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NEXUS

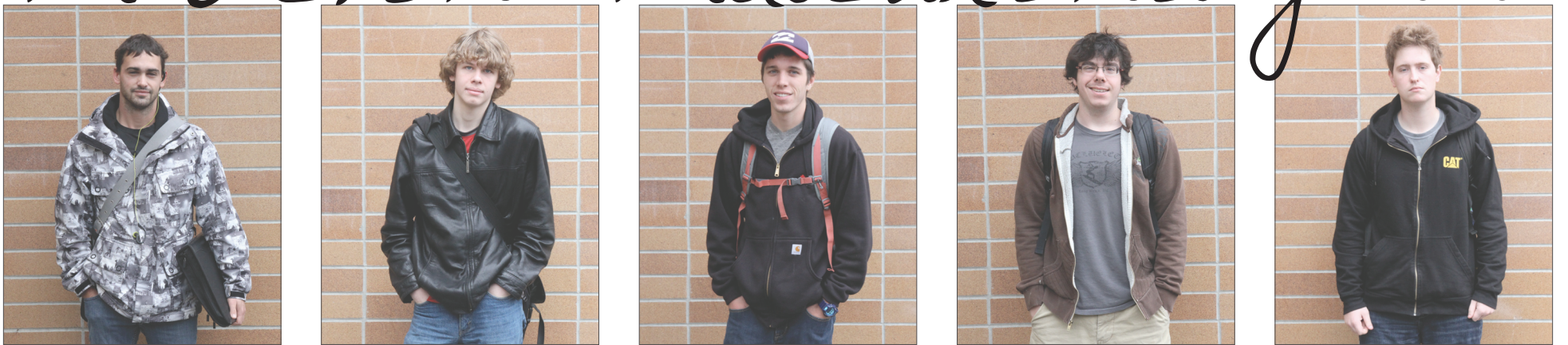
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camosun's student voice since 1990



modern masculinity

PAGE EIGHT



NEXUS

camosun's student voice since 1990

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Nexus prints letters that are 250 words or less in response to previous stories. *Nexus* reserves the right to refuse publication of letters. Letters must include full name and student number (not printed). *Nexus* accepts all letters by email to editor@nexusnewspaper.com. We reserve the right to edit all letters.

EDITORIAL MEETINGS

Come out to our weekly *Nexus* editorial meetings, where all Camosun students can get involved in their student newspaper. Meetings take place every Tuesday at 11:30 am in the *Nexus* office, Richmond House 201, Lansdowne. Call 250-370-3591 or email editor@nexusnewspaper.com for more information.

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editorial

Informing, inspiring

DYLAN WILKS
STUDENT EDITOR

To “inform and inspire” should be the goal of any publication. And we’re on the right track with this latest issue of *Nexus*, with a wide range of informing and inspirational articles.

Staff writer Carol-Lynne Michaels looks at what it means to be a man with today’s evolving gender climate in this issue’s feature story, which you can find on page 8.

Complimenting Michaels’ feature story is this issue’s *Open Space*, where contributing writer Adam Price asks questions not just about masculinity, but femininity as well.

Flip on over to *Nexus*’ arts section this issue for a full five reviews of the latest and greatest albums on page 11, featuring new material by Florence and the Machine and, yes, even Justin Bieber.

Contributing writer Wes Lord hit up Pacific Opera Victoria and their new production of *Mary’s Wedding*, which you can read about on page 10.

And party-harders from a few years back may remember Andrew W.K., who boasted hits like “Party

Hard” and “We Like to Party.” Staff writer Ali Hackett got the party started and caught up with W.K., finding an inspirational rocker who also spends time as a motivational speaker—that article can be found on page 11.

On another inspirational note, children’s entertainer Raffi is hopping on the grassroots ideas-event train by speaking at TEDxVictoria, and *Nexus* contributing writer Lucas Milroy spoke with Mr. “Baby Beluga” himself, as well as one of the event organizers, for an informative article on page 5.

At *Nexus* we strive to keep you informed and inspired, and if you can think of anything to help us achieve that goal, whether it’s feedback or help with volunteering, don’t hesitate to come by our office at 201 Richmond House at the Lansdowne campus.

There are other ways to get a hold of us, of course. If you’re more of a phone person, our number is 250-370-3591. And, of course, if you’d rather hit us up via electronic signals, well, there are options for that as well: email us at editor@nexusnewspaper.com, go to nexusnewspaper.com, or find us on Twitter or Facebook.

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open space

Men need to embrace feminism



JESSICA TAI/NEXUS

ADAM PRICE
CONTRIBUTING WRITER

In 1984, Gloria Watkins (pen name: bell hooks), influential feminist author and activist, famously stated that “feminism is a movement to end sexism, sexist exploitation, and oppression.”

In her book, *Feminism Is for Everybody*, published 16 years later, Watkins wrote, “I like this definition [of sexism] because it did not imply that men were the enemy.”

Patriarchy was then, and is now, the enemy. Patriarchy is a social system where men hold authority over women, children, property, and other men. Patriarchy is damaging to society because it oppresses women, and limits men.

Feminism developed as a way to combat patriarchy, but is often misunderstood by men.

Men need to recognize that feminism is an avenue for men to explore and expand gender, sexuality, and positive non-sexist community involvement.

But it’s vital that men also understand it’s not the responsibility of women to engage men in the feminist movement; feminism is a movement that encompasses all ethnicities, genders, and sexualities. Men are responsible to engage

men in non-sexist, non-oppressive action.

In Victoria, there’s already an established community of feminist/LGBTQIA activists that may lead some to question how men are being represented. However, the existence of these communities isn’t leaving men in the dust.

They’re doing what they’ve always intended to do: empower women and promote a world free of patriarchy and sexist oppression. Spaces like women’s centres exist to create a safe place where women and all genders/sexualities can strengthen together.

Victoria has seen some male interaction against patriarchy, such as a recent event called *Men and Feminism* at Camas Books and Info-shop, but not enough. Victoria could benefit by gathering a group of men who already identify as feminists, and engage more men retroactively as the group expands.

If men became more informed about the dangers of patriarchy, then critical steps could be taken towards allying with feminist/LGBTQIA communities. Men could create a space for positive reinforcement in non-sexist lifestyle choices, and men could help redefine (or un-define) maleness.

Something on your mind? Send *Open Space* submissions (up to 400 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

correction

In the article “Lecture series looks at gender-identity issues” (November 2 issue), we incorrectly reported that Esquimalt-Juan De Fuca MP and Camosun criminal justice and political science instructor Randal Garrison would be speaking at a gender-identity lecture at Camosun’s Lansdowne campus.

We apologize for the error.

WIN FREE TICKETS!

NEXUS

The first three people to email editor@nexusnewspaper.com and tell them what their favourite and least favourite aspect of *Nexus* is will win a pair of tickets to one of the following events:

Comedy Showdown (November 20)
Sunday Night Improv (November 27)
Underground Comedy Fort (December 6)

services

Shipbuilding contracts good news for trades students

“People lose sight of the fact that the shipbuilding contracts are definitely going to affect a lot of different sectors, probably in ways that we don’t think about yet.”

DAVE PINTON
BRITISH COLUMBIA INSTITUTE
OF TECHNOLOGY

(BCIT), are expecting an increased demand for workers in fields as varied as welding, millwrighting, project management, and occupational health therapy.

“The government estimates that there will be 4,000 spin-off jobs,” says BCIT media relations manager Dave Pinton. “And that means these people will have to be trained and most likely they’re going to be trained at places like Camosun, places like BCIT.”

Seaspan Marine’s Vancouver yard won the smaller of two contracts, while Irving Shipyards in Halifax was awarded the \$25-billion military vessels contract.

According to Pinton, all six of BCIT’s schools, including business, transportation, and health sciences, will be affected by the shipbuilding contracts.

“People lose sight of the fact that it’s definitely going to affect a lot of different sectors, probably in ways that we don’t think about yet,” he says.

Tom Roemer, vice-president of strategic development for Camosun College, says graduates will be impacted heavily given that these 30-year contracts will mean lifetime



ALI HACKETT/NEXUS

Camosun’s Tom Roemer says Camosun graduates will be impacted by the shipbuilding contracts.

employment for many students.

“Let’s say we pick a metal fabricator program,” explains Roemer, “after four years I get my national red seal, I can now walk down to the shipyard, they will employ me, and since this project is supposed to run for 30 years, if I want to I can retire from the same position.”

Roemer says that Camosun is planning to expand capacity by up to 50 percent in many of their trade programs, while also looking at tailoring some of their

current programs, like the one for industrial electricians, towards a marine setting.

He says business programs, such as supply chain management, will also likely require expansion.

“It’s sort of funny, when I get calls from prospective students saying, ‘When did you start?’ I say, ‘We started 40 years ago,’ because we have a lot trades, and welding and sheet metal have been there since the college started, but we will definitely expand some areas,

as far as capacity is concerned,” says Roemer.

Roemer believes that the shipbuilding jobs will pay wages that are competitive with those doled out in places like Fort McMurray, Alberta, or northeastern BC, with many being paid in the six figures after a few years.

Camosun will be meeting in early December with the Department of National Defence to discuss what types of training the college should focus on.

ARSHY MANN
CUP WESTERN BUREAU CHIEF

VANCOUVER (CUP) - In light of last month’s federal announcement of \$8 billion in shipbuilding contracts coming to British Columbia, Camosun College and other BC schools are gearing up to fill the skills gap.

Technical colleges, such as Camosun and Burnaby’s British Columbia Institute of Technology

media

Investigative journalist Holman shuts down *Public Eye*

ROSE JANG
STAFF WRITER

After over eight years of single-handedly running a website featuring investigative news stories, local journalist Sean Holman announced on November 1 that he was suspending daily reporting on publiceyeonline.com.

Public Eye was known for breaking stories and digging deep on issues that were overlooked in news releases, press conferences, and question periods.

Holman’s investigations held BC’s politicians accountable, and often created change in the province.

Now, after 6,000 stories, and 200,000 unique website visitors a year, the time has come to put his website to rest, he says.

“At the end of the day, it

was financially not viable,” says Holman.

He says he was able to make some money from advertising and donations, but not enough to continue the site.

“I guess it was just time, more than anything else. I started it up as a public service, and it was the love of my life, until I met the love of my life,” says Holman. “As a publication, I think *Public Eye* totally punched above its weight on a regular basis, and broke tons of stories. Every single one was a piece of information that hadn’t been reported before.”

Many of Holman’s stories had significant impact, bringing to light situations that otherwise would have remained hidden.

“Sean Holman has a wide view of the lobbying landscape in British

Columbia, and has probably done more to keep lobbying in the public eye than any other reporter,” says information and privacy commissioner Elizabeth Denham.

Holman investigated criminal activity at legal gaming facilities and exposed the risks associated with the provincial government allowing taller wood-frame buildings. His story on former Liberal campaign co-chair Patrick Kinsella contributed to changes in the province’s lobbying laws.

“I am a passionate believer in the ability of journalism to make a difference in society,” says Holman. “Engaging and informing the public is the best safeguard we have for democracy.”

Public servants and journalists recognize that Holman was a leading investigative journalist in BC.



PHOTO PROVIDED

Sean Holman has long been the face of investigative journalism in town.

“I’m very sorry to see him forced to shut down his blog,” says *Times Colonist* political columnist Les Leyne, who Holman worked with on an investigation of consultant Douglas Walls. “People would look to him as to what was going on around the edges. It was interesting

to fill out the whole picture.”

This isn’t the last people will hear from Holman. He’ll continue to teach journalism at UVic, host a talk show at CFAX 1070, and write for the *Globe and Mail*. He also has plans to film a documentary.

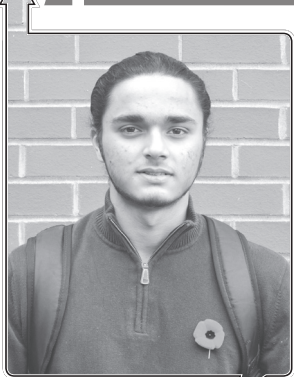
“I’m not going away,” he says.

SPEAK UP What makes a good man? BY CLORISA SIMPSON



CAMERON MIKKERS

“He has to be attractive, solid, be able to provide, and have a sense of pride with modesty.”



DIVJIT MALHOTRA

“A man should have integrity, honesty, and sincerity in life.”



VANESSA WILLS

“Honesty. Men are conditioned to a certain stereotype, so honesty to be themselves.”



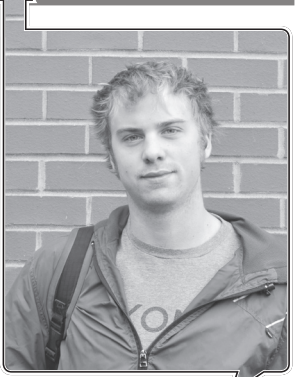
JEN BELL

“Individuality. Same thing goes for women.”



ALISON WIKKRAMATILEKE

“A good mother.”



CRAIG COCHRAN

“A good man is understanding of differences in everybody; he is strong, reliable, and intuitive.”

campus service

Food bank use more prevalent among students

“It’s amazing because 10–15 years ago, there weren’t campus food banks, and the majority of campuses now have food banks.”

KATHARINE SCHMIDT
FOOD BANKS CANADA



ASU ENROLLMENT MARKETING & COMMUNICATIONS

A volunteer processes apples at a student food bank.

BRIANA HILL
CUP OTTAWA BUREAU CHIEF

OTTAWA (CUP)—Hunger-Count, an annual study of food banks and food programs in Canada, found that in 2011, an average of 851,000 individuals were assisted by food banks each month, and four percent of them were postsecondary students.

“Four percent means that there are more than 34,000 students every month that are going to a food bank for help,” says Food Banks Canada executive director Katharine Schmidt.

“It’s a group of people in this country that is important to us,” says Schmidt. “Educating our young people and preparing people for their futures is important, so to know that we’ve got about 34,000

Canadians who are walking into or getting help from a food bank each and every month, who are post-secondary students, is a large number.”

Since 2008, overall food bank use in Canada has increased by 26 percent.

“The reality is that someone using a food bank could be your neighbor, it could be a friend, it could be a family member, it could be somebody you sat next to on the bus on the way to school; really, it could be just about anyone,” says Schmidt. “The reason people end up at food banks is because their income is not high enough to cover the cost of basic needs.”

Two percent of those receiving assistance from food banks cite student loans or scholarships as

their primary source of income. The cost of housing, job quality, and accessibility to employment insurance are all barriers students face, says Schmidt.

Food bank use has increased on campuses as well. Based on numbers from the Student Federation of the University of Ottawa (SFUO), the number of people using their food bank has increased from 259 in 2007, to 3,534 in 2011.

“It’s amazing because 10–15 years ago, there weren’t campus food banks, and the majority of campuses now have food banks,” observes Schmidt. “It’s interesting how they’re helping to service those that need help with some really creative ways to do it so that there isn’t a stigma, and it allows students to get some help with a

lot of dignity.”

Beyond being a student, there’s no set of eligibility criteria to access the SFUO food bank service.

“We ask that students who access the food bank produce a student number; it’s really simple. We don’t ask for a lot of details, just that they can prove that they’re a student or an employee here,” explains Chris Hynes, SFUO food bank employee.

Hynes and his coworkers are currently collecting information about who accesses the food bank service on their campus. They found that students with dependents are more likely to be regular clients.

“Students shouldn’t have to choose,” says Hynes, “between paying tuition, paying rent, and buying food.”

NEWS BRIEFS

Camosun vice-president moves on

After 27 years of working for Camosun, vice-president of education and student services Baldev Pooni has moved on. While the college looks for a replacement, current dean of access John Boraas will be acting vice-president for the next six months.

Students campaign for Movember

Business students at Camosun College recently took their class assignment to the next level, actively campaigning for prostate cancer awareness as part of Movember. James Mcallister, Steward Doney, Lauren Woodrow, Emily Stanger, and Jessica Millar-Jones got donations from the college for the campaign, including a laptop from their business program leader Larry Chung. Proceeds are going to Movember Canada.

Camosun exchange student goes to Disney World, Paris

Camosun hospitality student Erica Parsons was one of nine second-year students to participate in a student exchange through the Disney/Camosun partnership this year.

After three months working at the check-in desk of the Animal Kingdom Lodge at Walt Disney World in Orlando, Florida, Parsons was promoted to concierge in the VIP concierge lounge before eventually being offered a one-year contract position as food and beverage supervisor at Disney, Paris.

West Shore hosts Camosun courses this winter

Camosun College and the WestShore Centre for Learning and Training are maintaining their partnership this winter, offering five courses in January: ART106—Indigenous Studio Arts, CRIM166—Introduction to Criminology, ENGL150—English Composition, SYC150—Child Development, and REL102—World Religions of the East.

Inquiry reveals police neglected to send public warning

Vancouver deputy chief Doug LePard testified at the Missing Women Inquiry that Vancouver police received detailed tips about Robert Pickton in 1998, but refused to issue a September, 1998 public warning because high-ranking police didn’t believe there was a serial killer. Family members of the missing women also testified that Vancouver police refused to take down information about their missing loved ones or even create files, particularly if they were aboriginal women on drugs. Several relatives said they gave many details to a female clerk, Sandy Cameron, only to find out that no file was ever opened. Cameron is expected to testify later in the inquiry.

-DYLAN WILKS

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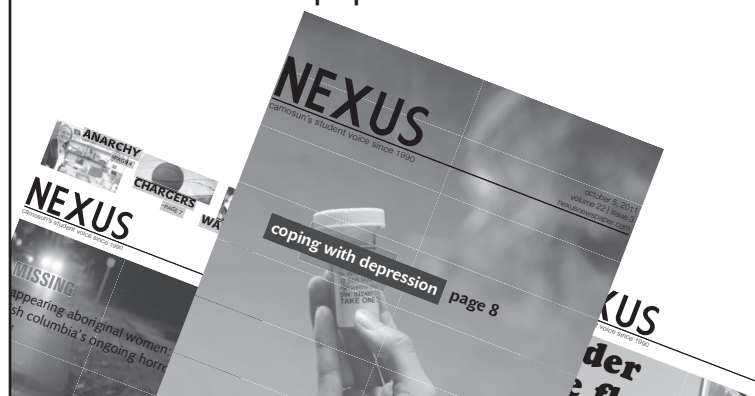


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camosun's student voice since 1990

Nexus editorial meetings are held every Tuesday from 11:30 am to 12:15 pm at Richmond House 201 on the Lansdowne campus.

The best part? You're invited! So come on down, share story ideas and give your feedback on the paper.



event

Raffi to share ideas at upcoming conference

“I would say that the goal is to redesign society for the greatest good for the greatest amount of people.”

RAFFI CAVOUKIAN
MUSICIAN

LUCAS MILROY
CONTRIBUTING WRITER

Most of us know him from songs we grew up with, like “Baby Beluga” and “Down by the Bay,” but few know that children’s entertainer Raffi Cavoukian (commonly known as Raffi) has his own children’s rights mantra, a mantra that he’s deemed “child honouring.”

“It came to me in a vision in 1997; it woke me up on a Sunday morning. I wasn’t looking for it; it found me and said, ‘Here is the work for the rest of your life.’ It was a luminous moment in which this vision appeared to me. It was a grand epiphany,” says Raffi, who is speaking about child honouring at the first-ever TEDxVictoria event, on November 19.

From his work with children, Raffi has gained a new respect towards the important role that youth play in the future of society. He has been able to establish himself as an important player in the battle towards ecological sustainability,

as well as an advocate of children’s rights.

Through child honouring, a view that puts youth first, Raffi hopes to create a world where through the education and diligent care of children we as a society can meet his definition of sustainability.

“Sustainability, to me, is not about air, water, and soil, it is about a code of conduct,” explains Raffi. “I would say that the goal is to redesign society for the greatest good for the greatest amount of people.”

In Raffi’s code of conduct society would put less value in monetary statistics, and would in turn emphasize the social and environmental story of how the products came to the market.

Child honouring will teach children how to do this, he says. It will also help towards building Raffi’s practical goal of the future where children are empowered to make intelligent decisions to better themselves and to better future generations.

“It is all about a world where people matter, where the planet matters, and we do business with ethical commerce,” says Raffi. “What we are talking about it conducting ourselves with some honour, conducting ourselves ethically. Not just towards our young, but towards everybody.”

TEDxVictoria organizers are excited to have Raffi in their speaking lineup, especially since his brand of communication matches the idea behind a style of conference that’s quickly growing to be a trendy



PHOTO PROVIDED

Raffi will be speaking about more than baby belugas at the upcoming TEDx Victoria conference.

event around the world (TEDx brings together various speakers to share their ideas on a wide range of subjects).

“It mimics in some ways the feeling of sitting around a campfire and listening to people tell stories,”

says TEDxVictoria organizer John Mardlin. “It appeals to those who have a sense of awe, and are really engaged and interested in what’s going on. It is a place that we can come together to revel in the beauty of a great idea.”

TEDxVictoria
9 am - 6 pm, Saturday,
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Victoria Conference Centre,
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tedxvictoria.com

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interurban

Camosun program introduces women to trades

“The program is designed for women, and it’s designed for individuals who have had little or no exposure at all to trades.”

KAREN MCNEILL
CAMOSUN COLLEGE

MARINA GLASSFORD
CONTRIBUTING WRITER

A program now being offered at Camosun is reinforcing the need for women in the trades.

The college is now offering a 12-week program designed to introduce women to trades like carpentry, electrical work, and sheet metal fabricating.

The Women in Trades Exploration (WTE) program targets low-skilled individuals and helps them to explore the opportunities available through the trades and decide which one they would like to focus on. Along with practical skills they also learn how to be employable and about options for further training.

Women are underrepresented in skilled trades careers in BC but are becoming more prevalent in the trades industry as time goes on.

“I’ve been a carpenter the last eight years and I’ve slowly started seeing more women,” says Interurban sheet metal and metal fabricating student Kyle Ferguson. “It’s great; there are two in our class and they probably have the highest marks.”

This type of success and skill level seems to be common with the women in this program. WTE just started at Camosun last year, and the first six women who went through are all employed, three of them at Victoria Shipyards. Sea-

span Marine, who own Victoria Shipyards, recently won the federal shipbuilding contract, which could mean upwards of 4,000 jobs.

Apart from increasing job opportunities, another reason for interest in WTE is because the program covers a variety of areas, including carpentry, electrical, plumbing, and blueprinting.

“The WTE program is designed for women, and it’s designed for individuals who have had little or no exposure at all to trades,” says WTE program director Karen McNeill. “It’s about two days in each trade; we try and do a project in each one of the trades. Last week they were framing in the backyard, drywalling, and painting.”

There are some challenges that women will face in the trades that can only be chalked up to biology.

“The biggest thing would be strength; it’s just physically how a person is designed,” says McNeill, “But it’s not saying, ‘No, I can’t do this,’ it’s knowing the limitations



MARINA GLASSFORD/NEXUS

Trades students at Camosun’s Interurban campus.

and being able to compensate in other ways.”

Students also have the opportunity to upgrade their basic courses while taking the program. On Mondays and Wednesdays the women work on their math and English

and then the rest of the week it’s the hands-on dirty work. And they seem to enjoy it.

“I think it’s easier for women; they teach us differently than men,” says WTE student Joyce Pelkey. “It’s pretty fun.”

alumni

Grad proves women can rise to top of computer industry

“Computer programming was like solving a puzzle.”

SHELLEY ZAPP
UNIT4 BUSINESS SOFTWARE

NICOLE BENETEAU
CONTRIBUTING WRITER

If it is a man’s world, nobody told Camosun success-story grad Shelley Zapp.

Zapp is president of UNIT4 Business Software, a subsidiary of one of the top global leaders in business software, where she manages accounts for all of North America. And while it seems rare to see a woman in Zapp’s position, she says that the computer-technology industry is welcoming to everyone.

“I had a job before I even finished my program,” she says, pointing out that even when she graduated more than 20 years ago, being a woman never posed a problem in the job

market. “I don’t think the industry has ever been male-dominated. If I look back on my graduating class, I bet it was a good 30 percent women.”

Zapp—who won Camosun’s distinguished alumni award this year—graduated from Camosun’s computer technology program in 1984. Looking back on why she chose a field of study that was in its infancy at the time, Zapp recalls that a career in computer technology was an exciting prospect.

“Computers were just starting to come out onto the market,” she says. “We didn’t even take computers in high school at that time, and, of course, no one owned a computer. But, it intrigued me. Computer programming was like solving a puzzle.”

Although Zapp says the industry is gender neutral, she does admit that it’s uncommon for a computer programmer to become head of a company.

“About 90 percent of CEOs come from sales and nine percent from finance, but it’s rare they come from fields like computer programming,” she says. “We are not always

the best extroverts.”

But, in developing exceptional business skills, which Zapp attributes to her time at Camosun, she was able to rise to the top of her field.

Zapp’s success, combined with her commitment to the community, makes her a well-known leader in the local tech industry. Ken Hartman, acting chair of the computer science department, has seen firsthand how Zapp gives back to her alma mater.

“Shelley is one of those important people willing to provide her time and expertise on various volunteer boards and committees,” says Hartman.

Serving on the Program Advisory Committee, a group of industry professionals working with instructors to give insight into changes, trends, and opportunities that relate to Camosun programs, Zapp has given Hartman’s department “great support and encouragement as well as important feedback on industry trends,” he says.

Along with her accomplishments, Zapp’s contagiously positive attitude leaves a lasting impression



PHOTO PROVIDED

Shelley Zapp has gone a long way since her time at Camosun.

on everyone who meets her.

“She’s really hard working,” says Camosun alumni relations

coordinator Angie Bowles. “She’s a real sweetheart and an amazing woman.”

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SPORTS BRIEFS

Chargers women return to national rankings

The Camosun College Chargers women's volleyball team has returned to the Canadian Colleges Athletic Association national rankings for the first time since 2003, placing 13th overall in Canada. Head coach Chris Dahl said in a recent press release that he hopes it provides a better picture of how the team is performing overall. "Being in the national rankings says two things," he said in the press release. "First, it's a coach's poll and we are recognized by our peers. Second, it says a lot about the caliber of play in the PacWest."

Camosun student awarded

Camosun College Chargers men's volleyball team captain Garret Marcellus was recently named the PacWest Men's volleyball athlete of the week for the week following the Chargers' men's two wins over the Capilano University Blues on October 28-29.

Victorian returning to Olympics

Along with Paula Findlay of Edmonton, local athlete Simon Whitfield will represent Canada in triathlon at the 2012 Summer Olympics in London, England. Whitfield, 36, won the gold medal in men's triathlon at the 2000 Olympics in Sydney, Australia—the first time the event was contested at the Olympics—and then won silver in Beijing, China in 2008.

Royals' forward makes Team WHL

Victoria Royals forward and leading scorer Kevin Sundher has been named to Team WHL, and will be facing Team Russia in the 2011 CHL Subway Super Series. Sundher, 19, currently leads the Royals in points (36), assists (23), and is tied for the team lead in goals (13) after 19 games played (as of November 12).

Chargers results:

- WOMEN'S VOLLEYBALL
- Friday, November 4:
- Chargers: 1, Bearcats: 3
- Saturday, November 5:
- Chargers: 3, Bearcats: 1
- Friday, November 11:
- Chargers: 3, Avalanche: 1
- Saturday, November 12:
- Chargers: 3, Avalanche: 1
- MEN'S VOLLEYBALL
- Friday, November 4:
- Chargers: 0, Bearcats: 3
- Saturday, November 5:
- Chargers: 1, Bearcats: 3
- Friday, November 11:
- Chargers: 2, Avalanche: 3
- Saturday, November 12:
- Chargers: 1, Avalanche: 3
- WOMEN'S BASKETBALL
- Friday, November 11:
- Chargers: 69, Eagles: 74
- Saturday, November 12:
- Chargers: 63, Falcons: 34
- MEN'S BASKETBALL
- Friday, November 11:
- Chargers: 97, Eagles: 92
- Saturday, November 12:
- Chargers: 86, Falcons: 81

-DYLAN WILKS

fighting

Muhsin Corbbrey more than just a fighter

ED KAPP

THE CARILLON (UNIVERSITY OF REGINA)

REGINA (CUP): Muhsin Corbbrey, a three-sport professional athlete, martial arts academy owner, family man, and student is, for all intents and purposes, a person worthy of emulation.

Born and raised in Oklahoma, Corbbrey grew up in what he dubbed "extreme poverty," living in both his mother's trailer in the country and his father's home in the city.

Fortunately, Corbbrey, who shudders when thinking about where he might be had he not found an outlet during his youth, became infatuated with martial arts at a young age.

In the world of combat sports, Corbbrey not only found an outlet for his energy, but also a means to remove himself from the poverty that he was born into.

"Martial arts have been a huge part of my life," he says. "I can't remember a point in my life when martial arts didn't play a major role in my life. As a kid, I always wanted something better for myself and for the people around me. Martial arts always gave me that. I realized really early on that martial arts could make me a better person too, because it gives you the tools that you need to be successful."

Since focusing his efforts on

martial arts, Corbbrey has contested over a dozen boxing matches and has travelled to Thailand to train and compete as a professional Muay Thai kickboxer.

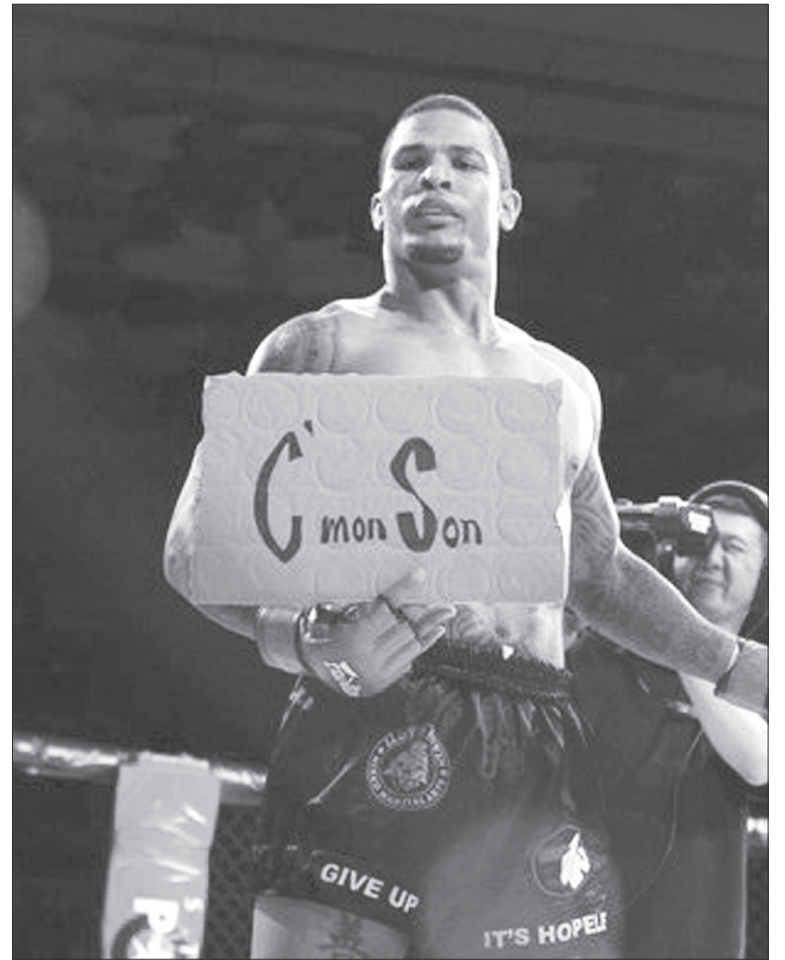
While the 33-year-old still intends on competing in boxing and kickboxing in the future, it has been the world of mixed martial arts where he has made the biggest impact.

Widely regarded as one of the top mixed martial artists to not yet compete in the UFC, Corbbrey has contested bouts in ShoXC, EliteXC, and the WEC. During that time, he has been in the ring with fighters like Nick Diaz, Jim Miller, and Anthony Njokuani.

Outside of his own fighting career, Corbbrey's martial arts academy in Savannah, Georgia, Champions Training Center, is home to dozens of amateur and professional mixed martial artists including Stephen Bass, who appeared on Season 14 of *The Ultimate Fighter* reality show.

Although Corbbrey still has lofty aspirations in combat sports, which were his intentions since the very beginning, he's still planning on using his time in the game as merely a means to an end.

"Just like everyone else in this sport, my eyes are on the prize, so of course that UFC run is the major



MMAHUKET.COM

Muhsin Corbbrey is ready to rumble.

goal at this point," says Corbbrey, who will likely return to the ring in December. "My goals have always been intertwined, though. I have things that I want to accomplish

in the fight world, but I have very specific goals in activism and changes in the real world that I want to see made. There is a lot of work to be done."

technology

North America accepts eSports with open arms

"People are starting to realize that not only is it fun to play, but it's actually really fun to watch."

RILEY BLOTT
UVIC STUDENT

KYLE GARVEY
CONTRIBUTING WRITER

While eSports may not be taking the world by storm just yet, the phenomenon is taking root in North America. With the advent of online streaming and the release of new gaming titles, the popularity of eSports is growing at an incredible rate.

The term "eSports" refers to the competitive play of video games and the broadcasting of these competitions. The idea of playing video games professionally originated in South Korea, where the best pro gamers are seen as celebrities, and tournaments are broadcast on television.

One of the main reasons why eSports is finding a home in North America is the release of the game *Starcraft 2*, which has become the most popular eSport in the world.

"Starcraft is a good example



MITCH HARKER

Riley Blott is a UVic student who is also in the top two percent of North American *Starcraft 2*.

of a catalyst for this whole movement," says Riley Blott, a University of Victoria student who has been playing the game for 14 years and is currently in the top two percent of North American players.

"Because eSports are so competitive, and because the social media is getting more of these videos out there, people are starting to realize that not only is it fun to play, but it's actually really fun to watch," says Blott.

Like lots of other sports, professionals make big bucks at the top tournaments, but the underlying

theme of eSports is entertaining the audience.

"eSports are just like any other sport," says UVic student Geoff Sinclair. "It's about getting together with your friends, watching your heroes duke it out."

At the heart of the eSports movement is the community, who are constantly recruiting friends and spontaneously organizing eSports events at the grassroots level.

"It's up to the audience to get the word out and to grow the community," says Sinclair.

One example of this is BarCraft,

where *Starcraft 2* tournaments are streamed live to televisions in bars. Catering to eSports' young male demographic, the BarCraft events are a mixture of drinking, socializing, and watching video-game tournaments.

Streaming has had a huge impact on the movement as well, bringing financial feasibility to what was once only a hobby.

"Some people, if they can produce enough good content," explains Blott, "and they can get a large enough fan base, they can make a profit off of it."

MODERN M

BREAKING THROUGH THE IS

STORY BY: CAROL-LYNNE

PHOTOS BY:



IN CANADA IN 2008, 2,777 CANADIAN MEN COMMITTED SUICIDE; 928 WOMEN COMMITTED SUICIDE.

MALES UNDER THE AGE OF 18 WERE PHYSICALLY ASSAULTED 1.5 MORE TIMES THAN WOMEN.

39,099 PEOPLE WERE IN CANADIAN PRISONS IN 2009. ONLY 5.9 PERCENT WERE WOMEN.

“I’d say that the group that knows the least about itself as a social group is men.”

DAVID HATFIELD
LEADERSHIP CONSULTANT

BOYS WILL BE BOYS

What are we teaching our boys? And why do men struggle to articulate their appreciation of other men in their lives? Maybe it’s because society doesn’t often give men permission to share their feelings.

“Pretty much every boy gets shut down at about age five,” says Mathew Davydiuk, facilitator for Boys to Men Canada. “You don’t cry. Whether you pick up on it because someone told you, or because you watch other people being told, eventually somebody shuts you down. That’s a reality for men, for boys. Most boys didn’t grow up in a home where they were told it was okay to be emotional.”

Davydiuk believes that the masculine baseline of our current North American culture is a product of the industrial revolution. Men, families, and communities exist today entirely differently from the way things were 150 years ago.

According to Davydiuk, the first-affected generation of men left the homestead to apply muscle to machines in factories. This was the beginning of the shift from integrated to isolated men. Our society is so far gone from the model of family and community life that existed before technology.

Removing the man from the home was a blow that our culture feels, but may not recognize. Many men moved away from being integrated with the upbringing of offspring, as well as from contributing to the land and the home.

“In our society in general we completely distrust men, I think for good reasons,” says Davydiuk. “I look around and I think, ‘Well, you know, it’s not like we have the best track record.’ I think that’s largely part of male culture, patriarchy. I’ve often said that patriarchy is the darker side of masculinity.”

Men are now responsible to create means of financial support by entering a workforce where competition is a prominent aspect: jobs, women, cars, physical strength. Our society turns a blind eye to these destructive constructs, normalizing and adapting to them. Not to neglect that women are key breadwinners, too, but the roots of this

competition in men’s culture are striking.

Despite 150 years having passed since the first shift, men and family dynamics have still not fully recovered. Men have become marginalized as role models and as parents, to a critical point, says Davydiuk.

Davydiuk stumbled into one clear indicator of this: expectant fathers don’t conventionally participate in the celebration and preparation for the welcoming of their children into the world.

“I never even imagined that men could even go to baby showers,” he says.

The baby shower is predominantly female-focused today, so men miss out on the opportunity to connect to the men in their life and have the opportunity to talk about the fears of fatherhood and what to expect.

“That’s an indication to me,” says Davydiuk. “That’s a celebration of someone being a parent. I judge that as a culture, we don’t imagine fathers as being in that child’s life in that way. It’s really important for men to know that they’re supported by their community.”

“Hyper-masculinity is still fairly pervasive: men and boys have to assert masculinity.”

ANNALEE LEPP
UNIVERSITY OF VICTORIA

THE MAN-BOX

“Hyper-masculinity is still fairly pervasive: men and boys have to assert masculinity,” says Annalee Lepp, department chair of women’s studies at the University of Victoria.

Most boys don’t want to be seen as weak or feminine in any way. Being associated as homosexual is the quickest threat to cut men down.

Lepp looks at navigating masculinity in that context. “Is there permission to be the nerd, gay, or trans?” she asks. “Are there spaces where it isn’t a hostile and dangerous environment? Is there a way that jock culture needs to transform itself?”

Davydiuk acknowledges the challenge of uprooting gender roles. “Men and women are both pigeonholed by this gender that we are given. Did you grow up being called a ‘faggot’ because you were emotional? Did you grow up scared that you were going to get an erection in public?”

All the typical insults hurled at men by men are only reinforcing the fear-based approach that young men learn from constantly being under threat.

“Something that really scares me says is the language that men and women use, especially in relationship to women; it’s just degrading,” says Davydiuk. “But it’s



ASCULINITY

SOLUTION OF BEING A MAN

MICHAELS, STAFF WRITER

ALI HACKETT

largely accepted. Trash-talking women is okay in our culture, I hear it all the time, particularly from this younger generation.”

He hears boys and girls driving the rigid stake of gender roles deeper into the heart of youth culture.

“It’s being called a ‘pussy,’ ‘faggot,’ ‘girly-boy,’ or the idea that you have to be tough, you have to be right, all the time,” says Davydiuk

He says the idea that men constantly get approached to do things physically for others reinforces the man-box, too. “Men are supposed to be powerful, have nice cars and nice things, be really successful.”

Davydiuk drives home that the use of language is instrumental in leading boys and men by example.

“The way we talk to kids is really important,” he says. “They are watching us. Their brains are developing so fast at that age.”

Everything said and done is a choice. “We’re shaping the culture that is around us,” says Davydiuk. “It’s not about gender at the end of the day. I believe that we heal through relationships, we heal through witnessing and learning how to speak the truth.”

These male-related problems get handed down from generation to generation now. Davydiuk explains that his own father never had someone step in and show him how to be a man in a good way. He says that his father only knew what kind of man he wasn’t allowed to be.

“I refer to it as the quietening,” says Davydiuk. “A lot of men in that generation got quiet. They bottled things up.”

“I refer to it as the quietening. A lot of men in that generation got quiet. They bottled things up.”

MATHEW DAVYDIUK
BOYS TO MEN CANADA

THE MISSING LINK

David Hatfield is a Vancouver-based leadership consultant specializing in masculinity and rites of passage youth leadership. According to the Canadian Centre for Justice Statistics, violent men are three times as likely as non-violent men to have witnessed violence against their mothers in childhood, and women who were raised in similar circumstances are twice as likely to be victims of spousal violence.

Hatfield says that research is exposing more and more that the absence of adequate father figures causes many negative social outcomes for both boys and girls. He identifies rites of passage work as an invaluable solution. It

supports the intentional mentorship necessary for a young person’s transition into adulthood.

“There is an intrinsic, built-in hunger to be given a recognition pathway and the information and the support and the guidance and the mentorship to start taking their place as adults,” says Hatfield.

Typically rites of passage have three phases: separation, transition, and reincorporation. Men can be empowered by going somewhere remote with a group of men, connecting to their ranges of masculinity and femininity, and doing their work together.

There are still a few coming-of-age rituals that are socially accepted and more widely encouraged. The Jewish tradition of Bar and Bat Mitzvah is one. At the age of 13, boys and girls take part in a ceremony which initiates them from a place of dependent childhood into a place of their own adult responsibility.

“In the absence of rites of passage it shouldn’t be surprising to anybody that the leading causes of death are accidents and suicide for young men in our culture,” says Hatfield. “We pay a huge price as a nation, as communities, as families, when we’re not doing that work.”

In Canada, suicide is the second highest cause of death for youth aged 10–24. The Canadian Mental Health Association reported in 2003 that each year, on average, 294 youths die from suicide. Many more attempt suicide.

“I’d say that the group that knows the least about itself as a social group is men,” says Hatfield. “Women are quite attuned to a lot of the challenges that men are under. A lot of women would like to see the men in their lives having more male friendships. A lot of sensitive men who are awake and aware feel more security and safety creating friendships with women. That’s great, but it’s not balanced.”

It’s clear that boys and men need healthy role models and mentors in their lives to lead by example and normalize healthy emotional behaviours.

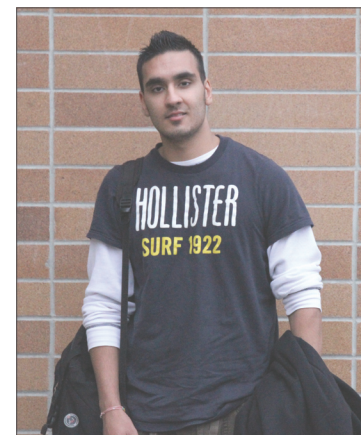
“The gender difference is that women have menstruation as a clear biological marker,” says Hatfield. “If nothing else, they have that. And that’s not even well tended to in our culture. Men don’t have anything like that. We don’t have a strong biological marker.”

Davydiuk lists off what he calls quasi-initiations, the tangible and sometimes misguided shifts that men have as reference points for achieving adult masculinity.

“Shift from boy to man can be getting drunk for the first time, getting laid, getting your first car,” he says. “These lack a spiritual depth. Except marriage and having children, we don’t have anything to acknowledge psychological change. That’s a big part of it. We’re initiating change in boys, and men. Men *and* women need that.”

Hatfield refers to African author and educator Malidoma Some, who says, “The face of modern masculinity is isolation.”

And that isolation comes with a cost. Without a society that accepts a broader range of masculinity and allows for men to display emotions freely, Hatfield and other experts on modern masculinity fear that men will continue to fall deeper into their own individual worlds.



opera

Mary's Wedding a world of high pressure



DAVID COOPER

Mary's Wedding, which is set during World War I, is the first complete opera that Pacific Opera Victoria has commissioned.

WES LORD
CONTRIBUTING WRITER

For the first time ever, Pacific Opera Victoria has commissioned the creation of a complete opera.

Set during World War I, *Mary's Wedding* is based on the successful Canadian play of the same name. The story is framed by the eponymous Mary's remembrances of correspondence with her first love, Charlie, who left to fight in the Great War.

"Our company has commis-

sioned this work from [composer] Andrew MacDonald," says Robert Holliston, who worked as a vocal coach on the production. "The person who wrote the play, Stephen Massicote, is actually also providing the text for the opera, which is not always the case."

Mary's Wedding has been in the works for the last three years. With a production cycle longer than some major Hollywood movies, there can be a lot of pressure.

"People do expect highly of

this company at this stage of our development," says Holliston.

Working on a high-pressure production of this kind makes everyone involved develop coping skills for any performance-related anxiety, says Holliston.

"But in some ways it gets more difficult, because your standards tend to raise," he says. "The more experienced and the more accomplished you feel that you are within the whole process, the better you want to do it."

The production represents a massive investment of time, money, and talent. According to Holliston, the key to success in a huge undertaking like this is clear organization and lines of communication.

"Two things contribute to the relative smooth running of every production," he says. "The first is that we all understand what we have to do."

As for the second, Holliston says that a smooth production needs a hierarchy.

"It's absolutely inevitable that there may be differences of opinion, but that hierarchy has to be respected," he says. "There's no room for democracy in art."

Mary's Wedding

8 pm, November 16 and 18
McPherson Playhouse
\$37.50-\$142.50 (\$15 student tickets at door, based on availability)
rmts.bc.ca

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party rock

Everyone should be more like Andrew W.K.

“I certainly hope that my music brings the same kind of feeling to people who need it as much as me, or more.”

ANDREW W.K.
MUSICIAN

ALI HACKETT
STAFF WRITER

Andrew W.K. is a super-positive guy, but he doesn't come with the irritation factor one normally expects from those types. His Twitter is full of party tips and affirmations such as “Life is more meaningful when we have a mission and a purpose. Mine is partying. What's yours?” and, “Don't try to impress people. Try to inspire them.”

At first it might be easy to disregard as a joke, but W.K. fully believes that having a positive mindset is a choice.

“It's definitely the mood that I try and focus on, 'cause I figure, of all moods, that seems like a pretty good one,” he says.

It sounds simple, but the motivation behind it isn't. W.K. says he still suffers from depression from time to time, and a lot of the motivation behind his music and party-hard attitude comes from feeling down in the past.

“I mean, it's still something I've

grappled with until, you know, yesterday. It gives me a lot of motivation to do what I do, so it's definitely like my own self-help program,” he says. “And, in the process, I certainly hope that it brings the same kind of feeling to people who may need it as much as me, or more.”

W.K. tends to have several projects on the go, including motivational speaking. He's always felt that what he wanted out of life was that reciprocal feeling, that bond that passes between entertainer and audience, when both parties are participating to mutual benefit.

“The biggest impact in that regard, musically, was made on me by George Clinton, Parliament, Bootsy Collins, and that whole group of people,” he says. “That was the first time I heard music that was made by someone that was different from me in age and background, but still felt that their attitude and music was making me feel good, and that these people *wanted* me to feel good.”

Fresh out of the grunge era, when enthusiasm was uncool, this was eye-opening for W.K.

“I wasn't so sure Kurt Cobain would want me to like his music, you know? He'd probably think I wasn't cool or I wasn't wearing the right clothes. That was very upsetting to me.”

Andrew W.K.
Friday, November 25
Sugar, \$22
atomiqueproductions.com

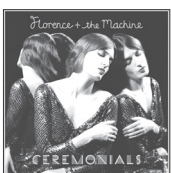


Andrew W.K. likes to party but he also likes to inspire people.

ASHLEY EBERBACH

New Music Revue

A reissue of a modern-day classic, Bieber does Xmas, and more



Florence & the Machine
Ceremonials
(Universal)
4/5

Ceremonials, the second album from English rock and soul artist Florence Welch, makes use of a variety of instruments to create a sound that is unconventional yet welcoming.

It has an interesting, light, scientific side in songs like “Never Let Me Go” and “Spectrum,” and another side that is dark, deep, and meaningful: first single “Shake It Out” has themes of spirit possession, while “Seven Devils” pulls listeners into a story of death and revenge.

Florence's first album, *Lungs*, showcased some of these themes, but her maturity—or maybe her success and confidence—has allowed them to take over *Ceremonials* in the best possible way.

Everything has come together here to put together a disc that is full of passion, strength, talent, and beauty. *Ceremonials* is an ideal combination of everything that should be used to create music.

-CHESLEY RYDER



Class Actress
Rapprocher
(Carpark)
2/5

The second album from Brooklyn-based trio Class Actress is a synth-pop disc with mid-to-late-'80s pop stylings.

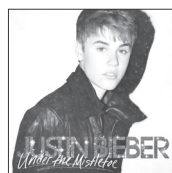
Class Actress are heavily influenced by Madonna and Depeche Mode, which becomes disarmingly evident on this album. Unfortunately, those influences add up to a disc that just isn't very effective.

Much like the artists who inspire Class Actress, the band has created an album that has a couple of good singles, but lacks concrete direction, which it needs.

“Keep You” is like getting strip-searched by a wolf-hide-wearing fantasy disco woman; it's a sexy dance tune. But the rest of the album just drops off: it goes from wolf-hide woman to a waiter giving you mildly suggestive advances. It's kind of depressing: you're not really sure if she just wants a better tip.

“Hangin' On” is also pretty swag, but where is my wolf woman? Where, Class Actress, is my wolf woman?

-ADAM PRICE



Justin Bieber
Under the Mistletoe
(Island)
5/5

Forget Christmas: this year I'm celebrating Biebermas!

Is that sacrilegious? Probably, but who cares? Not the 13-year-old girls rushing out to buy this album so they can memorize every word in hopes that one day at one of his concerts Justin will see them out in the crowd and notice how perfectly they sing along and then he pulls them up on stage and is all like, “Girl, you sing like an angel, let's get married,” and I'm all like, “Okay!” Wait... what?

So, the clock's ticking and I've failed to mention anything about the actual music on *Under the Mistletoe*, but here's the thing: this really isn't about the music. It's about the true meaning of Christmas, which is making cold hard cash. Which is what Justin Bieber does best.

So this one's a success. Happy holidays, everyone! It's never too early to start buying!

-CLORISA SIMPSON



Carole King
A Holiday Carole
(Rockingale)
4/5

It might take a couple of songs to get into this CD, but some are worth transferring to your favorite media gizmo.

The first three tracks have a chirpy, frenetic quality that is a little off-putting if you're a *Tapestry* fan. King's daughter managed the project, so there may have been generational compromises.

But from the fourth track on, classic King comes through. There's a sublime take or two on Chanukah, one which she charmingly duets with her grandson. Four songs in (once she sings to her strengths), the strands of her voice, the instrumentation, and the holidays are braided melodically together: a satisfying addition to any Christmas music library.

King ends with the softly nostalgic “New Year's Day,” the last notes trailing off, lingering for a moment. Long enough to make you want to hear it again—just not from the top.

-JEAN OLIVER



U2
Achtung Baby (20th Anniversary Edition)
(Island)
4.5/5

One of U2's greatest accomplishments came with the release of *Achtung Baby* in 1991. It won a Grammy and became one of the most influential albums of the '90s, combining electronic disco with driving classic rock to deliver the singles “The Fly,” “Mysterious Ways,” “Even Better Than the Real Thing,” “One,” and “Who's Gonna Ride Your Wild Horses.”

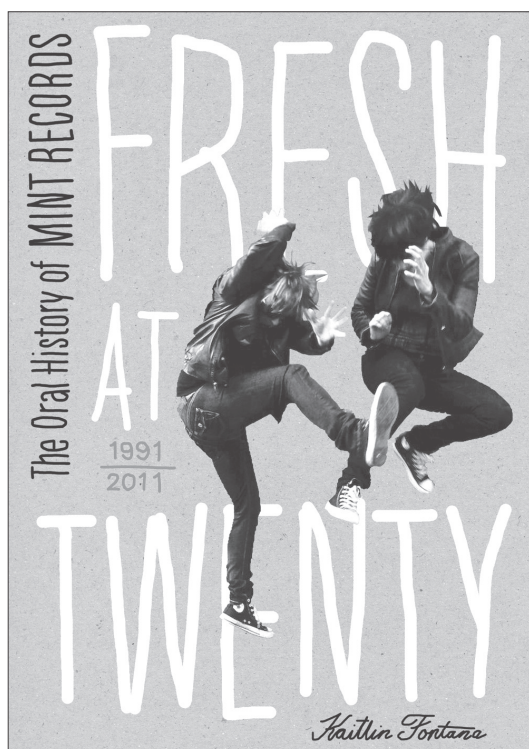
This 20th anniversary edition features remixed renditions of “Even Better Than the Real Thing” and “Mysterious Ways.” They help to uncover the history of the band in creating the album, but come across as washed-out versions of the previous hits. The remix of “Who's Gonna Ride Your Wild Horses” isn't far from the original recording, perhaps other than some added momentum.

While the remixes fall short, the fact that the singles still compete with much of the radio play 20 years later deserves considerable respect.

-TJ NYCE

book review

Book celebrates Mint Records



WILL JOHNSON
THE UBSYSEY (UNIVERSITY OF BC)

VANCOUVER (CUP): In the late 1980s, Randy Iwata and Bill Baker were a pair of UBC students working at their university radio station. They liked to party, they liked good music, and they had no idea they were about to create one of the most successful and enduring record labels in Vancouver's independent music scene.

But now their story has been immortalized in *Fresh at Twenty: The Oral History of Mint Records* (ECW). The creative force behind

such acts as the New Pornographers, Neko Case, the Evaporators, Hot Panda, The Smugglers, and The Pack A.D. finally get to tell their story.

The pair are humble. "We haven't had a very exciting 20 years, I think it's safe to say," Iwata says in the book.

"Like, it's not the Mötley Crüe book, you know?" he adds.

But their rabid fan base, including *Fresh's* author Kaitlin Fontana, begs to differ. The nearly 400-page book details every step (and misstep) Iwata and Baker took along

the way, and illustrates what a unique and revolutionary musical force they have become.

Starting with a punk riot at Expo '86, *Fresh* tracks the pair through their university years, and introduces us to the larger-than-life characters that helped shape the local music scene. One of those characters is Nardwuar the Human Serviette, who wrote the foreword to the book and still has a regular radio show at CiTR.

"Mint Records never really should have stood a chance. Both Satanists and art legends alike would have found the notion to base an indie record company out of Vancouver frankly stupid," Nardwuar writes. "But Mint Records is still in the game after 20 years and 160 releases."

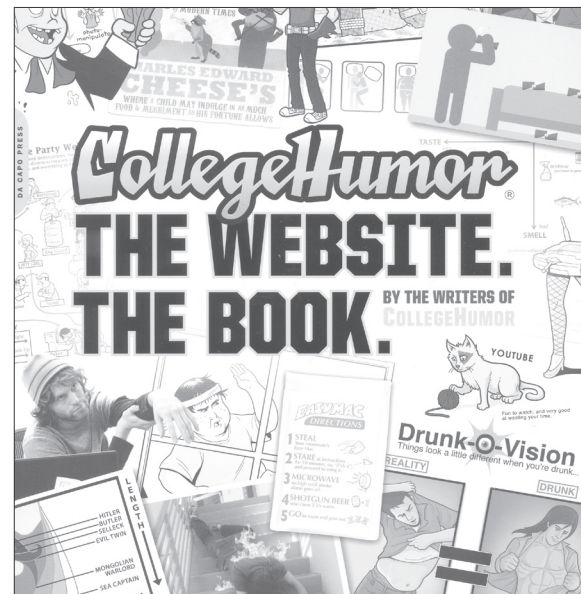
In their first ad for the label, which appeared in *Discorder* magazine, Mint advertised themselves this way: "We love trash. We're the unhappy folks at Mint Records. Anything dirty or dingy or dusty. Vancouver's newest label. Anything ragged or rotten or rusty. We're accepting demos. Yes, we love trash."

But for the fans that have made Mint the musical powerhouse it is, their music is really anything but trash.

Fresh at Twenty is a fast-paced look at a golden age of Canadian popular music that still thrives today.

book review

Toilet humour reigns



DYLAN WILKS
STAFF WRITER

Reading *CollegeHumor: The Website, The Book* (Da Capo) feels suspiciously like browsing websites while at work: the reader is acutely aware that they're just wasting time. Which makes a lot of sense, because if you were on a computer instead of sitting with a book, collegehumor.com is the kind of website you'd be browsing while procrastinating.

The book itself is funny—but it's internet funny.

Not everything translates into hilarity when going from the screen to the page, and if someone tried to read *CollegeHumor: The Website, The Book* without having any knowledge of things like Facebook

or general pop culture, they'd put the book down and get on with whatever other mundane tasks they spend their life doing. However, if someone is intimately familiar with memes and derives enjoyment by sending amusing links to their friends, it's probably right up their alley.

The best place for this book is beside your toilet. It's too crude for a coffee table and has no place on your desk at work, and if you were to devote an evening or afternoon to reading, this wouldn't be the book you'd want to be reading. But if you've got a few minutes to relax and conduct business in a ventilated, private stall, *CollegeHumor: The Website, The Book* hits the spot.

GVTA

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Classrooms are overcrowded.

Kids aren't getting the learning support that they need and deserve.

Old and new teachers are getting burned out and disheartened.

The Government doesn't seem to care.

Chris McQuaid—New Teacher and Chair of TTOC Committee

The Greater Victoria Teachers' Association is endorsing 5 school trustee candidates who will speak up for public Education:

VOTE

- Alpha, Catherine
- Bratzer, David
- Loring-Kuhanga, Edith
- McNally, Diane
- Nohr, Deborah

Come out! Use the power of your vote to elect trustees who will stand up for the better learning environment that children deserve!

Voting day is Saturday, Nov. 19 8:00 am – 8:00 pm

Spread the word on Facebook and Twitter! For a list of places to vote visit gvta.net. Don't forget official ID which shows your signature, address, and where you live—it may be 2 or more pieces combined pieces of ID

film

3D-movie resurgence a sign of times

“We’re seeing 3D movies again because now movies are having to compete with the internet.”

DONOVAN AIKMAN
VICTORIA FILM FESTIVAL

rise against television, which was starting to eat into the studios’ potential market,” says Donovan Aikman, festival programmer at the Victoria Film Festival. “In the ’80s it was home video, because people could watch their videos at home. We’re seeing 3D movies again because now movies are having to compete with the internet.”

3D movies offer something that just can’t be pirated: that third dimension.

“I like 3D because I like to see things pop out and it’s more exciting,” says Angela Lee, a Camosun environmental technology student.

Aikman agrees that 3D movies have some advantages over their 2D counterparts.

“3D is basically the icing on the cake for watching movies on a 20-to-30-foot screen,” he says. “It’s having those elements jump out at you and having that feeling of being more immersive.”

But despite their flashy effects,



BREGGUR

The 3D-movie craze has returned for another round of popularity.

some Camosun students are still skeptical of 3D movies.

“I’ve never seen a 3D movie,” says Tom Arsenault, a criminal justice student. “I just think 2D is more original.”

Sydney Richdale, an associate of arts student, has issues with the increased cost associated with 3D movies.

“Movies are already expensive

enough to go see,” says Richdale. “I’d rather just watch it in 2D; 3D doesn’t really make much of a difference.”

And the additional cost of 3D movies doesn’t go to the box office or to the theatre companies, like Cineplex, according to Aikman. It goes to the studios.

“The extra charge is actually strictly licensing fees,” he says, add-

ing that the technology is owned by studios like Disney, Dreamworks, and Sony.

Most film buffs agree that the quality of the story, the development of the characters, and the acting all have to be great for a 3D movie to be truly successful.

“Basically it boils down to the movies,” says Aikman. “Are they good movies to begin with?”

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“MAUDE HUNTERS PUB”



Worth the Trip

by Tyler Rowe and Jason Saliani

Burger bonanza



TYLER ROWE

Campus Cafeteria
Burger and fries
\$7.48

Presentation and service

Jason: The burger actually looks pretty good, and you get a lot of fries for the price of the meal. I particularly enjoy the amount of pickles. Personally, pickles totally make the burger for me. A burger without pickles is like The Doors without Jim Morrison.

Tyler: And, unlike The Doors, pickles are in no way historically overrated. Comparing this meal to the caf sushi, it's a great deal. Comparing it to the caf stir fry, still the cafeteria champ all these weeks into this *Worth the Trip* experiment, it's not such a great deal.

Taste

J: Taste, hmm, well, there's not a lot of it. The patty is bland, to say the least. It's a flavourless, texture-less, slab of brown protein, but the bun was good, and the veggies were fresh. The fries are pretty tasteless as well. Thankfully, there was seasoning salt.

T: It's not so much that the burger tastes bad. It tastes fine. But the texture of the burger patty is... sub-optimal. I'd love it if it didn't remind me of late-night 7-11 runs during my teens. The fries, on the other hand, feel like home. This is because they use the industry standard McCain's that everyone uses, and my home is a pub.

And the winner is... McRae's

Verdict: McRae's has a solid burger, nothing too fancy, but it's tasty. So no contest against the daytime television of burgers: the caf burger, which is just filler. Also worth mentioning is that McRae's is by far the closest bar to Camosun and, let's be honest, much like us here at *Worth the Trip*, you have plenty of reasons to drink.



What's Up with Her?

by Chantal Kyffin
camosun college women's centre

Toxic beauty

Botox is no longer an exclusive procedure available to Hollywood stars. It has become accessible to regular people worldwide.

For those unfamiliar with Botox, which is the branded name of the toxic bacterium *Clostridium botulinum*, here's some info: this injectable neurotoxin blocks the transmission of signals from nerves to the muscles, by slowing the production of neurotransmitters (the chemical that relays signals).

When used for cosmetic purposes Botox causes the muscle to relax, giving it a smoother appearance and reducing the visibility of lines and wrinkles.

Although its most common uses are cosmetic, Botox is being used more and more for medical purposes. In its natural form, Botox

is deadly. It actually comes from the same bacteria that cause food poisoning.

In the late '60s, a doctor named Alan Scott standardized the botulinum toxin, making it safe to treat people with Strabismus (crossed eyes). Since then the toxin has been mostly used for cosmetic purposes.

So far the only negative side effects found have been bruising around treated areas, weakness, and nausea.

Botox costs anywhere from \$300 to \$900 a pop. The results last up to four months and aren't permanent, requiring continual upkeep and maintenance.

Is it really natural or safe to be injecting ourselves with poison in the name of beauty?



Earthy Edibles

by Keira Zikmanis

A luscious autumn soup



KEIRA ZIKMANIS

My best friend once said this was the best thing she'd ever eaten. So I gave her the benefit of the doubt and recreated this soup, writing down the recipe as I went along. It's easy to make, and has only a few ingredients, but don't be fooled; this luscious soup draws from the pure, vibrant flavours of butternut squash and pear, without the need of any added spices. The almond or hazelnut butter, while optional, is definitely worth the purchase, adding a subtle background flavour and making this soup extra creamy.

Pear-Butternut Soup

Serves six

Prep time 10 minutes, cook time 65 minutes

Ingredients

1 butternut squash, halved lengthwise

Olive oil
Salt
1 onion, medium dice
1 tbsp olive oil
2 small to medium pears (I prefer Anjou) cut into ¾ inch cubes
½ tsp salt (add more to taste)
2 cloves garlic, minced
¼ cup white wine (optional)
3 cups vegetable stock
1 tsp honey
2 ½ tbsp almond or hazelnut butter (optional)
Pepper to taste
Directions

Preheat oven to 375° F.

Scoop seeds and pulp out of each half of the squash. Rub with olive oil, sprinkle lightly with salt, and place cut side down on a rimmed baking sheet. Roast for approximately 45 minutes or until very tender. Let cool slightly, remove the skin, and

break the squash into large chunks; it should fall apart easily.

Once the squash is done or almost there, heat the olive oil in a large pot and sauté the onion on medium heat for approximately five minutes or until translucent. Add the pear and the salt and continue to sauté until the pear is tender and the onions are lightly browned. Add the garlic and sauté for one more minute. Now add the white wine, if using, and the vegetable stock. Add the chunks of squash and bring to a boil. Reduce the heat to medium-low and simmer for five to 10 minutes, or until the pear is very tender. Now carefully blend the soup (using a hand blender is best) until smooth. Add water if the soup is thicker than you would like. Now add the teaspoon of honey and the almond/hazelnut butter, if using. Add pepper to taste, and more salt if desired.



Green Your World

by Christopher Bauer
camosun students for environmental awareness

College, community build green

Recently, Camosun College held the Solar Saturday exhibition at Interurban to profile green technology for students, green enthusiasts, and trades-people.

The event featured a series of workshops about solar water heating, LEED green building design, solar power, and wind power, as well as inspiring speeches from local alternative energy gurus Guy Dauncey and Dave Egles.

This was the first event of its type from the college and it was executed admirably.

Hopefully the college and our

municipalities will continue to host more events like this to promote innovation and foster the transition to a low-carbon economy.

Another recent inspiring event was the Emerging Green Builders' monthly meeting, which featured a discussion with Bernie Gaudet from the BC Ministry of Citizens Services.

While it's encouraging that the government is promoting energy efficiency through entities like LiveSmart BC and by greening the building code, we still need more progressive and innovative policies

like those that Emerging Green Builders advocate.

The Living Building Challenge and the Net Zero Challenge are two such initiatives, meant to test architects' and developers' abilities to design buildings that are truly sustainable, from generating clean energy to using non-toxic renewable resources in the construction process to incorporating water harvesting and treatment systems.

Adopting these progressive approaches as the new standard is the best way to make the construction industry much more sustainable.

Noble Sloth Manifesto By Libby Hopkinson



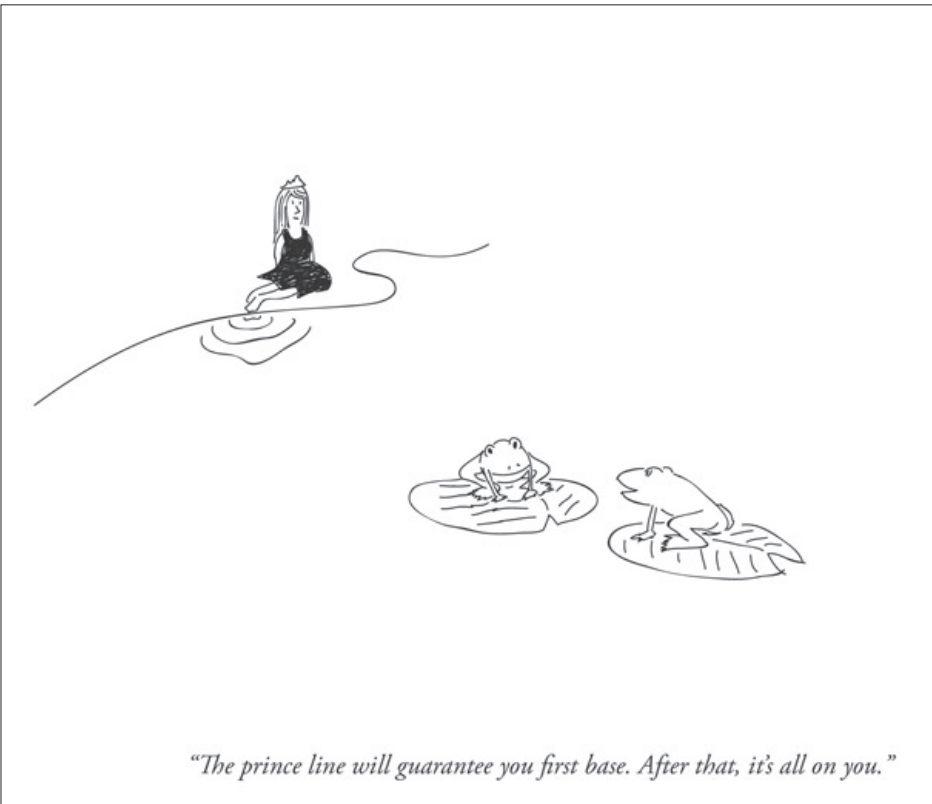
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Sky Ninjas By Kyle Less (The Argosy/CUP)



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local, live, and loud

by Adam Price



PHOTO PROVIDED

The Hilltop Hoods are playing town on November 17.

THURSDAY, NOVEMBER 17

Hilltop Hoods, Sweatshop Union

CLUB90NE9, 8 PM, \$22

Vancouver rap veterans Sweatshop Union are in town with the Aussies from Hilltop Hoods. If you're into politically and socially conscious rap, this show's for you.

FRIDAY, NOVEMBER 18

Jon & Roy, Carmanah

SUGAR, 9 PM, \$20

Both Jon and Roy (yes, seldom found separately) are in Victoria to show that the best part of being a folk-rock band is that their whole is always greater than the sum of their parts. Merrymaking, indeed. With Carmanah opening.

SATURDAY, NOVEMBER 19

tUnE-YarDs, Pat Jordache, Bank Robber

SUGAR, 9 PM, \$18

Oh, man. This is going to be a good show. The highly

cool, highly weird pop-ness of tUnE-YarDs and Pat Jordache grace Victoria. Those not entirely confused and inspired leaving this show aren't doing it right. Bank Robber start the night.

THURSDAY, NOVEMBER 24

K-os, The Dirty Mags

CLUB90NE9, 9 PM, \$25

It feels like it's been virtually forever since K-os has released an album, but it doesn't matter because this guy debatably carried Canadian R&B/hip-hop for, like, half a decade. Plus, plus! According to the interwebs, we might be seeing a new album for 2012.

FRIDAY, NOVEMBER 25

Andrew W.K.

SUGAR, 8 PM, \$22

I've never been more overjoyed to tell you that a band is coming to town. Andrew W.K.! Please, if you're going to this show, promise me, above all else, that you will party hard.

eye on campus

by Dylan Wilks



PHOTO PROVIDED

The Great Camosun Fieldtrip will head to the IMAX to see *Contagion*.

WEDNESDAY, NOVEMBER 16

Gender Identity: Understanding Trans-identities

Camosun Pride presents the last presentation in an ongoing lecture series on a variety of gender and trans-identity topics. Admission is \$5 or a pair of donated socks and all money raised will go to help launch a youth outreach program. Advance tickets can be purchased from Daphne Crossman at Camosun Pride, Richmond House, Lansdowne campus, Monday through Thursday.

THURSDAY, NOVEMBER 17

Campus-wide info session

If there's anything you'd like to know about more the more than 100 programs at Camosun College, the info session is the place to do it. Program instructors will be available to explain what courses you would take, what prerequisites would be required, costs, and what career opportunities there will be available to you. Check out camosun.ca/learn/infosessions for more info.

FRIDAY, NOVEMBER 18

Urbanite

The Art Gallery of Greater Victoria is presenting *Urbanite*, an event inspired by the contemporary South Asian exhibition *Collected Resonance*. Attendees will be able to mix and mingle with cocktails from Canoe Brewpub, the electro-latin sound of MicroBongo Sounds System (featuring live Indian Tabla, Santoor, and Dilruba performances), and interactive visuals from Limbic Media. *Urbanite* runs from 8–11:30 pm at the Art Gallery of Greater Victoria (1040 Moss St.). Tickets are \$13 at the door (\$11 for members). Check out aggv.ca/events/urbanite for more information.

SUNDAY, NOVEMBER 20

The Great Camosun Fieldtrip

Biology students at Camosun are organizing the Great Camosun

Fieldtrip to go to the IMAX and see *Contagion* at 8 pm. Tickets will be \$12 for students and \$15 for non-students, with all proceeds going to the Spread the Net student challenge, which raises money to buy treated bed-nets to prevent malaria in Africa. Tickets are available from any member of the college's biology department, and can be purchased in the Fisher Foyer on Thursday, November 17 between 10 am and 2 pm.

THURSDAY, NOVEMBER 24

Camosun Celebrates! Inspiring Lives Recognition

The Helme Hurber Annex at Camosun's Interurban campus will play host to this year's *Camosun Celebrates!*, the college's formal employee-recognition program. *Camosun Celebrates!* provides an opportunity for peers, colleagues, and coworkers to recognize both public and behind-the-scenes contributions and achievements of others in nine different categories: community impact, support staff, leadership, outstanding contribution to the student experience, starting strong, teaching, team effort, and workplace wellness. The event starts at 5 pm.

SATURDAY, NOVEMBER 26

VIDEA's Fair Trade Fair

You can shop with a conscience at the Victoria International Development Association's (VIDEA) Fair Trade Fair. The fair promises jewelry, clothing, crafts and holiday gifts: all fair trade! The International Women's Catering Co-op and Level Ground Trading will provide hot food and drinks. There will also be live music and door prizes. The event takes place from 10 am until 4 pm at First Metropolitan United Church Hall (932 Balmoral Street, off Quadra) and is wheelchair accessible. Admission is by donation. For more information, check out videa.ca, email kcadger@videa.ca, or call 250-385-2333.

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World AIDS Day
December 1st in the Fisher Courtyard
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