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# NEXUS

camosun's student voice since 1990

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*Nexus* prints letters that are 250 words or less in response to previous stories. *Nexus* reserves the right to refuse publication of letters. Letters must include full name and student number (not printed). *Nexus* accepts all letters by email to editor@nexusnewspaper.com. We reserve the right to edit all letters.

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Come out to our weekly *Nexus* editorial meetings, where all Camosun students can get involved in their student newspaper. Meetings take place every Tuesday at 11:30 am in the *Nexus* office, Richmond House 201, Lansdowne. Call 250-370-3591 or email editor@nexusnewspaper.com for more information.

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## editorial

# A thought-provoking issue

DYLAN WILKS

A life of agony appeals to no one. But, with that in mind, where does one draw the line with suicide? Where exactly does it stop being a selfish act and make the transition to becoming a merciful one?

The concept of being better off dead isn't an easy one to grasp. Suffering can take on many forms, be mental, or physical, or both, and can lead someone to make irrational or hasty decisions. On the flipside, if someone is of sound mind and is living in unending agony, shouldn't they be allowed the right to choose their own end?

Assisted suicide is a hot-button topic at the best of times, and in this issue of *Nexus* staff writer Ali Hackett braves the task of bringing the story to you, with our feature on page 8.

On a lighter note, contributing writer TJ Nyce covers a recent speed-dating event on campus. It was all for a good cause, and you can read more about it on page 4.

And *Nexus* continues the arts blitz with contributor Lauren Duggan covering local cover bands (how

meta is that?) on page 13, Lucas Milroy checking out Toronto's Bedouin Soundclash on page 10, and the usual quintuplet of album reviews on page 11.

But, let's get serious again: poutine is either the greatest thing on earth or the most disgusting meal imaginable, and since it can be hard to tell at times, columnists Tyler Rowe and Jason Salianni decided to find out for this issue's *Worth the Trip* on page 14.

We've received a great deal of feedback on our stories lately, and for that we thank you. One of those letters is on page 2, but we'd like to get even more reader response.

If you or someone you know has something to say about articles printed in *Nexus*, or if you want to get involved, please contact us. Our office is in Richmond 201 at the Lansdowne campus. Or, if you prefer, you can email us at editor@nexusnewspaper.com or phone us at 250-370-3591. Also, if you go to our recently re-launched website, nexusnewspaper.com, you can comment on any of our articles as quickly as you can type!

Call, email, stop by.  
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## GRAB A NEXUS



Copies of *Nexus* are also located on the outskirts of campus in our handy blue boxes.

NEXUS

## corrections

In "Modern masculinity" (November 16 issue), we didn't cite where the three statistics that started the story were from. All were from Stats Canada.

In "Men need to embrace feminism" (November 16 issue) we stated that Gloria Watkins was referring to a definition of sexism; she was referring to a definition of feminism. We apologize for the errors.

## open space

# Need for men's spaces questionable



JESSICA TAI/NEXUS

CHANTAL KYFFIN  
CONTRIBUTING WRITER

The idea of safe space for men comes up on campus, especially in conversations about the campus women's centres. Some students believe that if women have safe spaces on campus where they can hang out and drink tea for free, so should men. But should they, really?

Of course men should be able to enjoy a cup of tea with other men and just hang out, and no one is stopping them from doing that. But the concept of men having safe space on campus shouldn't be taken lightly.

Since the 1970s women have made great strides revolutionizing dominant institutions, laws, and tolerance levels. Women's opportunities for jobs, education, and benefits, alongside abortion rights and, as of 1982, the implementation of equal rights for all in the Canadian Charter of Rights and Freedoms, has been instrumental in the women's movement.

However, it has created an antifeminist backlash, and this has come in the form of resistance. The media and government are now proclaiming that the pendulum has swung too far, and some men are claiming they are the disadvantaged and oppressed sex.

A countermovement is being led by pro-men's groups trying to re-appropriate male power and privilege lost to second-wave feminism by

playing the card of male victim.

Although there are men who are psychologically and physically mistreated by their intimate partners, studies prove that female partners are abused more frequently and suffer far more serious injury. In 88 percent of all violent incidents males are identified as the suspects; half of all incidents involve a male perpetrator and a female victim, according to the FREDA Centre for Research on Violence against Women and Children.

The argument that men are equals in suffering abuse from women seems to be more of a mechanism to silence feminism. It takes away from the very problem of violence against women.

The Stephen Harper government has repeatedly cut funding to women's shelters and organizations. The perception is that if violence is happening to both men and women, money doesn't need to go into any victim organizations.

I have yet to see a men's group working from a grassroots level, providing support and care and services to male victims.

Some fringe men's groups are putting their energies into finding ways to get back at females and rejecting feminist claims of women victims of violence.

If men's safe spaces are really needed today, we all must establish why they are needed, and how they can be productive, rather than hostile.

Something on your mind? Send *Open Space* submissions (up to 400 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

## letters

### Masculinity story fails

The quote in "Modern masculinity" (November 16 issue) about women having menstruation as a clear biological marker is wrong on many levels: it says that women can't be women if they have had a hysterectomy or were born without functioning ovaries, and that trans-women are not women. The quote

did not need to be used, but since it was, it should have been countered and discussed. I was saddened to read the rest of the article and find gender/sex confusion. The writer used several statistics without sources and the one statistic cited was outdated: it was from 2003. The article goes off topic and never actually discusses what it is to be masculine in modern society.

GREGORY RUSSELL  
CAMOSUN STUDENT

security

# Log off or look out, warns Camosun

“Students are putting their own accounts at risk anytime they walk away from a computer and don’t log off.”

**IAN MCLEOD**  
CAMOSUN COLLEGE

**NICOLE BENETEAU**  
STAFF WRITER

A recent security breach that took place at on-campus computer labs has Camosun warning students about their computer usage habits and considering new measures to ensure workstations are logged off properly.

It was recently brought to the attention of Camosun security that an individual has been gaining internet access through student accounts and bragging online about how he or she was able to do so.

“Someone who is not a student here is walking in and basically stealing somebody’s account

for their own purposes,” says Ian McLeod, head of the information technology department.

In light of the incident, reminders have been circulated and notices posted to emphasize the importance of logging off.

Although the college has no way of knowing if the perpetrator went beyond simply stealing internet access, McLeod warns that students need to be vigilant about protecting their accounts.

“Students are putting their own accounts at risk anytime they walk away from a computer and don’t log off,” he says.

McLeod is of the opinion that “there’s nothing dangerous about this particular situation,” but he says that if students continue forgetting to log off, a system may be put in place to do it for them.

“There are things we need to do around forcing the accounts to log off after a certain amount of time,” he says, admitting that students are often annoyed by an automatic log-off system.

“It’s a trade-off between convenience over security,” says McLeod. “That trade-off we’ve been relatively loose about because we haven’t had



CAROL-LYNNE MICHAELS/NEXUS

There’s a security alert at Camosun’s computer labs due to someone accessing students’ accounts.

problems. Now we’re going to have to tighten up a little more.”

Tim Henderson, head of Camosun security, thinks the need to protect students and the college outweighs the need for convenient access to the computer system.

“How difficult is it to log back on if you get logged off, when you consider the potential damage to your personal reputation, the potential for losing access or having your access restricted?” says Henderson. “This system is designed to protect the students and, beyond that, the

college. It’s really about protecting our community.”

Despite the concern from these departments, students seem unfazed by the bright green cards that declare a “security alert.”

Olivia Kaehn, first-year university transfer student, says she first noticed the card when it was sitting at a computer that had been left logged on.

“I always turn my computer off when I’m done using it,” says Kaehn, but she admits that she often stays logged in at the library

to secure her workspace.

“When I’m working in the library and my computer is on,” she says, “I know someone knows that I’m there.”

Both McLeod and Henderson hope to find a solution that meets the needs of students and keeps everyone safe.

“The college has to balance academic freedom with the need to protect our resource, which is our access to the internet,” says Henderson. “Without that, we’re knackered.”

education

# Honorary degrees awarded to interned Japanese-Canadians

**MICKI COWAN**  
THE UBYSSEY (UNIVERSITY OF BC)

VANCOUVER (CUP)—After much hesitation and public criticism, the University of British Columbia (UBC) has decided to give interned Japanese-Canadian students honorary degrees, a decision which Mits Sumiya says gives him closure on a dark incident from 70 years ago.

“With the presentation of this honorary degree, it feels like UBC has opened their arms and said, ‘You are part of our alumni, you’re welcome, come on in,’” says Sumiya, who was interned at 18 and not allowed to return to his studies at UBC. “It’s a great feeling of belonging.”

The university senate decided to present 76 Japanese-Canadian former UBC students with the degrees to recognize those who were

interned and unable to complete their studies at the institution during WWII. This follows a course of action that many other universities in North America have already taken.

After hearing about similar cases at other universities, Mary Kitagawa of the Greater Vancouver Japanese Canadian Students Association made the degrees a priority for their human rights committee for the past three years.

“It’s been a long struggle,” says Kitagawa. “It’s been more or less trying to educate people in power to understand the issue and it’s taken this long.”

UBC student senator Sean Heisler says the degrees are part of a three-pronged approach, which includes educational initiatives. Kitagawa says this component of the senate’s decision is crucial.

“That’s a very important component, because I find a lot of people in Canada do not know that such a horrible event happened,” she says. “It’s a lesson of injustice and when democracy broke down.”

UBC associate history professor Henry Yu is one of several faculty members and students who are proposing a minor in Asian-Canadian studies. The program would include existing classes on Asian-Canadian history and literature and two new classes.

“One [class] would be a broad introduction, multi-disciplinary, drawing on the strengths of faculty and students from many different departments,” says Yu. “The other would really be about community-based research.”

UBC’s libraries also plan to digitize parts of their Japanese-Canadian collections.



UBC ARCHIVES

Interned Japanese-Canadian students are now being recognized by UBC.

Yu says that despite the negative publicity UBC received as a result of their hesitation in giving out the degrees, it ultimately helped the university to engage with the community.

“As dark as an event it was 70 years ago, our marking it now gives us a chance to do things in a way that’s going to make the university better,” says Yu, “and our relationships with Vancouver better.”

**SPEAK UP** If you had to choose a non-peaceful death, what would it be?

BY CLORISA SIMPSON



**LANA KAPUR**  
“Doing something I love, possibly on my husband’s Harley.”



**ALEX FIEGER**  
“Skydiving.”



**LILIAN HSU**  
“Getting hit by a train.”



**KENEDY COLGAN**  
“Eaten by a shark.”



**MADDY KNOTT**  
“During the Running of the Bulls.”



**GARETH BURNS**  
“I would tie myself to a rocket and shoot it into Mount Everest, possibly causing an avalanche.”

faculty

## History teacher one of campus' busiest men

MEGAN GIBSON  
CONTRIBUTING WRITER

Larry Hannant is a journalist, author of three books, co-writer of a documentary, and contributor to an award-winning Canadian history website. Oh, and he's also a history professor right here at Camosun College: he's truly a busy man.

One of Hannant's passions is unsolved mysteries. As a contributor to Great Unsolved Mysteries in Canadian History ([canadianmysteries.ca](http://canadianmysteries.ca)), Hannant has authored *Explosion on the Valley Kettle Line: the Death of Peter Verigan* and *Death of a Diplomat: Herbert Norman and the Cold War*.

"The goal of the website is to use a mystery with background documents to cause students to delve into Canadian history aspects," explains Hannant.

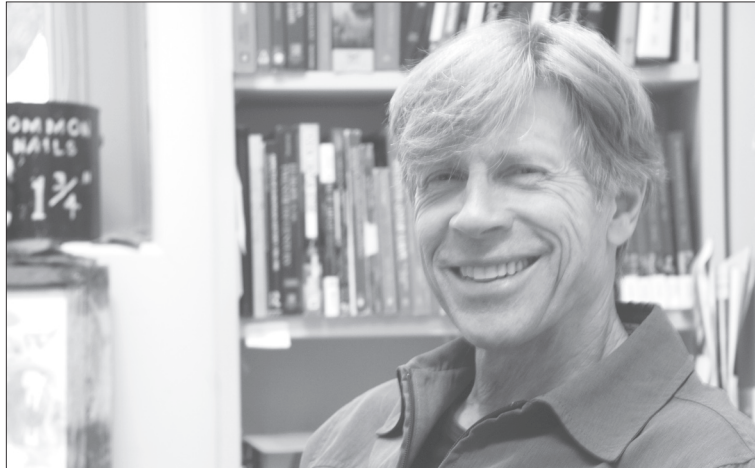
The award-winning site currently features 12 unsolved mysteries and each includes relevant background information and archived documents pertinent in solving these historical cold cases.

"I did have several people who came forward with some new ideas, and they were fertile, but I didn't think they were a compelling argument," says Hannant about whether anyone has solved one of these mysteries.

In a password-protected, closed section of the site are interpretations by specialists, including a forensic explosives expert.

Aside from his work with the website, Hannant written three books, *The Infernal Machine: Investigating the Loyalty of Canada's Citizens*; *Champagne and Meatballs: Adventures of a Canadian Communist*; *Politics and Passion: Norman Bethune's Writing and Art*, which won a Kenny Award in left/labour studies.

Hannant's research has extended from book writing to documentary writing, and his involvement with a feature-length documentary was extensive and challenging. He researched and co-wrote the script for *The Spirit Wrestlers*, a piece about the Doukhobours which



CAROL-LYNNE MICHAELS/NEXUS

Camosun's Larry Hannant takes a minute off from his various projects.

broadcast on History Television in 2002

"With academic books, you can write and they encourage you to explore everything," he says. "Film scriptwriting, you've got to get down to the nub of the issue immediately, and you've got to have a powerful, evocative kind of idea, or quote, or personality that can bring that out."

But his passion still rests in

history and teaching, and Hannant always encourages his students to read up on history to really appreciate what they, and all of us, have today.

"I'm really trying to open students' eyes to how complex and elaborate the historical process is," he says, "how different people's outlooks and their experiences were. We can learn from them, but we won't have that time again."

event

## Campus speed-dating event a success

TJ NYCE  
CONTRIBUTING WRITER

A sold-out speed-dating event on campus recently raised \$540 for Prostitute Empowerment Education Resource Services (PEERS).

Hosted at the Dunlop House at Lansdowne campus, a venue that usually houses the on-campus pubs, the alcohol-free fundraiser turned Saturday, November 19 into a chance for attendees to impress potential romantic interests in only a few short minutes.

"The first half of the event was definitely the craziest in the sense that we were over capacity and had to create a makeshift island in the middle of the floor," says Chantal Kyffin, Camosun College women's

director and coordinator of the Camosun College Student Society-sponsored event. "People were good about it. They didn't seem to mind. We definitely had some characters attend, as well, which made things interesting."

The concept of speed dating was developed in California in the late 1990s to give young, single Jewish people an opportunity to become acquainted outside the traditional bar scene. Since then, the concept has taken off and attracted many to its unimposing matchmaking concept.

Kyffin came up with the inspiration to host a speed-dating night last spring while she was doing an assignment for her social work



CAROL-LYNNE MICHAELS/NEXUS

Camosun student Chantal Kyffin organized a recent speed-dating event.

degree program.

"One of our assignments was to take on a project of our own that would demonstrate leadership skills," she says. "As soon as I heard of the idea of speed dating, I wanted to do it."

After researching the speed-dating phenomenon, Kyffin felt that it would be a great opportunity for single students, straight or gay, to connect with one another.

With the coordination of her peers at the student society and help from the Dunlop House staff, she piggybacked the idea as a fundraiser.

Approximately 60 students from Camosun and the University of

Victoria attended the event. Originally, seven minutes was going to be given to each attendee to converse with one another, but the amount of time was shortened to four minutes due to the large turnout of speed daters.

A scorecard was given to each attendee so they could rate the people they felt most connected with. A coordinator tallied each person's card and made possible matches for students, which were then emailed to each contestant after the event.

"I don't know if anyone found their soul mate," says Kyffin, adding that "there were some definite favorites of certain men and women."

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The best part? You're invited! So come on down, share story ideas and give your feedback on the paper.

## NEWS BRIEFS

### UVSS and CFS settle

The Canadian Federation of Students (CFS) and the University of Victoria Students' Society (UVSS) recently reached an amicable, out-of-court resolution regarding the UVSS' membership in the CFS and outstanding membership fees. The resolution was that as of June 30, the UVSS's membership in the CFS ended and no outstanding membership fees are owed.

### Elimination of interest rates recommended

The BC government's Select Standing Committee on Finance and Government Services has released a report featuring recommendations to reinstitute postsecondary student grant programs and eliminate interest rates on student loans. Both of these recommendations were presented earlier this year by the University of Victoria Students' Society through the Where's the Funding?! campaign.

### Swell guys win big

Victoria-based indie/folk/rock band Current Swell recently beat out Vancouver-based acts Boom Booms and Matinee for the \$100,500 top prize at this year's Peak Performance Project. Other local acts to make the trip to Vancouver from Victoria included Acres of Lions (who placed fifth overall), Ashleigh Eymann, Avairis, Lindsay Bryan, Maurice, and Robocode.

### 2012 grants available

The Africa Initiative recently announced an opportunity for graduate students from Africa and Canada to apply for \$300,000 in funding as part of their 2012 graduate research-funding program. The program will be awarding \$10,000 grants to as many as 15 African students applying to study in Canada and to 15 Canadian students to conduct field-based research in Africa. Applications for the Africa Initiative Graduate Research Grant can be found online at [africaportal.org/exchange](http://africaportal.org/exchange), and must be submitted by January 15.

### Paddle Out paddles out for public access

Fifty sports enthusiasts braved the cold and the weather to paddle out beyond the waves at Jordan River on Sunday, November 20 as part of the third-annual Paddle Out. Paddle Out is an event organized by the Vancouver Island chapter of the Surfrider Foundation, an international non-profit organization attempting to generate awareness of the importance of public access to the area, and preservation of coastal ecosystems along the Juan de Fuca coast.

### Our Place looking for executive director

Our Place Society's board of directors has begun the search for an interim executive director to replace Sandra Danco, who recently resigned to take an out-of-province position. For more info, call Shannon Renault, Our Place Society chair, at 250-661-5374.

-DYLAN WILKS

event

# Festival of Trees turns 20



NICOLE BENETEAU/NEXUS

Just one of the many interesting and occasionally wacky trees to be found at the Festival of Trees.

**NICOLE BENETEAU**  
CONTRIBUTING WRITER

Who doesn't love a good, old-fashioned tree decorating party? The smell of evergreen, the twinkling lights, the bags of dog poo?

At the Festival of Trees, this year celebrating its 20<sup>th</sup> anniversary, attendees never know what kind of creative decorations they'll come across while strolling through the festive forest.

Running until January 9 at the Fairmont Empress Hotel, this BC Children's Hospital Foundation (BCCHF) fundraiser attracts sponsors from all over the city, eager to show off their tree-trimming prowess. And sometimes they go to great lengths to stand out from the crowd.

"There was a tree last year done by a dog-related company that was decorated with doggy bags, as if

there was poo in there," recalls Lorri Hewitt, BCCHF assistant to philanthropy.

With over 75 trees on display, the competition can be fierce and forces sponsors to get creative.

"There was also a tree last year that was upside-down. That one really stuck in my mind," says Hewitt, who, along with organizing the festival, has strived to make visiting the trees a tradition in her family.

After all, the Festival of Trees isn't all about outrageous decor. According to Medone Pelan, head of the Fairmont's tree-trimming committee, it's really about building community in the festive season.

"It's really a community event," says Pelan. "It touches everybody in a special way. It's easy to embrace that. And it's for a such a good cause."

The crew at the Fairmont are

especially dedicated to the event, spending months making the decorations for their sponsored tree by hand. It's no wonder Pelan carefully guards the secret of this year's tree theme.

"Unfortunately," says Pelan, "we can't disclose that until the day of decorating."

And those that think the fun of this event is all for the kids, think again. Pelan says that the night the trees go up is a highlight for everyone.

"My personal favourite part of the Festival of Trees is the night of decorating; seeing everyone in a flurry of activity," she says. "There's so much excitement in the air, and it's the moment when you see the hotel transformed from the everyday. It's just something magical."

Go to [bcchf.ca/fotvictoria](http://bcchf.ca/fotvictoria) for more info on this free event.

activism

# Duo cycles Canada for forest awareness

"We are so close to changing the outdated environmental policies currently employed by the government."

**NIGEL JACKETT**  
WILDLIFE BIOLOGIST



LIZA DAWSON-WHISKER/NEXUS

Jaime Hall and Nigel Jackett cycled across Canada for forest awareness.

The couple kept a blog of their daily adventures ([tilthelasttree.com](http://tilthelasttree.com)) and a log of birds they spotted along the way; for each new species of bird added they collected pledges, amounting to 333 species and over \$4,000 by the end of the journey.

The money raised will go to the Ancient Forest Alliance, a BC organization working to protect the province's old-growth forests and to ensure sustainable forestry jobs in the province.

"Having met so many passionate, conservation-minded Canadians on our ride, I feel like we are so close to changing the outdated environmental policies currently employed by the government,"

says the Australia-based Jackett, who saw the cycling trip as an opportunity to do something close to his heart.

"We have keep pushing for this; the old-growth forests are on the brink," he says.

The couple also hopes to raise awareness about the province's old-growth forest management strategies, as well as what they say are the broken lines of communication between government ministries.

"Seeing the rest of Canada in such detail also reinforces how unique BC's old-growth forests are," says Hall, "and how vital it is to protect them."

winter activities

# Victoria gets ice rink despite Occupy protesters

"The 100-ton chiller unit will be keeping the ice solid throughout the 40 days that the rink will be in place."

**KEN KELLY**  
DOWNTOWN VICTORIA  
BUSINESS ASSOCIATION

"It's cheaper than rec centres," says nursing student Matthew Jackson. "It's good to see promotion of health for family unity and activity during financially troubled times."

Speaking of financially troubled times, the Occupy Victoria movement hasn't made things easy for DVBA organizers.

"There has been problems moving the remaining protesters out of the square where the rink is intended to go, and they have, unfortunately, slowed down the installation of Christmas lights in the eight trees that are lit up in the square," says Kelly. "There will not be much appetite for the general public if there is any vestige in the square."

Meanwhile, Yvonne Clarke, a teacher at Spencer Middle School, says her students are excited about the opening of a rink in the city.

"It will be a nice activity for families to enjoy together," says Clarke. "Apart from the parade, and the tree light up, and visiting Santa, there isn't much that goes on in Victoria in the winter time for families to do together, apart from shop."

Holiday commercialism aside, there's just something magical about skating in the outdoors, especially over the holidays.

"The decision has been made to actually allow people to go skating on Christmas and New Years," says Kelly. "It will be open every day and will be available for special parties."

Those looking for a cute date idea or memorable family outing now have something special to mark on their calendars.

**CHARLOTTE WOOD**  
CONTRIBUTING WRITER

Alongside the annual Christmas Tree Light Up, holiday musical performances, and Santa Light Parade, this year Victorians will get to enjoy another Canadian winter tradition with the opening of an outdoor ice-skating rink in Centennial Square.

The Downtown Victoria Business Association (DVBA) plans to open the rink by November 26 and it will remain open until January 2.

The outdoor skating facility will be the first of its kind in downtown Victoria and will be located at the bottom end of the square, beside the McPherson Playhouse.

"We are excited to offer quintessential Canadian skating on real ice," says Ken Kelly, DVBA general manager. "The 100-ton chiller unit will be keeping the ice solid throughout the 40 days that the rink will be in place."

The cost to skate will be \$2 and skate rentals will be available onsite for \$5.

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# We need voices.

Representing the student voice can be a lot of work, and volunteers go a long way towards making each issue of *Nexus* fantastic.

**We could use your help.**

**Writers** - We cover news, sports, and entertainment on campus and throughout Victoria, from local theatre to mainstream movies, concerts, and festivals.

**Artists/illustrators** - Good artists always have opportunities to share their work through *Nexus* with comics and illustrations.

**Proofreaders** - Every issue of *Nexus* strives for perfection, but the occasional typo escapes our notice. Proofreading is an invaluable skill.

**Ad Sales** - *Nexus* actually pays a finder's fee for any local advertising brought to the newspaper. What student doesn't need money?

If you're interested in doing some volunteering at an award-winning student newspaper, stop by our offices at Richmond House 201 on the Lansdowne campus, or contact us by email ([editor@nexusnewspaper.com](mailto:editor@nexusnewspaper.com)) or phone (250-370-3591).

# NEXUS

camosun's student voice since 1990

SPORTS BRIEFS

**Royals raise more than \$110,000 for local charity**

The first quarter of the inaugural season for the Victoria Royals WHL franchise has yielded more than \$110,000 dollars for local charitable organizations. In addition to generating money for charitable efforts like KidSport, Tour De Rock, and Free the Children, the Royals have been working in conjunction with the Shields Harney Law Firm to help generate nearly 750 pounds of food (one pound for every save made by a Royals' goaltender) to the Mustard Seed Food Bank, as part of the Stop Hunger campaign which continues throughout the rest of the Royals' season.

**Camosun Chargers results:**

- WOMEN'S VOLLEYBALL  
Friday, November 18:  
Chargers: 3, Douglas College Royals: 2
- Saturday, November 19:  
Chargers: 3, Douglas College Royals: 2
- Friday, November 25:  
Chargers: 0, University of Fraser Valley Cascades: 3
- Saturday, November 26:  
Chargers: 0, University of Fraser Valley Cascades: 3
- MEN'S VOLLEYBALL  
Friday, November 18:  
Chargers: 0, Douglas College Royals: 3
- Saturday, November 19:  
Chargers: 1, Douglas College Royals: 3
- Friday, November 25:  
Chargers: 2, University of Fraser Valley Cascades: 3
- Saturday, November 26:  
Chargers: 3, University of Fraser Valley Cascades: 1
- WOMEN'S BASKETBALL  
Friday, November 18:  
Chargers: 94, Columbia Bible College Bearcats: 35
- Saturday, November 19:  
Chargers: 84, Douglas College Royals: 56
- Saturday, November 26:  
Chargers: 45, Vancouver Island University Mariners: 55
- MEN'S BASKETBALL  
Friday, November 18:  
Chargers: 66, Columbia Bible College Bearcats: 57
- Saturday, November 19:  
Chargers: 74, Douglas College Royals: 67
- Saturday, November 26:  
Chargers: 80, Vancouver Island University Mariners: 96

-DYLAN WILKS

hockey

Island player at home with Royals

“Most of the guys are from pretty faraway places, so to be able to have your family close is a big thing.”

**KADE PILTON**  
VICTORIA ROYALS

**KEN MILLER**  
CONTRIBUTING WRITER

Hometown heroes are sometimes few and far between in junior hockey. Being an island boy has only made Kade Pilton enjoy playing his first full season of Western Hockey League (WHL) hockey with the Victoria Royals that much more.

“I’ve been pretty lucky,” says Pilton. “I’ve had a few friends at the last few games and my family comes down to pretty much every game. Most of the guys are from pretty faraway places, so to be able to have your family close is a big thing.”

The 17-year-old, 6’5,” 186-pound defenceman hails from Parksville, BC and the benefits of playing hockey at such a high level while being so close to home isn’t

lost on him.

Parksville is where Kade’s journey to the WHL began. At a very young age he played in the Ocean-side Minor Hockey Association (OMHA).

“My parents signed me up when I was four or five, and I loved it from there,” says Pilton, who credits the OMHA, as well as the Fernie Ghostriders of the Kootenay International Junior Hockey League, where he played last season, to his success so far.

“They essentially got me to where I am today,” he says of the two organizations. “Obviously I had to work hard to get here, but I had great coaches and a lot of support from both organizations; I was really fortunate for that.”

Pilton tallied seven goals and 16 assists in 32 games last season with the Ghostriders; so far this season with the Royals he’s put up three goals and four assists over the span of 21 games.

“We’re doing some good things here and we’re really fortunate to have such great fans,” says Pilton. “It’s been a pretty special start to the season; we’re going to keep that rolling, hopefully.”

Pilton says he emulates the style of play of Alexander Edler of the Vancouver Canucks. “He’s a big defenceman and he puts up points

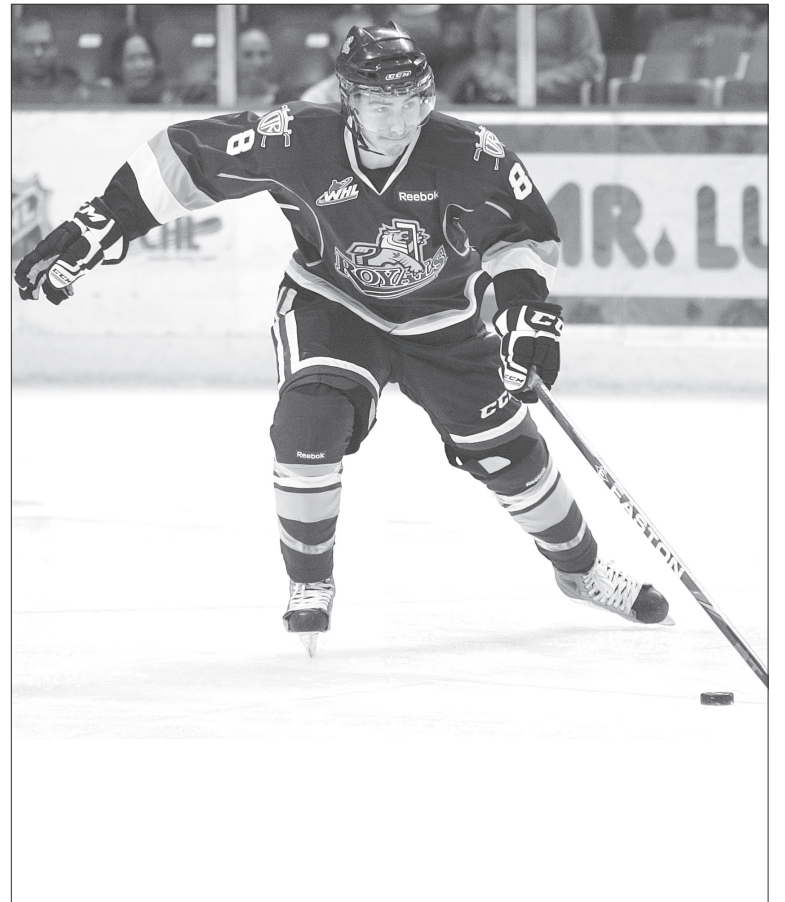


PHOTO PROVIDED

The Royals' Kade Pilton is a Parksville success story.

and he’s also good in his own end, which is what I’m really trying to work towards,” he says.

Though Pilton recognizes that there’s still a lot of work to be done on the ice, he’s very grateful for the opportunity.

“It’s been great learning how to play the game from such great coaches and playing with such great players,” he says of his time with the Royals so far. “You can definitely learn a lot in a short period of time like that.”

technology

Skateboarding a year-round sport in Victoria

“Undergrounds [parking lots] have always been a staple for us.”

**NICK SIMEON**  
ONE SIX BOARDSHOP

**DAN DARLING**  
CONTRIBUTING WRITER

Winter. Rain. Cold. Skateboarding?

Not four words normally associated with each other. For skateboarders in the Greater Victoria area, winter usually means more videogames and less skateboarding.

Or at least it used to.

With a little creativity, some good friends, and help from some local businesses, skateboarders might be able to skate every day of the week, all winter long.

To start, November 26 will see “one of the greatest in-store skateboarding events this city has ever seen,” says Alex Eddy of Sanction Boardshop on Herald Street. “We’re clearing out everything in the lower level of the store for a game of S.K.A.T.E. and a video premiere. It’s going to be nuts!”

Nick Simeoni also has a dry spot at his disposal to skateboard during the winter months. The 20-year



CAROL-LYNNE MICHAELS/NEXUS

A skater shreds it up at One Six, one of the dry places to ride in Victoria in the winter.

veteran skateboarder owns One Six Boardshop on Quadra Street.

Contained within the walls of the shop is a “repair and test facility” that consists of a 25-foot wide, 65-foot long mini ramp. “Kids as young as seven years old and guys in their early ‘40s skate it,” says Simeoni.

Simeoni also explains that there are dry places to skate in the city that require a bit more stealth. “Undergrounds [parking lots] have always been a staple for us,” he says. “It’s Victoria; it’s all we’ve got.”

Dave Opperman, head of Skatelite Victoria, a non-profit,

non-denominational Christian organization that runs drop-in skateboard sessions, knows all about skateboarding underground.

Three nights a week Opperman can be found shredding in the basement of Glad Tidings Pentecostal Church. A four-foot-high mini-ramp, a fun-box, two grind rails, and a good attitude might be all some skaters will need to keep their skateboarding skills honed through the winter.

“My spot’s probably the best,” quips Opperman, when prodded for other winter options. “There’s a couple really rad parkades for a

quick bomb, but there’s usually water rushing down the whole thing if it’s rainy.”

Also, skateboarding in a parkade could land skateboarders in some hot water as the “no-skateboard zone” spans the downtown core.

One way of avoiding that issue might be to head out of town. What was once a secret, do-it-yourself spot has become widely known as Sixside. Located under a bridge near the Six Mile Pub, this spot is designed for the skilled transition lover.

“Sixside is gnarly,” says Opperman, “but it’s a legendary spot.”

# Self-chosen death: a heart-

By Ali Hackett, staff writer

About a decade ago, Camosun university transfer student Joanna Webber's uncle decided he wanted to be euthanized.

Half of Webber's family lives in Holland, where assisted suicide is legal. When her uncle, who was suffering from Multiple Sclerosis, started considering this end-of-life decision, her entire family was involved and backed him up.

"The whole family came together and made the decision," she says. "Everyone was really supportive."

Webber says her uncle's demeanour changed when he decided on a date for his death.

"When he had set the date he was so happy and just living life," she says. "There was a brutal heat wave in Holland that summer, but he didn't care at all."

Before his disease progressed, Webber's uncle was a doctor and researcher, and decided to give his body to science upon death. Part of what changed after his decision to die was that he now had some certainty in his life.

*"WHEN HE HAD SET THE DATE TO DIE, HE WAS SO HAPPY AND JUST LIVING LIFE."*

Joanna Webber  
Camosun Student

"Multiple Sclerosis is really intense because you lose different functions slowly," she says. "You never know what's coming next."

Webber feels that the open discussion about her uncle's chosen death helped the family as well.

"In Canada, we don't have the choice to come to that conclusion; you can't discuss it with your family members because that would just be crazy," she says. "In Holland, you can actually talk about it. They have counselling for the family to help them come to grips with it."

## Leaving home to die

Globally, there are thousands of suicide-related organizations, both for and against, with valid arguments on both sides.

Belgium, Luxembourg, Holland, and Switzerland allow different forms of assisted suicide. As well, three US states—Oregon, Washington, and Montana—have recently allowed physician-assisted suicide for terminally ill patients only.

But in Canada all forms of euthanasia and assisted-suicide remain unlawful, although the law has been challenged in court several times. Under the current Criminal Code, a person who aids or abets suicide can be imprisoned for up to 14 years.

Currently in BC, a Vancouver woman named Gloria Taylor, the BC Civil Liberties Association, and three others are challenging the law preventing assisted suicide. Taylor, 63, suffers from ALS, or Lou Gehrig's disease, and wants the same rights as people in Holland and other parts of the world.

ALS is a degenerative disease causing muscle waste;

eventually all control of voluntary movement is lost. When internal muscles such as the diaphragm fail, patients are unable to breathe on their own. Often sufferers of ALS die from respiratory failure.

Diseases like these are often brought up when right-to-die advocates make their case in court. Degenerative diseases act slowly and are unpredictable. Some people live for years, although they are often unable to walk, eat, or take care of themselves, while the brain stays intact.

In the case of Taylor, she is physically unable to commit suicide on her own, although mentally able to make the decision. Under the current law, she would have to ask a loved one or doctor for assistance, putting them at risk for prosecution.

The three other plaintiffs in the *Carter v. Canada* case are Victoria doctor William Shoicet and Lee Carter and Hollis Johnson, a married couple who flew Lee's mother, Kathleen, to die with the help of an assisted-dying group in Switzerland earlier this year.

The couple's participation in the trip has put them at risk for criminal charges, but they have come forward because they believe these services should be available in Canada. The trip to Switzerland cost over \$30,000, and had to be done under a shroud of secrecy. The mother was unable to say goodbye to her friends, and the family couldn't tell anyone their plan, which they believe was an unnecessary cruelty.

## Regulation by prohibition

Canadian Alex Schadenberg is the executive director of the Euthanasia Prevention Coalition (EPC); a group that believes all forms of euthanasia and assisted-suicide should remain unlawful. EPC was created after the highly referenced Sue Rodriguez case, which drew a lot of attention to the right-to-die movement.

Schadenberg switched his focus from pro-life advocate to the alleged dangers of euthanasia and physician-assisted suicide and formed the EPC, which is acting as an intervener in the *Carter v. Canada* case.

"We need a law to protect our citizens," says Schadenberg. "We need a law sometimes to protect me. For us to have a just and fair society, we can't have a situation that says, 'You have the right to kill me.' It doesn't work."

Russel Ogden, co-founder of the Farewell Foundation in Vancouver, got his start researching the assisted suicides of AIDS patients in the early '90s, and has been studying self-chosen death ever since. The Farewell Foundation is also acting as an intervener in the *Carter vs Canada* case. He believes the Swiss approach to assisted suicide does work, and has a place in Canadian society.

In Switzerland, assisted suicide is done outside the healthcare system, with help from assisted dying groups, as well as doctors, nurses, and psychiatrists.

"It has a combination of upfront safeguards, as well as after-the-fact safeguards for every self-chosen death," says Ogden. "In order to receive assistance with

dying in Switzerland, a person must meet certain criteria of eligibility, an assurance that they are making a fully informed decision, and there is no undue influence.

Assisted deaths in Switzerland require a medical investigation, a coroner, police, and prosecutor's investigation follows.

"The consequence of this is that it is highly unlikely that anybody wishing to die in this manner is going to choose to die in a way that is not their own choice."

Schadenberg, on the other hand, believes that coercion is impossible to prove in the current model, too, is flawed.

*"FOR US TO HAVE A JUST SOCIETY, WE CAN'T HAVE A SITUATION WHERE SOMEONE HAS THE RIGHT TO KILL ME."*

Euthanasia

"The fact is, in Switzerland, the law of assisted suicide... changes the nature of terminal illness," he says. "It's not assisted suicide for couples who are just an elderly couple who is just an elderly person who has a terminal condition and is going to die. So, you know, it's not suicide for that. So, you know, it's not really any different than I guess there's nothing wrong."

Ogden feels that keeping assisted suicide open and transparent is responsible practices. Prohibition just drives it underground.

"People still find appropriate ways to die," says Ogden. "They don't want to die. It doesn't work."

## Right, wrong

The exact guidelines and regulations for assisted suicide vary between countries, but in Oregon a person must be terminally ill and have a doctor's diagnosis to live as diagnosed by a doctor.

"This is about choosing the location of one's death," says Ogden. "Most people are dying in a way that they don't get to make a decision about."

Often, palliative care patients who are on morphine or other medications aren't fully conscious at the time of death.

"The ability to say goodbye, to choose, is enhanced if you're conscious when going to die," says Ogden. "It's not that you want to say goodbye, it's that you want to say goodbye. It's not that you want to make the phone calls... If



# -wrenching dilemma

on must undergo a process that they are not operating on of what their suffering is, informed request, and that or coercion.”

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hat,” says Ogden, “is it’s ing to act in an unethical his approach.”

other hand, believes that ove, and feels that the Swiss

process of most Canadians, you will go very slowly, in a prolonged way, in an institution.”

Ogden points out that neither he nor the Farewell Foundation are opposed to the current situation, but that some people would rather pick their final event with greater precision.

“There are different ways of organizing one’s dying process,” says Ogden, “and we believe that people should be able to have whichever option they would like.”

## End-of-life care

The normal procedure when a doctor decides that no more effort should be put into sustaining life is to have palliative care take over. Palliative care can provide relief from pain and other distressing symptoms at the end of life, but is inconsistent throughout Canada.

In fact, there’s evidence to suggest that abuse of sedatives and painkillers is already happening during palliative care, both intentionally and unintentionally.

In his sworn affidavit as a witness for the Attorney General of Canada in the *Carter v. Canada* case, Dr. Jose Pereira discloses several ways in which palliative sedation is abused today. The abuses range from use of sedation to hasten death, use of sedation in inappropriate circumstances, inadequate patient assessment, and a number of other situations that arise due to clinician or physician fatigue or highly complex cases.

*“SURELY THE BETTER THE QUALITY OF LIFE IS, AND THE BETTER YOUR PALLIATIVE CARE IS, THE LESS LIKELY IT IS THAT YOU WOULD REQUEST ASSISTANCE IN DYING.”*

Udo Schuklenk  
Chair of Expert Panel, Royal Society of Canada

At the palliative care stage, medical staff turns its focus to the patient’s comfort without considering the side effects of, for example, morphine, which can cause respiratory depression or death.

Dr. Will Johnston, a general practitioner in Vancouver and chair of the Euthanasia Prevention Coalition of BC, highlights the difference between the use of morphine in palliative care and euthanasia.

“I’ve had people say, ‘You will give me a pill if it gets really bad, won’t you?’” he says. “And I’ve been able to honestly assure them that it is considered completely valid and ethical palliative care to give a person as much pain relief as they want, as much sedation as they want, with the eye being on the pain and sedation, not the intent to kill.”

Johnston defends the state of palliative care in Canada, although a recent report released by the Royal Society of Canada, called End-of-Life Decision Making, as well as Pereira’s testimony, reveals the need for extensive improvements.

“At the moment, palliative care in Canada is not wonderful,” says Udo Schuklenk, chair of the expert panel that researched and co-authored the report.

But even if palliative care was improved across the board, the report points out the need for individuals to have end-of-life options.

“Surely the better the quality of your life is, and the better your palliative care is, the less likely it is that you would request assistance in dying,” says Schuklenk. “Having said that, for many people there is an existential suffering involved knowing that they have a few months or a year left, and they’re not prepared to wait for that. In the view of the panel members at least, that is a very reasonable response and it should be respected.”

## Does decriminalization lead to criminals?

Johnston contends that society would be at risk should assisted suicide be legalized.

“The increment in suffering between, say, Gloria Taylor’s death in my care, using legal, ethical palliative care, and her death her way... will be small enough that it’s simply not worth the danger to society of changing the law,” says Johnston. “I can see how easily people are improperly influenced, and how the next stop could easily be... a suicide prescription. The proposal that we could control this stuff is, to me, unrealistic and naive.”

The End-of-Life Decision Making report looked at data from countries where assisted suicide is decriminalized, and conceded that there had been abuse of the system, as Johnston predicts.

To determine whether these abuses were happening only in societies where assisted suicide was legal, the panel also looked at countries where it’s unlawful: Canada, Britain, Germany, and Australia.

*“THIS IS ABOUT CHOOSING THE MANNER, THE TIME, AND THE LOCATION OF ONE’S DEATH. AT THE MOMENT, MOST PEOPLE ARE DYING IN THE HOSPITAL SETTING, AND THEY DON’T GET TO MAKE A DECISION ABOUT WHEN THAT HAPPENS.”*

Russel Ogden  
The Farewell Foundation

What they have found is that involuntary euthanasia is happening in those places as well. According to the report, there doesn’t seem to be any evidence at all that decriminalization leads to more abuse or more involuntary deaths.

“Our suspicion is that abuse is just taking place in any system,” says Schuklenk. “What we need to ensure is that the abuse is limited to the maximum possible extent. This is true in both societies where it is criminalized, and societies where it is decriminalized.”

AND FAIR SOCIETY, WE THAT SAYS ‘YOU HAVE DOESN’T WORK.’”

Alex Schadenberg  
Euthanasia Prevention Coalition

and we’ve had the whole action e very quickly. It’s not about For instance, now you have s. You have one member in a y person, and the other one n, and they’re doing assisted w, as time goes along, people use. If you allow everything, g that you can do which is

ng the conversation about ransparent leads to safe and ibition, on the other hand,

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## g, or choice

nd protocol around assisted es and states. In Switzerland, suicide, no illness required, st have less than six months doctor. Ogden maintains that choice.

he manner, the time, and the ys Ogden. “At the moment, e hospital setting, and they about when that happens.” ents are receiving so much ion for their pain that they end of their lives.

dbye, at the time of your re picking the day that you’re “You can gather the people bye to, send the postcards, you’re in the typical dying

music

## Bedouin Soundclash rises to challenges



PHOTO PROVIDED

Toronto's Bedouin Soundclash are learning how to deal with the struggles of being a touring band.

**LUCAS MILROY**  
CONTRIBUTING WRITER

While many people grow up wanting to be famous musicians, Eon Sinclair, bassist of Toronto's reggae/ska trio Bedouin Soundclash, grew up aspiring to be a teacher.

"Ten years ago I saw myself teaching in a classroom somewhere," he says. "I have an interest in education. I probably would have envisioned myself as an elementary teacher somewhere."

Not many fans of the band would think a fairly successful musician like Sinclair would ever have aspired to be anything but that, especially not something as comparatively mundane as an elementary-school teacher.

But, while the life of a musician seems glamorous from the outside, all the travelling involved with the business can easily become overwhelming and get in the way of other, more important things.

"I definitely miss a lot of great

events and great moments in peoples' lives, and things that I would have been happy to have been there for," explains Sinclair. "When we are really busy it can be hard to maintain romantic relationships."

Musicians have to make sacrifices for their career, and coping with the inevitable separation from one's peers, family, and loved ones is a difficult struggle. Luckily, Sinclair is able to manage the strenuous task of touring and keeping his relationships strong.

"It's all about maintaining relationships with people who know you independently of the band," he says. "And just knowing how you're doing as a person. It's about developing and maintaining those relationships; finding people that care about you in those ways, that makes it a little bit easier. It can be tricky when you're on the road."

Sinclair remains optimistic, and plans to remain involved in the music industry, despite the challenges that it presents.

Of course, he also hopes that that he can squeeze in some time for a family, too.

"Hopefully, I'll still be a musician or as a producer, or as a contributor to more label parts, keeping that going," he says, "especially with a nice family or a nice partner in my life."

Bedouin Soundclash

Friday, December 2

Club 9ONE9, \$24

[atomiqueproductions.com](http://atomiqueproductions.com)

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theatre

# German play thrives on student collaboration

“We have a rotating schedule for who’s actually driving the ship.”

**DAN SCOWCROFT**  
UVIC THEATRE STUDENT

**WES LORD**  
CONTRIBUTING WRITER

Influential German playwright and director Bertolt Brecht considered the theatre a laboratory for dramatic experiments. And now University of Victoria German studies instructor Elena Pnevmonidou is conducting an experiment of her own by staging an 174-year-old German play by Georg Büchner.

*Woyzeck: The Choreography of a Murder* is a collaboration between UVic theatre students and German students, and is co-directed by four of the theatre students.

“We’ve had a couple times where the directors get split and we don’t know what we’re gonna do,” says co-director Dan Scowcroft.

“And then I step in,” interjects Pnevmonidou. “I am by nature very anti-authoritarian, so I had to discover my inner autocrat,” she says with a laugh, “because

in the beginning it was all, ‘Okay, let’s all just work together,’ and of course people went in their own directions.”

It took a few weeks to figure out the kinks of the production. Each director has a different area of expertise and they take turns at the helm.

“We have a rotating schedule for who’s actually driving the ship,” says Scowcroft.

The play is based on the true story of the first German to plead insanity as a defence in court. *Woyzeck* is subjected to an unending string of dehumanizing humiliations which culminate in him murdering his unfaithful lover.

Scowcroft appreciates having the safety net of fellow directors to consult when problems arise. One of the biggest problems encountered during the preparation of *Woyzeck: The Choreography of a Murder* was, well, choreographing the murder.

Each director in turn took a stab, so to speak, at blocking the scene. Scowcroft wanted *Woyzeck* to embrace his ex-lover as he slipped a knife in her. Another co-director taught the actors safe stage combat. Then they had to decide where to put the body down.

“By the end, we still hadn’t figured it out,” says Scowcroft. “We got it to a point where we liked how it looked and everything, and then a fellow student leaned over and said, ‘Actually, he’s supposed to stab her seven times.’ It didn’t say that in the English version.”



PHOTO PROVIDED

*Woyzeck: The Choreography of a Murder* looks at issues of insanity, murder, and the justice system.

Pnevmonidou says part of the problem was that the actors were still reading from scripts at that point.

“They also were trying to stab each other holding books. And

a knife. And each other,” laughs Scowcroft.

Scowcroft says Pnevmonidou wasn’t actually there that day, and admits “that’s probably why there was a lot of experimentation.”

*Woyzeck: The Choreography of a Murder*

8 pm Wednesday, November 30 and Thursday, December 1  
Phoenix Theatre, \$5  
finearts.uvic.ca/theatre



New Music Revue

## From Lou Reed and Metallica’s fever dreams to Marine Dreams



**Metallica & Lou Reed**  
*Lulu*  
(Warner Bros.)  
3.5/5

On this maddening, fever-dream-inducing disc, Lou Reed smashes caustic spoken-word vocals against a pallet of avant-garde sound bites and well produced sludgy metal riffing by Metallica.

*Lulu* is a highly ambitious album, but it also comes across as something unique. My guess is Lou Reed just doesn’t care anymore, period. His fans don’t represent him, his work gets minimal attention, and most of his albums post-1976 received poor reviews.

Perhaps with *Lulu* we’re entering a new phase in Reed’s career where he just does whatever the shit he wants. *Lulu* is actually quite good; it’s just really cold and inaccessible. Reed’s voice is deadpanned, his lyrics often repetitive and emotionally vapid.

The music changes abruptly, and confuses, going from ambient to chugging metal riffs. *Lulu* is obviously highly personal and perhaps (cringe) ahead of its time? Don’t quote me on that, though.

-ADAM PRICE



**The Mahones**  
*The Black Irish*  
(True North)  
4.5/5

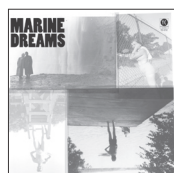
Remaining in your seat while listening to this seventh album by Irish-born Canadian punk band The Mahones is nearly impossible. The booming rhythm of such tunes as “A Great Night on the Lash” make you want to call your six best buds, slap some meat on the BBQ, and get your drunk on.

The Mahones are one of the world’s premier Celtic-style punk bands. Formed in 1990 by Fintan McConnell and Barry Williams as a one-off band for a St. Patrick’s Day party, the band’s music is now renowned for its driving, upbeat rock enthusiasm.

Perhaps their most famously recognized tune, “Paint the Town Red,” is featured as a bonus track on the album and is certainly worthy of multiple plays.

Come to think of it, finding a tune on this album that doesn’t have repeated playability is difficult.

-TJ NYCE



**Marine Dreams**  
*Marine Dreams*  
(You’ve Changed)  
2/5

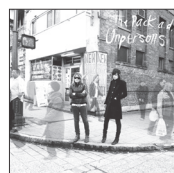
Ian Kehoe, former Attack in Black bassist and the voice behind Marine Dreams, has stepped out on his own to put together an album filled with modern pop, rock, and folk songs.

The simple vocals, guitar sounds, and predictable drum beats on *Marine Dreams*, especially in songs like “Fold the Sky” and “New Decade,” may remind you of playing on the easy level of *Guitar Hero* or *RockBand*, when the new player wishes the song would end and the pro gets bored after the first two lines.

Two highlights are “Visions” and “I Can Laugh,” which are upbeat and fun. In a concert setting, Kehoe’s passion could come through, perhaps turning the songs on *Marine Dreams* from okay into great.

But since the album doesn’t come with concert tickets included, we’re left with something that’s the definition of “not bad.”

-CHESLEY RYDER



**The Pack A.D.**  
*Unpersons*  
(Mint)  
4.5/5

I’m pretty tired of hearing that The Pack A.D. is the female version of the Black Keys. Because, while they are both two-piece bands that perhaps started off in the same genre of blues rock, this Vancouver duo have certainly come into their own on their fourth album, *Unpersons*, and deserve to be recognized for it.

Moving from the genre of blues rock, these two women have taken to exploring the more garage-rock side of things, and are killing it. This album has insane amounts of energy: grungy, hard-hitting, delicious energy. Beyond recording some excellent tracks for this album, The Pack A.D. have also created some of the more unique music videos seen this year. Their video for “Haunt You,” in particular, is highly recommended.

Also, this band is sick live; also, they are coming to town in February; also, I’m very excited for this. Just sayin’.

-CLORISA SIMPSON



**Honheehonhee**  
*Shouts*  
(independent)  
3/5

According to this group of Montreal indie rockers, “honheehonhee” is the sound that French squirrels make (although I’ve not found any evidence of this). It’s also the name that they’ve given their electric-pop-rock band. They’ve recently released their debut album, *Shouts*, and it’s like this: “they’re okay” is what I first thought when listening to this new album. Not great, but also not bad.

Honheehonhee demonstrates a wide range of skills, ranging from folk (“Intro: My Lips, Your Voice”) to electric-pop (“A. Is for Animal”). This variety, along with the general upbeat feel of the album, was enough to get me annoyingly tapping my feet along to it in the library.

While *Shouts* is nothing mind-blowing, Honheehonhee does manage to deliver a unique, oddly catchy album. They also have a neat music video on YouTube of themselves playing in the snow in their knickers.

-LUCAS MILROY

book

## Book partners Graham Roumieu with Douglas Coupland

“It’s wonderful, especially when you’re working with a calibre of writer and a person as fun and interesting as Douglas.”

**GRAHAM ROUMIEU**  
ILLUSTRATOR/AUTHOR



One of Graham Roumieu’s illustrations from *Highly Inappropriate Tales for Young People*, his new collaborative book with Douglas Coupland.

RANDOM HOUSE CANADA

**SOFIA HASHI**

THE FULCRUM (UNIVERSITY OF OTTAWA)

OTTAWA (CUP)—It’s a book kids should never read and adults will die to get their hands on.

The new novel *Highly Inappropriate Tales for Young People*, by well-known Canadian authors and artists Douglas Coupland and Graham Roumieu, is more akin to a series of short stories and emulates a child’s picture book, but one with highly inappropriate content.

Coupland’s sarcastic and witty tone of the book is well complemented by Roumieu’s illustrations. The brevity of the short stories may remind readers of comedy sketches similar to *Saturday Night Live*, and readers may find that the quality of

work found in the book can be attributed to the relationship between the illustrator and the author.

“I’m not in control of everything, but that’s not to say it’s a bad thing,” says Roumieu. “It’s wonderful, especially when you’re working with a calibre of writer and a person as fun and interesting as Douglas.”

Coupland sought out Roumieu as his illustrator after receiving one of Roumieu’s *Bigfoot* books from a mutual friend, but this practice is becoming an uncommon one. According to Roumieu, there are hardly any more books being published that revere illustrations just as much as they do the text.

“I think it’s a very classic, or

at least it seemed like it was, thing for a long time, and now it seems like a rarer interaction to have a well-known author and reasonably well-known illustrator,” he explains. “*Alice in Wonderland* is a book that’s been around for however many decades, if not a century now, and is still being republished in its original form with the original illustrations, which are seen as integral to the piece of work itself. They are inseparable.”

The BC native still finds pleasure in transforming words into a picture, no matter how difficult this task may be.

“Hundreds of times a year I’m producing illustrations for the *New York Times*, the *Wall Street Jour-*

*nal*, the *Globe and Mail*, all these different outlets, and sometimes that can be a struggle to come out with an image that’s suitable,” says Roumieu. “In this case I drew quickly and physically couldn’t move my hand and move my hand fast. It was the ability to absorb the content, the energy, and what was intended by Douglas and reconvert it into something else.”

*Highly Inappropriate Tales for Young People* may be a satire written creatively with flair, but according to Roumieu, getting jokes across through illustration was one of the biggest challenges.

“It has that pseudo-ironic kid’s book stuff going on and that’s what has to be placed in the mind of

people,” says the Toronto-based artist. “[Some of the other difficulties were] using the illustrations to both carry the story forward and draw what is right there in black and white.”

Roumieu explains that he has secondary narrative in his drawings, making his work somewhat non-sequitur at times.

He says it’s “often to the point that if you flip through pages surrounding the illustrations, you [won’t] actually be able to find anything that directly points to whatever I have drawn, but it is simply another element to the story,” adds Roumieu. “It’s not so much the difficulty, but the challenge is the right balance of that.”

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rock 'n' roll

# Local cover bands bring back sounds of decades past

“We all dress up, put on our wigs, get out there, and just rock the hell out of the place.”

**LAURA PETRIELLO**  
ROCK OF AGES

band extravaganza, featuring three bands, all of whom specialize in one of three eras of classic rock: the '60s, '70s, and '80s.

“We sound like we’re straight out of the ‘60s,” says Younger than Yesterday lead guitarist Josh Weed. “We go to great pains to play the songs accurately, and not to take any liberties with them, unlike some cover bands.”

Weed’s ‘60s oldies band covers rock icons of that decade, including The Beatles, The Rolling Stones, and The Kinks, and features frontman Bryan Politano (a.k.a. Rock Lindsay), who played in veteran Victoria rock band Roxxylyde during the ‘80s.

Rock of Ages, another band on the bill, has been playing shows for over a year.

“We all dress up, put on our wigs, get out there, and just rock the hell out of the place,” says lead singer Laura Petriello, who was one of the 10 finalists in Victoria Idol.

Ken Kempster, the band’s

drummer, formerly played as a second drummer for Nomeansno, a Vancouver-based punk band who formed in Victoria in the late ‘70s and are still active today.

“I’ve been playing drums for almost 30 years,” he says. “I’ve played with a lot of Victoria bands over the years, but now I’m happy to be playing with Rock of Ages. It’s really fun when we’re playing classic rock songs and getting everyone dancing.”

Free Ride, a band highlighting the ‘70s, is the newest act in the show, rounding out the event with their debut performance. Appropriately, the band stretches across generations: their bassist, Dan Politano, a Victoria artist also known for his solo recordings, is the son of Younger Than Yesterday’s frontman Bryan Politano.



LAUREN DUGGAN/NEXUS

Rock of Ages, one of Victoria’s retro-happy cover bands, rock the hell out.

*Decades of Rock*

9 pm, Saturday December 3  
Metropolis, \$10  
metropolisconcert.com

Those tired of going to a dance club to hear the same repetitive dubstep beats should try going back to a time when rock and roll was king.

An upcoming live show at Metropolis promises to be a cover-

**LAUREN DUGGAN**  
CONTRIBUTING WRITER

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“MAUDE HUNTERS PUB”



Worth the Trip

by Tyler Rowe and Jason Saliani

## Poutine poopers



TYLER ROWE

**Campus Cafeteria**  
Lansdowne campus  
**Poutine**  
\$6.15

**Presentation and service**

**Jason:** The poutine at the cafeteria is simply massive. It's a veritable mountain of artery-clogging, gravy-infused, cheese-covered, deep-fried potato goodness. It's almost too much for one person to handle and, for \$6.15, it's an amazing deal for the amount of food you get.

**Tyler:** There's nothing quite like a crap-load of fries with brown sauce and white chunks served fresh in a hard paper container! Man, the guys who work the grill really are nice dudes, though.

**Taste**

**J:** There seems to be a growing theme with the caf not having any flavour in their food, and this didn't disappoint. The gravy was just runny, nondescript brown liquid. The cheese curds were cold, and the fries were boring deep-fried spud sticks. I will say that it was really filling, though.

**T:** You know I can't hate on the fries, as discussed in earlier editions of *Worth the Trip*. McCain's, baby! As for the overall taste, there's not a whole lot going on. But for impoverished college students, there's nothing like a near-pound of starch to fill the need.

**And the winner is...** The cafeteria.

**Verdict:** It's a classic case of quantity versus quality, and the quality of New York Fries isn't enough to outweigh the sheer quantity of the caf. Neither is great, so go for the one that's the best bang for your buck. Furthermore, if you ever really want poutine, go to *la belle province*. What passes for poutine out here, simply isn't.



TYLER ROWE

**New York Fries**  
Hillside Mall  
**Poutine**  
\$6.65

**Presentation and service**

**Jason:** You get a lot less poutine in comparison to the caf, and for more money, so this better taste a lot better to make it worth it. This is New York Fries though; fries are what they do, so in theory the poutine here will be better.

**Tyler:** The girl at the counter was actually pretty put out that we would interrupt her frowning by placing an order, but that's par for the course for mall food-court customer service. It's not that I expected the good china or anything, but that young woman certainly could have minded her manners.

**Taste**

**J:** I've always liked their fries, and covered in gravy and cheese just seems like a winning combination. The gravy was decent, and the cheese curds were actually melted. Overall though, it was a little underwhelming. I expected more from a place that has the word "fries" in their title.

**T:** I don't think I've had New York Fries since I was a teen, and frankly, I expected more. Honestly, between the sushi, gyro, and A&W options available at the Hillside Mall food court, I don't know why anyone would go for the New York Fries poutine.



Earthy Edibles

by Keira Zikmanis

## Poorhouse pumpkin pancakes



KEIRA ZIKMANIS

### Gluten-Free Pumpkin Pancakes

*Serves four generously*  
Prep time five minutes, cook time 20 minutes

Like many students in Victoria, I am utterly unemployed and faltering in my attempts to find a job now that finals are upon us. Complaining about my situation to my mother on the phone the other day, she countered with one of her perspicuous comments that seem to surface in times of need. She told me that one of her clearest memories of university is of being unemployed and having time to soak everything in. It was around the middle of November, and her neighbours had given her a few pumpkins post-Halloween. Despite being a poor student, she made pies out of all of the pumpkins and gave them to friends and neighbours.

While these pancakes were not extended to my neighbours, they were made out of a free pumpkin I was given at the grocery store. Apparently it was too ugly for anyone to buy, but it still made some bang-up pancakes.

*Note: These pancakes are pretty forgiving as far as flour goes. Use your favourite mix of flours. The gluten-free flours I like best for this kind of thing are white/brown rice, millet, oat, sorghum, amaranth, and tapioca starch. Be careful not to use too much of stronger-flavoured flours like amaranth, buckwheat, chickpea, or other bean flours.*

**Ingredients**

2 cups gluten-free flour mix (I used ½ cup tapioca starch, ¾ cups brown rice flour, and ¾ cups oat flour)  
4 tbsp sugar  
2 tsp baking powder  
1 tsp baking soda  
1 tbsp pumpkin pie spice blend (recipe below)  
½ tsp salt

1 cup pumpkin (canned, or

roasted and puréed from fresh)  
1 ½ cups milk  
2 eggs  
2 tbsp cooking oil  
1 tsp vanilla extract

**Pumpkin Pie Spice Blend**

1 tbsp cinnamon  
¾ tsp ground allspice  
Scant ½ tsp ground cloves  
1 ½ tsp ground ginger

**Directions**

In a large bowl, sift together the flour, baking powder, baking soda, spices, and salt. Add the sugar and mix thoroughly with a whisk.

In a separate bowl, whisk the eggs, and mix in the rest of the wet ingredients. Next, make a well in the center of the flour mix, pour in the wet ingredients, and mix thoroughly.

Heat a lightly oiled frying pan over medium heat. Pour approximately ¼ cup of batter into the pan per pancake, or whatever amount you like. Lightly brown both sides and serve hot with maple syrup.



Green Your World

by Luke Kozlowski

camosun students for environmental awareness

## Campus composters rock

Students walking around the Lansdowne campus may have noticed some green plastic cones sticking out of the ground in random locations. These green cones are part of a composting program aimed to divert organic waste from the Hartland Landfill.

With the landfill slated to reach capacity by 2035, the Capital Regional District is looking for ways to extend its life. Since compost makes up roughly 30 percent of the waste that gets shipped there, it's an obvious choice for waste diversion. This means that in a few years food

scraps won't be allowed to go into garbage cans at home, work, and school.

To get ahead of the ban, some Camosun students started a composting program. Also known as anaerobic digesters, these green cones break down food waste in the absence of oxygen and leach nutrients back into the surrounding soil.

These composters are great because they're rat-proof, they have low set-up costs, and they're low maintenance; no one needs to turn the compost. Better still, they can

process cooked food, meat, dairy, and bread.

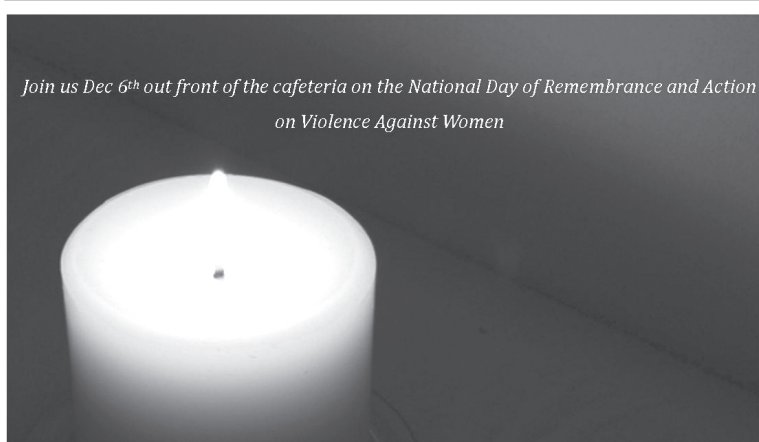
Currently, there are 13 green cones at the Lansdowne campus: two between Dawson and the library, five by the staff parking lot off Lansdowne, two behind Dunlop House, three next to the Native Plant Garden, and one by the Richmond House.

If the program proves successful there are plans to expand it to Interurban. So, next time you have a banana peel or other food waste, go to your nearest campus composter.

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Join us Dec 6<sup>th</sup> out front of the cafeteria on the National Day of Remembrance and Action on Violence Against Women

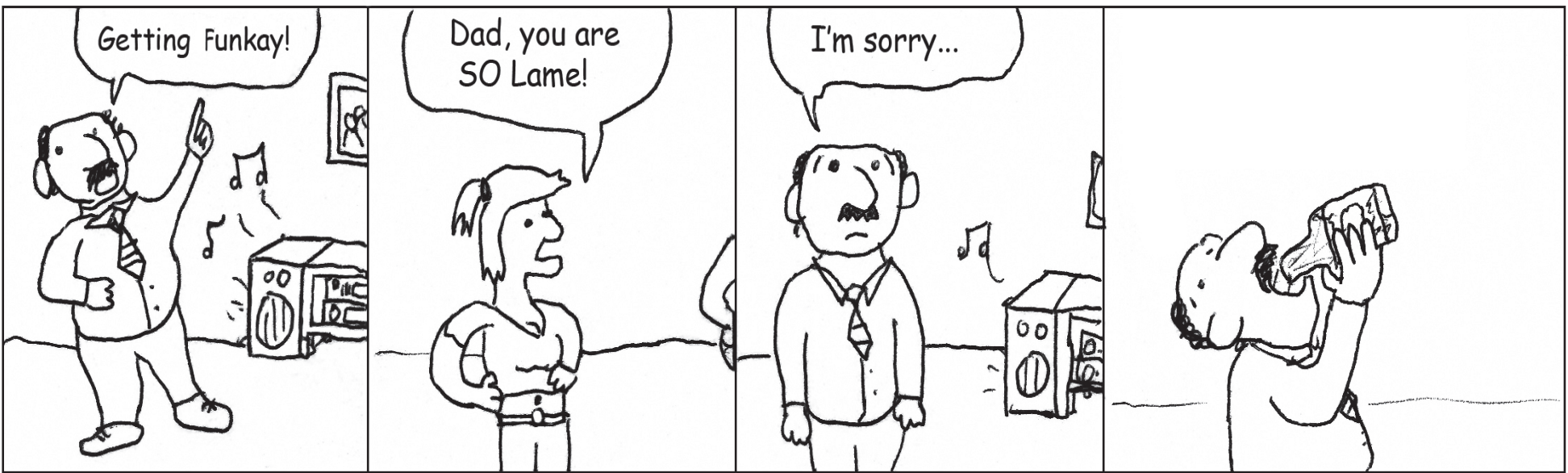
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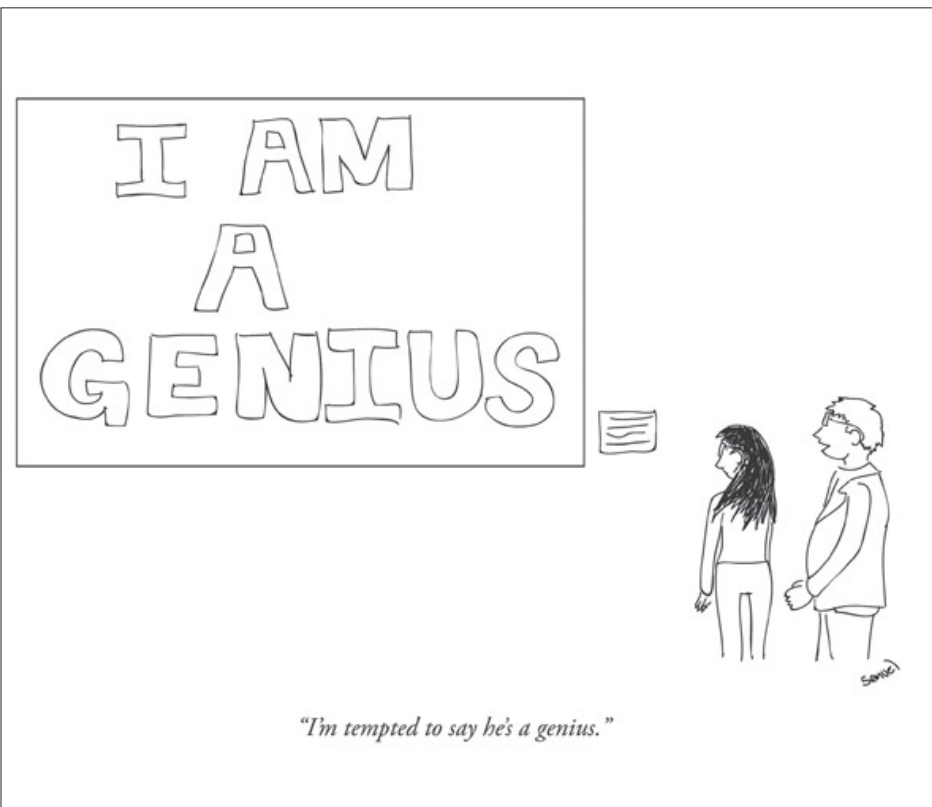
Nomadic Mindset By Ken MacKenzie



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An advertisement for Nexus featuring a row of pencils at the top. The text says "You draw comics and we know it!". Below that, it says "If you think you might be able to make folks laugh with a short comic every other week, then we'd like to see your work in print". The word "NEXUS" is written in large, bold letters. At the bottom, it provides submission information: "Submit samples to: Nexus, 201 Richmond House, Lansdowne Campus, or email: nexus@nexusnewspaper.com".

