

# NEXUS

camosun's student voice since 1990

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# NEXUS

camosun's student voice since 1990

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Come out to our weekly *Nexus* editorial meetings, where all Camosun students can get involved in their student newspaper. Meetings take place every Tuesday at 11:30 am in the *Nexus* office, Richmond House 201, Lansdowne. Call 250-370-3591 or email editor@nexusnewspaper.com for more information.

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editorial

# Occupied with politics

DYLAN WILKS  
STUDENT EDITOR

Western civilization is changing.

A growing movement is happening right now where protesters claiming to be “the 99 percent” of the population (the super-rich are the other one percent) are actively occupying areas of importance, starting with Wall Street in New York. And it’s spreading.

Most major cities in North America are now experiencing some kind of protest. Peaceful protest may be the new form of revolution.

When Egypt toppled their government through non-violent protests last year it sparked a change in humanity, starting with Arabic and African countries, but eventually moving on to European and North American countries as well. People are beginning to take a more active role in the future of their countries.

The potential for these Occupy protests to influence political leaders and change policy is becoming steadily more apparent. And although very little change has happened so far in North America, *Nexus* is starting ongoing coverage of these events because it could very well be the defining movement of this generation.

Staff writer Ali Hackett has something to say about the Occupy protests in this issue’s *Open*

*Space*, while fellow staffer Rose Jang caught up with the leaders of Victoria’s growing occupy movements on page 4.

Appropriately for a time of such political interest, staff writer Carol-Lynne Michaels had in-depth conversations with the major mayoral candidates in Saanich and Victoria for the upcoming municipal elections in this issue’s feature story (page 8).

Now that the world is turning its eyes to their governments and taking a more active, engaged role in the future of human civilization, it’s time to take a look at what’s going on a bit closer to home.

But politics isn’t all that’s going on in Victoria right now. Sam Roberts took the time to speak with *Nexus* about taming records and breaking teeth (page 10), Wes Lord previews the local rendition of *Gormenghast* put on by William Head prisoners in Metchosin (page 11), and Megan Gibson tackles the growing issue of commuting up and down Vancouver Island (page 5).

*Nexus* is looking for more writers. We cover everything, so if you’re interested in doing volunteer writing for us, come by our office at Richmond House 201 on the Lansdowne campus and let us know. Anyone interested in volunteering can also email editor@nexusnewspaper.com or phone us at 250-370-3591.

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letters

## A depressing situation

“The Great Depression” (October 5 issue) reads like an advertisement for big pharma in that it presents medication as the best remedy for depression.

The article clearly states that antidepressants are the most widely used prescription medication among Camosun students; their

widespread use is an indication that research is needed to determine why this has happened, especially with so many extracurricular activities and support programs in place to enhance a student’s life.

Research is also needed to better determine how antidepressant medication may be avoided among students, and what supports need to be in place for students who want to discontinue this sedative.

While the article explains how

open space

# Occupy movement debunks American dream



JESSICA TAI/NEXUS

ALI HACKETT  
STAFF WRITER

The Occupy Wall Street movement was created and suggested by *Adbusters* back in July. On September 17, over 1,000 people initiated the peaceful sit-in at the heart of New York’s financial district.

Citizens from all over the country have made their way to New York City to participate in the protest as it continues, and more go every day. It has quickly spawned a global Occupy movement with protests being held everywhere from Spain to Ireland, and across the United States.

To understand Occupy Wall Street, it’s important to understand a bit of American history. The US was founded on capitalism and the myth of the American dream. People believed they could achieve anything and ran full speed ahead with blinders on. In reality, they were already playing a small role in a much bigger play, of which they were unaware.

America has long been an old boys’ club, and will continue to be that way until the government makes distinct changes to its economic and political policy. The biggest thing standing in the way of these changes is the government itself.

Even with a democratic president, it’s nearly impossible to have bills passed that in any way resemble

socialism. Politicians work hand in hand with corporations to reject any social or environmental policies that don’t benefit the players at the very top, all in the spirit of capitalism.

The sentiments of Occupy Wall Street protesters range from anti-war to anti-government, but many people are simply asking for a reform of the economic system. In the US the divide between rich and poor has increased dramatically since the ‘50s. It’s now said that about 99 percent of Americans are living at or below the middle-income level, while one percent falls into the “super-rich” category.

According to the US Census, over a quarter of American households have an income of less than \$25,000 per year.

The exact demands of Occupy vary city to city, but one belief is held across the board: the rights of corporations and the rich shouldn’t be above and beyond those of the average citizen.

When *Adbusters* initiated the movement, they suggested demanding one thing: that Barack Obama order a presidential commission to end the influence of money on Washington.

Whether the Occupy movement leads to any significant action has yet to be seen. It’s unfortunate, but that rich one percent essentially controls America and their neighbouring countries.

Something on your mind? Send *Open Space* submissions (up to 400 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

easily these drugs are obtained, patients are usually unaware of the harmful side effects. Discontinuation syndrome is the PR marketing euphemism for an addiction to antidepressants because of the serious side effects when their use is discontinued. No one should stop taking antidepressants without advice from both a physician and a pharmacist because of serious side effects.

Often there are healthy alterna-

tives to the use of licit drugs, and this includes lifestyle changes to reduce stress and fatigue: diet and exercise play a prominent role, along with time management.

Becoming a postsecondary student is a positive lifestyle change that requires foremost an enjoyment of the learning process, and sharing that joy with other students.

MICHAEL EVANS  
CAMOSUN STUDENT



services

# Camosun cyclists hope for better racks, get storage

“Bike users don’t get the respect that the college says it’s paying to cyclists.”

**LARRY HANNANT**  
CAMOSUN INSTRUCTOR

**ROSE JANG**  
STAFF WRITER

Camosun College plans on installing secure bike storage on the Lansdowne campus and bike tune-up stations on both campuses, but staff and students are frustrated with the current state of campus bike racks.

Camosun currently has a little over 200 rack spots at each campus. Some of the racks are underused, but some are overflowing, espe-

cially those between the Young and Ewing buildings on the Lansdowne campus.

“When the year started and it was sunny it was really hard to find a spot. They should probably give it a few more racks,” says upgrading student Marlow Hart. “If it were full, I’d have to lock my bike to a railing or a tree or something.”

Many students have been doing exactly that. Often a half-dozen bikes or more are locked to the railing along the Young building at Lansdowne, as well as various railings around campus.

Camosun installed new racks a year ago next to the Dawson and Ewing buildings, but they are barely used.

“Especially when the weather’s good, it’s impossible to find a place to park your bike,” says humanities instructor Larry Hannant. “There aren’t enough racks, and the racks themselves are pretty badly designed. Bike users don’t get the respect that the college says it’s paying to cyclists.”

Camosun currently has no plans to solve the rack problem, but they are in the process of developing bike tune-up stations similar to the “bike kitchen” at UVic for both campuses.

As well, Camosun is hoping to have secure bike storage at the Lansdowne campus early next semester.

“Hopefully, in the next three to four months there will be a secure bike storage area on the Lansdowne campus, which will hold about 19 bikes and will be the same [\$5] monthly charge as at Interurban,” says manager of ancillary services Greg Simmonds.

The tune-up stations will consist of a pump and a variety of tools that people can use for free.

“Although they are trying to catch up to UVic, their speed is very slow,” says Richard Kao, CCSS sustainability director. “No matter how hard we promote biking, it comes down to whether the school can support it or not by putting the money into it.”



CAROL-LYNNE MICHAELS/NEXUS

Many students take to locking their bikes to railings on campus.

sustainability

# Camosun realizes it can be hard to be green

“The school, unfortunately, doesn’t really care about anything other than the profit.”

**RICHARD KAO**  
CAMOSUN COLLEGE STUDENT SOCIETY

**NICOLE BENETEAU**  
CONTRIBUTING WRITER

In today’s eco-conscious world, with a recycling bin in every driveway and a compact fluorescent light bulb in every socket, it’s easy to make environmentally friendly choices, even for an institution like Camosun College.

But, despite school-wide ini-

tiatives like composting and a five-year plan to reduce campus energy consumption, creating an eco-friendly campus isn’t for the faint of heart.

“Every green initiative has been this long process,” explains Richard Kao, sustainability director for the Camosun College Student Society. “When we want to do something good it takes a long time, because Camosun just doesn’t have the budget for it.”

The college’s bottom line, according to Kao, is the root of the eco-friendly issue. “The school, unfortunately, doesn’t really care about anything other than the profit,” says Kao.

Peter Lockie, Camosun’s vice-president administration and chief financial officer, says that despite budget issues the school is working to make change.

“Money is always a problem, but I’m an optimist at the moment

on this subject,” says Lockie, also head of Camosun’s environmental sustainability council. “The reason is we are getting a structure together that wasn’t there before.”

Lockie adds that making change is dependent on student involvement. “The importance of students is huge,” he says. “I can’t underestimate that.”

Students also agree that the environmental fate of the campus is largely in the hands of the little guys.

“A lot of it has to come from the student body, and a lot of initiatives and fundraising has to be done by students,” says Jill Carruthers, a third-year environmental technology student, who adds that it’s tough getting students to care about environmental issues on campus. “When you throw your banana peel in the garbage, you don’t see the end result. Getting the big picture in everyone’s mind,



FILE PHOTO/NEXUS

Camosun’s Peter Lockie says the school is working towards change.

I think that’s where you’re going to have a problem.”

Nadia Lebel, also in third-year environmental technology, agrees it’s hard to motivate students. “People don’t know the impacts of their actions,” says Lebel.

Lebel also points out that even once initiatives are started it can be difficult to keep them going, using the now-overgrown native plant garden at Camosun as an example.

All hope is not lost, though. Student perseverance has made an impact on campus practices, like the compost program that was proposed, implemented, and funded by student initiatives.

Kao is hopeful for the future of student projects and says that if students have ideas they can come to him.

“The next project,” says Kao, “will be the community garden that one of the students had in mind.”

## SPEAK UP What would be the first thing you would do if elected mayor of Victoria?

BY CLORISA SIMPSON



**HOLLY BIDLAKE**  
“Make sure sewage was being taken care of properly and not being put in the ocean.”



**ADRIAN PARADIS**  
“Get to work on lowering housing costs and the cost of living in general.”



**BEN BOYD**  
“I would take a poll of what other people would want, and then do that.”



**RACHEL KERR**  
“I would make more bike lanes, especially on Hillside.”



**IAIN ROBERTSON**  
“I would probably have a party to celebrate.”



**LONA ZHAO**  
“I would make it so people could no longer get divorces, because maybe then people would work harder to stay together.”



social issues

# Student serves burgers to help homeless

“There are so many hungry people in Victoria, and this is something tangible that I can do.”

**WILLEM BRUSSOW**  
TAILGATE GRILL

**ROSE JANG**  
STAFF WRITER

Every Sunday for the past two and a half years, Interurban student Willem Brussow has driven his truck down to Wharf Street, unpacked his barbecue, and flipped burgers for those in need.

He calls it Tailgate Grill, and with help from fellow students and friends, Brussow serves 80 burgers every Sunday afternoon to street people and those who struggle to afford a good meal.

“My friend Jeff and I wanted to give back and just love people more,” says Brussow, a mechanical engineering student. “We drove to Streetlink, which is now closed, and set up on the back of my tailgate. We had a little camping barbecue and,



ROSE JANG/NEXUS

**Camosun student Willem Brussow helps feed those in need.**

I think, 12 burgers.”

Brussow’s efforts were at first met with confusion, but the locals soon warmed up to the impromptu cookout.

“The homeless people there came up to us and said, ‘What are you guys doing? You can’t barbecue here,’ and we said, ‘We’re handing them out for free,’ and people just came,” he says.

Tailgate Grill soon grew too big for Streetlink, so they moved to a patch of grass next to the infamous whale wall on Wharf Street.

“Now we do 80 burgers a week,” he says. “Rain, shine, snow.”

The people who come to Tailgate aren’t all homeless. “Maybe a quarter of the people who come here sleep outside. Other people are in homeless shelters, or don’t have much money, or don’t have many friends and just want community,” says Brussow.

The people eating burgers at Tailgate are clearly grateful, and Brussow gets a lot out of it, too.

“There are so many hungry people in Victoria, and this is some-

thing tangible that I can do. I get friendships out of this,” he says. “Most of the people here I know by name, a lot of them I know a bit of their story, and a few of them I would call friend.”

Ian Welle, also a mechanical engineering student at Interurban, has been helping out since day one.

“I started coming down here to tell these people that their lives are still worth something,” he says, “that they are beautiful people, that they are lovable, and that someone cares about them.”

politics

# Local activists and supporters occupy Victoria

**ROSE JANG**  
STAFF WRITER

Concerned citizens in Victoria recently got behind the Occupy Wall Street movement by occupying Centennial Square and the legislature lawn as a means of starting a long-overdue conversation.

“I want us to offer solutions rather than just demand that other people fix it for us,” says local activist Josh Steffler. “Everyone has their own issue. This gives them a chance to start making change.”

Two separate “occupy” events

took place in downtown Victoria on Saturday, October 15 in conjunction with hundreds of other events across Canada and the world, as part of a global day of action.

The People’s Assembly of Victoria (PAOV) formed after observing the Occupy Wall Street movement. There were only eight people at their first meeting, but that number soon jumped to 150. They occupied Centennial Square on October 15.

“This event will further the conversation,” says Michelle Buchanan

of the PAOV media working group. “Nobody has the answers. It’s all about the questions right now, and talking about how we can all pull together. The time has come to make some really big changes.”

Another group sprung up soon after PAOV formed.

Calling their event Occupy Victoria, this second group occupied the legislature lawn on the same day.

“I thought I should give people a place to talk about the problems that are causing people to gather

in the streets,” says Steffler, who did much of the legwork to make Occupy Victoria happen.

Steffler got a permit for amplified speech at the legislature lawn and contacted politicians and community members to speak at the legislature.

Steffler didn’t plan on camping out, but he encouraged others to by setting up tents in parks around Victoria.

“If people need to occupy, that’s where they’ll go,” says Steffler. “It’ll be organic.”

## NEWS BRIEFS

### Students can help shape Camosun’s parking future

Camosun College is surveying students and faculty about their thoughts, experiences, and ideas regarding getting to and parking at Camosun until October 30. The surveys are emailed out to all Camosun students and staff, and three participants will win \$50 dollar gift certificates to the Camosun bookstore.

### Camosun purchases \$36,000 METIman

The Camosun College Foundation recently purchased a \$36,000 “METIman”—a computerized human-like patient simulator. The METIman is designed to help train health-care students in medical emergency situations. The simulated situations can be anything from routine to life-threatening, including adult emergency care, medical, surgical, mental health, and community health-care scenarios.

### Human rights organizations pull out of Missing Women Inquiry

Two of Canada’s leading human rights organizations recently pulled out of the Missing Women Inquiry hearings. Amnesty International and the BC Civil Liberties Association announced that they would no longer be participating in the scheduled hearings, citing that participation would be seen as supportive of a flawed process. “At its very heart this commission of inquiry is grappling with critical concerns about access to justice and human-rights protection for some of the most marginalized communities in the province,” Alex Neve, secretary general for Amnesty International Canada, said in a recent press release. “But it is going forward in a manner that only adds to that longstanding sense of exclusion and discrimination.” Go to [bccla.org](http://bccla.org) for more information on the pullout.

### Copyright modernization hurts students

Campus Stores Canada, an organization of postsecondary retailers, recently released a statement concerning absolute protection of digital locks, announced in the reintroduction of the *The Copyright Modernization Act* on September 30. The act, commonly referred to as C-11, is aimed at modernizing Canada’s antiquated copyright laws. Digital locks may prevent legally purchased material from working in all jurisdictions by not allowing for any kind of circumvention. This could mean that students might have to pay more than once for the same material. Either that or break the law.

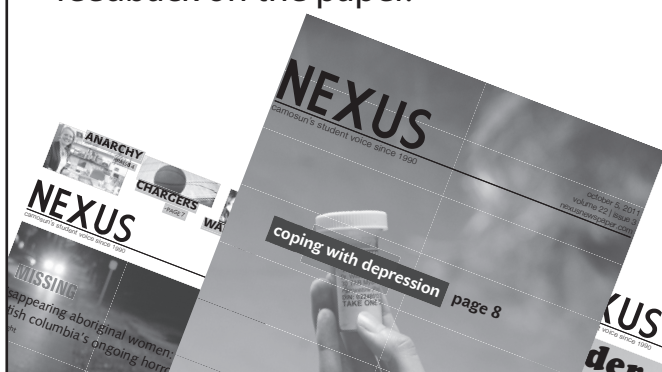
-DYLAN WILKS

## NEXUS

camosun’s student voice since 1990

Nexus editorial meetings are held every Tuesday from 11:30 am to 12:15 pm at Richmond House 201 on the Lansdowne campus.

The best part? You’re invited! So come on down, share story ideas and give your feedback on the paper.



# Harry Potter

October 20th

## Dunlop House

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transportation

# Up-island travelling options sparse

“I used to study on the train. I find it more efficient than driving.”

**CHELSEA LANG**  
CAMOSUN STUDENT

**MEGAN GIBSON**  
CONTRIBUTING WRITER

Travelling up Vancouver Island has become limited since VIA Rail’s temporary closure last April. Fortunately, a plan is in the works.

The Island Corridor Foundation (ICF), the non-profit organization that owns the railway on Vancouver Island, has requested federal and provincial funding to make assessments and repairs on the railways’ bridges and trestles.

Malcolm Andrew, senior manager, media and community relations for VIA Rail, says that when passenger rail service was suspended last April the rail line operator gave an ultimatum about changes that needed to be made before the train ran again.

“Southern Rail of Vancouver Island, Nanaimo had informed VIA that significant infrastructure improvement was required before passenger rail service could resume on this route,” says Andrew.

The requested funding has been



LISE CHIASSON

Those looking to take the train up island are greeted with sights like this.

approved from the provincial government. However, the federal government is still considering.

For those without a vehicle, the temporary closure of the scenic rail service on Vancouver Island has left few alternatives for travel. Options include IslandLinkBus, Greyhound and trying your luck on Rideshare.

IslandLinkBus is an express bus service on Vancouver Island that costs a few more dollars than the standard Greyhound bus service. Rideshare is a community ad on Craigslist where people can request

or offer rides to and from any destination. Like most Craigslist ads, good judgement is imperative.

Meanwhile, many students find Greyhound unappealing, not only due to poor depot conditions, but also because of the high fares.

“Due to the competitiveness of the industry we do not release the factors of our ticket prices,” says Timothy Stokes, Greyhound spokesman. “Throughout the year, Greyhound Canada has been an affordable travel option for our customers and continues to this day.”

Greyhound’s schedule is quite limited, leaving Victoria at 7:30 am and 11:45 am seven days a week, and 7 pm on Fridays and holidays.

“Given the decrease in demand on these routes, Greyhound Canada decided to reduce its service,” says Stokes. “Greyhound Canada evaluates its routes on a yearly basis and makes decisions regarding the increase or reduction of service as it compares to demand/ridership.” During holidays, only one extra run is scheduled.

Even students with a vehicle appreciated having the option of

using the train. “I wish I was on the train when it’s raining. I don’t like hydroplaning on the Malahat,” says student Chelsea Lang. “I used to study on the train. I find it more efficient than driving.”

The ICF suggests writing to federal transport minister Denis Lebel and Prime Minister Stephen Harper to encourage approval of federal funding to make required repairs. See islandrail.ca for more.

*What do you think?*  
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or TEXTBACK to 604-223-0076.

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fashion

# Students get thrifty for interesting clothes

**KATE MASTERS**  
CONTRIBUTING WRITER

Finding well-fitting and stylish secondhand clothing can be a daunting task, but shopping at thrift stores is a great way for students to find affordable clothes. Plus, it's a way to find items that are a bit different than what's available in other clothing stores.

"I just think it's more unique, and I like the idea of recycled clothing," says visual arts student Emily Harris.

Thrift-store shopping is usually about finding a statement piece, but consider buying basics there as well.

"I get a lot of my long-sleeve plaid t-shirts secondhand, and some pullover sweaters," says university transfer arts student William Butcher.

It's easy to get overwhelmed by the sheer volume of clothes in thrift stores. The racks of clothes are often disorganized, which can lead to further frustration.

It's good to have a focus when heading into these stores. By having a clear visual image of a future purchase, sifting through the undesirable garments becomes easy.

"Generally, I have an idea of what kind of look I'm going for before I buy something," says visual arts stu-

dent Keilah Lukenbill-Williams.

Also, have a look in an older relative's closet; they might own a timeless blouse or blazer that can be adapted in a modern way. In Harris' case, she wears her mother's boots.

"I know they're really old and probably from London," she says.

But there are drawbacks to secondhand stores. Business student Lauren Kubek says she would like to purchase clothes at thrift stores, but can't due to her allergies.

"Cat dander gets in fabrics," says Kubek, "so it's hard for me to buy secondhand clothes."

But not all cheap clothing has to be secondhand. Popular stores like H&M have a wide variety of clothes for reasonable prices, and discount clothing stores like Dots and Winners have brand-new clothes that are marked down anywhere from 40 to 60 percent.



Camosun student Emily Harris' vintage boots.

KATE MASTERS

## Looking for cheap threads?

Value Village (1810 Store)

The most extensive thrift store in Victoria, with an enormous selection of men's and women's fashions at reasonable prices. The downside is its large size and the disorganized state the store is often in.

Salvation Army Victoria (525

Johnson, 3948 Quadra)

The Sally Ann is smaller than Value Village, but it's cheaper and has a good selection. As with any thrift store, digging out the fabulous finds is always the challenge.

The Patch (719 Yates)

Only quality secondhand clothing, so it isn't as overwhelming as traditional thrift stores. Unfortu-

nately, the prices are higher.

Dots (724 Fort)

At Dots you can pay \$20 for items from brands like Kensie and Kersh that the Bay and boutiques downtown sell for \$70. Too bad about the limited selection of men's clothing.

Winners (3170 Tillicum, 2945 Jacklin)

Specializes in having brand-name clothes for low prices. Unfortunately, it's a very large store and the desirable clothes can get picked over quickly.

Don't forget about other thrift stores like WIN and St. Vincent de Paul. Money from purchases from these places even goes to local charities.



{ sitka }

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## SPORTS BRIEFS

**Chargers golf win gold, coach nominated for Coach of the Year**

Thanksgiving weekend saw the Camosun College Chargers golf team win the 2011 PACWEST Golf title, and it also marked the announcement of the nomination of head coach John Randle for the CCAA National Golf Coach of the Year award. The final tournament decided the 2011 PACWEST division winners and Camosun's golf team managed to win with a total of 2,355 — just four strokes less than Fraser Valley. "It was great to accomplish our first goal of the season," said Randle in a recent press release. "It was great to see everyone step up to the plate." Camosun's next goal will be to win nationals, and once the three-day tournament finishes the closing ceremonies will also see the announcement of this year's head coach winner.

**Camosun Chargers volleyball win openers**

Both the Camosun College Chargers men's and women's volleyball teams won their season openers on Thursday, October 13, against the College of the Rockies Avalanche. Victoria native Elizabeth Davis led the women's team with eight kills and five digs. Fourth-year right-side Andrew Inglis led the men's team in his first appearance with the Chargers, posting 10 kills, two digs, one block, and one ace. Women's set scores: 25-19, 25-19, 25-22. Men's set scores: 25-22, 25-20, 25-16.

**Royals stopping hunger by stopping pucks**

The Victoria Royals recently announced the launch of their Stop Hunger campaign.

One pound of non-perishable food items will be donated to the Mustard Seed Food Bank for every save made by a Victoria Royals goaltender — during both home and away games — with the season goal being one ton of food donated. Fans wishing to participate can donate non-perishable food items to the Select Your Tickets box office, which will in turn make fans eligible for a walkup ticket discount of \$3.

**Soccer legend launching autobiography**

President of the Vancouver Whitecaps and former Vancouver '86er coach and player Bob Lenarduzzi has a new autobiography coming out. Both Lenarduzzi and sports writer Jim Taylor will be appearing at an event at the Greater Victoria Public Library on October 25 at 7 pm to launch the book, which chronicles Lenarduzzi's life in soccer, from playing with his brothers in East Vancouver to playing professional soccer in the UK and beyond. Lenarduzzi will also touch on the future of soccer in Canada and what it was like to play on the first Canadian team to make it to a FIFA World Cup final.

-DYLAN WILKS

## golf

**Camosun putters look to nationals**

"We've played well enough, but not firing on all cylinders."

JOHN RANDLE  
CAMOSUN COLLEGE

JAMES NIELSEN  
STAFF WRITER

Camosun's Chargers golf team recently won gold, winning the 2011 PACWEST Golf title and earning themselves a trip to the CCAA Championships on Prince Edward Island.

Top-place finishes throughout the season indicate that this year's Camosun team has a strong ability to capture a title at this year's CCAA Championships.

Head coach John Randle acknowledges the success of this season, but stresses that the real measuring stick will be how his team performs during the championships.

"They won tournaments, we're happy with that," says Randle. "As far as their abilities, there have been flashes. We've played well enough, but not firing on all cylinders. If we do, we'll be in good shape."

The Chargers' second-to-last tournament saw them finish one stroke behind Vancouver Island University for first-place during the first annual University-College of Fraser Valley invitational at Chilliwack Golf and Country Club. Camosun's Blake Millrush and Brad Clapp finished with the best scores for Camosun, placing fourth and fifth after posting identical tournament scores of 148.

The first-place finish will add to a Chargers' season that has seen several impressive finishes. The Chargers edged out Thompson Rivers University by one stroke to finish in first place during the Camosun Invitational, held at Bear Mountain. Jordan Kruleicki was the top Charger in the two-day tournament, finishing with a score of 147 on the weekend.

This year's Chargers roster features three golfers in the PACWEST top 10 individual list. Jared Hundza finished in fifth place, Jordan Kruleicki finished in sixth place, and Kevin Walz finished in ninth place. The three will join third-year student Justin Doel and fifth-year student Phil Kondrak to compete in the CCAA championships.

"It's hard to tell," says Randle, on gauging his team's potential at this year's championships. "We finished fourth last year; we're better, on paper, this year."

The Charger's last top-three finish at the CCAA Championships came in 2007, when the men's team captured a silver medal.

With several players finishing strong this season, a championship victory is a legitimate possibility this year.

Randle believes his Chargers have a shot to win, as long as his players continue to post solid scores.

"We'll be able to compete with anyone in the nation if we're playing well," he says.

The PING Canadian Collegiate Athletic Association Championships will take place 50 miles from downtown Charlottetown on Prince Edward Island from October 17-21.

Go to [ccaagolf2011.ca](http://ccaagolf2011.ca) for live results.



KEVIN LIGHT

This could be the big year for the Chargers golf team.

## volleyball

**Chargers volleyball team looking for kill**

"We have a good group of girls this year and we have all been training really hard."

JENNA BROWN  
CAMOSUN CHARGERS

SARAH HENDERSON  
CONTRIBUTING WRITER

Camosun College starts its 18th year of athletic programs with one of its spotlights on the Chargers women's volleyball team, who had a disappointing run last year.

When the team gets into action this month, there are high hopes that this year will be an improvement upon the last. The 2011/2012 roster is made up of nine new faces to lace up and take the court for the first time. Returning athletes Elizabeth Davis, Jenna Brown, Mariah Holmstrom, and Suzanna Campbell are four out of the seven

second-year athletes, some of whom you may have already seen around the Lansdowne campus.

This year's roster is full of talent and there are many key players to watch. Specifically, keep an eye out for Campbell, who proved herself last season and earned the BCCAA all-rookie title, as well as second-year right side Brown.

Early in the preseason, Brown played against the VIU Mariners and produced a game-high 12 points, and may have even more to show everyone this season. Brown is positive about the games ahead of her.

"We have a good group of girls this year and we have all been training really hard," says Brown.

Last season, the women's volleyball Chargers left their fans feeling disappointed and thinking about what could have been. The team fell just short in the BC Colleges' Athletic Association conference standings, finishing fifth in a league of seven teams.

This year, the club is confident in the changes they've made and think



SARAH HENDERSON

The Chargers women's volleyball team in practice.

they can be more successful. The Chargers head coach Chris Dahl is entering his second year with the Chargers and has expressed the need for overall improvement to his players.

"We are involved in a high-performance sport," says Dahl. "There's a lot of work to be done before we'll be able to compete for a championship, but this has defin-

itely been identified as something we aspire to accomplish."

Brown believes the players are up to Dahl's challenge and are ready to implement the coach's season-long plan.

"He wants us to win more games this season, so that's what we are going to have to do," says Brown. "We're out there to have fun, but we know what is expected of us."



# From four corners

Victoria and Saanich mayoral candidates talk to *Nexus* about issues that matter to students

Story and photos by Carol-Lynne Michaels, staff writer

The end of a three-year reign is upon us.

A municipal election on November 19 brings the opportunity for new blood, or at least the opportunity for more awareness around the backyards that we all play in.

Talking with students about municipal politics proved to be challenging despite only a mild learning curve. *Nexus* spent a couple of days informally polling students on campus about what municipal issues affect them.

Most students are focused on their studies to a point of tunnel vision: a study-heavy narrow outlook that includes food, tests, transportation, and making rent. But some

recurring issues did arise: transit, compost, homelessness, and general living affordability.

The Capital Region is made up of 13 municipalities, each with their own mayor. Victoria and Saanich are two key municipalities within Greater Victoria, and are the most closely related to Camosun.

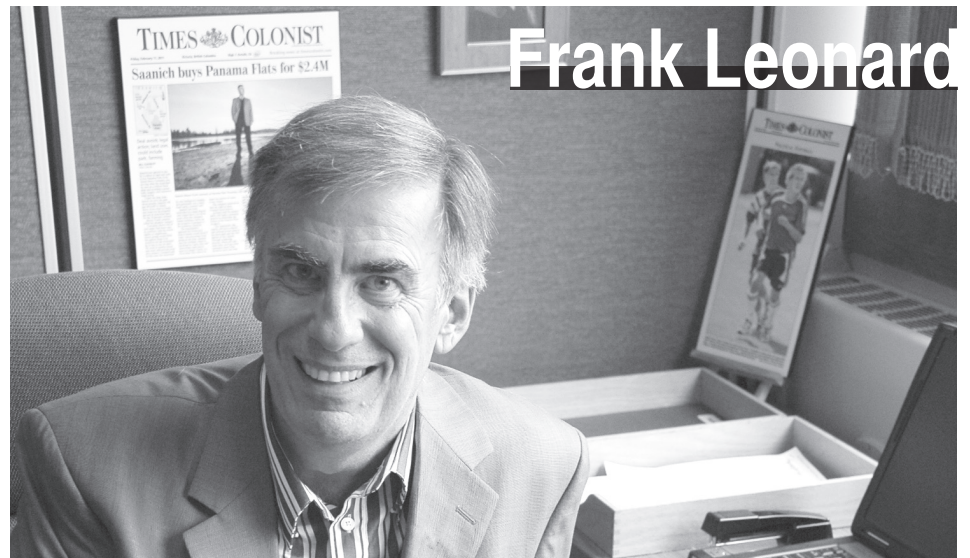
We sat down with the mayoral candidates for Victoria and Saanich and picked their brains for a while about topics that matter to students.

Here's what the candidates running for office in the Camosun zones had to say to us.

## SAANICH CANDIDATES:



David Cubberley



Frank Leonard

### David Cubberley

*What do you want to see done by the end of your potential three-year term?*

I want to see curbside collection of organics. I also want to see the region put together an integrated transportation plan for the region. Then I want to see us approach the provincial government with a coordinated ask for money.

*How about public transportation? What will you do in that vein?*

In significant ways I want to improve conditions for transit, walking, and cycling. I also want to get on with the planning process for the Saanich we need to build in order to be more sustainable. We must involve the community to resolve the issues out there. We need to know where we're going with transit and what kind of rapid transit system we can put in place over time.

*Do you plan to introduce compost systems?*

I'm very interested in compost. This is something that should be happening now. We would have to have a regional composting facility and system of our own. It could be supplied by the private sector or it could be done by the CRD. It should be a regional program. I think we'd have really high participation. I personally feel strongly that we have to pay more attention to this. All the waste from the region is going to a landfill in Saanich, but 30 percent of the waste stream is organic material. We've got one hole in the ground now. Let's manage it so we reduce the amount of material going to it, and extend its life indefinitely. The easiest way to do that it is to get organics out of it.

*In what ways will you engage the public?*

I'd like to engage more with the public. We really need to plan and engage the community in the future of Saanich. I want there to be a chance for people to look at things and involve themselves

in the imagineering of a new kind of community. We will engage the professionals, and ask the citizens open-ended questions about what could happen here. You can identify from the people what isn't working and move forward.

*What are you going to lobby senior government for?*

Everything. Bring us the dough. I mean, come on, 92 cents on the dollar leaves eight cents for the municipalities.

The federal and provincial governments make a ton of money off of tourism and everything else, but the residential property taxpayers deal with all the waste, congestion, and so on. Their sources of revenue grow with the economy. Property tax doesn't grow with the economy. We're stuck in this little corner. Canada is probably the only jurisdiction in the Organisation for Economic Co-operation and Development that has cities cooped up on such a small revenue base. So I intend to argue for money. Send the cheques! I'm optimistic about that kind of thing.

**“We really need to plan and engage the community in the future of Saanich.”**

**DAVID CUBBERLEY**  
SAANICH MAYORAL  
INCUMBENT

### Frank Leonard (current mayor)

*What are a few measurable things you would like to achieve in the next term?*

We will have a revolution in transportation, transit planning, and governance. Not just tinker with more routes, more hours. We should reach our sustainability goals, from climate change to replacement of infrastructure. Let's keep up the healthy and active community, and make it an affordable community, too.

*What do you want to see happen for transit?*

We need regional governance of transit by local officials. Right now transit is run by a crown corporation, with input from seven people appointed by cabinet. I'm not happy that

they're spending millions on things that aren't increasing service. I think we can get more miles, more services out of what we have now. A proposal was put to the regional boards and was unanimously supported, so we sent it to the provincial government. Maybe by the election we'll have an answer. I think we need big change in what's going on.

*Do you want to implement a compost system of sorts?*

I really want to collect kitchen waste in the system. We'll have a pilot in Saanich next year, most likely in the Cedar Hill area. Our own crews can collect kitchen waste as well as garbage. We're just going to work out the details, and certainly within the next term of office, I want it in place municipal-wide. As far as processing it, I would suspect we will either have the CRD do it via a standalone plan,

or we would let the private sector farmer pull it out. That hasn't been decided.

*In what ways do you engage with the public?*

**“Let's keep up the healthy and active community and make it an affordable community too.”**

**FRANK LEONARD**  
CURRENT SAANICH MAYOR

Every aspect of our municipality has community consultation as part of their mandate. It's part of our culture here. We're an inclusive municipality. Every chance I get, I go to a community meeting. I answer most of my own email and I'm doing social media as best as I can. I'm doing it myself.

*What will you be lobbying senior government for?*

Probably transportation, transportation, transportation. It's a big issue, right up there with alternatives to single-occupancy cars, and public safety issues on the roads.



# 2011 Elections

On October 26<sup>th</sup> & 27<sup>th</sup> Make **YOUR Choice**

Voting stations open from **8 a.m. - 7 p.m.**  
**Interurban Campus Centre 2nd floor**  
**Lansdowne in the Fisher Foyer**

**Bradley Clements**  
Lansdowne Executive



Want a more sustainable, just and accessible campus? Vote for Bradley Clements. During the three months that I have represented you on the Student Society and Education Council I have fought tuition fee raises at the college and government levels, created a Camosun Against Enbridge team to oppose Tar Sands tankers on our coast, begun an initiative to designate Lansdowne as a Fair Trade Campus, begun transitioning CCSS elections to a proportional representation system, ensured that the CCSS properly recognizes First Nations territories and heritage, worked with our student clubs, attended provincial skill-building workshops and conferences, campaigned and rallied for student causes, volunteered at student events, and spoken out at all CCSS meetings. As Lansdowne Executive I hope to continue these initiatives and more. I will help to make politicians and college administration listen to students, to lobby for better transportation to Lansdowne, to make quality courses more financially accessible, and to connect students with the community and environment through support of environmental campaigns and a campus community garden. There's so much to do! Let's get to work. Questions or ideas? Let me know at [svsilentsound@gmail.com](mailto:svsilentsound@gmail.com) or [facebook.com/VoteClements!](https://www.facebook.com/VoteClements/)

**Matthew Martin**  
Lansdowne Executive



My name is Matthew Martin. I have served the students of Camosun College in a variety of positions over that past five years, and developed new skills and gained valuable experience. I would like the opportunity to once again put on student events and develop campus life, in which I was highly successful. *Vote Matthew MARTIN for Lansdowne Executive and vote for:*

**Experience:**

- Finance Executive (2009-2011)
- Education Council (2007-2009)
- Interurban Executive (2007-2009)
- Students With Disabilities Director (2006-2007)

**Proven Results:**

- Doubled the number student events with no funding increase
- Increased clubs and clubs support
- Strong Leadership
- Leads by example
- Empower others to build a strong team

**Amber Grace McEwen**  
Lansdowne Executive



I care about making tuition more affordable and the campus more accessible, but I'd like to say something quirky and funny to distract you from the fact that no major changes can realistically be made in a six-month term. That would be dishonest and slightly glorified. However, this isn't my first time at the playground. In the past, I've served for over three years on the student society in a plethora of positions and roles including chair of the Special Events Committee. Moving forward I would like to facilitate the following changes:

- Provide healthier food options and variety in the food bank
- Find ways to connect more groups together on and off-campus
- Start an endowment fund for scholarships for Camosun students

These are changes I can realistically make in such a short time and ones that can affect a broader group of students. I can make this happen because I'm resourceful, outgoing, caring and very creative! I can't change the physical structures of Camosun College, but I can help change the heart of it and that's something our campus is lacking! Come out and vote for Amber Grace McEwen for Lansdowne Executive on October 26th and 27th from 8am to 7pm.

**Archie D'Souza**  
Lansdowne Director



Hello colleagues,

I am a first year student of the Hospitality Management programme running for Students Director at Lansdowne campus. I have moved from Penticton to Victoria to pursue my studies. I intend to be a part of Camosun College Student Society in order to represent my fellow colleagues and reduce the difficulties they face during their tenure at the college. I also intend to be available to help in all possible ways thus adding to the already existing support structure within our campus to make our time as students a much more enjoyable experience.

Archie D'Souza



What can 9¢ buy  
you?

How about a champion?

Someone who will stand up for others

Someone who will speak for those who  
can't find the words themselves

Someone who will advocate for change

On October 26th & 27th

Vote YES to permanently  
protect advocacy for Students  
with (dis)Abilities



Local 75 of the Canadian Federation of Students  
Questions? E-mail: [swd@camosunstudent.org](mailto:swd@camosunstudent.org)



**Carlos Suarez Rubio**  
Lansdowne Director



Dear students, my name is Carlos Suarez, I am in my second year of Political Science Program. In my years of studies and live, I have learned that persistency and perseverance are the true values we need to succeed in anything we do in life, specially Politics. Therefore, here I am once again being nominated for the position of Lansdowne Director, looking forward to improve the student life and making anything possible to make your voice to be heard. I believe that my experience as International Director with the CCSS, as well as my volunteer experience in the political field on the Federal elections 2008 and currently as member of the Board of Directors for Esquimalt and Juan de Fuca within the Conservative party, had given me the skills to serve your needs as Lansdowne Director. I believe everything is possible with persistency and true effort. This platform is not made to stand for itself neither for its candidate, it is made to stand for you, for what you believe needs to be reform, for what you believe needs to be changed, and for what you believe we can achieve. Therefore, I invited you to vote for me Carlos Suarez as your representative in the Camosun College Student Society in this coming election on October 26 and 27.

**Peggy Liu**  
Lansdowne Director



Hi Everyone! My name is Peggy and I'm excited to be running for Lansdowne Director.

What kind of changes are YOU looking for in this upcoming school year?

For the upcoming year as a Lansdowne director, I plan to

1. Bring great discounts from local businesses for students.
2. Organize activities, workshops (e.g. study skills), and events.
3. Help students to be thoroughly informed of their rights as students, tenants, and employees.
4. Fight to revise transit schedules so that there are more frequent buses, especially on the weekends.

I will work hard to make things happen and I have Camosun student's best interests at heart. Feel free to come and talk to me about your concerns. I hope to make your study here at Camosun a memorable one.

Vote for Peggy Liu!

**Deana Srdic**  
Interurban Director



Hey everyone! My name is Deana, and I wish to be re-elected as your Interurban director. I have had the pleasure of attending Camosun College for three years now. Because of challenging infrastructural distance between buildings, I will work hard to create an **inclusive, community oriented Interurban for all students**. Each program and every student here matter to me. Yes, we are all attending to obtain higher education and to give us a cutting edge for the employment world, but let's have a little fun along the way!

- ~ Events such as coffee days give students an opportunity to network and meet their elected representatives.
- ~ Campus spirit building events provide a great venue for new friendships, a greater understanding of the programs Camosun offers, and all of its diverse students.

I am here simply as a representative for you, the students. I promise to support, and listen to the student body, and to gain awareness of the CCSS. My heart and energy are invested in this campus.

**What matters to me is what matters to you.** Exercise your right to vote. Please re-elect Deana Srdic as Interurban Director!

**Jordan Sandwith**  
Interurban Director



In 2009, I became part of the CCSS and made some positive changes to both the Lansdowne and Interurban campuses, which can be seen today. First and foremost, Smoking has been reduced to designated areas only with great success. Also, The bus stops at Lansdowne were moved to a safer and better suited location. These changes were initiated and pushed while acting as Lansdowne Director.

- 3 Semesters CCSS Experience
- 2 Positions previously held (Sustainability & Lansdowne Director)
- 1 Focus – "Make a difference"

On October 26th, Vote Sandwith for proven success and track-record! I would be honoured to continue my work with Camosun College and the Student Society.

If you have a voice regarding Camosun, I would love to hear from you!  
Jordan Sandwith [jordanSandwith@gmail.com](mailto:jordanSandwith@gmail.com)

# Referendum Question 2011:

Are you in favour of increasing the Camosun College Student Society Levy\* by 9 cents per month to provide the Students With Disabilities Director an honourarium equivalent to that currently provided to the Women's, Pride, and First Nations Constituency Directors\*\*?

\*CCSS levy is currently \$9.18 per month

\*\* The other Constituency Directors currently receive an honorarium equivalent to 15 hours/week at \$10/hour



# EDUCATION

IS A RIGHT



## STUDENTS TODAY ARE TAKING ON MORE EDUCATION-RELATED DEBT THAN ANY PREVIOUS GENERATION

Students with both government and private loans owe an average of \$37,00 at graduation.



## POST-SECONDARY EDUCATION IS NO LONGER AFFORDABLE FOR ALL

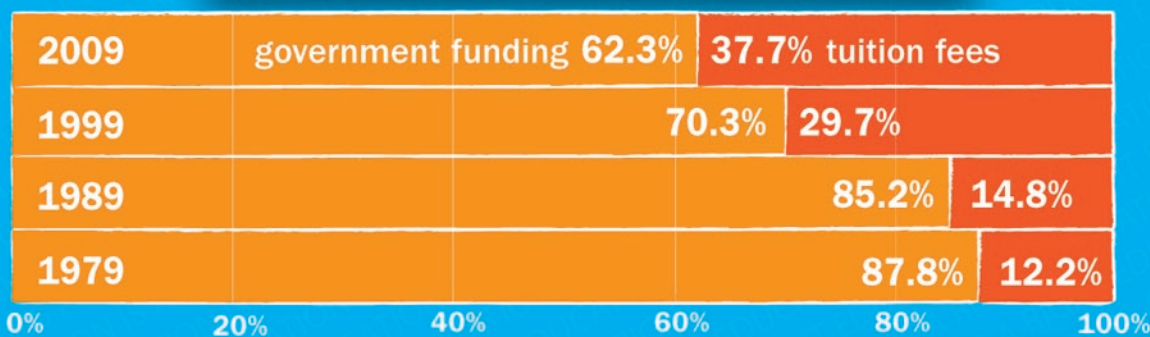
Tuition fees are growing faster than public transit, rent, food and other costs faced by students, pushing post-secondary education out of reach for many Canadians.



## CHRONIC UNDERFUNDING HAS LEFT COLLEGES AND UNIVERSITIES RELYING LARGELY ON PRIVATE FUNDS, MAKING THEM OPERATE MORE LIKE A BUSINESS THAN A PUBLIC SERVICE

Thirty years ago, 85% of university funding came from public sources. Today, public funding has fallen to 60%. Over the same period, tuition fees have more than quadrupled.

Source of University Funding



Local 75 of the Canadian Federation of Students

EDUCATION IS A RIGHT

Join the fight to defend public education  
**EDUCATION IS A RIGHT.ca**





continued from page 10

# VICTORIA CANDIDATES:



Paul Brown



Dean Fortin

## Paul Brown

*What will you do or provide in terms of compost?*

We've got to be more aggressive in terms of diverting waste from the dump. The city should be making those services available so that everybody is doing it. The city should be funding it, but it's the small entrepreneurs who started up the existing composting businesses. Let's let them do it and contract with them. Let's make certain that everybody has that opportunity, particularly in apartments.

*What will you do about transit and transportation?*

First of all, you need to get the rest of the municipalities on board to establish a regional transportation authority and strategy. Developers and homeowners know that one of the greatest impediments to the value of their properties is the ability to commute into Victoria. I'm not saying Light Rail Transit is not the way to go, maybe it is. But we need a bigger picture. The transportation system in Victoria is outstanding. Once you get outside of Victoria, that's where it starts to break down.

*What can be done to make Victoria a more affordable city to live in?*

I believe there are some very practical ways to bring affordable housing to this city. It means converting existing multi-unit buildings, small apartment buildings, or larger homes into family housing. It distresses me to no end when there's a lack of rental accommodation in the downtown area.

*Do you support a safe injection site in Victoria?*

Evidence shows without doubt it makes a difference in terms of health care costs, policing costs, and helping these people off the street. It also makes financial sense. Even the Supreme Court has said it's okay. So come on, let's do it.

This is something that Vancouver Island Health Authority (VIHA) and the province needs to operate. This is not a business that we understand. This is not a business the city should be involved in. VIHA and the provincial govern-

ment understand how to run homeless shelters and needle exchanges; we need to support it.

*Let's talk about Victoria's homeless population.*

We've gotten into a business that we do not understand and made some very significant mistakes. The city purchased two Traveller's Inns. Their initial budget for one of them has mushroomed. They didn't understand what it takes to upgrade something. This city has a propensity to go out and budget in an ineffective way.

*What goals are you setting for your potential three-year term?*

First of all we've got to move to a more shared services model with other jurisdictions. Garbage is the first one.

Secondly, I'm going to get control of wages and salaries. I'll take my own reduction. The little things add up. I'm also going to observe some very tight budgeting controls. Thirdly, we've got to revitalize downtown. I want to see more young people living downtown.

## Dean Fortin (current mayor)

*What are you doing and what more will you do about composting?*

We've essentially said that we are going to have curbside organics starting January, 2013. We'll start at the residential area; it's more difficult to deal with the apartment buildings and large condos and stuff. It doesn't mean that we won't do it; it will just take longer to figure out how.

*What about transit?*

We have to look for an opportunity to increase service on the runs that need them. Frankly, I think we can do that without increasing costs by doing a service rationalization. There are a whole lot of routes that are really underutilized so we can move that around.

*It's not very affordable to live in this city. Can you speak to that?*

The city can address issues around housing and affordability. Traditionally, it's a provincial area, but we can do it directly through zoning. Over the last three years we've created close to 800 units of market rentals and low-end market rentals. We've moved the vacancy rate from 0.4 to 1.4 over the last three years. I want to get to four. Four is basically what's described as a healthy model. I've introduced a short-term incentive for creating rentals. Over the next three years, if developers build rental, they'll get a break.

*What are your thoughts on safe injection sites?*

Harm reduction is one of our major priorities and we continue to work on developing the Greater Victoria model. I think that rather than a needle exchange we need safe consumption sites. The biggest concern is the outdoor public use of drugs. So get it in. Saves lives, get inside. There will be wraparound services that come with this: education services, harm reduction, and counselling. I don't think one site is enough. You

need two sites. You need to distribute it around. Fundamentally, it is the Vancouver Island Health Authority's responsibility to fund it, but we have a role to play as the city, as service providers. We have started working on it; it's a high priority.

*What will happen to address homelessness?*

Some of my proudest accomplishments have been around housing and the hard to house, and I want to keep that going. Over the past three years, we have been working not only to house the homeless, which is a big issue, but also to create affordable rental, affordable public housing. The city can address issues around housing and affordability, if we choose. Traditionally it's a provincial area, but we can do it directly

through zoning and rezoning: what we allow to be built, height, density, in what location. In my term we've brought in incentives through creation of rentals, market rentals, lower end market rentals.

"I believe there are some very practical ways to bring affordable housing to this city."

**PAUL BROWN**  
VICTORIA MAYORAL  
INCUMBENT

"Some of my proudest accomplishments have been around housing and the hard to house, and I want to keep that going."

**DEAN FORTIN**  
CURRENT VICTORIA MAYOR

## Voting time

The municipal election is on Saturday, November 19. There are 13 municipalities: Saanich, Victoria, Esquimalt, Oak Bay, View Royal, Colwood, Highlands, Langford, Metchosin, Sooke, Central Saanich, North Saanich, and Sidney.

### Victoria candidate information

**Paul Brown**—openvictoria.com, Twitter: @PaulforVictoria

**Dean Fortin**—victoria.ca/cityhall/mayor\_mayor\_prfile.shtml, Twitter: @DeanFortin

### Saanich candidate information

**David Cubberley**—davidcubberley.ca, Twitter: @davidcubberley

**Frank Leonard**—saanich.ca/living/mayor/council/leonard.html, Twitter: @frank\_leonard

Shortly before press time, the following additional nominations were announced for mayoral candidacy in the Victoria and Saanich municipalities (nominations closed October 14): **Steve Filipovic** for Victoria (stevefilipovic.ca; Twitter: @StevenFilipovic) and **David Shebib** (Twitter: @garbageguru1) for both Victoria and Saanich.

### Voting eligibility

Anyone who has lived in BC for at least six months is

eligible to vote in the municipal election. Students who have come from elsewhere in the province to study in Greater Victoria must decide if they want to vote here or in their home municipality.

### How to vote

Go to any voting location on November 19 with 2 pieces of government-issued ID and proof of address, such as a utility bill in your name; you can register there.

### Other resources

Check out municipalelections.com, victoria2011.com (municipal hub), and votevictoriabc.blogspot.com (Victoria elections blog).



attraction

## An enchanted experience for everyone

“We’ve created a new tradition for people in our community to celebrate Halloween in a way that is really beautiful, and joyful, and brings back the mystery and the magic of it.”

**ALICE BACON**

SHINE\*OLA  
COMMUNICATIONS & EVENTS

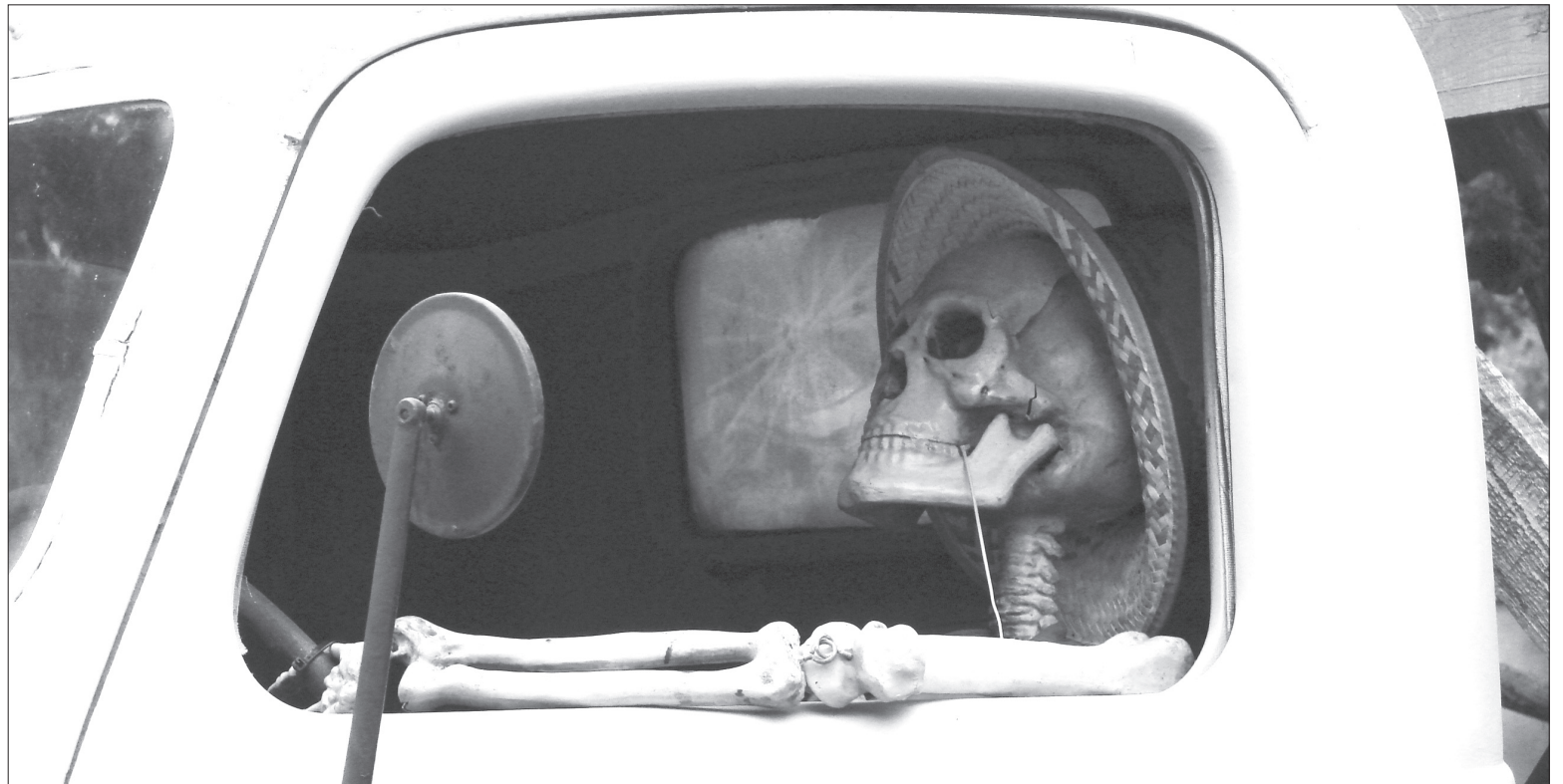
**LUCAS MILROY**

CONTRIBUTING WRITER

After an extremely successful unveiling last year, Enchanted is making its triumphant return to Heritage Acres, but with a few twists to make this year even better than last. For its sophomore year, Enchanted has called upon Janet Munsil and Intrepid Theatre to help bring the whole experience to life.

“We are getting strolling performers set up, and commissioning very small-scale theatre pieces that people will happen upon as they walk through,” says Munsil.

Another new addition is the inclusion of a covered, off-site parking facility, as well as a free shuttle-bus



ALICE BACON

**A skeleton in a pickup truck? Yee-haw! Find all this and more at Enchanted.**

service to bring the guests to the site.

“The shuttle buses will be a fun part of the experience,” says Munsil. “We will have storytellers on the buses. It’s about a nine-minute bus ride, so there will be a little bit of entertainment on every shuttle bus; that will be part of the experience, and hopefully it will make people want to go and park their cars and take the shuttle.” (For those who don’t have a car, Gateway Park, the location of the shuttle bus service,

is conveniently located on the #75 bus route.)

Masterminding this spectacular event is Alice Bacon of Shine\*ola Communications & Events. Tired with the gore and horror of modern Halloween, Bacon decided it was time for something new.

“We’ve created a new tradition for people in our community to celebrate Halloween in a way that is really beautiful, and joyful, and brings back the mystery and the magic of it,” says Bacon.

She explains how in recent years Halloween has taken a “really gruesome turn,” something she wanted Enchanted to steer clear of.

“It also seems to be overpopulated by the Hollywood zombie culture,” says Bacon. “Influenced by really violent movies, it has become a gore fest, and it has become harder and harder to find activities that are suitable for all people; not just small children, but people who don’t want to be bombarded by that kind of imagery. I think Halloween has

the potential to be a really beautiful, magical, but eerie and mysterious kind of year.”

And that’s exactly what she has created with Enchanted. Bringing about a vintage vibe to Halloween, this is an event that’s worth the trip.

“I have nothing against a good scare,” says Bacon, “but there should be an alternative to it, and I think we’ve created something for the community that provides that.”

rock ‘n’ roll

## Sam Roberts: broken teeth and tamed records

“Are you going to be in control of the music, or is it going to take you for a ride?”

**SAM ROBERTS**  
SAM ROBERTS BAND



PHOTO PROVIDED

**Sam Roberts has assembled a band of guys who look just like him, except one has a tall hat!**

**DYLAN WILKS**  
STAFF WRITER

Sometimes Sam Roberts wonders whether or not he’s tamed his music. The Montreal-based singer/songwriter and six-time Juno-award winner recently released his latest album, *Collider*, and then set upon the task of taming the album.

“You have to break the record—like a horse—and then you can let it run wild,” says Roberts. “Cause, otherwise, if it’s the opposite way,

you’d never get it back.”

According to Roberts, once you’ve been scared off a record it can be difficult to get back on. After initial performances of a song don’t go well, a band can develop a kind of phobia or superstition and then avoid the song for possibly years.

“It’s happened to us on just about every record,” he says. “You work on these records, you spend a couple of months in the studio, but then the reality is you spend the next year and a half on the road, and

that’s where you really start getting to know each other in terms of you and the songs.”

It’s a complex relationship between musician and music. Roberts feels like the first few shows of any tour can be something of a crapshoot.

“You have no idea how it’s going to go over,” he says. “Not just how it’s going to go over with people, but what will it do to you? Are you going to be in control of the music, or is it going to take you for a ride?”

After taming the song, Roberts says it’s time to rein it in and see how it works with the show. Once that process is complete, he lets the song go free. The band released *Collider* in May, and only now does Roberts feel like the band has begun to relax and loosen up on the reins.

Taming music hasn’t left Roberts without scars—he’s lost several teeth during performances over the band’s 11-year career. Okay, just one tooth, several times. A tooth he lost, initially, playing hockey; after

that tooth was fixed it became prone to shattering easily.

“Sometimes that mic hits you pretty hard,” he laughs. “It shouldn’t, because you’re not supposed to smash your face into it, but for some reason I keep doing it.”

**Sam Roberts Band**

7 pm, Saturday, October 22

Royal Theatre

\$29.50-\$39.50

[samrobertsband.com](http://samrobertsband.com)



theatre

# Case brings fantasy to prison stage

“That idea of somebody somewhere locked away for doing something bad... they actually become a real person when you actually get to meet them.”

**INGRID HANSEN**  
WILLIAM HEAD ON STAGE

**WES LORD**  
CONTRIBUTING WRITER

At the volunteer orientation for *Gormenghast*, actress Michelle Chowns was told the first rule is not to fall in love with a prisoner.

“This hasn’t happened this season,” says Chowns, “but it has happened in the past.”

Chowns is one of three local women performing with nine inmates in the new production at the William Head Institution in Metchosin.

The play is based on a series of books written by Mervyn Peake and is the fourth production Ian Case has directed for William Head on Stage (WhoS), an organization that has staged 50 performances at the prison over the last 30 years.

Case read Peake’s trilogy years ago and immediately saw potential



IAN CASE

It’s definitely a spooky time of year when plays like *Gormenghast* are running.

for adaptation to the stage. When he discovered a John Constable adaptation had already been penned he asked a friend to pick him up a copy while on vacation in England.

Prison life may be a foreign experience for most of us, but Case has grown familiar with the venue and its unique characteristics, like the strict schedules, armed guards, and razor wire.

“After a while the impact starts to fade,” he says.

A few years ago, Case had difficulty casting a prison production of *Waiting for Godot*, which only

has four parts. Fortunately, he was able to find nine inmates to fill all of the male roles in the *Gormenghast*, while local actresses play all of the female roles.

Performer Ingrid Hansen, who’s been involved with WHO’S productions for a number of years, says audiences coming into contact with the inmates usually consider it an eye-opening experience.

“The separation dissolves,” says Hansen, who recently directed *Chalk!* at the prison. “That idea of somebody somewhere locked away for doing something bad... they

actually become a real person when you actually get to meet them. Not just a statistic.”

A few of the inmates who performed in *Chalk!* are also returning, and their experience is a benefit. “They already have a shorthand with Ingrid,” says Case, “and a willingness to be physical.”

The play tells the story of a castle where entrenched rules and rituals have been followed for thousands of years. “The show is very physical, there are lots of fight scenes,” says Hansen. “It’s got a bit of an Edward Gorey, Roald Dahl type of feel.”

And the subject matter is appropriate for the setting, according to Chowns. “We’re working with the binary of freedom and ritual,” she says, “which is very suited to this particular cast.”

*Gormenghast*

7:30 pm, October 14-15,  
21-22, 28-29, November 3-5,  
10-12  
William Head Institute  
\$20  
ticketrocket.org



New Music Revue

## Five new releases, from Irish rock to Canadian world guitar music



**DJ Shadow**  
*The Less You Know the Better*  
(Island/Verve/AGM)  
4.5/5

The first thing I thought when listening to DJ Shadow’s new album is, “Why don’t I own this already?” And then I remembered it hadn’t been released yet. Right.

DJ Shadow holds a Guinness world record for creating an album entirely of samples and is said to possess more than 60,000 records. It’s no surprise, then, that his latest album, *The Less You Know The Better*, features a massive range of musical styles, which blend together seamlessly.

I picked up on Motown, hip-hop, a piano intro worthy of a Radiohead song, the country twang of a banjo, and many more. One personal favourite is “Sad and Lonely,” which samples the riff and hook from a 1972 Offenbach album, as well as haunting vocals from a 1947 Susan Reed record.

“Scale It Back,” featuring Swedish pop singer Little Dragon, sounds like TLC circa *CrazySexyCool*, but better. Need I say more?

-ALI HACKETT



**Modeselektor**  
*Monkeytown*  
(Monkeytown)  
4.5/5

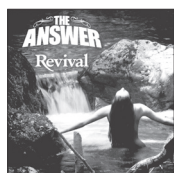
Already on their third full-length (fourth if you include the *Moderat 12*) they made with Apparat), it’s still tough to pin a genre on Modeselektor.

They’ve turned out nothing but quality so far, and their latest record is hip-hop-techno-bass with nods to Daft Punk, Jamie XX, and Flying Lotus and his Los Angeles trip-step minions. But it’s pop, too, and R&B, sometimes.

In any case, this much can be agreed upon: Modeselektor is making some reasonably avant-garde shit. The new record is called *Monkeytown*, and while it’s not far and away their best work after a half-dozen listens, it already sounds just as good as anything they’ve ever made and it’s sure to grow on me even more.

Tom Yorke even shows up, doing his Yorke-step thing twice, killing it just like on 2007’s *Happy Birthday* standout track “The White Flash.” I like this record’s chances for 2011’s top-10 list, for real.

-TYLER ROWE



**The Answer**  
*Revival*  
(Spinefarm)  
2/5

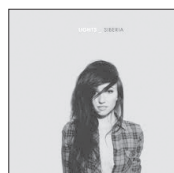
They say that the third time’s a charm; this isn’t the truth when it comes to The Answer’s third album, *Revival*.

This group of four Northern Irish rockers take the listener back to a time of bad perms and tight leather pants, something I know I’m happy to have moved on from. And, disappointingly, they don’t even do a good job at it. Strewn with power chords and repetitive lyrics, *Revival* fails to grab my attention in a positive manner, and makes me think of what Nickleback might have sounded like had they come out 25 years earlier.

That being said, the boys do manage to sneak in a solid riff here and there, so if you’re looking for some ’80s-inspired hard rock, *Revival* might just be the album for you.

But, really, overall, *Revival* stays to true to the mediocre music that The Answer has been producing for the past 11 years.

-LUCAS MILROY



**Lights**  
*Siberia*  
(Universal)  
4.5/5

For an album named after a part of the world known for its long cold winters, Lights’ *Siberia* is surprisingly awesome.

The use of simple rhymes, metaphors, and dub-step-like effects all come together to create a sound that’s the perfect combination of Owl City, Taylor Swift, and The Postal Service, yet still stays close to Lights’ unique style.

*Siberia* showcases a separate side of the artist than what listeners heard in her Juno Award-winning debut album, *The Listening*.

Somehow, the Canadian artist still manages to stay true to herself and her fans, while keeping up with the music scene, reinventing herself, and possibly changing the future of pop music.

So whether you’re sitting at home listening to “Cactus in the Valley” or out dancing on a Friday to “Timing is Everything,” there will not be a song on *Siberia* that you won’t love.

-CHESLEY RYDER



**David Myles**  
*Into the Sun*  
(Little Tiny)  
3.5/5

The sounds of Paul Simon and Jack Johnson aren’t that far away during David Myles’ folk walk down memory lane, but that’s okay: who doesn’t like a little nostalgia every once in a while?

Besides, there’s more than just traditional folk and rock on *Into the Sun*, the Nova Scotia-based guitarist’s sixth album. He teams up, for the second time in his career, with Canadian hip-hop artist Classified to prove that even folk artists can transition to other genres with a simple drum machine and some classy horns.

For those up for some cozy listening and looking for a reason to get back into the feel-good groove, tunes like “Simple Pleasures,” “Don’t Look Back,” and “Falling in Love” may prove to be the cure for those post-midterm hangovers.

So kick back, crack a beer, and enjoy *Into the Sun*.

-TJ NYCE



campuses

## Camosun's musical community



The Victoria Conservatory of Music is housed in this beautiful church on the corner of Quadra and Pandora.

PHOTO PROVIDED

**CHRISTIE BURNS**  
CONTRIBUTING WRITER

Students at Camosun often attend one of two campus: Interurban or Lansdowne. But a select few students go to an entirely different campus. Some of these students are in the Camosun music department, located downtown at the Victoria Conservatory of Music (VCM).

Technically, the VCM is one of Camosun's satellite campuses.

About 80 students attend three programs at the conservatory and the partnership with Camosun is over two decades old.

"Camosun's community of musicians exists at the conservatory," says VCM postsecondary registrar Fuchsia Shier.

Currently, the music department offers students a choice of three programs: a certificate in music foundations, a diploma in music,

and a diploma in jazz studies.

Luckily, unlike other arts departments, the music department and the sense of musical community that Shier describes isn't only available to students enrolled in one of the three programs.

"The classes are not exclusive to music students," she explains. "It is important that the rest of Camosun knows they are welcome to join."

Many of the classes are open as

electives for students from other programs. When space allows, there are even more options for non-music-department students to get involved in classes and groups at the VCM.

It's also possible to be a part of Camosun's musical community without having to take any classes, or demonstrate any musical ability. Shier cites the conservatory's free Thursday concert series as one way

of getting involved.

"We invite all students, staff, and faculty to join us for the Thursday lunchtime concert series" says Shier. "All performances occur at the VCM, although we plan to have some performances in the Gibson Auditorium at Lansdowne."

The last three concerts of the year are on November 3 and 24, and December 1. See [vcm.bc.ca](http://vcm.bc.ca) for information.

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# Think you can cover sports?

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## Vote in the *Nexus* elections



### Carol-Lynne Michaels: Running for President

My name is Carol-Lynne Michaels. I have acted as President of the Nexus Publishing Society since Mid-April 2011. I am hoping to continue my term while I complete the final year of Camosun's Applied Communication program. I have a palpable interest in journalism, publishing, and communications. *Nexus* should always have the capacity to share diverse student voices as well as engage Camosun students. As President I will continue my organizational duties and continue to oversee the finances, policies and procedures, and staffing needs of the newspaper. Please vote.



### Adam Price: Running for Treasurer

My name is Adam Price and I have been a contributing writer at *Nexus* for over a year. I have also acted as Nexus Publishing Society treasurer since mid-April. I have a vested interest in the quality and journalistic intent of the newspaper. As treasurer I will continue to oversee *Nexus'* financial actions justly and passionately. Please vote Adam Price for treasurer if you want a successful and fiscally responsible student newspaper.

Online elections October 19-21

Go to [nexusnewspaper.com](http://nexusnewspaper.com) and vote for our new president and treasurer. Come and help decide who represents your student newspaper.

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*To Do List*

- ~~Buy cigarettes~~  
*Not anymore :)*
- Pay hydro
- Pay cellphone
- Buy textbooks



*I went ziplining at Whistler today!  
You gotta try this Sarah!*



*Finally took some scuba  
diving lessons!*

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[facebook.com/quittersunite](https://www.facebook.com/quittersunite) for a chance to win!**

Contest open to everyone 19 and older, even if you don't smoke.







Worth the Trip

by Tyler Rowe and Jason Saliani  
photos by Tyler Rowe

## Big breakfasts



**Campus Caf**  
Lansdowne campus  
Big breakfast (two eggs, sausage or bacon, two slices of toast, and hashbrowns)

\$6.48

Presentation and service

**Jason:** The cafeteria in the morning can be a scary place with tired students desperate for their caffeine fix. Through the maze of weary miserable students, you can find the big breakfast, a safe haven for those who still like eggs, toast, and meat packaged in tubes.

**Tyler:** Like Jay-Z, what more can I say? Paper plates, but you get to watch your breakfast being cooked, so I guess it's pretty much like Benihana.

Taste

**J:** The breakfast is actually pretty good. You get a lot of food, but the bacon and sausage tastes a little old. Like a Seth MacFarlane show, you'll settle for it, but you look around for something better halfway through. The eggs are tasty, and if you like a runny yolk, they are usually already broken. The hash browns make up for the rest, though; you get a lot of the golden nuggets of delight.

**T:** Actually, the breakfast is pretty solid. It's a big meal with tons of potatoes. But the sausages and bacon are precooked, so by the time they make it to the plate they're more rubbery than my legs after I've been forced to walk for longer than 10 minutes. And these yolks don't always make it off the grill intact.

**And the winner is...** The Village

**Verdict:** Although it's about a 17-minute walk from campus (Google that, it's closer than you think) and more expensive than anything on the cafeteria menu, the Village Restaurant is really a great spot. The atmosphere is great, the service is better, and the food is best.



**The Village Restaurant**  
2518 Estevan

Healthy start breakfast (two eggs, 2 sausages, 2 slices of toast, and a side of fruit)

\$11.20

Presentation and service

**J:** It's a legitimate walk from campus, and if you go with Tyler you will hear about it the whole way there; he's really not a morning person. The place is great, though, amazing people working there and the food looks delectable.

**T:** The plate came out beautifully, with those big orange-yellow yolks staring me right in my mug, next to a veritable fruit garden of kiwi, pineapple, orange, and grapefruit. The service was quick and friendly and the woman who took care of us was clearly a pro. No extraneous words, but not brisk either. Good job, mystery woman.

Taste

**J:** It tastes even better than it looks. The turkey sausages, killer; the eggs, perfect (and no broken yolks); the toast, fresh; the side of fruit, really refreshing. It might not be as filling as the caf breakfast, but it's much more satisfying.

**T:** Michael Faraday famously said, "Nothing is too beautiful to be true." Free-range organic eggs prepared exactly how I wanted them. Local sausages, one turkey-chorizo and one turkey-sage (The Village is a Jewish deli; they don't dig on no swine), nice rye toast, and that fruit side I mentioned.



Earthy Edibles

by Keira Zikmanis

## Some coffee in that granola?

Making granola at home terrified me for a long time. For some reason I thought it would take forever to make, or that it wouldn't be as good as store-bought.

I also had no idea what a good granola recipe looked like; I couldn't just glance at any recipe online and judge whether it would work out or not.

This all changed a couple of years ago when I tried the peanut butter and chips granola recipe from *Have Cake Will Travel* ([havecakewilltravel.com](http://havecakewilltravel.com)). A beautiful thing happens when you follow food blogs: after you've tried enough of someone's recipes, and have had positive results, you come to trust them. So much so that you can try things that may have scared you in the past.

So I took the plunge, and I've been making my own granola ever since.

I've experimented with a ton of different flavours and combinations of ingredients, and this recipe is by far my favourite. Possibly because it's granola and caffeinated, possibly just because it's delicious.

So try it out. Go ahead and change up the nuts or dried fruit, if you like, or add some chunks of your favourite chocolate once it has cooled for an amazing dessert (or breakfast).



KEIRA ZIKMANIS

### Espresso Granola

Ingredients

Dry:

3 cups rolled oats  
3 pinches sea salt  
4 tbsp finely ground espresso  
3/4 cup pecans  
2/3 cup dried cranberries

Wet:

3/4 cup honey (or a mix of honey and brown rice syrup)  
1/4 cup light or neutral tasting olive oil  
2 tsp vanilla extract

Directions:

Preheat oven to 300° F

Mix together the dry ingredients (except the cranberries) in a large mixing bowl. In a separate bowl, whisk together the wet ingredients. Add the wet ingredients to the dry, and mix thoroughly. Now spread the mixture out onto a parchment-lined, rimmed baking sheet. Bake for approximately 40 minutes, stirring and checking every 10 minutes. When the granola has been baking for 30 minutes, check and stir every five minutes after that. The granola will crisp up once it's cooled and out of the oven. You can tell it's done by the amazing smell, and normally by its golden colour, but with this recipe the espresso prevents you from seeing that. Once cool, stir in the dried cranberries.



In Search of Lost Time

by Daphne Crossman  
camosun college pride centre

## Anti-bullying month is here

October is anti-bullying month. Bullying can make people feel alone, unhappy, frightened, and depressed. It can make them feel unsafe on campus, and on their way to and from school. It also affects a person's self-esteem and a bullied student can lose confidence and may not want to attend college anymore.

Bullying also affects bystanders who may be afraid they could be the next target. Passive bystanders in any bullying situation may suffer from anxiety, shame, and guilt from not being able to intervene or

defend a victim.

Bullying can affect a student's studies; it can cause difficulty in concentration and a decreased ability to focus, and intensely preoccupy a student with thoughts of escape, avoidance, and mental reenactment of recent situations in which they were bullied.

Bullying is painful and humiliating, and leaves the victim feeling helpless, battered, and shamed. If the pain isn't relieved a student may feel there's no way out.

Those who are persistently subjected to abusive behaviour are at

risk of stress-related illness that can sometimes lead to suicide.

Anyone who believes that bullying is just part of growing up and a way for people to learn to stick up for themselves has never been the victim of bullying. Bullying can have long-term physical and psychological consequences that must be prevented at all costs. By not challenging bullying behaviour, no matter how insignificant, valuable opportunities are lost in shaping society's needs for building a common respect for each person's dignity.



Green Your World

by Luke Kozlowski  
camosun students for environmental awareness

## Going beyond

Attention all environmental enthusiasts and activists: do you want to help your campus and your community become more sustainable? Are you interested in developing the skills to be a more effective leader? Do you want to network with students at other schools and find out what they're doing to promote sustainability?

We all need to take a break from homework. Why not do something fun and productive by coming out for an inspiring day of workshops that will explore sustainability issues and allow you to develop your skill set and collaborate with other

bright minds? You'll be thanking yourself later.

The UVic environmental group Common Energy will be hosting this fantastic event on Friday, October 28 from 6:30–8:30 pm and on Saturday, October 29 from 9:30 am to 5:30 pm. Also known as the goBEYOND Regional Skills Training Summit, it will feature workshops ranging from group facilitation, event/project planning, social media, and video training to team development.

goBEYOND Campus Climate Network is a non-profit environmental advocacy network

that aims to build capacity among student groups at postsecondary institutions.

Since universities and colleges are meant to be innovators and leaders in sustainability, these institutions need goBEYOND and students like you and I to come up with the solutions of tomorrow.

Whether it's establishing a community garden, instituting a composting program, or getting your campus to become Fair Trade certified, we need you and your ideas.

Go to [www.go-beyond.ca](http://www.go-beyond.ca) to register.



What's Up with Her?

by Chantal Kyffin  
camosun college women's centre

## Too pretty to work

"How can a woman feel sexy and empowered working behind a computer screen? Plus, they are distracting to men."

This was the response of a young male in my class who was asked if women should work in IT fields.

One of the reasons why there are fewer women in these fields is because of these boundaries put up by men who feel threatened and uncomfortable by a women's presence based on her femininity and sexuality.

Why is it that women are penalized in high-paying job fields based on their beauty? One reason is what is known as the beauty myth. Author Naomi Wolfe theorizes that society has created the myth as a way of deterring women from moving up by focusing on her beauty.

The media and institutions are

great players in making sure this game continues. Female political figures constantly face scrutiny based on their appearance. The media constantly bashes Hillary Clinton for her short hair and dress choice, while male politicians gain coverage and recognition for their message.

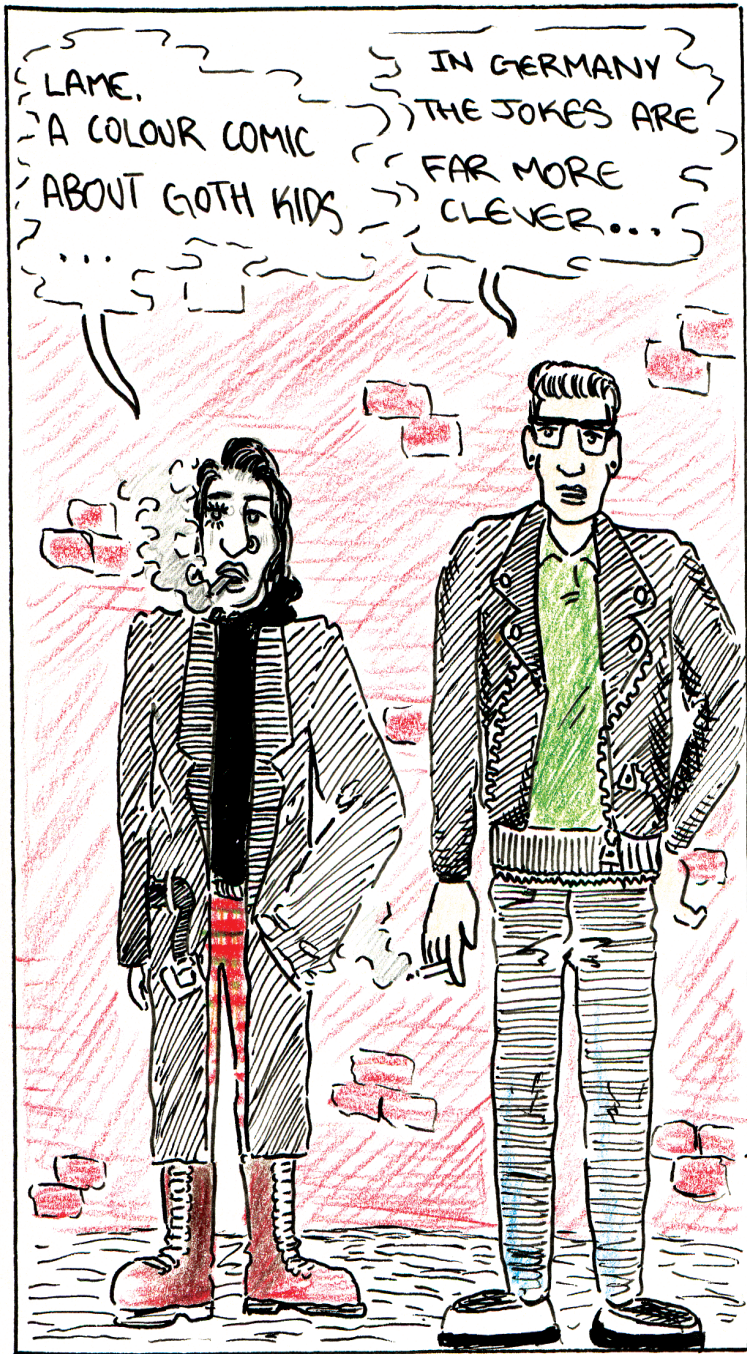
In the 1970s, ex-Playboy Club waitress Margarita St Cross was fired for losing her "bunny" image. She lost the case in court and *Playboy* publisher Hugh Hefner got a new, younger, thinner female for the job.

Still today, these cases exist. In the States recently, a female was fired from her job at a bank because her looks were, apparently, too much of a distraction.

If you're too pretty, watch out: you just might become penalized.



Noble Sloth Manifesto By Libby Hopkinson



Nomadic Mindset By Ken MacKenzie



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local, live, and loud  
by Adam Price



PHOTO PROVIDED

Scumbags rejoice: long-running British extreme metallers Napalm Death are coming to town.

FRIDAY, OCTOBER 21

**Current Swell, Aiden Knight, Jon Middleton**

MCPHERSON PLAYHOUSE, 8 PM, \$21.75  
Homegrown Canadiana/alt-rock outfit Current Swell are at the McPherson Playhouse with the very talented Aiden Knight. Come on down and check out this night of all-ages goodness. That's, like, fun for the whole family! Except people who don't like homegrown Canadiana/alt-rock, I suppose. Wouldn't be fun for them, if we're being honest.

FRIDAY, OCTOBER 21

**Vince Vaccaro**

SUGAR, 8 PM, \$12  
The much-celebrated Canadian rocker Vince Vaccaro plays Victoria, still repping his new album that came out in September. *Dove* is not only easily his best work to date, but the album is available for free on his website. Welcome to the future!

SUNDAY, OCTOBER 23

**Yellowman and the Sagittarius Band, Giraffe Aftermath**

CLUB 90NE9, 9 PM, \$23.50  
Hugely prolific dancehall artist Yellowman is in town with Vancouver's Giraffe Aftermath. If you're into socially conscious and influential reggae, this is your show.

SUNDAY, OCTOBER 23

**Carolyn Mark**

LOGAN'S PUB, 11AM, FREE  
Not sure if this would appeal to you? Here's a checklist: do you like alt country? Do you like witty, dry humor? Do you like fabulous storytelling? Return my calls, Carolyn!

TUESDAY, OCTOBER 25

**Napalm Death, Reaver, Compound Terror**

CLUB 90NE9, 9 PM, \$20  
The kings of grindcore are in town with Reaver and Compound Terror for a night any self-respecting metalhead/punk/skeezebag would never miss.

eye on campus  
by Dylan Wilks

THURSDAY, OCTOBER 20

**Campus-wide info session**

If there's anything you'd like to know about more than 100 programs at Camosun College, this info session is the place to do it. Program instructors will be available to explain what courses are taken, what prerequisites are required, costs, and what career opportunities will be available after graduation. Check out [camosun.ca/learn/infosessions](http://camosun.ca/learn/infosessions) for more info.

SATURDAY, OCTOBER 22

**Solar Saturday**

The John Drysdale building at Camosun's Interurban campus will play host to a full-day exposition of renewable energy resources. Industry experts will lead workshops in everything from residential geothermal systems, to solar power, to solar water heating and wind energy. Local sustainability author and activist Guy Dauncey and David Egles, president and founder of Home Energy Solutions Ltd., will provide opening and closing keynotes. Admission is free, but registration is required at [camosun.ca/ce](http://camosun.ca/ce) or by calling 250-370-3550.

TUESDAY, OCTOBER 25

**Picture if you will... improv!**

Dave Morris, Boombox Improv, and

Aidan Snider invite participants to come and explore a dimension beyond that which is known to man, the "dimension of imagination," also known more simply as improv. On October 25 at 7:30 pm the doors to the Fort Café (742 Fort St.) will open, and just \$8 (\$5 for students) will get you in to see a Halloween-themed night of improv with "pick of the fringe" winner Dave Morris, Canadian Improv Games alumni Boombox Improv, and folk-rocker Aidan Snider.

THURSDAY, NOVEMBER 3

**Bipolar Babe**

Bipolar Babe is a stigma-fighting superhero. Bipolar Babe is also an insightful look into one person's unique experiences of mental illness through a live presentation. It takes place from 12-1 pm in Young 310, Lansdowne. Go to [bipolarbabe.com](http://bipolarbabe.com) for more information.

THURSDAY, NOVEMBER 3

**Free mental-health checkup**

Camosun students and employees are invited to attend free drop-in visits for screening and support of their mental health. The checkups will be taking place on the main floor of the Camosun library at Lansdowne. Employees are welcome between 9-9:30 am and students between 9:30 am-3:30 pm.



MONDAY MUSIC BINGO AT 7:30 PM

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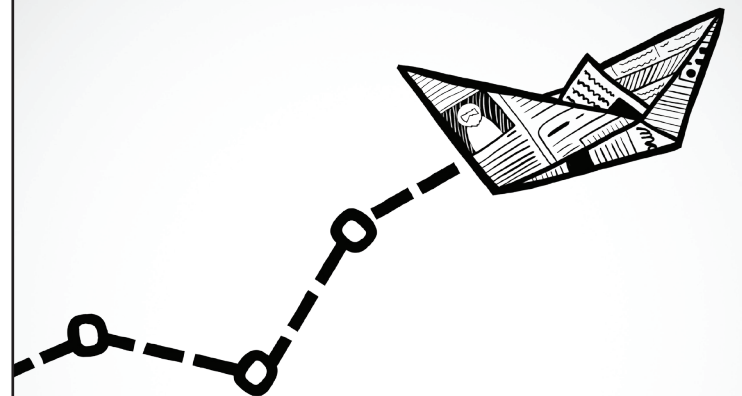
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