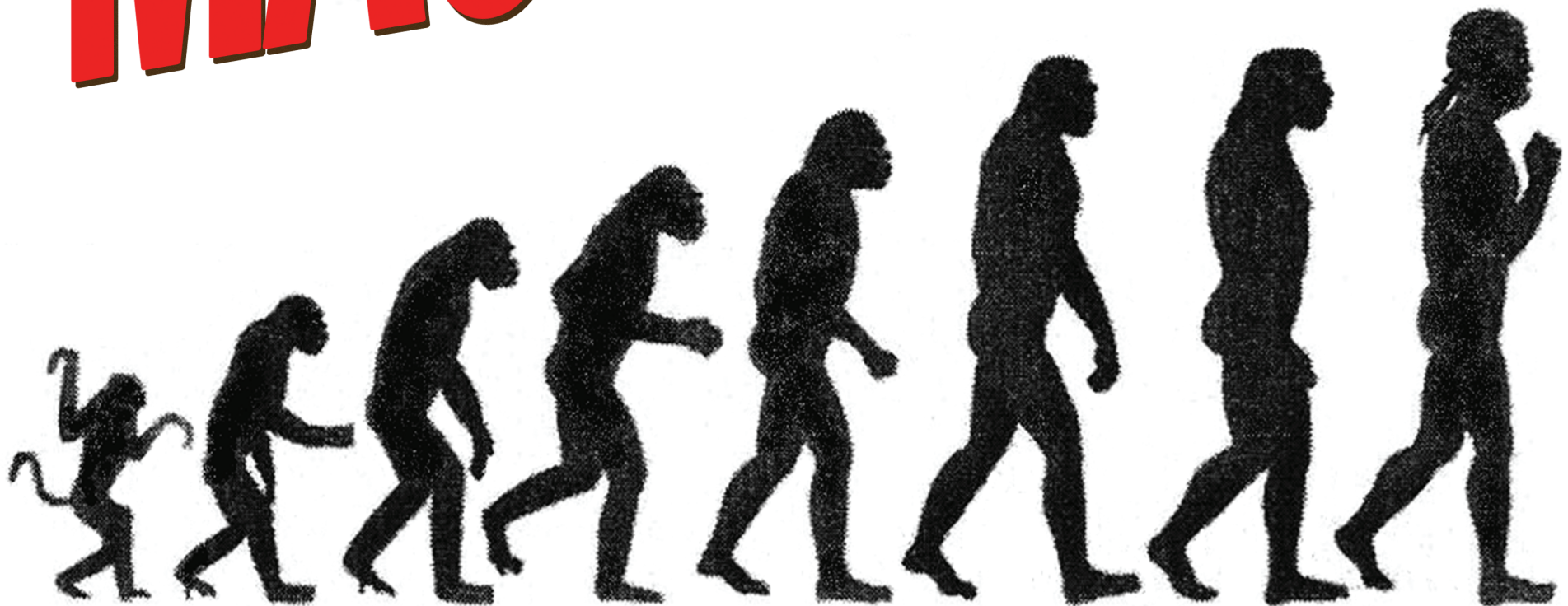


THE
EVOLUTION
OF

MASCULINITY



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editor’s letter

On making conversation

At dinner we talked about the job. The job was varied. To one of us, it was a tired profession, to another it was overexerting emotional labour, to the woman I could not recall the name of then, as I do not now, it was challenging to manage, but she gets by. The others echoed a mixture of features of them all. We made light of each others’ troubles and made self-deprecating remarks as to beg for any bit of concern. Of course, we did not really care to give concern. As a matter of fact, no one of us talked within one synchronized conversation of reciprocal attention, but in turns, and in formality. The spectacle changed performers every five to eight minutes as we nodded and hummed in the way one does to appear immersed, but we did so only to keep conscious. We spoke this way well past its expiry date as comes of all conversations on the job.

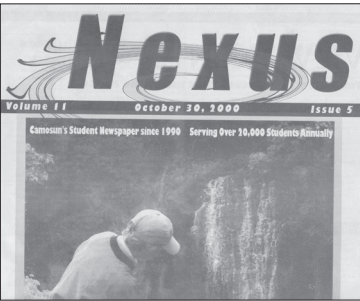
I speak here not cynically of all conversation, but the kinds that, I suspect, have become increasingly ubiquitous and central to communication, the types that, despite sharing no resemblance to discussion, are the primary medium of making—and I wish to emphasize producing—conversation. I have seen since becoming increasingly adult and increasingly uncomfortable in the grand scheme of all things, the social contract of mutual and charitable conversation take on stark revisions. We have called for a systemic reconstruction of the very point of dialogue which prefers to reject our intrinsically human qualities—instead, lulling the mind, bolstering egotism, passing the time.

It has become more and more true that our enthusiasm for living is in decline. A spirit that once characterized human invention and interrelationship has been forcefully dulled by fashionable madmen and moral fracturing. You’d suspect that frustrations with these issues would germinate only more lively discussion, but anger, as Seneca understands it and as we are experiencing in mass amounts, is exhausting. “It does not serve one’s interest,” he writes on anger in a letter to Novatus, “to see everything, or to hear everything.” And indeed we are wishing to not see or hear. So we go through the motions only, it seems, to maintain the tradition of conversation and to feel as though we are heard when it is our turn. Perhaps, then, what we are choosing to do is not conversation, but speaking into a shared space. We are employing not our minds here, but our tired bodies.

Lydia Zuleta, student editor

flashback

25 Years Ago in Nexus



LYDIA ZULETA
STUDENT EDITOR

Halloween rituals: For most who enjoy the mid- to late-October Halloween season, its thrill is accompanied by horror flicks and an abundance of sugary, high-calorie goodies. However, in our October 30, 2000 issue, we covered in our *Speak Up* column a diverse range of activities that those at Camosun prefer. Indeed, for those like Karen Shirwood, tricks and treats are the last of things that get them into the spirit: “I like to put on a trench coat and flash people,” she said. “It’s not something people expect from a woman.” For others, like Michel Turcotte—who is now the Camosun College Student Society executive director—breaking the law was a favourite, setting off firecrackers for the ultimate shudder: a \$200 fine.

Bad poets society: Barring hacky sack and puka shell necklaces, there is little as apt of col-

lege-aged students in the early 2000s as angsty poetry. I suppose this is why in this issue, and perhaps only this issue, we featured “Camosun’s Poetry Page,” where six poems were published over the profile of a melancholic-looking young woman. In the prose work of the poem titled “Comfortably Numb,” hefty boots are to fill with expectations of abstract and profound lines. The poet delivers, writing “Life is like a prison... Life is like a rainbow.” I wince, but I’ve surely written those exact words in a sticker-covered notebook.

B.Y.O.B to class: “Pour yourself a drink,” a Camosun faculty member said once a year to students. In this issue, we covered the boozy class that inspired high attendance rates. While not encouraged in any class at Camoun today, the Bar Management, Oenology, and Mixology course was required for students of the Professional Golf Management program of 2000. After a period of 13 weeks, during which students would study wines, liquors, spirits, beers, and mineral waters, they finally had a chance to mix up their own inspired beverage. Henceforth, my signature cocktail, the Cranbertini, lives on as a testament to Camosun students’ education.

open space

Taking attendance is detrimental to learning

CHRIS FREDERICKSON
CONTRIBUTING WRITER

Taking attendance in post-secondary education is an unnecessary practice that removes students’ ability to seek out occasional, one-time learning experiences. We get it: you want us to show up, but don’t we deserve a touch of autonomy?

Taking attendance at this age is infantilizing. I’m one of the older students around, so I haven’t had

your perfect attendance and skip the event, or would you skip your class, attend the event, and catch up on the course learnings later but risk your attendance score?

To put a real-world spin on it, let’s think of the college as our employer, and an opportunity for education outside of class as a company BBQ. Would you skip the company BBQ, an important team-building event, in order to continue working

Taking attendance at this age is infantilizing.

I’m one of the older students around, so I haven’t had to stick my hand up and half-shout “Here!” in a while, but I truly believe that this is a wholly unnecessary part of my adult education.

to stick my hand up and half-shout “Here!” in a while, but I truly believe that this is a wholly unnecessary part of my adult education. And let’s get one thing straight—this is adult learning in the ordinary policy sense: additional study pursued after initial education.

As students in post-secondary education, we have a lot on offer. There are tons of beneficial lectures, talks, and other events that happen throughout the year, but not all of them line up nicely with our class schedules. I had to miss out on the Truth and Reconciliation ceremony that was held last month in order to attend one of my classes. As a foreigner who is still integrating himself with society here in Canada, I’m gutted that I missed out on that opportunity, but I’m still torn on what the “correct” choice was here—should I have attended the ceremony and risked my attendance, or was I correct in maintaining my attendance and missing out on this learning opportunity instead?

I understand, as do many of my fellow students, that “showing up and putting in the hours” is one of the core tenets of holding down a job in “the real world.” But think of it this way—an event put on by the college, let’s say a visiting speaker who is relevant to your degree, is happening at the same time as one of your classes. Would you maintain

like normal? If your answer is “it depends on how I’m handling my workload,” then you understand the exact point that I’m trying to make here. These one-time events are crucial to broadening our horizons and we, as adults, should be able to make the call as to whether or not we can fit it into our personal workload.

The vast majority of us already understand that if we don’t put in the work for our classes, then we will fail. We’re already here, every single day (and often into the night) studying, attending lectures, taking part in our labs, and, overall, fighting to succeed. Don’t we deserve a bit of anxiety-free autonomy if a genuine learning opportunity arises? For the students that don’t understand this, then I say that they deserve the autonomy to learn; after all, there’s a reason why we all know not to touch a hot stove, and it’s better to fail now and learn this lesson early in life rather than later.

I’m not advocating for more time away from classes, by any means—you can ask any of my teachers, past or present. What I’m advocating for here is our autonomy as adults entering (or re-entering) the workforce to make our own decisions about what we can handle, without fear of unnecessary repercussions.

We will do what we need to do to succeed.

Something on your mind? If you’re a Camosun student, get in touch with us with your *Open Space* idea! Email editor@nexusnewspaper.com. Include your student number. Thanks!

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Look for our next print issue on stands on
Wednesday, November 12!

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OVERHEARD AT NEXUS: “Is that too much for Overheard at Nexus?”

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post-secondary

Federal minister of jobs and families discusses student issues



PATTY HAJDU/FACEBOOK

Federal minister of jobs and families Patty Hajdu says that affordability for all Canadians, including students, is a priority.

TYLER CALHOON-CARDINAL
CONTRIBUTING WRITER

After minister of jobs and families Patty Hajdu announced new federal programs for families on Friday, October 10, including an expansion to school food programs, automatic tax-filing for low-income families, and a renewal of the Canada Strong Pass program, she spoke with *Nexus* to discuss issues concerning post-secondary student success, both in the classroom and in the job market post graduation.

Hajdu says that while post-secondary is predominantly funded by provincial governments, affordability for all Canadians, including students—ensuring they can support their livelihoods while maintaining education—is a priority for the federal government. Funding for education and employment includes the Work Integrated Learning Program, job skills training, and programs that aid attachment to particular sectors, which she says in concert with student loan and grant changes can help students achieve long-term success.

“The Canada student loans and grants changes that we’ve made in the last number of years are really helping with the affordability of post-secondary in general, including the interest-free loan compon-

ent, which is allowing students to take loans for school without worrying about becoming further indebted in larger ways and gives people that confidence to be able to take that loan, go to school, figure out their next steps,” she says.

Hajdu says that the federal government is currently looking to increase support further to help individuals going back to school for smaller programs to increase their earning abilities and make better wages.

“The prime minister is committed to creating a Lifelong Learning Benefit,” she says, “and we’re working through the details of what that could look like now. So this would be more for not necessarily recent grads, but people who are working and want to improve their skills by taking a small course, maybe an accounting course, or a different kind of study that would allow them to increase their earnability, their earnings and their wages.”

In 2024, the federal government introduced a cap on international student study permits in an effort to ease what it believes contributes to the strain on housing, health care, and other public services. While this mandate was not created under prime minister Mark Carney, Hajdu agrees with the extension of

this decision, saying that “bringing in post-secondary students from other countries at a very high volume without the capacity to absorb people into communities has created a fracture in the perception by Canadians that our immigration system is working.”

“Urban centres have really struggled to understand how it is that they’re going to absorb, you know, that many young adults that don’t have necessarily the supports, don’t have necessarily the appropriate housing, don’t necessarily have a pathway to permanent residency,” she says. “The actions we took last year were really to get the system back under control... So in terms of reversing that decision, no, that’s not going to happen. Financing post-secondary students, in some cases very vulnerable students, from other countries without providing the support they need to thrive in Canada is not sustainable.”

As a member of parliament for 10 years, Hajdu has previously served in roles as minister of status of women; minister of employment, workforce development and labour; minister of health; and minister of Indigenous services. She says that during her career she has drawn from her experience as a first-generation graduate.

“The actions we took last year [with the international student cap] were really to get the system back under control... So in terms of reversing that decision, no, that’s not going to happen. Financing post-secondary students, in some cases very vulnerable students, from other countries without providing the support they need to thrive in Canada is not sustainable.”

PATTY HAJDU
MINISTER OF JOBS AND FAMILIES

“I’m the first in my family to graduate from college or university. And I was actually for years on a committee in Ontario to try to increase the number of people like me: first-gen students who go to post-secondary, and I think what has united me across all of those portfolios is that opportunity is not equitable,” says Hajdu. “And the biggest role that the government has is to create a fair playing field. And it’s not fair for a whole bunch of reasons... In all of the jobs I’ve held, I’ve asked myself the questions [about] who isn’t being represented in this policy, and how do we make this policy or program or approach more fair so that people from all different walks of life are going to benefit?”

She says that using her compassion for diverse communities of Canadians is “not just the nicest thing to do, it’s the smart thing to do.”

“When we actually have communities where people feel valued, cared for, important, included, and living with purpose, our communities are safer, they’re more prosperous,” she says. “And they’re healthier, and so ultimately, the foundation of politics, for me, is something called the social determinants of health. Trying to

make sure we design communities where people have dignity in life, a purpose, and fairness built in, and so that’s kind of the uniting thread across all those purposes.”

NEWS BRIEFS

Library changes borrowing policy

Beginning Saturday, November 1, the Camosun library will adjust its borrowing policy to temporarily suspend borrowing privileges if checked-out items are overdue to the point where outstanding charges total \$25 or more, which is reduced from the previous limit of \$100. The policy change also includes withholding course registration and transcripts if a student’s library charges reach or surpass \$100. To adjust to the transition, the library has forgiven all overdue fines accumulated before September 1.

—LYDIA ZULETA,
STUDENT EDITOR

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sports

Chargers women’s basketball team determined to make season a success



CAMOSUN CHARGERS ATHLETICS

Camosun Chargers women's basketball guard and shooter Elli Cailliau (centre).

MARIAN RESTREPO GALINDO
CONTRIBUTING WRITER

The Camosun Chargers basketball teams started their new season on Friday, October 24, with optimism running high for the women’s team.

After a season of rebuilding and challenges, the players are hoping to

make a difference this time around. The team has a renewed focus as players get back into a rhythm and prepare with focused minds for what’s ahead.

Guard and shooter Elli Cailliau—originally from Sherwood Park, Alberta—is a Kinesiology student at Camosun and has been

with the women’s basketball team for five years. She’s entering her final season and hopes to leave a lasting impact on the team through her passion and determination, wanting to inspire others who might be new on the court, especially those new to college basketball.

“I just want to leave it all in

“Last season we had a lot of injuries, and we weren’t winning many games. It was hard on us mentally and physically. As long as we keep improving each weekend, we’ll find our path to success.”

ELLI CAILLIAU
CAMOSUN CHARGERS

the court,” says Cailliau. “I want to do the best we can. I want to win as much as we can, and see everyone just improve throughout the season.”

Cailliau says the team is on the right track with its experience and leadership. With new players joining the roster, the Chargers are focusing on building chemistry in and out of the court to solidify their plays.

“I’m really excited about the new season,” she says. “We have a very new team compared to last year, and the league has changed a lot, so it’ll be really exciting to see where we fall.”

Practices have been intense for players, she says, as their strategy this year emphasizes speed, communication, and adaptability to make up for their size as it compares to other teams.

“They’re learning fast,” says Cailliau. “From them, the main thing we want to see is effort, and they’re all in. Every practice, every game.”

Cailliau says that much of the team’s renewed sense of confidence comes from coach John Dedrick, now in his second year with the program. She says that his leadership has reshaped the program’s focus

and motivates players to give their best in every practice. She says that under Dedrick’s guidance, the team has built a culture of encouragement and support, where every player can rely on each other and improve together.

“He’s very solid,” she says. “The girls really respect him, and, in only two years, he’s done a really good job.”

For Cailliau, success this year means progressive growth. After a complicated season last year, Cailliau says that it’s less about the score but rather about swift overall progress, building toward unity, strength, and prideful representation of the college.

“Last season we had a lot of injuries, and we weren’t winning many games,” she says. “It was hard on us mentally and physically. As long as we keep improving each weekend, we’ll find our path to success.”

Cailliau hopes that fans come to support the team and experience the excitement of basketball.

“Fans can expect good competition,” she says. “We’ll be putting up a fight, we’ll be scoring, we’ll be passing, we’ll be working together. There won’t be any boring weekends.”

environment

Five ways to reduce your carbon footprint

EVELYN JORDAN
CONTRIBUTING WRITER

It’s no surprise that with climate change, the hottest summer on record was June through August of 2024 in the Northern Hemisphere. This fact may be scary and worrisome to most, but I think of it as more of an opportunity to create a better world in the future.

While corporations and their billionaire owners are the ones mainly responsible for the climate crisis we’re currently facing, there are small changes we can practice to rebel against the fossil-fuel giants and massive companies behind this mess.

1. Don’t buy from the big guy

Yes, going to your closest Walmart or other name-brand store can be quite convenient. However, taking the time to find your local small businesses to do your shopping will go a long way in reducing your car-

bon footprint. These big stores are notorious for factory-like working conditions, and the quality of the items you’re buying just doesn’t stack up. Local stores are also better because they will likely have less imported (therefore greener) products.

2. Eat green

Don’t worry, I’m not going to tell you to go vegan and cut all animal products out of your diet, although that’s perfectly fine by me. What I mean is opting for locally grown vegetables, fruit, and pasture-raised meat and dairy. When purchasing meat in particular, we should try local as possible to ensure less CO2 emissions from transport. Organic produce is also a great way to reduce your environmental impact as the use of harmful pesticides can affect us and other animals.

3. Use, and then re-use

It’s a single-use economy right now and it’s hard to not want to

throw out your plastic sandwich bag when you’re done with it. There are alternatives, though. Instead of using those microplastic-spreading bags, opt for a beeswax wrap to keep sandwiches fresh all day. You can also use reusable silicone sandwich bags. These products can be found at your local zero-waste store or most small grocery businesses. Glass and metal water bottles are also preferable to their plastic cousins. If you can, try purchasing a good quality non-plastic water bottle—you’ll thank me later.

4. Greener transportation

A super easy way to reduce your carbon footprint is to ditch the one-person car ride during your commute. Instead, try to find people to carpool with, take public transit, or even bike when the weather is nice. Victoria has some really great bike infrastructure, especially going to and from school and the down-

It’s worth investigating where the products we buy and use come from. If we can reduce our reliance on these conglomerates, we can reduce their emissions by proxy.

town core. You just have to find what works best for you. The buses run regularly, and using the Umo app from your phone makes it a breeze to get from point A to point B. There are also designated carpool spots at Camosun if you’re able to get some classmates together and create a carpooling schedule.

5. Do your research

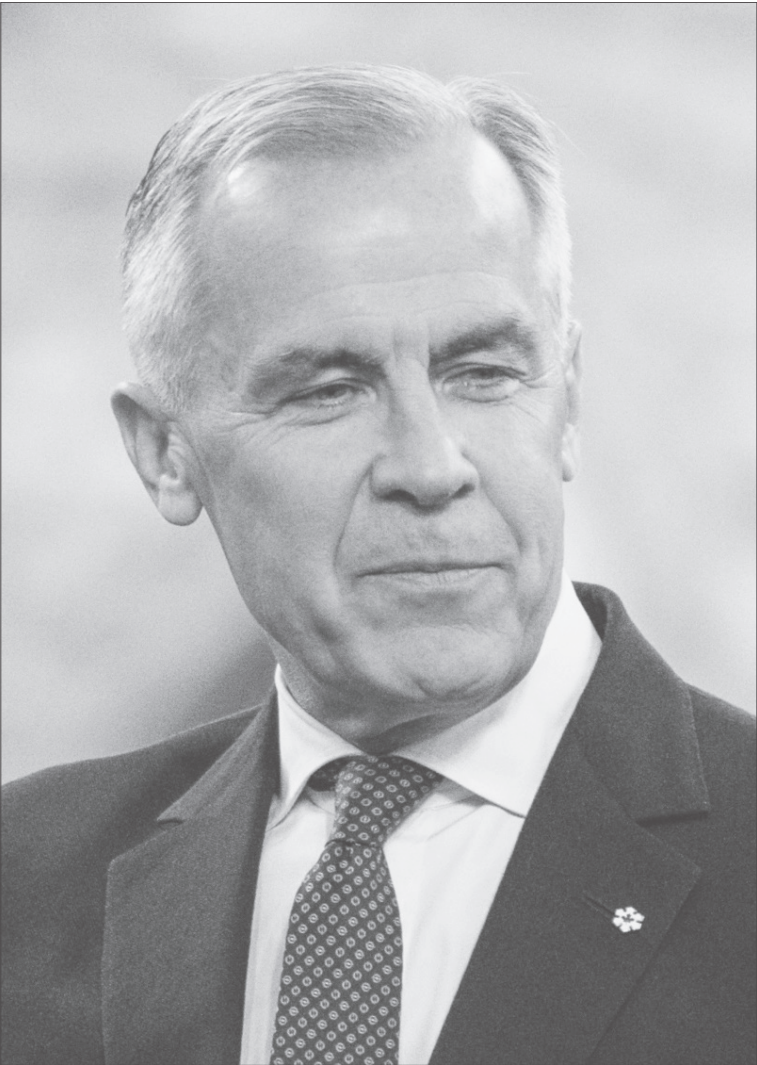
When the scandalous list of the top 100 polluters in the world came out, I decided to do a little digging. What I found was these companies

have their coal-smeared fingers in many different pies. It’s worth investigating where the products we buy and use come from. If we can reduce our reliance on these conglomerates, we can reduce their emissions by proxy. Some may call it a boycott, some may just call it looking for the greener grass.

This list is not at all exhaustive, and you most certainly don’t have to do all of them, but I think that these small steps can help us in the long run to make our Earth a happy one.

opinion

Mark Carney’s only political opponent is himself



SIMON DAWSON/NO 10 DOWNING STREET

Canadian prime minister Mark Carney in June of this year.

DANYN FINE
CONTRIBUTING WRITER

Mark Carney was elected on April 28, and we are still in the early stages of his prime ministership. He was elected on the mandate of fighting Trump and rebuilding Canada’s economic independence, a mandate that’s hard to judge him on with such a small sample size, although some will try.

Carney’s political opponents are still dealing with the aftermath of the last election. Conservative leader Pierre Poilievre has returned to the House of Commons, but questions remain about whether he is the right person to lead the Conservatives into the next election or if he is only effective as an opposition politician. The NDP is in disarray, having lost official party status and direction, as Jagmeet Singh’s departure has left the party without a clear identity. The Bloc Québécois seems to be dodging political relevance like it owes it money, given the lack of headlines it has generated.

With all that in mind, it begs the question: is Carney his own political opponent? Simply put, yes. Carney has not only the promises he made during the campaign such as negotiating tough with the US, establishing closer ties with other trading partners, and building more infrastructure at home but also a past as both a banker (former head of the Bank of Canada and the Bank of England) and an environmentalist. These three versions of Carney are all weighing on Carney the prime minister, and the effect they will have on him remains to be seen.

Let us start with the least complex, and arguably the most under-the-radar version of Carney: Carney the environmentalist. In Carney’s book *Value(s): Building a Better World for All*, which he wrote while serving as the UN Special Envoy for Climate Action and Finance, Environmentalist Carney discusses his stance on the environment. It goes without saying that Carney believes in human-caused climate

change (as most people do, myself included). However, how Environmentalist Carney believed we should fight the climate crisis may surprise some.

In the book, Carney talks about how Canada’s carbon tax is a policy that other countries should follow. That makes it somewhat ironic that one of his first moves as prime minister was to remove the federal price on carbon. He also discussed the government’s role in solving the climate crisis. In his view, the government should support industry-led innovation by providing subsidies for technological advancement. Environmentalist Carney stated that this was already happening and that investors were reacting accordingly.

Carney the prime minister, however, seems to have moved away from those ideas. His “nation building” projects include an expansion of a liquefied natural gas (LNG) refinery. This is not to say that Environmentalist Carney is dead, as another project announced was a nuclear power plant, but funding an LNG refinery sends mixed messages to industry and investors. How Environmentalist Carney affects prime minister Carney remains to be seen. With little pressure from the left, and the NDP unable to apply meaningful opposition in its current predicament, the future of environmental sustainability in Canada under this government is up in the air.

Carney’s history as a banker is well known and was one of the factors that helped the Liberals win the last election under his leadership. However, his time as the head of major financial institutions will also have an impact on how Carney governs, how the public judges him, and how his political opponents attack him.

As head of the Bank of England, Banker Carney sought lower interest rates to stimulate growth after the UK’s economy slowed. This was part of a government strategy at the time to cut public spending and curb national debt, an issue Canada is also facing today. These austerity policies are now viewed as largely unsuccessful, as they seemed to only kick the problem down the road. The current UK

government blames these measures for a stagnant economy. Carney left his position as head of the Bank of England just before COVID and went to work in the private sector, marking the end of Banker Carney in England.

Today, a similar strategy that Carney helped enact in the UK appears to be taking shape under his watch in Canada. Carney has promised to cut public spending by 32.5 percent over the next four years. What that will look like exactly is unclear, but cuts to public service have already been announced. Reductions to Indigenous services and government grants to non-profits and the arts are likely to follow. This fiscal conservatism marks a major shift for a party that not long ago introduced public dental care and child-care programs.

Banker Carney also led the UK through the financial aftermath of Brexit. During the lead-up to the vote, he contributed to what pro-Brexit campaigners dubbed “Project Fear”—Carney’s warnings that leaving the EU would lead to a UK recession. Those same campaigners later credited Project Fear as one of the reasons the Leave campaign succeeded. That episode shows that Carney is not the high-minded intellectual who “doesn’t play politics,” as he styled himself during his campaign for prime minister.

Banker Carney will likely reappear as he acts more like a central banker than a traditional prime minister, focusing on results over social impact. He may also be swayed by public opinion rather than by conviction and based on the small sample size we’ve seen, that seems likely.

The third and final version is Carney the campaigner. During his run for prime minister, he made sweeping promises as Liberal lead-

er. The list is long, but four stand out. The first is the “elbows up” tough negotiating with the US and Trump. The second is “nation building” massive federal infrastructure investment to stimulate the economy and modernize Canada. The third is diversifying Canada’s trading partners to reduce reliance on the US. And the fourth is increasing military spending to meet NATO’s two-percent-of-GDP requirement.

Each of these promises is ambitious enough to occupy an entire term, but Carney promised to do them all within his first four years. Some are already in motion: Carney has announced his “nation building” projects, but it’s too early to judge their success. On the other hand, “elbows up” has turned out to be more rhetoric than reality, as Carney has softened his negotiating approach toward Trump. Whether that’s the right strategy is up for debate, but it’s fair to say that “elbows up” is a broken promise. The third and fourth promises of trade diversification and military investment remain unresolved, with no major actions yet taken. We’ll have to wait and see if they’re fulfilled or end up in the broken column. For now, Carney’s record on keeping campaign promises is mixed, and it’s not a great start.

These three versions of Carney—the environmentalist, the banker, and the campaigner—are also prime minister Carney’s greatest foes. While Poilievre and the Conservatives will score easy wins in question period, the real test for Carney will be follow-through: keeping his promises, clarifying his environmental stance, and proving whether he’s truly the results-based leader he claimed to be.

As it stands right now, the way forward seems mostly clear for Carney, with his only real opponent being himself.

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THE EVOLUTION

Are you a real man? A real man would know exactly what to say to start this article off strong. Are you man enough to read it all in one sitting, or are you going to sissy out and play on your phone? Maybe you're not a man at all, or maybe you identify as one but no one else knows. Maybe you find the taunting tone of this introduction to be insipid, instigating, infuriatingly inconsiderate or indefatigably insulting. If I've offended you, that's too bad because real men never apologize. If you feel hurt by what you've read, keep it to yourself because real men don't cry. Why, being a real man sounds so joyful, who wouldn't want to be one?

Discussions on the topic of masculinity can be hard, but that's okay because men are supposed to be hard. It can be dangerous, difficult, dark, and dirty, just like a man is supposed to be.

Of course, if you're like me, this was your idea of manhood for most of your life. Men are strong, silent, and hard-working, or else. Real men fall in line and fit into their box, the expectations that society has for them, even if we must twist our bodies, break our toes, our limbs, or even our hearts to fit in. A real man will do whatever it takes.

If you ask 10 different men what it means to be a man, you may get 10 different answers. If you go back in time and ask men from many different periods what it means to be a man, you will most certainly get 10,000 different answers. Masculinity has changed considerably over the ages, and it may surprise you how it used to look compared to now. That's what we are going to do: talk about masculinity in all its many facets, the good, the bad, the toxic, the patriarchal, and the hegemonic. Are you ready to open your mind to a different perspective? Or should I say, are you man enough to do so?

First, let's start with the question: what is masculinity? Agreeing on a definition is challenging, as so many different ideas of what constitutes masculinity are out there. Is it just being a male? Can women be masculine? What about trans people, lesbians, queer folks? Where do they fit into this paradigm?

Let's start with something that just about every side can agree on: masculinity isn't just about being male, it's a temperament, a way of presenting, and a social phenomenon that people relate to in a variety of ways. It's said that all people have a masculine and feminine side, and one is usually more prominent than the other. This is a rather simplistic way of viewing the situation, but it offers a workable starting point for further pontification. What exactly does this look like in real life? How can we tell which side is more prominent in a given person? This gets even more complicated when we zoom out and take a global perspective.

Masculinity can look quite different depending on where exactly you are in the world. In the modern West, men are expected to be socially dominant, extroverted, confident, and fearless. We are expected to be the one to ask a girl out, regardless of how shy or afraid we may be. Things are somewhat different however, across the Pacific Ocean. In Japan, men are expected to be quiet, reserved, and not show emotion. In relationships, women are expected to make the first move.

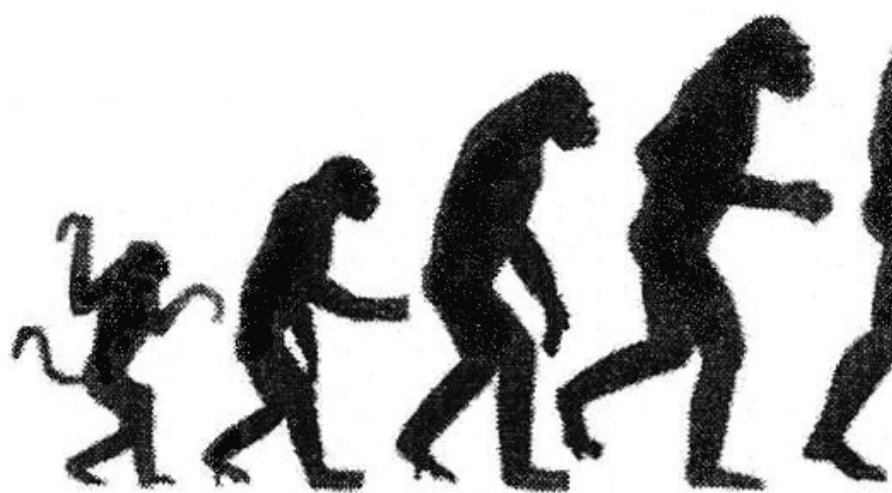
One way to view masculinity is that it's a prescription for how males are supposed to dress, act, and present themselves in the world. Problems arise, however, when one goes searching for which flavour of masculinity to embody and one sees the immense variety of options on the table. The internet has gathered ways of being masculine from every corner of the world and brought them all together for people to see.

While searching the internet, one may encounter a phenomenon known as the "manosphere." This is a collection of ideas, influencers, and slogans that have gathered a frightening amount of support and followers. The people in these spaces encourage men to become rich and powerful, to have many shallow encounters with women, and to develop a paranoid and pathological self-reliance. It's hard to overstate just how incredibly popular these ideas have become.

In this online environment, men are divided into alpha and beta males. Alpha males, as a character, make lots of money, drive nice cars, date lots of women (often at the same time) and are treated as the ultimate aspiration for men. Beta males are considered weak, submissive, easily taken advantage of, outcompeted, defeated, and humiliated. Alphas, then, have the first pick of whatever they want, while the betas must make do with what's left. This environment promises to be the solution to a man's problems, however, the images of male exemplars in this space are anything but healthy.

Masculine images in the media can be quite contradictory. For example, manly heroes are often portrayed as heavy drinkers and smokers. How can a man be strong and in control when he routinely imbibes substances that weaken his body and destroy his mind? Is it simply a coincidence that peak masculinity is often idealized in a fictional character? Perhaps it's because these lofty ideas of manhood are in fact fantastical and unreachable. These images and the messaging that accompanies them are designed to keep men pliable and suggestible so that they can be manipulated into serving causes not their own, by systems that will use them and discard them.

Hegemonic masculinity is the association of manhood with the accumulation of power, money, and status, almost always at the expense of women, nonbinary,



Story by Tyler Calhoon-C

Graphic by Lydia Z

OF MASCULINITY

and minority men. These systems often require droves of men to sacrifice themselves in various ways to preserve and reinforce the hierarchy and to generate more wealth and success for the leaders and owners who sit at the top of these systems. The end result is that all other demographics are treated as worthless, and men as disposable. A man who is separated from his feelings and brainwashed to accept rigid and inflexible ideas will make for a more vicious killer, a quieter worker, or whatever the system needs him to be at that particular time.

Modern humans have been around for approximately 200,000 years, yet those who are not men have long been held down and out of power, money, choice, and in many cases for women, anywhere but the home. Modern men have seen women's position in society improve substantially. We must remind ourselves and each other that a woman's gain is not a man's loss.

Indeed we are all victims to this cruel system of domination; it is selective in its definitions. Non-heterosexual men have been ruthlessly excluded and oppressed throughout human history. These men have been forced to hide their sexuality, to marry and reproduce with people whom they are not attracted to, being charged with crimes and thrown in prison, or even been murdered. Men are encouraged to suppress our feelings and soldier on, regardless of how hard things are. Proponents of this will say that life is incredibly difficult, and so men must be tough or they won't survive. If this is true, then what about women? Life is hard for everyone, so how do those who identify otherwise survive, by being tough and emotionless like men?

If masculinity does not come naturally to someone, then perhaps they can buy it instead. Blue jeans, leather jackets, motorcycles, cigarettes, alcohol, guns, and fast cars are all staples of manhood in the West. You aren't a real man unless you buy these items, these brands, and live a certain lifestyle. Once you acquire these things, something else inevitably pops up, and, like the horizon itself, once you reach it, there's always something new and shiny coming from the other side of the next hill. If mother nature can't give it to us, maybe capitalism can sell it to us.

Rigid ideas of manliness from the past separate us from our emotions and our spirit, creating a void inside us that we will pay any price to fill. Many men in the West report being miserable, depressed, and lonely, despite living lives of abundance that our progenitors could hardly even imagine. Wealth and prosperity are climbing ever higher, as are rates of self-harm and suicide. Society tells us that if we just get this one more thing, we'll be happy, so why is it never enough?

The answer is quite simple: because a complete and happy person is not a returning customer. By portraying masculinity as something that one must strive for instead of something one has innately to their character, we will always be searching for it outside of ourselves, and we are sure to run into countless would-be merchants of meaning and happiness, always ready to sell you what they have deceived you into thinking you need in order to be happy.

Men are brought up to suppress our emotions, ostensibly so they don't get in the way of the work we have to do. We are taught that being tough and reliable is more important than being happy and healthy. Instead of making us tough, this approach often results in a stifled personality, intense mental-health problems, and a state of emotional illiteracy that borders on

alexithymia. As men, we pride ourselves on our ability to overcome challenges and succeed no matter the odds. What glory, then, is to be had in running from emotional pain and hiding from one's feelings? When put this way, it doesn't sound very manly, does it?

The systems of power that elevate conventional manhood and brutalize women and minorities are also destructive to men. We all suffer under these systems. Heaven forbid you're simply a man who doesn't have money, connections, family, or luck on your side. These men have been saddled with lives of drudgery, misery, and endless work obligations that destroy them. The system is a dream when you're on top, but for billions of people, that dream is a nightmare.

In keeping with the spirit of emotional awareness, let me ask you: how did this article make you feel? Do you agree wholeheartedly with every word, or are you seething with rage and disgust? The amazing thing about feelings is that they are neither right nor wrong, they are simply there for you to experience. Either way, I would encourage you to pay close attention to how these feelings affect you and to sit with them for a while. If you feel something, anything, about what you've just read then I've succeeded in my mission.

We've pondered at length about what masculinity may look like now, and how it has changed through time, but what should masculinity look like going forward? If you had to design the modern man completely from scratch, what would he look like and how would he act? Would he share his strength and virtues with the world in a way that benefits all? Would he support and look after the people around him in ways that empower them and cultivate their growth? Would he turn his competitive urges toward solving the many crises that threaten the world instead of hoarding life's bounty for himself? If the answer is yes, then this is a man that I would be proud to call a friend, and a man I would happily stand shoulder to shoulder with against any threat or challenge.

Cardinal, contributing writer

uleta, student editor

spooky
Monkey-C Arcade brings cute catastrophes to Halloween

NIK OVSTAAS
CONTRIBUTING WRITER

Victoria has long been a hub for fringe artistic endeavour. Something about its old, cobbled streets and windswept shores paired with its vibrant yet cozy small-town feel and outlier attitude toward the avant-garde and overlooked has turned this spooky little burg into a place where a little artistic vision (and the backing of the department of Arts and Culture) can go a long way. With futuristic glowing bridges and glass condo towers juxtaposed against gothic spires and ancient cemeteries, it’s a playground for the imagination. Among this primordial coalescence is Scott Amos and his rag-tag crew of artists that make up Monkey-C Arcade.

Monkey-C is a strange, hallucinogenic trip into the bizarre and sublime. Its winding pathways bring visitors into a labyrinth of surreal “mutant machines,” ancient radios that whisper strange messages, nostalgic arcade games that have been repurposed, cantankerous machines with siren songs of glowing buttons, sudden alleyways of dizzying colours, and strange creatures.

And now the latest culmination of this mash-up is Halloween art expansion The Cult of Cute Catastrophes.

“We didn’t want to do a typical Halloween with witches and skeletons; we wanted ours to be something... atypical.”

SCOTT AMOS
MONKEY-C ARCADE

“These are the best machines we’ve ever built, because we learn new tricks with each thing we build,” he says. “There are new music machines for people to play with, and machines that will give you candy if you hit the right buttons or notes. We didn’t want to do a typical Halloween with witches and skeletons; we wanted ours to be something... atypical.”

Before Monkey-C Arcade, Amos’ machines travelled to local events like Rifflandia, as well as to events as far as San Diego and San Francisco.

“[I had] a little laboratory in Rock Bay, and we would build the mutant machines there to send out to festivals and events,” he says.

Amos struggles to define exactly what Arcade is. He says it’s not really an arcade, and it’s not really an art gallery.

“It’s an Arcade,” he says. “An interactive art gallery. It’s not shiny and slick, because it is artist-run and artist-powered. There are no screens here; everything has to be explored. We made the conscious choice to make this a very tactile experience, so that everyone is just in the moment.”

Artcade is also a place for date nights and group outings; Amos says that bringing people together is important.

“You have to engage with the people you’re with, and lots of the machines are multi-person, so it’s



PHOTO PROVIDED

Monkey-C Arcade is bringing something different to Halloween this year.

not like sitting passively in a dark theatre,” says Amos. “You’re going to have fun exploring with whoever you come with, as well as other people you might meet in here. Our installations build connections.”

The Cult of Cute Catastrophes
2 pm to 10 pm, various dates,
until Sunday, November 2
\$15, Monkey-C Arcade
artcade.ca



New Music Revue

DFMK
Playa Nuclear
(Alternative Tentacles)
4.5/5

Hailing from Tijuana, DFMK has been active in the underground punk scene since 2009. Their newest LP, *Playa Nuclear*, brings the best of surf rock to mix with their hardcore punk roots and comes to a frothing head.

Technical proficiency shines through early. DFMK has been refining their sound for over 15 years, and it’s obvious. Excellent playing, mixing, and engineering combine to make an album that feels like it punches far above the group’s monthly listener count.

Playa Nuclear rips out of the

gate at a breakneck pace and follows through with Herculean staying power. By the time it spits you out, there’s nothing to do but jump back in and ride the waves again.

And in an album full of gnarly waves, “Sumisos y Aburridos” is a towering tsunami. With a bass line and keyboard that sweeps you off your feet, and a chorus you can scream until your throat gives out, it’s sure to find a home on any self-respecting punk’s daily playlist.

“Lo que Necesito” is the eye of the storm. Battling across a tempestuous sea, you arrive in a brief expanse of calm. The vocals lull you, rip your heart out, then suddenly you’re right back in the deep end with a shredding guitar riff and

pounding drum beat leading the way. True to the song’s name, it was what I needed, and it’s what I need now still.

I’ve listened to this album 20 times over, every time hearing something new and incredible. If you want an album that calls upon the best punk has to offer and rises to meet it, this one is for you.

Spanish is not my tongue, and I can’t speak to the messages found in DFMK’s lyrics. I can, however, promise you this: *Playa Nuclear* speaks truth to power with its music. In a genre that all too often loses sight of its roots, this album feels like an incredible breath of fresh (smoky basement) air.

-Zach Sitara

New Music Revue

Banquets
Petty Relics
(Black Numbers)
3/5

Banquets are a New Jersey four-piece indie-punk band who released their third album, *Spit at the Sun*, and played what they thought were their final performances in 2016. But they reunited in 2021 and now have made a return with *Petty Relics*—an album about getting older while still having a youthful passion.

The songs on *Petty Relics* embody a classic indie-punk sound. My favourites include opener “Glitter Gone” and “Restless,” the former having a great hook to keep me listening, and the latter being the final song, tying the whole album

together in a satisfying conclusion.

But a month from now, if I were to be asked to pick out one of the songs from the album in a mix with songs from other indie-punk bands, I don’t think I’d be able to.

A few songs felt too short; others felt longer than they should be. The lyrics sometimes felt clunky and difficult to sing along to.

As a young person, the album’s themes failed to move me, although this may be no fault of the band’s. If I were older, perhaps I would be able to better relate. However, despite this, the music itself is well put together, with a classic sound that would go well on your indie-punk playlist.

Petty Relics is likely to be the

last album from Banquets, which is unfortunate because I’d love to hear more of their music and see how they could evolve and add a spin to the indie-punk genre. I’d also love to see them perform live. I think seeing them would elevate their music in a way that headphones can’t replicate.

I recommend having a listen to *Petty Relics*; the album is short, with 11 songs ranging from a minute and a half to four minutes long.

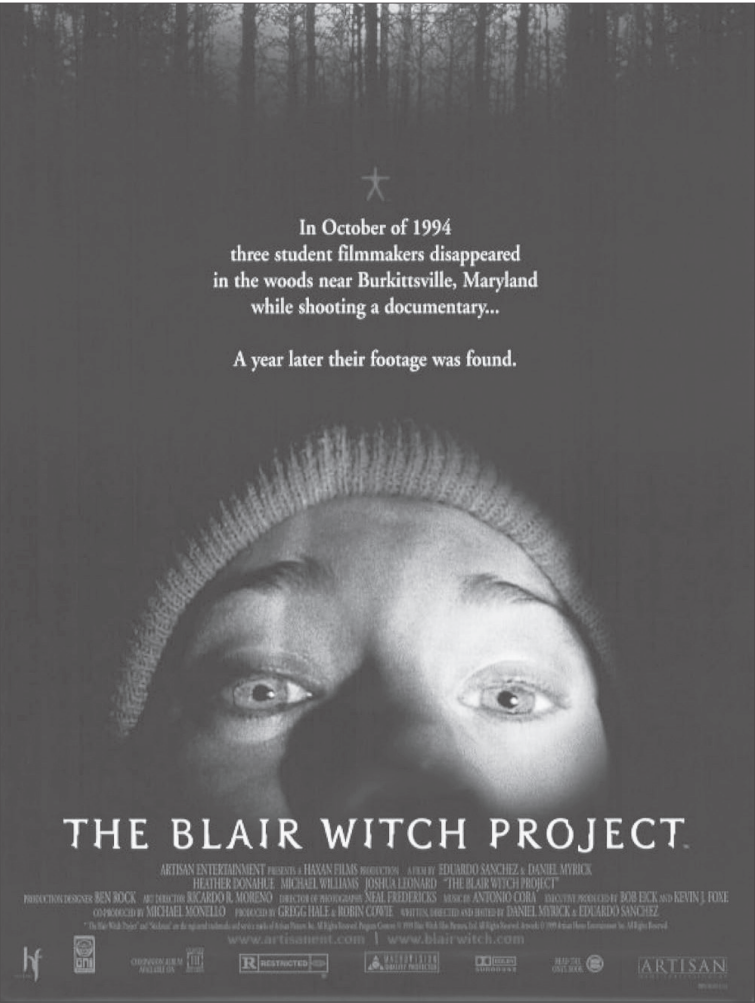
I’ll definitely be going to check out their older albums to see how they compare to *Petty Relics*. And maybe I’ll find a few new favourite songs.

-Trillium McNabb



movies

Horror hall of fame: Five films that revolutionized the genre



SIMON SWANEK
CONTRIBUTING WRITER

What scares us is revealing—and as society evolves, so do our nightmares. The best horror films

capture the anxieties of their time while tapping into fears so primal they remain terrifying decades later. Here are five that changed the genre forever.



The Blair Witch Project (1999)
Framed as a film studies project, *The Blair Witch Project* popularized found-footage horror. The mainstreaming of digital handheld recording devices offered an authentic new framework and POV to produce scares. The wobbly, clipped-together footage unsettles movement over the story arc, jerking between calm and distressed emotional states—from fading light to the pitch-black dark—provoking deep empathy for protagonists and their frightening experiences. Actors Heather Donahue, Michael Williams, and Josh Leonard used their real names with mostly improvised dialogue, creating authenticity that is still compelling today.

Watch this if: you are into true crime podcasts.

Favourite quote: “I’m afraid to close my eyes, I’m afraid to open them.”

Scream (1996)
This meta-horror transformed slasher cinema forever, with protagonist Sydney Prescott as the ultimate “final girl.” Jammed with horror references, the hyper-reflexivity of *Scream*’s dialogue and narrative solidified the standard of measuring horror while evaluating itself in real time. By both playing into and subverting the criteria it lays out, *Scream* executes highbrow slasher satire while simultaneously scaring your socks off with one of

the most culturally pervasive horror villain personas of all time. This cult classic sent ripples across the horror timeline—and the sequel is even better.

Watch this if: you like the talkative, sarcastic antics of Deadpool—but make it scary.

Favourite quote: “What’s your favourite scary movie?”

Get Out (2017)
A psychological thriller and Oscar-winning screenplay, *Get Out* utilizes “post-racial” American society as a fertile setting for horror storytelling. This film demonstrates the viability of social horrors and subverts genre-based expectations likely to echo across horror for decades. Chris, the protagonist, is characterized by perceptions related to his race, stirring deep emotional responses from audiences who witness social horrors from his point of view. The film’s provocative terror is amplified by director Jordan Peele’s genius ability to turn tables back on viewers.

Watch this if: you’re drawn to thoughtful psychological thrillers like *Black Mirror*.

Favourite quote: “I want your eye, man. I want those things you see through.”

Carrie (1976)
The coming-of-age horror is refined in this iconic Stephen King adaptation. Female character growth through girlhood is por-

trayed at the crossroads of agency and vulnerability. *Carrie* transforms women’s roles in horror by outgrowing the “final girl” archetype and developing into a highly complex character, with Sissy Spacek earning a Best Actress Oscar nomination. Empathy remains a critical function of horror, yet this is toyed with as expectations of villains and victims are repeatedly subverted. In *Carrie*, becoming a woman can be a deeply powerful and terribly frightening period.

Watch this if: you like the teen classic *Mean Girls*—but you like your revenge telekinetic.

Favourite quote: “It has nothing to do with Satan, Mama.”

Evil Dead 2 (1987)
Evil Dead revolutionized the horror-comedy, with the sequel enhancing its genre-bending contributions by amplifying the over-the-top gore and campy slapstick humour. In an action-adventure narrative that spoofs the Indiana Jones franchise, our protagonist Ash blunders to defeat the Deadites—parasitic demons that don’t give up easily. Intricate stop-motion scenes of rolling heads and dancing dead are juxtaposed with biting humour and gory chainsaw zombie kills. Ironically, laughter scenes offer some of the deepest terror.

Watch this if: you’re a fan of Tim Burton’s *Beetlejuice*.

Favourite quote: “Groovy.”

New Music Revue

Cemetery Moon
Dominion of Ashes
(Wulfhere Productions)
4/5
Connecticut black metal is alive and well.

Initially a solo project launched in 2015 that turned into a full band in 2023, Cemetery Moon’s second full-length album, *Dominion of Ashes*, exceeds my expectations.

The album fits into the black-metal glove perfectly, with deadly guitar progressions, powerful bass lines, and haunting vocals. It runs the listener through a gauntlet of darkness.

Right off the rip, drummer Usurper’s speed, fills, and presence on the kit is substantial and draws

you in like a black hole. Oftentimes I’ve found that guitars and vocals carry a black metal album; in this case, I think Usurper has earned some serious praise.

Both Apparition and Langeloth shred on their guitars and lay down fast, heavy riffs throughout the album. I particularly enjoyed some of the more melodic sections, like in the interlude “The Sorting of Souls,” which further hints at the scope of this band’s capabilities.

Apparition’s vocals fit the tropes of black metal to a T. Unfortunately, I kept waiting for something to surprise me, which never happened. I would love to see him try to find a little bit more variety in his cadence and flow.

Overall, this album is solid. The musicians are consciously making a stylistic choice to play within the constraints of the genre and are absolutely killing it.

The reason it’s only a four out of five is that I think they could push the envelope. They are clearly capable of a more unique sound that doesn’t need to stray far from the path they’ve chosen. The tone is super consistent throughout and I feel that people who enjoy black metal should definitely check it out. If they wanted to find that ever-elusive five out of five, I would love to see them vary their writing process to push black metal somewhere a little more risky.

-Dani Birge

New Music Revue

Royal Wood
Dear John
(Cordova Bay Records)
3.5/5
Toronto-based artist Royal Wood’s ninth album, *Dear John*, marries gritty blues with smooth folky hope reminding me of stomping in spilled beer on sticky tavern floors during my undergrad—a cozy place.

Dear John is a letter to the artist himself, beginning at “The End of the Road.” For fans of Bahamas and The Black Keys, this winding journey from ending back to beginning is worthwhile.

The album leans into cyclical

patterns where relief takes patience. The resolve of triumphing horns on “A Good Day” feels good because we waded up to it, as “Patience” builds slowly to a crescendo of gospel choir harmonies—two highlights of the album.

Eerie strings and psychedelic organ in “Burn It Down” portray the darkest energy, eventually concluding with sounds of bright dawn: a bell tolls and rooster crows. Themes of getting lost, learning lessons, and eventual renewal weave through the album.

Royal Wood’s lyrics are deeply personal yet strikingly familiar, anchored in themes of love. Repeated

exhales on “Fever” are sensual while fitting comfortably alongside introspective reflections like “Not Enough.” *Dear John* demonstrates the diversity we come to expect of contemporary pop singer-songwriting.

The final song, “To Be in Love,” opens with slow organ notes that sound simultaneously like a funeral and a wedding. This union of ending to beginning perfectly captures the embrace of *Dear John*. Raw and poetic, cycling through the seasons of life—this is essential Canadiana.

-Simon Swanek

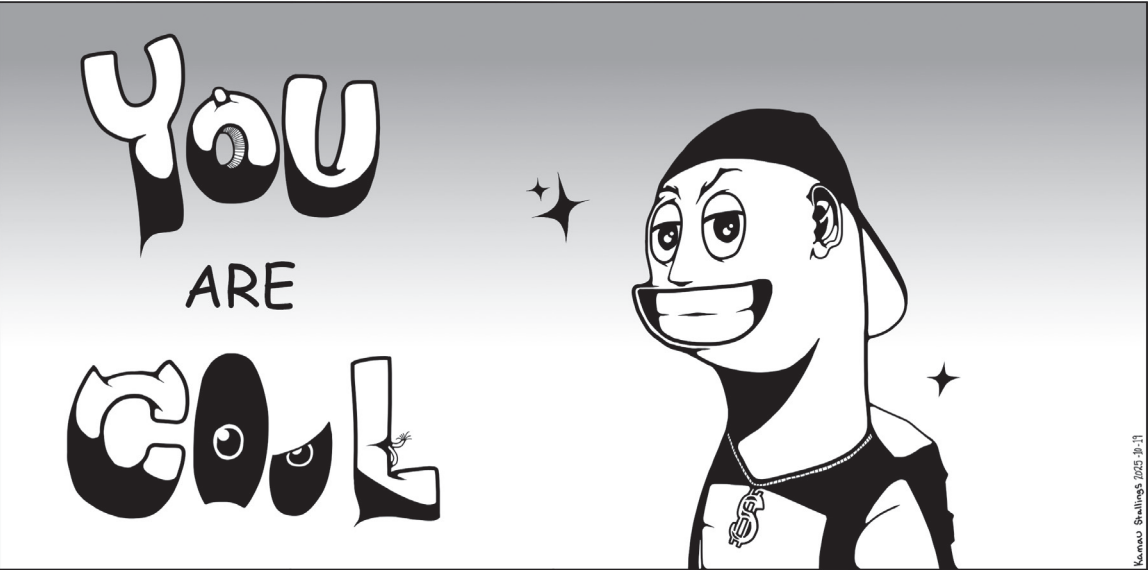
Natural Selection - Emily Welch



mr. andy - Sofie Mott



Cool Thing - Kamau Stallings



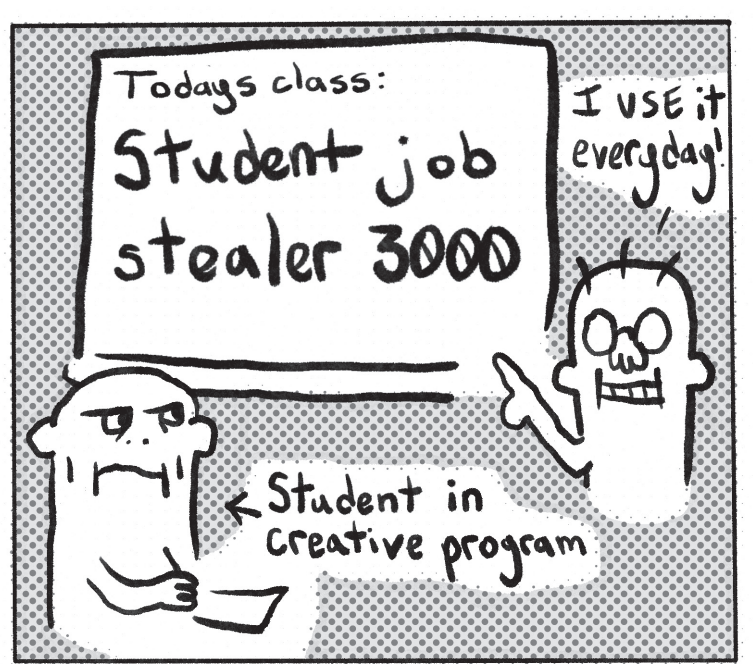
Telescopic Penguins - Michael Erwin



Evie the Alien - Jazmyn Hodges



Wild World of Wendland - Huxley Wendland



Crumb and Crouton - Jiya Bhoondpaul



AI CLASS



Pieces of Performance

by Acacia Tooth

Growing up with gender

This time around, I want to share some intimate writing of my own. As I’m working toward publishing a book of poems, I see this as a chance to work on the vulnerability it takes to share a deep part of myself with others. I’ve always loved having meaningful connections to others, my work, my studies, and my community.

This comes from a reflection exercise from my Gender and Identity class a couple of terms ago. This poem has also headlined a trans poetry night as well as a stage production and variety showcase of incredible queer talent.

The dark skin girl,
With the snow-white curls,
How can she know if she is unknown.
Light breaks through the window,

The snow crisp under foot,
Every step towards the ‘necessary’.
Teachings of white men,
All clad in their robes,
The colonial structure would always win.
But how can she know if she is unknown.
Stomach growling with hunger,
Like days before then,
Steal the food from the chain stores.
Never will be enough,
Life gets better than the beatings,
And let’s face it, it makes me tough.
But how can she know if she is unknown.
The curls chemically faded,
Trying to fit in,
Where teasing stops, another begins.
You must please others,

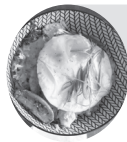
With your looks and your body,
You have nothing else to give when you are nobody.
But how can she know if she is unknown.
With growth comes pain,
And with pain comes displeasure,
But ‘you must sit back and take it’ because of his pleasure.
These roles and rules,
Produced, taught and lived,
How can she give more when there is nothing left TO give.
Now a mother must always make way for their ‘equal’,
Take care of your kids,
So, it can be another sequel.
But how can she know if she is unknown.
The world breaks,
You’re under attack,
And all you know in this world is cracked.
Speaking your truth will get

you hurt,
Sit down and be quiet until you leave this earth.
But I know who SHE is.
The little GIRL from before.
SHE is sassy, and outspoken, and used to sit down before.
Now I stand with HER today and forever more,
For SHE is my teacher, my spirit, my gift, my roar.
While I walk these lands as a two-spirit being,
I think of that GIRL and every fibre of HER beginning,
How my children will learn to love themselves without fearing,
Any pushback from the ones who will always love them for just being.
SHE pushed through so much so I could be here today,
So I can walk the world in this body MY way.

Non-Gendered, Queer, Artistic and LOUD.
They know who they are now, and SHE would be so proud.

As my time at Camosun slowly comes to a close after next term, I want to express gratitude from head to toes and to my soul. Having a chance to showcase local talent and share some worldviews and opinions that may differ from others has been so healing.

I am hopeful for a future for all of us that’s rooted in clarity, honesty, love, trust, and freedom. That we can all take care of one another and remember that different walks of life are what truly keep us unique. Even though we don’t see eye to eye on everything, we all bleed the same color of blood. We breathe the same air. We share the same Earth. Be kind.



Food for Thought

by Evelyn Jordan

The beauty of slow food

“Slow food is a way of life, a philosophy of living that values quality over quantity, taste over convenience, and pleasure over speed.”

-Carlo Petrini

We all know fast food. Like stale cheeseburgers and pizza delivery in 30 minutes or less, we’ve all experienced quick, cheap ways to get our favourite food into our bellies.

But what about the other end of the spectrum? We as a society seem to have forgotten the art of slow food.

We rush through meals, at times with a YouTube video playing in the background or while scrolling

through TikTok. We often forget to even register what we’re putting in our mouths.

This is where the crucial slow-food movement comes in—changing the way we eat and the culture around food.

The movement started in 1986, when a fast-food restaurant opened in Rome, causing outrage within the community (Italians cherish their slow-food lifestyle). A man named Carlo Petrini set out to change the way we see food as an everyday necessity into something more pleasurable. Just three years later, Italy, and 14 other countries, had signed on to the “slow food mani-

festo” which is self-described as an “international movement for the defense and the right to pleasure.”

In 2006, the movement launched its slogan, “Good, clean, and fair food for all.” As someone who thinks that food is a basic human right (you’d be surprised at how many people disagree with me), I think that this slogan should be adopted by all humanitarian agencies across the world. Food is what fuels us, and when we don’t have a good, nutritious supply of healthy and healing ingredients, it’s impossible for us to survive, let alone thrive and enjoy the pleasures that food can bring us.

Food brings health, warmth, and energy. It can bring us closer together, like when we share meals amongst family, friends, and even complete strangers. I recall sitting in cafes across Europe and watching people interact with each other over drinks, dinner, and then stay even for a sweet treat and an espresso. Meals should be an event during the day, not just a grab-and-go ritual (although as a student and part-time worker I know this can be difficult sometimes).

Budgeting our time to create the type of schedule that allows for a more relaxed and beneficial dining experience can make a world of dif-

ference to our mental and physical health. When we take the time out of our day to slow down and make food that nourishes the mind, body, and soul, we can really see a difference in how we function.

I highly recommend checking out slowfood.com to look into their philosophy. The way we currently eat isn’t sustainable for a long, prosperous life.

We need to take better care of ourselves and our planet, and I believe that through the slow-food movement we can start taking the steps necessary to create a better future for ourselves and others. One slow meal at a time.

The Trash Bash - Gabby Bond



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Message from your student board

Last October, I joined student leaders from across British Columbia at the BC Federation of Students’ (BCFS) quarterly executive meeting in Vancouver. The federation brings together representatives from 14 student unions, representing over 170,000 students, to collaborate on advocacy, campaigns, and policy change. As the external executive for the Camosun College Student Society (CCSS), also known as Local 17, I had the privilege of representing our students in this shared effort.

The meeting focused on one pressing issue: the ongoing funding crisis in post-secondary education. BCFS recently launched Cuts Suck. Fix Education.—a campaign calling on the BC government to properly fund institutions and stop the widespread cuts hurting students and staff.

Each local shared updates from their campuses, and what I brought from Camosun was concerning: around 90 staff have been laid off and at least four

student services have been cut. Province-wide, the situation is even more alarming... 80 programs cut, suspended, or paused; 38 student services impacted; and 918 staff layoffs across BC’s colleges and universities. Hearing those numbers around the table was shocking. It reminded me how much these cuts quietly affect students’ education and well-being every day.

What’s even more troubling is how many students aren’t aware of these changes. It’s not their fault... we’re all stretched thin, balancing school, work, rent, and life’s rising costs. But this burnout has made it harder to speak up about the systems failing us. Too often, students are expected to accept whatever conditions we’re given. It shouldn’t be that way. Education should be affordable, accessible, and supported—not stripped down by budget cuts.

That’s where solidarity matters. Through the BCFS, the CCSS continues to stand up for students who may not have the



time or energy to advocate for themselves. But we can’t do it alone. Real change takes all of us.

If you believe education in BC should be properly funded, join the movement. Visit cutssuck.ca to send a direct message to the minister of post-secondary education and future skills. Because when students unite their voices, we’re not just stronger together—we’re impossible to ignore.

In solidarity,
Terence Baluyut
External executive, Camosun College Student Society

contest
Find the hidden *Nexus* and win



GREG PRATT/NEXUS
We've hidden this copy of our last issue somewhere at the Lansdowne campus. Bring it in to our office to claim a prize from contest sponsor Arsenal Pulp Press, who have donated an assortment of books for you to choose from. *Nexus* HQ is located at Richmond House 201 at Lansdowne.

word search

P	Q	P	B	H	X	S	R	C	T	Z	W	J	J	A	X	P	C	G	F
H	V	M	U	H	G	M	V	B	T	B	V	M	D	G	O	T	K	Q	G
I	D	W	U	H	P	F	C	H	E	E	S	E	B	U	R	G	E	R	S
L	D	C	P	E	U	W	E	D	O	Y	K	G	Z	A	F	U	R	Q	Q
O	Y	U	Z	A	P	L	E	A	S	U	R	E	H	W	L	J	A	O	U
S	X	L	D	L	R	R	W	E	P	N	V	C	U	Y	V	H	Q	S	X
O	C	T	F	I	O	Q	K	U	Y	P	N	Q	M	V	I	E	Q	Y	E
P	X	U	F	N	S	W	H	C	U	W	V	E	A	J	L	A	W	S	W
H	E	R	A	G	P	L	E	V	B	V	R	K	N	T	V	L	L	P	X
Y	I	E	O	T	E	G	R	N	J	D	K	F	I	G	D	T	X	R	G
L	W	Y	Z	F	R	X	G	N	E	I	B	R	T	B	R	H	Z	C	Y
P	U	H	Y	N	O	D	J	Z	M	R	I	F	A	K	Y	Y	X	E	T
J	W	Q	V	D	U	L	V	V	H	O	G	E	R	Y	N	J	N	J	B
Q	H	M	G	V	S	N	I	E	H	X	M	Y	I	W	Z	Z	P	O	W
X	K	G	T	E	I	U	E	Z	S	L	X	W	A	Q	Z	H	L	C	R
H	W	C	O	F	F	O	T	E	E	J	S	Z	N	M	F	I	Y	L	Y
H	O	H	V	R	R	W	Y	S	C	I	X	N	E	S	Z	X	E	L	S
O	Q	Z	A	C	T	R	D	U	B	S	P	A	L	E	K	Z	L	T	E
B	K	U	H	Q	G	B	X	A	C	M	T	S	A	S	B	U	O	C	V
N	W	S	A	V	V	S	G	Q	S	O	U	T	R	A	G	E	Q	W	T

- Check out our *Food for Thought* column on page 11; this time around, Evelyn Jordan wrote about the slow-food movement. Find the associated words to the right above.
- Cheeseburgers
Culture
Outrage
Pleasure
Humanitarian
- Healthy
Healing
Prosperous
Philosophy
Energy

4TH ANNUAL CCSS CHRISTMAS CRAFT MARKET

CHRISTMAS
MARKET

Looking for vendors to enjoy a day full of Christmas cheer. There will be hot chocolate, pictures with Santa, door crasher prizes, and more! Sign up below.

NOVEMBER 26

2-5 PM

- CAMOSUN COLLEGE - LANSDOWNE CAMPUS -
- WILNA THOMAS - SHERRI BELL HALL -

@camosunstudents