-seekers.

Grant wants people to feel beautiful in her paint, and she feels she achieves that even when creating something scary.

“Peoples’ costuming experience is different depending on the characters they portray,” she says. “Different characters bring out different aspects of the personality and it’s really fun to watch the evolution of different characters after they’ve been created.”

Grant recently had a client who was having her first-ever photo shoot and had been painted for the first time. Grant transformed her into a “dark, mysterious alien goddess” and saw quite the evolution in her client.

“She was amazed when it was finished,” says Grant. “She said she hadn’t realized she could look so beautiful; it was amazing. I was the assistant for her photo shoot and saw her in these beautiful, goddess-like poses being so empowered and powerful in front of the camera.”

Grant doesn’t just paint other people; she turns the spray can on herself. One of her favourite charac-

ters to portray is a clown zombie.

“I love being a clown zombie because it’s the craziest character I can think of. I can be curious, funny, scary, and purposely creep people out as a clown zombie,” says Grant. “It’s so easy for me to release any spontaneous inspirations I have as a clown zombie. There’s no boundaries to embodying my character, especially when I’m covered in paint.”

From clown zombies to the cheap thrills of horror movies, Halloween is all about escaping reality and embracing the joys of fear, for whatever reason. But just remember, sometimes a costume is more than a disguise. Sometimes, according to Grant, it’s not about hiding at all: it’s an amplification of a certain part of that person.

“Some people want to be scary for Halloween because they don’t express their dark sides often, while others want to be something pretty or funny,” says Grant. “People want to experience their Halloween portraying different aspects, so they choose their characters based on what part of themselves they want to unleash.”

2012

Elections

On October **24th & 25th**
Make YOUR Choice

Voting stations open from

8 a.m. - 7 p.m.

Interurban Campus Centre 2nd floor Lansdowne in the Fisher Foyer

Devon DeLarge
Sustainability Director

CCSS Camosun College Student Society
Standing up for Student Rights!
Local 75 of the Canadian Federation of Students



I would like you to imagine a test tube, filled with food. Imagine that I place one bacterial cell into this test tube of food. This bacterium is going to divide once every minute. At time zero, there is one cell. At one minute, there are two. At two minutes, there are four; four minutes, there are 16... At 60 minutes, the test tube is completely packed with bacteria, and there is no food left. However, at 59 minutes, the test tube will only be half-full of bacteria. So, in a 60 minute growth cycle, at 55 minutes, the test tube is 3% full. Imagine if, at 55 minutes, a bacterium said "Hey guys, I've been thinking, we might have a food problem". All the other bacteria would laugh. They have been chugging along for 55 minutes and there is till 97% of the tube left. But they only have 5 minutes before it's all over... The test tube is earth and we are the bacteria. As sustainability director, my goal is promote sustainability through action. Old habits are hard to break, but it is our old habits which need breaking. We have already passed 55 minutes; let's not make it to 59.

Claire Horwood
Sustainability Director

CCSS Camosun College Student Society
Standing up for Student Rights!
Local 75 of the Canadian Federation of Students



My name is Claire Horwood and I am running for Sustainability Director in the fall elections. Currently, I am a second year Environmental Technology student and I have been involved with the Camosun College Student Society for the past six months. In this time, my aim has been to promote environmental education and social justice on campus and to challenge unjust and environmentally destructive systems across Canada.

If you choose to re-elect me as your Sustainability Director, I will utilize the benefit of my previous experience with the CCSS as well as my current education to help the college to improve food security, enhance access to green space, reduce consumption, choose more eco-friendly alternatives, promote green transit and provide invaluable opportunities for students to be a part of an environmentally considerate culture on campus and in their communities.

More specific projects I am currently working on include extending the Farmbox program to the Lansdowne Campus, partnering with the Capital Region District to promote the "Ready, Set, Solve" challenge, endorsing the "Defend our Coasts" against Enbridge pipeline rally, restoring the native plant garden and (hopefully!) renewing biofuel production on campus.

Thanks for reading and best of luck with impending mid-terms!

Guthrie Prentice
Sustainability Director

CCSS Camosun College Student Society
Standing up for Student Rights!
Local 75 of the Canadian Federation of Students



A sustainable civilization cannot be run for long for 7 billion people using the resources we have on this planet. That being said, we need every environmental advantage we can get. To that end, should I be elected, I intend a two part plan.

The first part is to turn the Camosun Campuses into completely green campus, including Victory Gardens, and improving our composting and recycling systems. The second part is to include Camosun College in space based initiatives, so that the human race might use the resources of the solar system to create a sustainable environment for the whole human race. As a math/physics double major, and member of the science club, I pledge to work with said club and the engineering programs to develop mass drivers, bio-domes, and other systems necessary for interplanetary trade (using small scale experiments and cooperation with other academic institutions across Canada), thus getting Camosun involved with the next generation of technological advancement.

I also pledge to work on ideas suggested by students on how we can make Camosun, Victoria, and the planet, a more sustainable place. Together, we can build a better world. Vote for me, to facilitate that world. Thank you.

Megan Marshall
Woman's Director

CCSS Camosun College Student Society
Standing up for Student Rights!
Local 75 of the Canadian Federation of Students



My name is Megan Marshall (traditional name Tlehskwisimka) and I come from the Ahousaht First Nation. I have just finished my 6-month term as a Lansdowne Director and I am now running for Women's Director. I've worked hard these past six months to support the CCSS with the student body's interests in mind. I would like to be a representative and voice for the women on campus and promote a healthy and safe space. If elected, I wish to further enhance the 'community' feel of Camosun and see more collaboration between constituencies such as Pride, First Nations Student Association and Students with (dis)Abilities. I plan on holding events and workshops to create more awareness around women's issues, equality and healthy lifestyles. I am always open to new ideas and would love to work with you collectively. I would be very humbled by your support and thank you for your time!

Chuu,

Megan Marshall
Photo credit: Nori Sinclair

Jean Oliver
Women's Director



My name is Jean Oliver and I am a third year student studying for Associate Degrees in Creative Writing and Psychology. As Women's Director I would champion for women to continue to have a safe place to meet in our Women's Centre's. Many mistakenly believe the centre's are trauma-based facilities and are not aware this is not their focus. Rather, they are meant as active spaces where women gather to connect, chat, rest and regroup. They are also the best-kept secret on campus! I hope to rejuvenate the spaces at both campuses, believing a strong, engaged Women's Centre ensures these important resources a secure future in campus society.

I have served as a Director on the CCSS Board and worked collaboratively alongside CCSS staff, board members and the women of Camosun at both campuses. I have helped to create and hold special events pertaining to women, and am a passionate defender of the Women's Centre.

As Women's Director, I would raise representation of women's issues by seeking out your opinions. I would reinstate the Women's column in Nexus and hold monthly Collective tea and coffee hour meetings to ensure our collective voices are heard and that we move forward together.

Austen Geddes
Lansdowne Director



My name is Austen Geddes, i have been a lansdowne director since June of 2012, If re-elected into office i will focus primarily on raising a sense of campus life at camosun by promoting and organizing pub nights, beer gardens and free food events.

I believe camosun should be more than a place where you study, read textbooks attend lectures and bounce. College should be fun, and for that reason vote for Austen Geddes.

Mindy Jiang
Lansdowne Director



Hey Camosun students! I'm Mindy Jiang, a psychology/chemistry transfer student, running for Lansdowne Director. I've been involved with Camfest, campaigns to lower tuition and student debt, fundraisers for the BC Children's Hospital and Cancer Research Foundation.

My major goal is to promote and to help keep our on-campus Island Sexual Health Clinic, located in Richmond House, open and available for all students, and to help build a better safe space policy. I am involved with Island Sexual Health and other projects such as the issues with BC Transit bus pass-ups, and Student Day of Action to help lower student interest rates. If voted in, I would like to bring more pub nights, outdoor video gaming, community involved workshops, and more events on and off campus. I will continue to be a loud voice from a short height. Feel free to ask me anything and to ask for a free hug.

Insu Kim
Lansdowne Director



I am Insu Kim from Korea and I am a change maker who fights for things I believe in. As a student from Korea, I was impressed by the Canadian education system, for example, the open atmosphere, and heated discussions. Nevertheless, I was deeply saddened to see programs like (ACP) Applied Communication Program and classes that have been suspended due to budget cuts. I've been striving to find a way myself to resurrect several classes for my friends. Fortunately, I discovered a perfect opportunity to officially contribute to Camosun College education system. Unlike ordinary students, I've had a variety of experience: being a student coordinator of Peer Connections, being a contributing writer for Nexus, creating and running a student club (English Expression Club), finishing Korean military service and studying degree in Communications in Korea. From these experiences, I have enhanced leadership skills so I will offer my skills for this position. I have not only extremely strong will, but also a strong passion for education. I believe the education is fundamentally the most important investment for a country. Therefore, I will do my best to make education system for students better and bright.

Callum Harrison
Lansdowne Director



Hello fellow Camosun students!

My name is Callum and I am running for my second term as Lansdowne Director. If re-elected I will continue to advocate for a more accessible education and a more lively campus community. I will be sure to hold administration accountable for any decisions affecting our student body and will ensure that decisions made within student council reflect the needs and priorities of our student body. Furthermore, I plan to consistently lobby the College towards improving our parking situation into a more affordable and accessible solution. My previous experience volunteering in campus events and sitting on Student Council has given me the ability to further understand what students actually want and what procedures are necessary to achieve such goals. I look forward to hearing your ideas and input and to representing them at the next Council meeting.

Thanks for your time.

Hayley MacDonald
Lansdowne Director



Hi Camosun!

My name is Hayley MacDonald, a second-year Political Science student running for the elected position of Lansdowne Director. I have previously been elected as a Lansdowne Director before helping provide free coffee days, help with Clubs, plan CamFest and advocate for lower tuition fees and more affordable student opportunities. If elected again – my intent is to focus on continuing to bring those great services and more to all of Camosun’s students – including finding ways to involve the evening students that often aren’t on Campus for a lot of the services offered. I’ve been away from the CCSS now for a year and I am ready to return with increased maturity, more experience and a greater understanding of the diverse and incredible population that Camosun hosts. I’d really appreciate the opportunity to continue to make my Camosun experience great by serving the student populous and helping your experiences at Camosun be equally awesome.

Remember to Vote!!

Shayli Robinson
Lansdowne Director



Hey Camosun!

Eentha Shayli, tuni tsun u’tl Laayk’sen. lich ‘o’uy’ ul’? My name is Shayli Robinson, I am Lyackson of the Coast Salish people. How’s it goin’? I’m in my 2nd year at Camosun, in the Indigenous Studies university transfer program, and I’m running for one of four Lansdowne Director positions. I enjoyed my 1st year at Lansdowne’s beautiful campus reviving the First Nations Student Association from the ground up, and volunteering at many school events supporting the CCSS. To many of us students, Camosun is just an “inbetween place,” somewhere to move on from - but to many others, it’s more than that. I want to be your voice, and create as many opportunities for student involvement as I can - I believe that an active and engaged student body creates the best campus environment there can be. If elected as a Director, I will contribute as much as I can to help Camosun thrive as a community.

Huy’ch’q’u, and with respect,

Shayli Robinson

Mean Khim
Interurban Director



I am interested in politics because i like to help students. I would like to work with others who would like to share their experience helping other students to get involved. I am interested in seeing more events that are presented at the Interurban Camosun college. I apology in advance for any mistake of my writing. Than you very much for reading my letter.

Mean Khim.

Nathaniel Goyet-Lamoureux
Lansdowne Education Council



Serving as the Student Council representative I have gained much experience and been part of many student events, representing Camosun students as well as given them voice on the council. If I were to be re-elected I would make sure that student’s questions and issues are heard and addressed. I pay great attention to detail and I am very passionate about students concerns.

Thank you,
Nathaniel Goyet-Lamoureux

Hayley MacDonald
Lansdowne Education Council



Hi Camosun!

My name is Hayley MacDonald, a second-year Political Science student running for the elected position of Lansdowne Director. I have previously been elected as a Lansdowne Director before helping provide free coffee days, help with Clubs, plan CamFest and advocate for lower tuition fees and more affordable student opportunities. If elected again – my intent is to focus on continuing to bring those great services and more to all of Camosun’s students – including finding ways to involve the evening students that often aren’t on Campus for a lot of the services offered. I’ve been away from the CCSS now for a year and I am ready to return with increased maturity, more experience and a greater understanding of the diverse and incredible population that Camosun hosts. I’d really appreciate the opportunity to continue to make my Camosun experience great by serving the student populous and helping your experiences at Camosun be equally awesome.

Remember to Vote!!

ROCK THE VOTE BC

REGISTER TO VOTE

AT THE STUDENT

SOCIETY

ROCK YOUR FUTURE



WWW.ROCKTHEVOTEBC.COM/

movies

Antimatter exposes film experimentalism

“Nothing is pure.
That is a good thing.”

ALEX MACKENZIE
FILMMAKER



PHOTO PROVIDED

Postface promises to be an interesting flick.



PHOTO PROVIDED

Night Hunter is also being screened at Antimatter.

JASON SCHREURS
MANAGING EDITOR

For 15 years, Victoria’s Antimatter Film Festival has screened the weirdest and most eclectic collection of short films. But those outside the short filmmaking circle (like, hello, 99 percent of us) might not realize that our little festival that could has made quite a name for itself, especially amongst participating filmmakers.

“Antimatter is the most important festival in western Canada for exposing and celebrating experimental media,” says participating

filmmaker Alex MacKenzie, who is screening *Intertidal*, a 60-minute performance-based piece about BC coastal tides shot on Vancouver Island.

It’s this kind of praise that festival director Todd Eacrett didn’t quite expect when he started Antimatter a decade and a half ago. In fact, Eacrett didn’t expect the festival to even make it to the 15-year mark.

“We’ve managed to grow it into an event with a really good reputation within the international media arts community,” says Eacrett. “I

feel quite proud of the work we do with the festival, and it’s especially nice to hear it from the artists.”

With a wide variety of short films screening over the eight-day festival, there really is, as they say, something for everyone: assuming those everyone are fans of off-the-wall short film and creative artistic expression (read: expect some major WTFs over the course of the fest).

Christina Battle, an Edmonton-born filmmaker who is screening two films in this year’s festival, chose to contribute to Antimatter

because she’d been following it for a few years and really appreciates the care that’s put into the programming.

“It’s a rare treat to show short works within carefully constructed programs alongside other works that complement one another and, in the end, generate a greater conversation,” says Battle.

And although no form of art can truly escape the confines of modern society, the type of films screened at Antimatter might be the closest we’ll ever come to purity in art. “But nothing is pure,” says MacKenzie,

“and that is a good thing.”

As for this year’s highlights, Eacrett says he’s looking forward to it all, including a special screening of home movies. “There’s so much good work in this year’s program,” he says. “I’ve seen them all, but it will be even better to see them on a big screen in a room full of people.”


Antimatter Film Festival
October 12-20, \$5-8 suggested donation
Vic Theatre/Deluge Art
antimatter.ws

Dunlop House
PUB NIGHT

Rocky Horror Picture Show
Thursday, October 18

The end of prohibition
Thursday, October 25

4-6 pm
Off Lansdowne Road,
beside the staff parking lot



WHERE LEADERS ARE MADE

Create Your Vision for Success – Free Workshop
Saturday September 15, 9am-12noon, Y300

Register now: <http://endpointvisualization.wordpress.com>
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NEXUS



NEXUS

We need voices.

Representing the student voice can be a lot of work, and volunteers go a long way towards making each issue of *Nexus* fantastic.
We could use your help.

Writers - We cover news, sports, and entertainment on campus and throughout Victoria, from local theatre to mainstream movies, concerts, and festivals.

Artists/illustrators - Good artists always have opportunities to share their work through *Nexus* with comics and illustrations.

Proofreaders - Every issue of *Nexus* strives for perfection, but the occasional typo escapes our notice. Proofreading is an invaluable skill.

Ad Sales - *Nexus* actually pays a finder’s fee for any local advertising brought to the newspaper. What student doesn’t need money?

If you’re interested in doing some volunteering at an award-winning student newspaper, stop by our offices at Richmond House 201 on the Lansdowne campus, or contact us by email (editor@nexusnewspaper.com) or phone (250-370-3591).

theatre

Horror show goes Lovecraftian

MARINA GLASSFORD
CONTRIBUTING WRITER

Our minds have the innate ability to trick us into believing that something is lurking in the shadows or waiting under our bed. It causes our hearts to race and our imaginations to take us for a ride. That is where the grandfather of horror, H.P. Lovecraft, takes us: to the edge of reason and into the depths

of the unknown. And Paper Street Theatre's *The Horror Within*, an improvised night of H.P. Lovecraft, promises to be an evening of chilling stories that play on the fears we hold inside.

"The show is called *The Horror Within* for two reasons," says Paper Street director Dave Morris. "One is the horror and the madness within yourself, and then the true horror is

the horror we invent in our heads. He gives you just enough of an idea to know that there's a monster, and then you imagine it and whatever you imagine in your head is much more frightening than he could tell you. Let the audience tell the story, let the audience imagine the monster, and they'll all imagine what frightens them the most."

The audience will have a chance

to add to the anxiety by suggesting titles or locations for the stories to take place; the idea is to turn everyday things into something frightening.

"The style and the mood and the feel are Lovecraft, but the stories are from us and the audience. So we will get a few suggestions at the beginning of the show and each improviser will tell a story based on

that suggestion," says Morris, an improviser who has had his work staged at the Victoria Uno and Fringe festivals. "It will be a new story as if Lovecraft had written it; we never claim it will sound like a Lovecraft story, but it will feel like a Lovecraft story."

The feel of a Lovecraft story is to play on what he calls our most basic human emotion: fear. Stories are set up with hair-raising, underlying tension; by hardly ever describing what the monster looks like, he leaves everything up to personal interpretation and the complexities of the human imagination. Another theme in Lovecraft stories is the old adage of "curiosity killed the cat."

"The things that make his work timeless are those things: the fear of the unknown and the fear of madness or evil being inside of you, and the fatal curiosity of mankind," says Paper Street cast member Missie Peters.

"For instance, we'll try and clone a human just to see if we can do it. Maybe we shouldn't be doing it, but we want to do it, so we'll do it," adds Morris.

"Let the audience tell the story, let the audience imagine the monster, and they'll all imagine what frightens them the most."

DAVE MORRIS
PAPER STREET THEATRE

For anyone who isn't an adept Lovecraft reader, fear not: the show is sure to be a spooky night for all.

"The show is great for people who like Lovecraft and great for people who like improv," notes Morris, "but it's also great for people looking for a Halloween experience."

And Lovecraft does make a great Halloween experience. His obsession with madness came from his strange upbringing. His father died in an insane asylum when Lovecraft was only eight; his mother died in the same institution years later. He was very reclusive and all he did was write; however, only three of his works were published during his lifetime. It was only after he died that other writers who he had corresponded with decided to put together a volume of his work.

"He was very agoraphobic, afraid of everything, so fear and madness are two very strong themes of his work," says Morris. "The most famous quote of his is about how fear is the most basic human emotion and the most basic fear is fear of the unknown. That underlines all of his work... All of his monsters, his creatures are all indescribable. You can't name them; you can't explain what they are."

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The Horror Within

8 pm October 26 and 27, \$12

Intrepid Theatre, 1609

Blanshard

paperstreettheatre.com

music

Hobbit hits hard with inmate backup

“Inmates just made mistakes in their lives.”

KATE RUBIN
WILLIAM HEAD ON STAGE



PHOTO PROVIDED

There's more to *The Hobbit* than... whatever they're holding.

that inmates organize everything for the performances, including managing the stage, choosing a theme, financing, and so on. Rubin and her colleague Monica Prendergast say the reason why students should come to the play is to experience new worlds, adding that it's an inspirational experience. It's also a challenge for students to look at their opinions about those who are incarcerated, says Rubin.

“Inmates just made mistakes in their lives,” she says. “Some of them made bad mistakes. They are still human beings with hearts. They will have chances to heal, to be better people.”

Experiencing being in a prison and meeting inmates can help students to have a better understanding of who they are and how society can embrace them, says Rubin. Eventually, students' assumptions

about inmates could change from this experience.

Prendergast says that even though the play's theme of greed is a little bit heavy, *The Hobbit* has a lot of fun scenes in it, too. Not to mention a huge amount of enjoyable escapism.

“Literature takes you to another world,” she says. “Simultaneously, the rest of the world disappears. It's magical that in this amazing world there are elves, goblins, trolls, wizards, puppets, giant rabbits. The audience will really feel it inside, because we are all around them.”

The Hobbit
Until November 10
William Head Prison
ticketrocket.org/the-hobbit

INSU KIM
CONTRIBUTING WRITER

What motivates good people to do bad things? Kate Rubin explores this idea in her latest production, a version of J.R.R. Tolkien's *The Hobbit*, which takes place inside the William Head Prison in Metchosin.

Rubin explains that the William Head on Stage program, which has been running for over 30 years, is very unique, in that inmates work together with the theatre community to produce professional performances.

“There are no other places in Canada with such a program like this,” she says. “In Canada there are no other prisons that include professional actors and actresses like this program.”

One of the biggest reasons why this play and other William Head on Stage productions are very special is

music

Less than Jake bring pizzaz to town

KEN MILLER
CONTRIBUTING WRITER



PHOTO PROVIDED

A ska band with only five members? Less than Jake always do it their way.

ent town, a different situation with a different set of characters that are there, so you never know what you're going to open the bus door and step into the street to. Especially in the downtown area of some of these cities. It's definitely one big adventure every time we pull into a new city.”

When it comes to preparing for their shows, Demekes says that it's pretty tame before Less than Jake take the stage.

“We all have a couple beers, nothing too crazy. I'll stretch out my groin muscle a bit and maybe sing a bit to warm up my voice, then we hit the stage. It's not much more than that,” he says.

According to Demekes, the band has one primary goal for every live set they play, no matter where

they are performing on any given night.

“You know a lot of people work really hard and they're spending their hard-earned money to come,” he says, “so if they can just leave their problems at the door for a couple hours and have fun then we did our job.”

Joining Less than Jake for the show will be fellow ska-punk veterans and good pals Reel Big Fish.

“We've gotten along with them forever,” says Demekes. “It's going to be a blast.”

Less than Jake
Wednesday, October 17,
\$29.50
Club 9one9
strathconahotel.com/club9one9

Get ready for shenanigans. Florida-based ska punks Less than Jake are bringing their high-energy live show to Victoria for the very first time. After 20 years in the ska-punk music scene, the Gainesville, Florida band will give fans lots to be excited about when they hit the stage.

“You know, we haven't played there before,” says vocalist/guitarist Chris Demekes. “Hopefully people will come out, and I'm expecting we'll have a good time.”

As you might have surmised, 20 years of being in a band has provided a wealth of insight in terms of touring and playing shows for Demekes and his bandmates.

“We've been a band for so long that we know people everywhere, so you kind of know what friends you'll see and what kind of shenanigans you're going to get into before you even get to that town,” he says.

Demekes explains that the band has been touring with the same members and crew for quite some time, but that doesn't make the adventure of being on tour any less exciting for them.

“Every day it's different,” he says. “You know you're in a differ-

theatre review

Dracula scares at castle



PHOTO PROVIDED

David Radford spooks and thrills as Dracula at Craigdarroch Castle.

MARIELLE MOODLEY
STAFF WRITER

As we walked up the driveway of Craigdarroch Castle we heard haunting noises and voices surrounding the fortress. Entering into the castle, we cleaned our shoes, hung our jackets, and were escorted by a distressed Dr. John Seward to the second floor with the rest of the interactive audience waiting for further instruction. It was the beginning of the must-see thrill-ride known as *Dracula: The Blood of Life*.

Seward advised us that we must not wander off. We were to stay close to each other and be aware of what lay ahead, knowing that “God takes care of those who take care of themselves.”

Seward then led the audience to the fourth floor, where we were introduced to his mentor, Dr. Abraham Van Helsing. Van Helsing and Seward read protective prayers for our safety, then told us of the paranormal experiences that had occurred between them and Count Dracula eight years prior in the very castle we were standing in.

We were introduced to many

characters involved in their encounters, including Seward's late fiancée Lucy Westenra; Count Dracula's solicitor, Jonathan Harker; Harker's fiancée, Mina Murray; a maniac named R.M. Renfield (who was Seward's patient at the asylum); and, of course, Count Dracula himself.

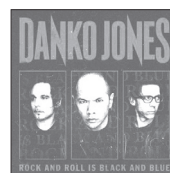
Throughout the evening we were led around the castle by Seward and Van Helsing to watch the story as it unfolded. From powerful love stories, to tragic deaths, to vampire transformations, to exorcisms, this performance was action-packed and filled with excitement.

Hearts raced as Dracula appeared in an untimely fashion and spooky encounters startled the audience, leaving them anticipating the night's upcoming frightening moments.

The rich history of the ancient story of Bram Stoker's *Dracula* kept us intrigued throughout the performance, while the guidance and narration of Seward and Van Helsing held the audience enthralled.

Dracula: The Blood of Life runs until October 31 at Craigdarroch Castle. See thecastle.ca for info.

New Music Revue



Danko Jones
Rock and Roll Is Black and Blue
(Bad Taste Records)
4/5



The Acacia Strain
Death Is the Only Mortal
(Rise Records)
4/5

Don't expect this Toronto-based rock trio, led by Danko Jones himself, to slow down, ever. After releasing a two-disc documentary DVD in June and a book earlier this month, Danko Jones are capping off a full media onslaught with the release of their sixth studio album, *Rock and Roll Is Black and Blue*.

This is another installment in the straightforward, live, and loud sound that the band has done for years. Tunes like “Just a Beautiful Day” and “I Don't Care” come at the listener fast and hard, but without screaming or whining to detract from the rocking. The sexy strut of “You Wear Me Down” feels like “Bounce” from their first EP, which is nothin' but a good thing. This is another record that begs to be cranked up as loud as your ears can handle.

There's no beating around the bush from these Toronto rockers. If you like rock and roll that translates to a kick-ass live show, let these guys turn you black and blue.

-DAN DARLING

Death Is the Only Mortal is the sixth album from death metal crew The Acacia Strain. The album gets off to an impressive start with the dark, nihilistic doom metal of “Doomblade,” a sludgy assault with creepy samples reminiscent of British doom legends Electric Wizard.

The band blends aspects of hardcore, death, doom metal, and noise rock to create an unexpected and often innovative record. Bassist Jack Strong keeps the listener guessing, switching from an airtight staccato assault to a unique amelodic lurch on tracks such as “The Chambers Nautilus.”

This is an album from a band at their creative zenith: the instrumentals are at times staggeringly heavy and wholly refreshing; the downside is that some of the lyrical content comes across as an afterthought and is decidedly average.

This is a very impressive effort, essential for those who enjoy unconventional and daring metal.

-JAMES DOWN

A MESSAGE

FROM THE CAMOSUN COLLEGE STUDENT SOCIETY

by Madeline Keller-MacLeod
ccss external executive

The provincial elections are fast approaching and the Camosun College Student Society is working to organize students leading up to election day.

We officially launched our Rock the Vote BC campaign last week, when we handed to Elections BC about 150 voter registration forms that we had collected from students this fall. We want to send a message to politicians: youth are going to vote in the next election and ignoring us is a liability.

Youth voter turnout is at historic lows. In the last provincial election there were over 500,000 eligible voters under the age of 34 who didn't vote. Rock the Vote BC aims at turning this trend around and ensuring that there will be a higher youth-voter turnout in May of 2013.

The student society has set a goal to collect at least 1,000 voter registration forms from students by May. You can help us achieve this goal by registering as a new voter or updating your voter information at the student society offices, or when you see student society representatives around campus and in your classrooms. We will be collecting your forms and handing them in to Elections BC.

It's all too easy for a government to ignore the needs of groups who don't vote. We hope that, with a higher youth voter turnout, the next government will be more responsive to youth concerns, such as affordable postsecondary education, well-funded public transit, and a healthy environment.



In Search of Last Time

by Daphne Shaed
camosun college pride centre**We want your blood!**

This month Camosun Pride worked to develop a partnership with Canadian Blood Services to encourage our amazing students to donate blood. Blood donation is incredibly important and there's no question that this simple act saves lives.

Currently, there's a lifetime deferral for men who have sex with men. The current policy doesn't take into consideration lifestyle or other risk factors and, because of this, is discriminatory.

This deferral policy comes directly from Health Canada and isn't amendable by Canadian Blood Services.

The spirit of Pride's partnership with Canadian Blood Services is to educate students about the current deferral policies and encourage them to send the minister of Health Canada, Leona Aglukkaq, a letter asking for review of the policies, and to donate blood.

During the next few months, Camosun Pride and Canadian Blood Services will be on campus promoting the features mentioned above as well as doing blood typing. We hope to create educated, lifelong blood donors here at Camosun.

Please help us change discriminatory policies and please help us save lives.



Speaker's Corner

by Jean Oliver
camosun college toastmasters**Prep a speech in 10 minutes**

In his book *The Quick and Easy Way to Effective Speaking*, Dale Carnegie tells us how a young Winston Churchill, while addressing the British Parliament one day, drew a complete blank.

Churchill was forced to sit down, red-faced, defeated. The problem? He had memorized what he wanted to say. From that day onwards he only gave speeches from the heart—and the rest, as they say, is history.

But up to that point, Churchill wrote out and laboriously memorized his speeches, word for word, as many beginners do. While it's nice to have weeks to mull over what you want to say, that's not always the case, especially in the fast-paced business world.

But don't fret: you too can be prepared to give a great speech with just a few tips.

1: When prepping a speech, choose your points and practice talking about those points until you can say what you need to.

2: Usually it's best to keep it to three points per speech.

3: Use an example from personal experience.

4: Practice summarizing what you want to say to a willing friend.

Who knows? Maybe that speech over a pint at the local pub, or delivered in a fumbling-but-authentic manner at a job interview, will be the one that will fight them on the beaches of your career.

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Lansdowne

local, live, and loud

by Dan Darling

WEDNESDAY, OCTOBER 17

Less than Jake, Reel Big Fish, Flatfoot 56

CLUB 919, \$25/29.50, 9:30 PM
I know a couple guys named Jake. I worked with one many years ago. He's an Aussie. Nice guy, but at the time he wasn't really the hardest worker. I had a bit of seniority on him, so I never made less than Jake. He followed a girl that he met in some faraway land back here to Victoria, then got dumped like yesterday's compost. He stuck it out for a while but eventually headed back down under.

THURSDAY, OCTOBER 18

Fred Penner

FELICITA'S @ UVIC, \$10, 8 PM
If you like sandwiches, you'll love Fred Penner, and at this show you can enjoy him with no screaming kids in the house!

THURSDAY, OCTOBER 18

Balconies, Acres of Lions

LUCKY BAR, \$10, 8 PM
I wonder where Balconies are staying while they're in town? You'd think they would put a clause in their contracts about always having a room with a balcony, right? I mean, it just makes sense. Why call your band that and then not milk it? I sure would.

FRIDAY, OCTOBER 19

54-40, Grapes of Wrath

ROYAL THEATRE, \$34.50, 7 PM
A friend of mine used to work on the Ocean Pearl. He fished for tuna, cod, and whatever else he could get his nets on. I've had a few friends try their hand at commercial fishing over the years. One buddy even experienced his first dead body out on a fishing trip. From what I understand, there's a lot of hard work involved in fishing on the high seas. I'd imagine that there's a different kind of hard work involved in keeping a band together for 30 years.

MONDAY, OCTOBER 22

Big Sugar, Willi Williams, Balconies

CLUB 919, \$26, 7 PM
I've tried on a few occasions to enjoy my coffee without sugar. I used to have both cream and sugar in my coffee

until I realized that it was making my nose run. Seriously. I'd sit at a coffee shop, having a java, and not 15 minutes later I'd be blowing my schnoz. I realized that I had removed so much milk from my diet that I'd become lactose intolerant. I compensated for the lack of cream with extra sugar. Big sugar. "I don't want no sugar in my coffee. It makes me mean."

TUESDAY, OCTOBER 23

Jason Collett, Bahamas

ST. ANN'S AUDITORIUM, \$21.50, 7 PM
These days it really seems like I've got this broken social scene. I mean, I'm married with children, so it's not like I wanna go out running all over town. Well, maybe once in a while. I'd like to squeeze some fun live shows into my schedule somehow. Hell, my kids are asleep by 9-ish anyway. My wife probably wouldn't like it if I started sneaking out of the house to go have fun without her, though. Fun... in the sun. Maybe somewhere warm. I've never seen Bahamas.

FRIDAY, OCTOBER 26

Old Man Luedecke, Grey Kingdom

ST. ANN'S AUDITORIUM, \$18.50, 7 PM
I used to love Scooby Doo. That silly beast was always running around, scared out of his wits. I love that van the gang drove, too. The Mystery Machine? What a sweet ride. Whenever I see one of those old, stubby-nosed vans cruising around, no matter what kind of shape it's in, I just wanna drive it. There's always a crotchety, timeworn bad guy cursing them at the end. "I could've done it, too, if it wasn't for those meddling kids," says Old Man Luedecke.

SATURDAY, OCTOBER 27

Kyprios and the Chaperones, Rocky Mountain Rebel Music, DJ Verse

SOPRANOS, \$14.50/\$16.50, 7 PM
It's always tough when special days of the year like Halloween fall in the middle of the week. Everyone loves to throw a shindig, but then there's the dilemma of finding a good day to party. Is the Friday before too early? Or just damn the torpedoes and throw your rager smack dab in the middle of the week and see who comes out? These guys aren't messing around. Pick your own superhero and get your groove on. And always damn those torpedoes.

eye on campus

by Lucas Milroy

SATURDAY, OCTOBER 20

Electric company

While it may sound like BC Hydro's parent company, United Electric is nothing of the sort. It's a trendy new market aimed at giving exposure to new, young artisans and musicians. This will be the second United Electric market, with the first one being a huge success in June. The event runs from 10 am to 4 pm at the Church of Our Lord Hall (626 Blanshard St.). Admission is only \$2, which includes access to the event, live music throughout the day, and a cakewalk at 1 pm. A cakewalk! Check out unitedelectric.com for more info.

WEDNESDAY, OCTOBER 24

Evolution, yo

Yo yo yo, come check out Baba Brinkman, a Canadian rap artist and writer who will be performing at 8 pm at the Farquhar Auditorium at UVic. Brinkman, who obtained a master's in medieval and Renaissance English literature from UVic, will be performing *The Rap Guide to Evolution*, a spoken-word performance that won the highly acclaimed Scotsman Fringe First Award in Edinburgh in 2009. It's going to be awesome, fo shizzle.

FRIDAY, OCTOBER 26

Nanaimo bound for pipeline talk

The Council of Canadians is launching the *No Pipelines, No Tankers* speaking tour in an effort to raise public awareness of the threats imposed by the development of Enbridge's controversial pipelines proposed to move fossil fuels through BC's communities, across rivers and streams, and to the pristine Pa-

cific Coast. There will be a series of speakers in Nanaimo at 7 pm at the Vancouver Island Conference Centre. Speakers will include Bill McKibben, Linda McQuaig, Grand Chief Stewart Phillip, and Chief Douglas White III.

SUNDAY, OCTOBER 28

Africa Calling

Trade in your singles for cell phones or cell-phone chargers for a stripper-less night at Monty's Pub. Now, before you stop reading, you should know that it's for a good cause. Africa Calling will be hosting an event to raise awareness of the hardships faced by those in rural villages in Africa. To get in, all you need is an old cell phone or a charger to donate. If you haven't got one of those, a small cash donation, which will go towards the purchase of cell phones and cell-phone-related things, will be accepted. The event starts at 8 pm, goes until midnight, and will feature a variety of live bands, as well as a silent auction consisting of fair-trade crafts from Africa. And no strippers.

UNTIL DECEMBER 28

Good politics = bad economics

Here is your chance to win one of four cash prizes valued up to \$2,500, and it's simple. All you must do is create a video about "why you think that good politics are bad economics." The prizes for postsecondary students are \$1,000 for third place, \$1,500 for second place, and \$2,500 for first place. There will also be a \$625 prize for viewers' choice. To enter you must summarize your ideas in a short paper including a focus statement, approach statement, and brief description of the video's storyline and timing. Go to studentvideocontest.org for info.



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Pablo By Pedro Banman



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Ski Ninjas By Kyle Lees (The Argus)



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