

Volume 20 Issue 7  
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# NEXUS

Camosun's Student Voice  
Since 1990



### BOTTLED BLUES

Inspired by other schools, Camosun students contemplate eliminating bottled water.

**NEWS—3**



### A U-BREW COUP

Cheers to brewing your own beer and toasting the results. Hear! Hear!

**LIFE—6**



### FEMME FATALES

Female roles in horror films amount to more than eager ingénues and naïve nymphos.

**ARTS—10**



# After last call

Victoria's night scene gets a makeover

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Nexus prints letters that are 250 words or less in response to previous stories. Nexus reserves the right to refuse publication of letters. Letters must include full name and student number (not printed). Nexus accepts all letters by e-mail to nexus@nexusnewspaper.com

##### EDITORIAL MEETINGS

Come out to our weekly Nexus editorial meetings, where all Camosun students can get involved in their student newspaper. Meetings take place every Tuesday at 11:30 am in the Nexus office, Richmond House 201, Lansdowne. Call 250-370-3591 or e-mail nexus@nexusnewspaper.com for more information.

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Nexus  
Editorial

# Isn't it bromantic?

SHANE SCOTT-TRAVIS  
STAFF WRITER

In *Star Trek*, Spock admits to Captain Kirk that emotions “play an important part in the richness of life.” This concession is very indicative of a “bromance,” an en-vogue term currently being passed around more than a pipe at a pro-pot rally.

Where would Kirk be without Spock? Would Butch Cassidy be so iconic if it weren't for the Sundance Kid? Ben Affleck and Matt Damon are so buddy-buddy that they inspired an off-Broadway play, *Matt and Ben*, celebrating their fabled friendship.

Since Oscar and Felix first moved in together to form *the Odd Couple* there have been umpteen man-crush match-ups in our culture. What societal changes have led to more bros in the beau monde?

In sociology, same-sex relationships that aren't of a romantic or sexual nature are called homosociality. It's the type of bromance you'd find in fraternities, the military, monasteries, prisons, or exclusive male clubs, like the Royal Order of Water Buffalos on *the Flintstones*.

It's stirring how the capacity for same-sex emotional bonding is most clear-cut and least complex in children. Kids fall in love with their best friends in thrilling ways that don't continue in later life. Maybe as we mature we lose this capacity to harmonize, as

pubescence dictates who our friends are.

At the Australia Research Centre on Sex, Health, and Society at La Trobe University, Dr. Michael Flood has been researching homosociality extensively, especially with heterosexual relations. Flood found many male-male friendships take priority over male-female relations, and platonic friendships that men have with women can be fiercely feminizing—not that this is a bad thing.

Why can't a grown man tell another grown man that he loves him?

Flood also found that sexual activities are material to masculine status. As letters sent to *Penthouse Forum* prove, many a mook likes to kiss and tell. For many men, bonding occurs through sexual storytelling, which can solidly influence our sexual and social relations.

In the movie *Fight Club*, übermale Brad Pitt preaches, “We're a generation of men raised by women. I'm wondering if another woman is really the answer we need?”

We're now seeing generations of men who have been



NIC VANDERGUGTEN

raised by liberated women and are more at ease expressing how they feel. They worry less about being thought of as effeminate, and they're comfier sharing closer friendships with dudes.

Why can't a grown man tell another grown man that he loves him? What do masculine ideas of love entail?

These are not easy nuts to crack, considering that what most men expect from their male friends usually involves less emotional baggage than what women expect from their female friends.

And yet many men suffer from an identity crisis of profound proportions. Feminism

has redefined what it means to be a woman in contemporary society, but it's also redefined what it means to be a man.

“Sensitivity” has become a buzzword for a lot of PC groups, and it's suggested men possess less of it. Is this a fallacy of the phallus?

Maybe, but men, more often than women, have difficulty grieving, expressing love, and showing vulnerability. Some consider such tender displays to be a dire weakness.

Like wearing track pants in public, showing emotion becomes a declaration that men have given up. And giving up is for pussies.

## Open Space

Open Space accepts submissions from Camosun students. Submissions to Open Space should be 400 words or less. Responses to previous articles in Nexus should be 250 words or less. E-mail submissions to nexus@nexusnewspaper.com and include your name and student number.

# Just say no to campus bottled water

ERIN SANDERSON  
CONTRIBUTING WRITER

Students vote three times a day.

In fact, students vote as many times as they eat or drink in the day.

We also have that many chances each day to change the world. After all, our consumption is what keeps the corporations rolling.

When we purchase bottled water, we vote for the privatization of water.

This means we vote for companies like Coca-Cola to go into places like Plachimada, India and set up a bottling plant where

they aren't necessarily wanted.

The people there know the value of their water and they don't want to see it pumped out of the ground and bottled up by a company whose main goal is profit.

If students buy bottled water it means they vote for companies like Nestlé who have been sued in five states for continuing to extract water, even after large public outcry and significant localized environmental harm.

It means that we support the basic idea that it's okay for corporations to make money off of a resource that was here before any of us were and

is like oxygen—a basic necessity of life.

What happens when water management becomes private? The motivation becomes profit. Not people, not the environment, not equal access.

What happens when water management becomes private? The motivation becomes profit.

Not people, not the environment, not equal access.

Companies like Suez Environnement go into really poor countries in the developing world and, with the help of the International Monetary Fund, force them to give up the management of their water supply.

They then increase the price, put locks on the wells, and leave people with two options; either spend a large portion of their meagre earnings to get their water, or—for those who don't have that option—die.

Water and profit should be kept separate, for the benefit of all.

# Free fuel for starving students, please

PAM OLIVER  
CONTRIBUTING WRITER

I missed another Camosun free-food event! This morning as I entered the Lansdowne cafeteria they were just cleaning up the remnants of a pancake breakfast.

Apparently the college has been doing this for 15 years and the students who knew about it wiped the griddle clean once again.

Last week I missed a soup day at the Women's Centre, but at least I was there for some free

sushi. A couple of weeks before that I attended the Chef's Table session, hosted by Aramark, the company that runs the Lansdowne cafeteria. It's forum for students to partake in and influence the cafeteria's vision, but there was no food to be found.

I went away from the Chef's Table cranky, hungry, and tired. While they did listen to my suggestions, I sure hope they offer me a bun or something next time.

As far as free-food options on campus, I'm pretty sure there

aren't many, but I may have missed the memo. I do know the Camosun College Student Society (CCSS) recently gave away some free soup on campus.

My role as student approaches dangerously close to that of hunter-gatherer. Every day is a search for something to eat that's free, or close to it.

I feel like I metaphorically hunt down, kill, and drag home the jug of milk I manage to find on sale.

How about more free-food options working their way into

the CCSS' budget? Would the college and health officials allow us to have a potluck in the cafeteria once a month?

Or maybe a more active food bank presence in a room off the side of the Fisher foyer?

Could we include food vouchers in our tuition cost, similar to the bus pass program?

Studying makes me very hungry and the only bread in my wallet is a few crumbs from some crackers I tucked in there one day while being jostled about in the cafeteria lineup.

## Bottled-water petition in works

**DARIN STEINKEY**  
CONTRIBUTING WRITER

As a growing number of campuses across the country sign pledges to reduce and even eliminate the use and sale of bottled water, Camosun Students for Environmental Awareness (CSEA) want to create a groundswell of their own.

CSEA representatives have spent the last three months talking to Camosun students about the environmental, social, and health effects of the convenient plastic bottle.

“We want to increase the number of water fountains on campus and to increase students’ use of them,” says Marlie van Roy, a second-year University Transfer student and member of CSEA.

“Our goal for the campaign is to lower sales of bottled water and eventually ban the sale from campus,” says van Roy.

Next week, CSEA will release a survey asking Camosun students whether they buy bottled water, their reasons if they do, and if they would use water fountains if they were more accessible.

The survey and CSEA’s future plans follow a model that student organizations and various water-concerned non-governmental organizations, as well as the Canadian Federation of Students (CFS), have used to curb the millions of plastic water bottles that end up in the landfill every year.

Two trailblazers in this area are the Memorial University of Newfoundland (MUN) and the University of Winnipeg (UW).

UW asked students via referendum if they wanted to do away with bottled water on campus. Almost 75 percent voted in favour of getting rid of bottled water at what was the most well-attended UW general election in a decade.

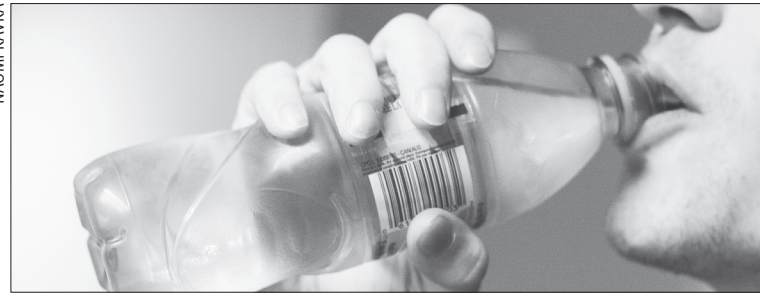
Three days later, the university announced the progressive elimination of bottled water sales on campus.

“Our goal for the campaign is to lower sales of bottled water and eventually ban the sale from campus.”

**MARLIE VAN ROY**  
CAMOSUN STUDENTS FOR ENVIRONMENTAL AWARENESS

As part of MUN’s strategic sustainability plan, MUN interim president Chris Loomis signed a pledge to improve access to public drinking fountains and eventually scale out sales of bottled water.

According to Daniel Smith, the Newfoundland and Labrador chairperson for the CFS and a member of Students for Sustainability



NAOMI KAVKA

at MUN, there was “enormous cooperation between students and the administration” to make the initiative work.

The university even allowed them to pick through the trash and fish out bottles that were supposed to go to the recycling bin.

“We collected over 1,000 bottles in one week and created a sculpture to show students how many wasted bottles there were on campus,” says Smith. “If they are aware of the negative impact their purchases may have, they are more likely to make environmentally and socially responsible decisions.”

MUN has also installed a dozen new chilled, filtered fountains with taps for filling bottles to encourage the consumption of tap water.

Back in Victoria, Camosun College Student Society sustainability director Jesse Bennett says this may be a bottom-line issue for the college, not an environmental one.

“It’s not whether Camosun—an already-struggling school due to the tuition cap—wants to be greener,” says Bennett. “It’s rather, can they

afford to be greener with their current financial situation? We know we can gain support, but would we be working in vain if we put the school in the red?”

Aramark, the company that runs two of Camosun’s three cafeterias, says they have considered upgrades to their fountains.

“We have requested the college install a filter on the tap outside the café at Lansdowne as an alternative. We also include jugs of ice water on our catering menu,” says Donna Burger, director of food services for Aramark at Camosun.

Van Roy feels this is a step in the right direction.

She says CSEA will be drumming up support over the next few months and they hope to eventually push students away from buying bottled water.

“Next term we will release a petition that states that bottled water has negative effects on the environment, on social and cultural issues, and on personal health,” says van Roy, “and that we would like to see it banned from campus.”

## NEWS BRIEFS

BY SHANE SCOTT-TRAVIS

### Ooh, my little pretty one, My Camosun

The winning entries in the “My Camosun” video contest have been named and we’re tickled to announce that *Nexus* contributor and Applied Communication student Maelina de Grasse took the coveted first-place prize! Apart from yearlong bragging rights, de Grasse receives \$750 for her thoughtful cinema-vérité-style film. Second place (\$500) goes out to Bruce Dean and third place (\$250) to Patrick O’Keefe. Honourable mention goes out to three Applied Communication students, Hayley MacDonald, Sarah Rankin, and Matteus Clement. Associate director of college and community relations David Sovka says “the idea for the contest was to let the community tell the complete ‘story’ of Camosun College through diverse voices.” The winning videos and all the other entrants are posted on YouTube and are linked at the [camosun.ca/mycamosun](http://camosun.ca/mycamosun) webpage. Check ’em out and start planning your own entry for next year’s contest.

### Fight for your right to potty

Nov. 20 was National Child Day, and that date was also the 20th anniversary of the United Nations Convention on the Rights of the Child (UNRC). The motivation behind UNRC and National Child Day is to promote and protect the happiness and health of children and to raise awareness of their fundamental human rights. Camosun’s Early Childhood Care & Education (ECCE) students were very active in their advocacy, particularly their bright and colourful Child Day posters, which are viewable at [camosun.ca/ccr/news/2009/nov/child-day.html](http://camosun.ca/ccr/news/2009/nov/child-day.html) in case you missed them at the Lansdowne campus last month. ECCE encourages everyone to celebrate children year round and should you have any concerns about violations of children’s rights, contact your local MP at [www2.parl.gc.ca/parlinfo](http://www2.parl.gc.ca/parlinfo); it’s the least you can do for the moppets and youngsters out there.

### Money talks and business students watch

Camosun’s School of Business was much obliged to host a visit from Dr. Farid Novin, senior economics representative of the Bank of Canada, on Nov. 25. Novin was making a presentation on Canada’s economic outlook, monetary policy, and recent economic performance. Economics and finance students from the School of Business had a lot to chime in for, especially when considering how the global economic downturn has had folks’ tongues wagging hither and yon, as everyone and their dog seems to have an opinion on financial issues nowadays. Remember the olden days when you just put your money under the mattress? Those days are over! Peruse [bankofcanada.ca](http://bankofcanada.ca) for pearls of wisdom you may have missed if you weren’t at Novin’s presentation. And, remember, whoever said money can’t buy happiness doesn’t know where to shop.

## Bogus bomb threat at Camosun

**KRISTIAN DART**  
STAFF WRITER

A not-so-merry prankster recently tried to disrupt the daily operations of Camosun College.

On the morning of Nov. 18, at approximately 11:09 am, the college switchboard operator received a frightening phone call.

The call was a bomb threat; it set in motion a chain of events that saw college staff and Saanich Police searching the college grounds for explosives.

“It was just a two-second call saying, ‘There’s a bomb,’” says Manjit Lider, assistant manager of College Safety.

Once the disturbing call was received, the college was quick to react

to the situation and take action.

“After receiving the threat we notified the Saanich Police Department. The police assessed the situation, the possible danger, and then they advised us on what to do next,” says Lider.

Saanich Police arrived on both campuses within moments, and helped over two dozen Physical Resources department staff members search the school for a possible bomb.

“First, we searched the grounds visually for any suspicious packages or bags,” says Lider. “There were a lot of students’ bags lying around and when we approached some of the more suspicious looking bags, the police asked staff members to

stand down as they went in for a closer look. Luckily many of the bags were open and the police were able to see inside.”

If the bags were not open and the police felt they could have contained explosives, more drastic measures would have been taken.

“If the police felt a bag posed a threat, then the area would have been evacuated. Then the police would have brought in the bomb-sniffing dogs,” says Lider.

The team completed a thorough, sweeping search of both campuses in just over an hour.

The search continues for the person responsible for the bomb threat.

“We were unable to see the

number on our call display,” says Lider. “But I knew Telus would be able to trace the call.”

The Saanich Police, with the help of Telus, traced the call to a payphone located at Hillside Mall.

“The police are now canvassing the businesses in the area looking for video footage,” says Lider.

“Any photos they find they are going to bring back to the college to see if we can identify anyone. I’m confident we will find them,” says Lider.

Bomb threats can carry hefty fines and are a rare occurrence at Camosun.

“I believe the last bomb threat we received was four years ago,” says Lider.

## SPEAK UP

BY MAELINA DE GRASSE

What’s the worst prank you’ve ever pulled?



**JAMES MACCLOUD**

“My friend fell asleep at his skate shop, so we turned off the lights, set the clocks forward, and put the merchandise next door. When he woke up he thought the place was robbed.”



**AMANDA KENN AND MANDEEP JASSAR**

“In high school we used to do a lot of kidnapping. We’d kidnap the guys in the middle of the night, and they’d do the same to us.”



**MAT CADORIN**

“I convinced someone they won a bunch of money, but it got over-escalated somehow, and I felt really bad afterward.”



**ALANNAH VERVILLE**

“We pranked two guys and put one guy in a dress, Saran Wrapped them together, strapped them to a pole, and put ‘Just Married’ and ‘Hand Jobs=\$2’ signs on them.”

# Dutch 3D motion suit comes to Camosun College

**KRISTIAN DART**  
STAFF WRITER

A Dutch company brought one of their high-tech gizmos to Camosun's Sport Innovation Centre (SPIN) at the Pacific Institute for Sports Excellence (PISE) in November.

Xsens Technologies BV focuses on the creation of miniature 3D motion tracking products, including a camera-less 3D motion measurement suit, which was tested by a team of researchers at SPIN while at the PISE.

The MVN BIOMCH suit is designed for the needs of biomechanics researchers.

"It's basically a way to get more detail in how the body is moving," says Tim Walzak, BC regional innovation chair in sport technology at Camosun. "It's also a way for us to see how an activity is being done."

SPIN staff will be assisting Canadian Olympic and Paralympic athletes in assessing the new sport technology, as well as its applicability to many other sports, such as cycling and rowing.

"We are just getting started with running trials and we are finding the equipment quite robust," says Walzak.

Xsens is touring their technol-

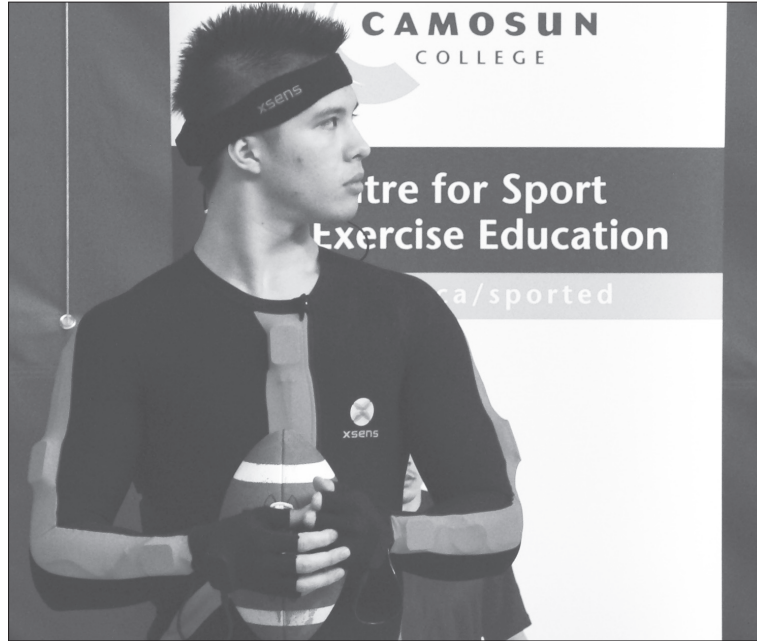
ogy around North America, but the PISE was their only Canadian stop. The 3D motion suit and equipment was at Camosun for 10 days and the visit was a success.

"[Xsens] could see the value of a potential partnership with [Camosun] using the PISE facilities and tapping into the existing expertise," says Walzak, adding that after the 10-day period was up they planned to "assess the results and discuss the possibility of having a 3D suit permanently at PISE."

The main benefits of the 3D motion suit are it captures movement and processes the information in real time. It's also wireless, allowing the technology to be used almost anywhere.

The main benefits of the 3D motion suit are that it captures movement and processes the information in real time.

Biomechanics researchers use the results from 3D testing to help



Look good and break scientific ground with the MVN BIOMCH suit.

athletes optimize their athletic ability by understanding and modifying their current performance techniques.

The results from a 3D motion suit can give coaches and athletes a unique perspective and allow them to both assess their strengths and identify weaknesses that can be improved.

The results can also help with the prevention of injury, as the image can show when dramatic

stress is being put on certain parts of the body when performing certain movements.

Xsens technology has also been used by EA Sports in the creation of video games and by Sony Pictures Imageworks for film production projects.

The technology was used in the creation of such animated films as *Happy Feet*, *Monster House*, and, sourly, characters like *Star Wars'* Jar Jar Binks.

# Study links junk food to depression

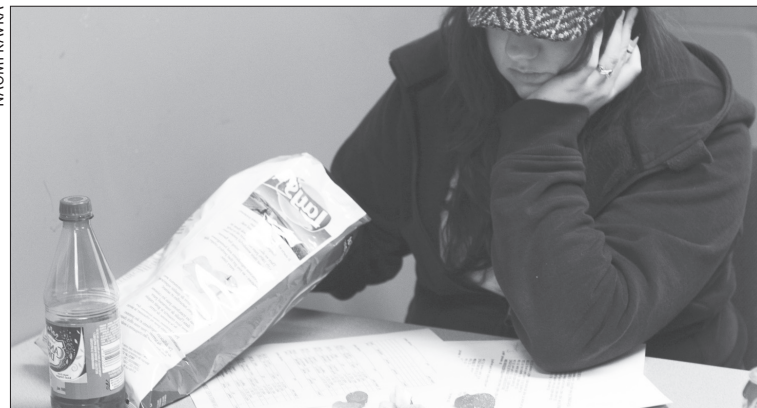
**GABRIELLE KIND**  
CONTRIBUTING WRITER

A recent study conducted by researchers in the UK shows that a whole-food diet makes for happier people.

The study, published in the November issue of the *British Journal of Psychiatry*, found that eating fruits, vegetables, and fish can protect you against depression, while eating fatty, fried, and processed food is a risk factor for depression.

"Whole foods help the whole body work better. They are providing essential nutrients that the brain uses," says Dr. Christoph Kind, president of the BC Naturopathic Association. "We don't know the effects of all the additives in processed and boxed foods, but they are going to have a negative effect on the brain."

Some Camosun students have experienced the benefits of eating whole foods firsthand.



Students who eat too much junk might find it hard to study effectively.

"When I eat healthy, I feel better about myself, and I'm in a better mood," says Camosun Health student Jaimie Davy-Saxl.

Davy-Saxl also says that eating candy and processed foods with a lot of sugar makes her feel sick.

"I have no motivation when I eat unhealthy; I don't want to go to the gym because I just don't feel up to it."

**WILLIAM SMITH**  
CAMOSUN STUDENT

"I hardly ever eat chips or drink pop because they make me feel gross afterwards, but carrots, I could eat a whole bag and not care," she says.

William Smith, a Civil Engineering student at Camosun, agrees.

"I feel better and I want to go out and do things when I'm eating healthy," he says.

Smith says there have been times when his mood has undoubtedly been affected by what he eats.

"I have no motivation when I eat unhealthy; I don't want to go to the gym because I just don't feel up to it," says Smith.

Kind says that high intakes of junk food will eventually catch up to a person's body.

"The changes are not always dramatic, but constant exposure to these chemicals over a long period of time will definitely have a noticeable effect on the nervous system and brain," says Kind.

Smith will eat packaged and processed foods mostly for the convenience.

"I've been pretty consistent with what I eat, but when I'm bored, depressed, and not really doing much, I end up eating a lot more of the unhealthy stuff," says Smith.

Smith says that physical and mental health influence each other and the foods you eat will affect both. "It's all about how the mind affects the body, and the body affects the mind."

## NEWS BRIEFS

BY SHANE SCOTT-TRAVIS

### Camosun to light up at the 2010 BC Games

As the 2010 BC Games (not to be confused with the "other games") draws near, another "go green" initiative has bubbled up to make the whole affair more eco-friendly. Rather than spew greenhouse gases via the traditional gas flame torch, several Camosun students and faculty in the Trades and Engineering Technology programs have spent months working on a unique LED torch. There was an official light-up ceremony at 10 am on Nov. 27 in the atrium of the Technology building at Interurban, where it will remain on display until the games. In unrelated news, there was another light-up ceremony at 4:20 the same day in Fernwood. Both ceremonies were well attended and there was much rejoicing and snacking afterwards.

### Closer to the art

The provincial government's pro-philistine proposed 92 percent cut to arts funding over the next two years—from \$47.7 million to \$3.7 million—has many lovers of arts and culture seeing red. Art Matters, a Victoria-based advocacy organization that's opposed to the proposed cuts and seeks to reinstate arts funding, staged a rally at noon on Thursday, Nov. 25 at the Legislature. This is just the first of several such rallies, for which Art Matters could use supporters and volunteers. If you're interested in helping out, or simply wish to follow the whole arts funding quagmire, check [artmattersvictoria.blogspot.com](http://artmattersvictoria.blogspot.com) or join them on Facebook.

### Ru-dy! Ru-dy! Ru-dy!

Across North America are many extraordinary high-school football players—many of whom are overcoming significant adversity—hoping to make it as recipients of the Rudy Award. With a \$10,000 college scholarship available and two \$5,000 runners-up, not to mention meeting the real deal, Daniel "Rudy" Ruettiger, at the awards ceremony, this is a big deal. On Dec. 11, the top 20 finalists from Canada and the US will be announced. Check out [highschoolrudyawards.com](http://highschoolrudyawards.com) for all the play-by-play details and to follow the numerous and inspirational hopefuls. And for further feel-goodery, rent the 1993 film *Rudy* and root for the underdog! "I can do it, coach!"

### Mad props for arts and crafts!

Wave your arms in the air for Camosun's 11<sup>th</sup> annual Holiday Craft Fair! This perennial favourite is happening in the Young building gymnasium (Y112) on Thursday, Dec. 3 from 10 am till 2 pm. Expect to find a wide selection of art, jewelry, photography, sewn crafts, woodwork, and more. Know someone in the market for macramé plant holders? If so, this may be the place. Know any musicians who like to play Christmas carols or seasonal music? Half-hour time slots are available during the fair, just email [parkerp@camosun.bc.ca](mailto:parkerp@camosun.bc.ca) to make the arrangements and iron out the deets. Let the yuletide excitement start... now!

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# Troubleshooting Camosun's computers

**JASON MOTZ**

STAFF WRITER

Camosun College is currently undergoing an expansion of space for computer labs and computing services. But in the meantime don't be surprised to find lab space at a premium, which is a problem for many students who want—or have—to use the college's computers.

"There just aren't enough computers on campus," says Michelle Chowns, a 29-year-old University Transfer student.

"Are there enough computers to meet the demand? I think you could probably say that, no, we don't have enough to outfit every student who needs one."

**DON GILBERT**  
CAMOSUN COLLEGE

Chowns' sentiment isn't uncommon among students who rely on the computer labs. With only a few lab rooms to choose from, students have to juggle their schedules around the availability of the rooms.

Don Gilbert, Camosun's manager of Systems and Networks, Information Technology Services, says the college does provide a good number of computer stations.

"There are 2,000 computers on campus," says Gilbert. "Are there enough computers to meet the demand? I think you could probably



The Ewing computer labs at Lansdowne are some of the busiest at Camosun College.

say that, no, we don't have enough to outfit every student who needs one."

Half of those 2,000 computers are reserved for students and are spread throughout the computer labs on campus.

Apart from the Ewing labs at Lansdowne, there are a few labs reserved for various programs, including Visual Arts, the Applied Communication Program, and the technology-based courses at Interurban. The Continuing Education Program also has a lab reserved exclusively for its students.

In spite of the number of computers available to students, there's a noticeable decline in lab usage.

"More people are bringing in their laptops," says Rob Peresini, manager of Client Services at Camosun.

To keep current with the demand, the college is slowly prepping for the future by expanding the wireless access on campus. Wi-Fi, which was only introduced onto campus in 2006, is still in its developing stages.

"The first stage was to get as much broad coverage as we could,"

says Gilbert. Eventually, the college hopes to remove all "dead spots," areas where wireless access is currently unattainable, from the campus.

Computer labs at Lansdowne occupy the ground floor of the Ewing Building. The remaining computers are crammed together in a room adjacent to the library. With the library currently undergoing renovations, there are few options for a quiet study area at Lansdowne.

"I want the Learning Commons back," says Chowns, referring to the area in the library that, until

this summer, served as the quietest area for students to study, with or without a computer.

But not all students find fault with the current setup. It's all a matter of knowing where and when to show up.

"I try to get in early, like 9:30 am," says Mike Allen, an English student who is reliant on the college's computers. Unlike the Ewing labs, which are also used for a variety of courses, the library's 25 computers are left open for students in need of a long day of research.

"If it starts to get busy, well, I'm already there," says Allen. "Plus, there's no one to bump me out of there."

As part of the renovations that began on the library last summer, 100 more computers will be added in the next year for student use.

"What we want to do," says Gilbert, "is give them a rich environment to make it worthwhile."

In the meantime, the college is devoting plenty of energy and resources into expanding and enhancing the current lab facilities. This semester, a few of the Ewing labs were renovated into one large, environmentally controlled dual-purpose lab.

Lab 115 features 50 computers that can be folded down into the desk when not in use. The room is designed with energy efficiency in mind. In order for the lab's air conditioning to work, the doors must be kept closed.

But this has led to some confusion among students. Ewing protocol dictates that a closed door means a closed-off lab. Most students are probably unaware when they walk by lab 115 that there's probably a seat waiting for them.

# Students sip soup during debt protest

**JASON MOTZ**

STAFF WRITER

Camosun students at Lansdowne were served up free bowls of butternut squash soup on Nov. 19 in what was the first of three proposed Soup Days to be held on campus this semester.

The Soup Days are part of a larger province-wide strategy organized by the Canadian Federation of Students (CFS), as a means of ladling out a message—student debt is robbing students of their future.

Members of the Camosun College Student Society (CCSS) doled out the soup for the students to help raise awareness about the student-debt issue.

"The futures of students are being written off," says Matteus Clement, CCSS external executive.

For every bowl of soup given out, a student's signature went on a petition calling on the federal government to put a freeze on tuition costs. A total of 250 signatures were collected during the first Soup Day.

According to the 2009 provincial budget, released last February, tuition fees increased for an eighth consecutive year. This year saw a two-percent increase to tuition costs—actually the lowest increase in Canada—across BC campuses.

As well, per-student funding was slashed from \$9,278 to \$9,172. This reduction was the sixth time in eight years that per-student funding dropped.

Add a reduction in options for financial aid and suddenly a free bowl of soup begins to symbolize the harsh realities of being a student in BC.

"It's important for students to know that when they sign that petition it's not just for them," says Clement.

For every bowl of soup given out, a student's signature went on a petition calling on the federal government to put a freeze on tuition costs.

"It's for their friends they know, their classmates they are coming to know, and for family who are attending postsecondary education across the province," he says.

The CFS campaign, entitled Education Shouldn't Be a Debt Sentence, was launched in October.

Among the goals of the Debt



Staff members of the CCSS dish out free bowls of soup to raise awareness about student debt.

Sentence campaign are a decrease in interest on student loans, increase to core funding, and an upfront grants program.

"Some might question the effectiveness of the campaign," says Clement, "but, just recently, the BC government did implement a grants program. This was a result

of lobbying from the CFS and its locals here in BC, and that all starts at the petition level."

According to the CFS, the provincial government stands to collect over \$1 billion in tuition revenue, an ominous first for the province.

"Students in BC pay too much in tuition," says Veronica Stone,

a 19-year-old University Transfer student at Camosun.

"Either wages go up to compensate," says Stone, between sips of soup, "or living fees should be lowered."

Fellow CFS members at the UVic Students Society also recently held a Soup Day.

# Hey bud, go brew yourself

**RENEE ANDOR**  
CONTRIBUTING WRITER

Many students have probably considered brewing beer at some point, but, for one reason or another, never did.

With different methods to choose from, ranging from very easy to quite in-depth, there's sure to be a brewing method out there that suits the thirsty student. And the payoff can be pretty big.

Charlie Edmonds, a Fine Furniture student at Interurban, has his beer brewed for him at one of the many u-brews in town.

The cost works out to about 80–90 cents a beer. But how does it taste?

"If I had a blindfold on and tasted my latest batch compared to store-bought, I wouldn't be able to tell the difference," he says.

Edmonds just picks out the kind of beer he wants to make, and essentially, the u-brew makes it for him. The only parts he has to do are add the yeast and bottle it at the end, though there are options to be more involved if he wants.

The brewing process generally takes two to three weeks from start to finish, and comes in batches of 50 litres, which fills 144 bottles. The only difficult part is finding bottles and getting them 100-per cent clean.

Although they get rinsed with sanitizer right before being filled with beer, a miniscule amount of bacteria can ruin the bottle. Most u-brews offer bottles or cans for a fee.

Some people find it hard to shell out \$120–\$150 upfront, rather than just buying a six-pack, but in the long run it's certainly cheaper.

Edmonds suggests splitting the batch with a friend, or splitting a couple batches with a few friends so there are a variety of flavours.

**"If you're buying Lucky or Canadian because it's cheap, why wouldn't you pay less for a better one?"**

**CHARLIE EDMONDS**  
CAMOSUN STUDENT

Dave Gill, co-owner of the Bedford Brewery in Victoria, echoes Edmonds' u-brew excitement.

"It's a fun experience, let alone coming home to 150 beers in your fridge," says Gill.

Edmonds realizes some people have brands they are loyal to, but in the end u-brew is cost effective.



John Linton and Deanna Vernon-Wood enjoy a home-brewed beer.

"If you're buying Lucky or Canadian because it's cheap, why wouldn't you pay less for a better one?" says Edmonds.

Besides the economic incentive, Edmonds thinks brewing your own beer is a good ideology to support.

"It's environmentally friendly because the bottles get reused, there's less packaging, there's no shipping, and you're supporting local business instead of a big corporation," says Edmonds.

John Linton, a former electrical student at Interurban, went the u-brew route before, but has gone a step further and now makes beer at home.

For Linton it also started with a desire for cheap beer, but it soon turned into a hobby.

"It's like making bread, or pie, or anything, you go through the steps, and as long as you're clean and you follow the directions, you end up with a decent beer," he says.

Linton suggests buying a kit because it's easier than other methods. Kits generally cost \$30–\$40, and produce about 65 bottles.

Even with a kit there's work involved when brewing at home.

The yeast has to stay in a certain temperature range, the beer gets transferred to different containers throughout the process,

and everything has to be kept very clean.

"It's not a magic wand," says Linton. "You can't just be like, 'Haha! I'm gonna make the best beer in the world!' If you do it half-assed, you'll get a half-assed product."

Linton could be called a home-brew enthusiast. He's got five or six different batches on the go right now, and he estimates he's got 500 bottles in circulation.

He has bottles, equipment, and brews in various stages of completion in his house. But even his girlfriend agrees it's absolutely worth it to brew your own beer.

# B-b-b-b-b-bad for the bone

**JASON MOTZ**  
STAFF WRITER

No one spends more time thinking about their genitals than a college-age male.

Yet, for all of the time and attention put into getting their knobs polished, most males give little thought to the long-term health of their John Thomas.

"I wish that more young people would realize the importance of their physical well-being to their overall sex health throughout the rest of their life," says professor David Reagan, who teaches human sexuality at Camosun.

Incidents of sexual dysfunction—ranging from erectile difficulties, premature ejaculation, and impotence—are rare in young adult males. They are, however, almost a guarantee in later adulthood if health isn't a priority.

Studies and data that draw a correlation between a Western diet and a cornucopia of congestive disorders, including heart disease, are

common. Yet, what's only coming to light recently is that the same factors that cause heart disease also affect the male genitals.

**"The health of the penis is actually an indicator of the health of the heart."**

**DAVID REAGAN**  
CAMOSUN COLLEGE

"That same deadly diet," according to Reagan, "is also blocking the penis."

These revelations are sounding alarm bells throughout the sexual-health community.

"The health of the penis is actually an indicator of the health of the heart," says Reagan.

The body of a college-age male is quite resilient. High-fat diets, a lack



Eating well and exercising regularly can help college-aged guys avoid limp zucchinis later in life.

of exercising, and high stress levels for male students doesn't necessarily mean a limp penis.

But the research on the impact of highly saturated foods on sexual performance is still a growing field.

"Many groups are looking at the impact of diet and nutrition on sexual performance as it relates to erectile dysfunction, with a few groups looking at premature ejaculation in a more serious manner," says David St-Jules, a clinical dietitian.

Overall nutrition and hydration is critical to overall general health, but it's equally helpful to the body for sexual purposes—a better diet equals a healthier heart, which in

turn stimulates blood flow.

According to research on nutrition, the male body needs a whole lot of nutrients to give semen a good wallop. A diet rich with minerals, vitamins, amino acids, antioxidants, and folic acids is essential to prolonging both the health and performance of the wedding tackle.

Avoidance of fast food, sugars, soda, energy drinks, and white flour are baby steps towards good sexual health.

In place of these, nutritionists recommend a diet of vegetables, fruit, red meat, poultry, nuts, and legumes.

"The problem," says Reagan, "is that instead of doing the hard work of getting healthy and watch-

ing their diet and exercising, people instead want a pill."

To help men reacquaint themselves with their erections, North Americans are purchasing pills such as Cialis and Viagra in record numbers.

Knockoff pills are also available. The data relating to the health benefits and risks of such pills is still a few years off.

"Being human nature, people prefer to reach for the quick fix pharmaceutical and not to have to change their lives," says Reagan.

Whether or not pills prove to be the answer, with healthy eating and enough exercising, men can limit their chances of needing a penile assist.

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## Tofino surfer rides the ultimate wave

**ALEX HARO**

CONTRIBUTING WRITER

An historical event has occurred in Canadian surfing—Peter Devries has become the first Canadian to ever win a professional surfing event.

The Tofino native powered his way through the cold in his hometown's Chesterman's Beach to beat Australian surfer Jay Thompson in front of 500-plus cheering fans at the O'Neil Cold Water Classic on Oct. 31. Devries took home both a purse of \$20,000 and the respect of the international surf community.

Devries is Canada's top-ranked surfer, and the pride of the west-coast surf community, so his win at home is a feather in the cap of all the west coasters that pull on a wet suit and brave the freezing conditions.

The 26-year-old Devries was born and raised in Tofino, BC. Chesterman's Beach was his playground from the time he was a toddler. But growing up there wasn't easy.

It was a 40-minute bus ride to his school in Ucluelet. And there's not much to do in Tofino except surf. So surf Devries did. He got his first board when he was seven, and years later his reputation proceeds him.

"All the rumours are true—he's always approached surfing with such a good attitude," says Jennifer Heckert of Tofino's Storm surf shop. "He doesn't snake anyone, doesn't drop in on anyone. He's always been really respectful to everyone in the water."

Learning to surf in cold water isn't the easiest thing to do—take a few icy rollers on the head and your brain turns to mush and your limbs turn to cement.

**"The town pretty much shut down that night. The whole town was rooting for him."**

**WILL CERBA**  
LONG BEACH SURF SHOP

Which is why it's so impressive that Devries is as good as he is. It takes incredible drive and a fierce love of the sport to reach his level of surfing expertise.

His definitive, powerful style and humble attitude have developed through years of battling freezing conditions and increasing crowds.



Peter Devries was recently the first Canadian to win first place in a pro surfing event.

Up until the time he turned 12, he only surfed in the summertime, when, typically, there's not much for waves. As soon as he fit into a women's size-4 wetsuit, he was able to surf all year round.

Devries always dreamt of becoming a professional basketball player. Surfing was just a pastime. But by age 13 Devries was sponsored by Storm.

Not only is Devries the home-

town hero, he managed to time his big win for Halloween night and the atmosphere was ripe for a party.

"The town pretty much shut down that night," says Will Cerba of Long Beach Surf Shop. "All the shops shut down and [local restaurant] Shelter basically opened the bar. The whole town was rooting for him."

The O'Neil Cold Water Classic was the first professional surf event

to be held on Canadian shores. It was the fourth of five stops on the series, which concluded in Santa Cruz, California.

Outlasting 120 of the world's top surfers is no easy feat, but Devries managed to finish off with a decisive win, scoring 16.43 points on his last two waves.

His Australian rival, Jay Thompson, came in second with a score of 9.47 points.

## Chargers optimistic for 2010

**KRISTIAN DART**

STAFF WRITER

The athletes of the Camosun College Chargers are well into their collective seasons. And while some of the teams are still struggling to find their way, others are tearing up the standings.

The defending provincial champion men's volleyball team is still trying to find their footing.

The team underwent a huge overhaul in the off-season as they lost many veteran players and added some new faces.

The team is currently in fourth place in the BC Colleges' Athletic Association standings.

The men have won five of their first nine games, so nobody in the locker room is ready to hit the panic button.

"I am confident that with continued hard work and patience we will find the form that enables us to snatch victory when we see the finish line," says head coach Charles Parkinson.

Last season the team entered the provincial playoffs in fourth place and, in the end, came out on the tip-top, so they're used to coming from behind.

The women's volleyball team is currently in seventh place, having won only two of its first nine games. Charger Tanisha Marcelle is in the top 10 in the league for kills per game and she's also among the league leaders in aces per game.

"We've been focusing on finishing each play with advanced technical and tactical work," says Chargers head coach Alison Hitesman.

"Players who come to our school have great raw talent and need to advance this talent quickly into the level of play that will match those schools who have fourth and fifth-year players—that's a challenge for our coaching staff to bridge the



Chargers women's b-ball team, led by Jessica Hickey, are back on track.

experience gap in a month or two," says Hitesman.

The men's and women's volleyball teams will be hosting a tournament at the Pacific Institute for Sport Excellence from Jan. 1-3.

**"I am confident that with continued hard work and patience we will find the form that enables us to snatch victory when we see the finish line."**

**CHARLES PARKINSON**  
CAMOSUN CHARGERS

Both teams will be off during the month of December in preparation for the new year.

Turning over to the other court sport, we find one of our most productive squads—the women's basketball team.

Currently the women are sitting in second place in the standings.

After a shaky preseason, the team has silenced many of their critics by winning four of their first five games.

Many injuries piled up and plagued the team early in the season but a repeat championship now looks promising.

Charger Chelsea McMullen sits in sixth place in average points per game, with a total of 73 points in five games.

The men's basketball team find themselves roughly in the middle of the pack, sitting in sixth place—only six points out of the top spot.

They have won two of five so far and will try to climb up the standings in the new year when they play their next league game on Jan. 8 against Capilano College.

Blake Mansbridge and Tyler Olsen are setting the pace for the team with 70 points each in the first five games.

The Chargers will be wrapping up their fall seasons and taking December off.

But that shouldn't subdue fans' enthusiasm because they will be back in league competition come January.



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# Taking back the night

Victoria's Late Night Downtown Task Force reveals its plan

KELTIE LARTER  
STAFF WRITER

A year ago, the City of Victoria was talking about shutting down late-night eateries by 1 am in an effort to mitigate some of the drunken rowdiness, pissing in doorways, and general tomfoolery that goes down after the bars close.

Unsurprisingly, eatery owners and downtown patrons were very upset at the suggestion of closing up the city early for the night.

So, the City of Victoria formed a task force. Their mission was to figure out how to cut down on the debauchery, without ruining all the fun.

They called themselves the Victoria Downtown Late Night Task Force, and they meant business.

The task force was made up of Mayor Dean Fortin, councillor Charlayne Thornton-Joe, and chief constable Jamie Graham of the Victoria Police Department. And they've recently made public their plan for a better late-night scene.

## Dollars and sense

The total cost for the suggested pilot program, which will last for six months, will be about \$215,000. Fortin acknowledges that it's a lot of money, but maintains that it's necessary.

"That's the cost that comes with making sure we have an active and vibrant downtown," says Fortin.

In order to assess what the best plan of action might be, the task force members interviewed downtown business owners and workers, transportation providers, and security personnel. They also sought input from late-night downtown users, including students and youth.

Camosun College Student Society external executive Matteus Clement was asked to give the matter his two cents as a representative for Camosun students.

"I really thought this was a great opportunity to give some input from a student's point of view," says Clement.

Clement believes that, in general, students are not the ones causing problems downtown.

"Most students just want to go out, party, decompress, have a good time, and go home," says Clement. "They're not looking for a fight."

Clement, who used to manage the Victoria Event Centre, feels he was able to bring a unique point of view to the discussion.

"I used to be downtown late at night all the time and I'd see the kinds of problems that would occur, inside my venue and outside my venue, as a manager and a patron," says Clement.

## The plan

After careful consideration, the task force recommended six main strategies to try to alleviate some of the rowdiness downtown:

### 1. Diversification

They want to expand the kinds of activities available downtown at night. This means making sure there are more festivals, plays, and other activities that are not alcohol-related to encourage people to come out and help create a better late-night atmosphere.

"We need to stress the importance of self-responsibility and healthy lifestyles," says Thornton-Joe. "We need to teach everyone, whether it be young people or adults, what living a healthy lifestyle is all about. It's not about overindulging in alcohol, and it's not about drinking and driving."

The task force is also hoping to encourage downtown restaurants to stay open later in an effort to spread out the crowds.

"Every great city has a great downtown," says Fortin. "And it's important to have a strong late-night economy."

But questions arose as to whether downtown restaurants, many of which already stay open past midnight, would be willing to extend their hours, and how those that were willing to do it would deal with the added cost.

Della Brown, one of the owners of the Reef restaurant on Yates, says although the eatery has yet to make a final decision, the idea of pushing back their closing time didn't really appeal to her.

"We want to be known as a place which serves good food rather than as a place to get drunk," says Brown.

Tom Ferris, who owns Ferris' Oyster Bar across the street from the Reef, shares Brown's feelings about later closing times.

"We're a restaurant, not a bar," says Ferris. "We don't serve drunks. Other people do, not us."

### 2. More police and increased facilities

Fortin and Graham believe that having an additional four police officers on duty downtown on Thursday, Friday, and Saturday nights will help keep troublemakers in line, and everyone else safe.

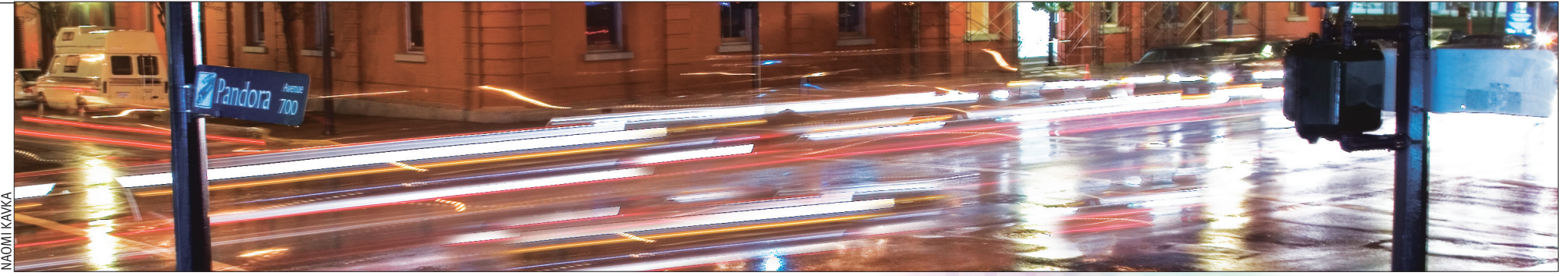
"The right officers, with the right attitude, located in the right areas, can have a substantial impact," says Graham.

Graham maintains that the extra officers would not be placed as an oppressive measure, but rather would be there to make those who are respecting the area feel safe.

"But there's no excusing, or tap on the shoulder, for people who are urinating all over your front door or your walk," says Graham. "Those people get a ticket. And if they do it again, they go to jail. There's no excusing people who urinate or vomit on your property. We can fill the cells with people who feel the need to urinate in public."

To try to mitigate the number of arrests made for public





urination, the committee will be looking into purchasing more public urinals, this time striving for facilities that offer more privacy. And they're also going to provide public washrooms for women.

But both the mayor and the police chief admit there are some logistical factors that will need to be addressed.

"I don't want officers working these weekends after four days on because of this," says Graham. "That becomes an HR challenge for us."

Fortin agrees. "We're looking forward to matching them up with reserves," he says. "We don't want to have the same people on those same shifts, day in, day out, because we don't want them to have the impression that society is whatever happens on Friday and Saturday nights."

**"People forget that we're a university town. We want to encourage people to come to school here, we want to encourage people to come downtown, but we also want them to get home safely."**

**MAYOR DEAN FORTIN**  
CITY OF VICTORIA

But Graham reassures Victoria residents that the Victoria Police Department is up for the challenge.

"We have many aggressive, young officers who love this kind of interaction with the public," says Graham.

### 3. More training

The task force is hoping to encourage licensed establishments to increase training for bartenders; security personnel and wait staff; increase cooperation with liquor laws; expand the Bar Watch program which includes safety measures such as video surveillance, metal detectors, and recording patrons' identification information; and develop a Best Bar award program for staff.

Camosun University Transfer student Josh Graeme, who has worked as a bartender for several years, doesn't think a Best Bar award is the right kind of motivation.

"We're restaurant and bar staff," says Graeme. "Offer us free bottles of wine or dinner for two at a nice restaurant if you want to see change. Nobody's going to give a rat's ass about a Best Bar award."

Nonetheless, Fortin says training for service and security staff is an issue. "We're looking for businesses to step forward with ideas on how to make this work," he says.

### 4. Good, old-fashioned advertising

The city will launch public-awareness campaigns to help promote a more positive image of downtown. They suggest a "late night great night" theme.

Camosun University Transfer student Richard Whibley says that although he's in favour of the suggested increase in police presence, later bus times, and diversified downtown activities, he doesn't think the campaigns will make a difference.

"I suppose it's a matter of who the campaign is hoping

to target, and why," he says. "If the target is young people and college students, then I don't think it's going to make a difference at all. Having someone else tell them that they should be more careful, or more respectful... I really don't think that's going to influence anyone's behaviour."

### 5. Later bus service

Starting in January, bus routes #4, #6, and #14 will be adding three round trips to their night, with the last buses leaving downtown at around 1:30 am.

The later bus hours are only a three-month trial, after which BC Transit will reassess whether the extended hours are warranted and feasible, according to BC Transit's media relations executive Joanna Morten.

"We'll have to look at safety and security issues, see how the public responds to the later service, and determine whether it is efficient," says Morten. She does admit that, in the end, "it all comes down to costs."

Morten says if the three routes each make three extra round trips, it will cost BC Transit \$121,000 over a three-month period.

"People need to realize that it's not just extra drivers we're talking about here, but lots of other extra staff as well," says Morten. "And we'll have to figure out how to recover those costs."

One way that is being considered to recover costs is to add an extra fee to student bus passes. University Transfer student Jennifer Llyn-Arnold says the extra cost would be worth it.

"I probably spend at least \$30 a month on taxis getting home from the bar, so this would most likely still be a lot cheaper," says Llyn-Arnold.

The task force is also suggesting setting up three taxi stands in order to draw crowds away from in front of hotels and residential buildings, and also to minimize the number of people running into the streets to hail a cab and the conflicts that arise when more than one person wants the same cab.

They will also encourage food vendors to set up near the taxi stands, so that people can have a bite to eat while they wait.

**"The right police officers, with the right attitude, located in the right areas, can have a substantial impact."**

**JAMIE GRAHAM**  
VICTORIA POLICE

International students Armando Alvarez and Mauricio Galeano and University Transfer student Cossette Mussetter are excited about the changes.

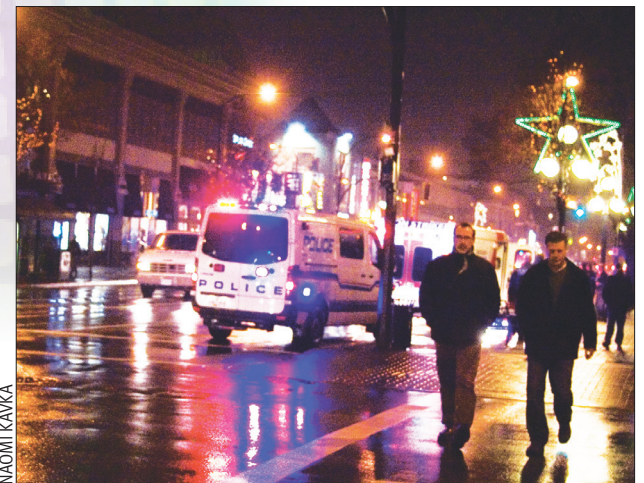
"I usually have to leave the bar at about midnight to catch the last bus, so I think 1:30 am is a big improvement," says Alvarez.

"And it will definitely encourage people to leave the bars a bit earlier," adds Galeano.

"I also think the taxi stands are a good idea," says Mussetter. "It makes more sense than everyone fighting for a taxi."

Fortin says the task force recognizes that transportation is important, not only for those who are "using the late-night economy," but also for those who are working at night.

"People forget that we're a university town," says Fortin.



"We want to encourage people to come to school here and we want to encourage people to come downtown, but we also want them to get home safely."

But, Fortin warns, "use it or lose it. Make sure it stays respectful."

### 6. Another committee

A committee deemed the Late Night Great Night Committee will be given the task of figuring out how all of these suggestions can be effectively put into action, and will be partnered with the Downtown Victoria Business Association.

"We recognize that part of this process is realizing, that as a grown-up society, we invite people to come downtown," says Fortin, "and that having an active and vibrant downtown is important."

### The one that got away

There were several other suggestions that the task force rejected due to insubstantial evidence that they had been effective in other cities. One of these suggestions was later closing hours for downtown bars.

Fortin explains that the extension of closing times in British cities such as London and Manchester, as well as Sydney, Australia, had only led to more drunken, disorderly conduct, and that most of the cities they studied were planning to return to earlier closing times.

"What they found was that people just drink more and then you had even more problems at three or four in the morning," says Fortin. "It looked good on paper, but in reality, it didn't work."

Some of the other rejected suggestions included a more aggressive police approach and higher drink prices, as well as more expensive business license fees.

So far the new plan is getting mixed reviews. But one thing is certain—downtown Victoria as we know it is about to change.



# The modern women of horror

JASON LISKE

CONTRIBUTING WRITER

Even the most cursory glance through the history of horror films shows helpless women fleeing in terror from masked killers and rampaging monsters, fainting helplessly into the arms of the men who save them. But at a certain point in horror's history, things changed and, typically, one woman survived in each movie.

"If you look at the entire history of the genre then, yes, women's roles have changed greatly," says Ben Scrivens, creator of the horror-shirt company *Fright Rags*. "In the early days, the role of women in horror films was primarily the victim. It wasn't until the liberated '60s and '70s that you started seeing the woman as a warrior or survivor."

This female survivor is often referred to as the "final girl," a staple of slasher films, especially those made in the '70s and '80s. Often enough, they are stereotypical "good girls," and are usually the only characters that refrain from the proverbial sex, drugs, and rock 'n' roll.

These aspects often enforce a negative, subconscious notion that a woman who is sexually active is deserving of chastisement in some form.

Not everyone agrees with that, however. "While most genre films of the '80s depicted women in a very one-dimensional way—for example, girls looking to party—most of them also featured one strong woman that ended up defeating the killer at the end of the film," says Scrivens. "I've always felt that was showcasing women in a positive way."

But most horror films tend to have had women firmly set in the role of screaming victim, and female monsters are few and far between. And 1930s horror films such as *Bride of Frankenstein*, *Vampyr*, and

*Island of Lost Souls* all have female villains of some sort, but often they are either sympathetic or obscure characters.

In the '40s, Val Lewton's *Cat People* was a catalyst for a certain notion of feminism to creep into the horror genre. Here, female sexuality is presented as mysterious and dangerous through the character of the cat-woman, Irena. Reflecting male fears of assertive female sexuality, Irena is turned into a savage panther at the slightest kiss or arousal of jealous emotion.

According to some people, this may not be as progressive as it seems.

"I find this troubling because it highlights the idea that women are still viewed as far more corporeal than men; that women's personalities are fundamentally tied into their bodies," says Camosun English teacher Bronwen Welch. "Woman is still object, whether they are victim or murderer."

**Grueling films such as *Hard Candy*, *May*, and *Audition* have all contributed to the cliché idea of a woman scorned exacting bloody revenge.**

In Roman Polanski's progressive psychological horror film *Repulsion*, a young woman is both victim and murderer; chased by sexually aggressive males and suffering from a phobic-like fear of sex, she becomes a razor-wielding killer in order to defend herself.

Recently, several horror films have been released that use the idea of the female body as a mysterious source of fear in a much more subversive way. *Teeth* and *Ginger Snaps*



Cat People



Repulsion



Bride of Frankenstein

are two good examples.

Both films take a cue from horror classic *Carrie*, supplementing its ideas with a vicious sense of humor in their approach to female biology and society's irrational fears of it.

In *Teeth*, a young woman defends herself from unwanted sexual advances through the use of shark-like teeth inside her vagina. Not only does this portray an ancient myth of men's primal fears associated with women, but it also subversively mocks the idea that the female vagina is something to be feared or unspoken of.

*Ginger Snaps*, on the other hand, uses the idea of transforming into a werewolf as a metaphor for female puberty for main characters Ginger and Brigitte.

"The film focuses on the fact that Ginger's transformation coincides with the fact that she has just started menstruating," says Welch. "The movie is thus a subversive attack on the whole genre that represents female sexuality as either violent and disturbing, or passive and suffering."

The idea of the monstrous feminine is not always so over-the-top. Grueling films such as *Hard Candy*, indie classic *May*, and the Japanese film *Audition* have all contributed to the cliché idea of a woman scorned exacting bloody revenge.

In *Hard Candy*, a young teenage girl lures a pedophile to his doom; acting as a sort of angel of retribution for the souls of those he has hurt and killed.

*Audition* and *May* take an entirely different approach by subverting societal expectations of the "perfect female," with *Audition* focusing on Japanese culture. What results is undoubtedly some of the most gruesome and disturbing footage ever filmed.

Some horror films have eschewed the idea of the female monster altogether in favor of women being portrayed as strong, independent, and more than capable of standing up to their antagonists without being villains.

The *Alien* series of films, especially the second movie in the series, *Aliens*, has become somewhat of a feminist touchstone with its character of Lt. Ellen Ripley. The *Aliens* theatrical poster emphasizes this, showing her as both masculine warrior and feminine mother standing up to hordes of phallic-like alien creatures.

More recently, the British film *The Descent* depicts women who are stronger and more ferocious than the terrifying subterranean creatures they are up against.

Unfortunately, for every *Teeth* there's soft-porn trash like *Species*. And with recent horror remakes such as *Prom Night* and *Friday the 13th*, women are again being portrayed as airbrushed bimbos ready for slaughter.

But with modern films like *The Descent* and *Teeth*, the positive portrayal of women in horror movies is definitely on the upswing. Let's hope it stays that way.

## Ten films that changed the way women are viewed in horror

1. *Cat People* (1942)—A creepy thriller with the unseen being the source of fear.
2. *Repulsion* (1965)—An absolutely chilling, dream-like film.
3. *Carrie* (1976)—Sure, it's obvious, but the revenge tale would never be the same after this.
4. *Aliens* (1986)—Ripley is still the ultimate icon of feminism in horror films.
5. *Audition* (1999)—Candidate for the most disturbing and nightmarish film ever made.
6. *Ginger Snaps* (2001)—Black-humored werewolf flick is one of the best sleeper films of recent times.
7. *May* (2002)—A twisted spin on *Frankenstein* that's both graphic and endearing.
8. *The Descent* (2005)—Who's tougher? The women or the crawlers?
9. *Hard Candy* (2006)—Love it or hate it, it's a riveting film. Echoes Wes Craven's 1972 film, *The Last House on the Left*.
10. *Teeth* (2007)—Gruesome and wickedly funny; a total subversion of the female monster idea.



2012



ED SUM

CONTRIBUTING WRITER

With *2012*, Roland Emmerich (*Godzilla*, *Independence Day*) has made the mother of all disaster films. In the film, the world will end and no one can do anything about it.

The destruction begins when geologist Adrian Helmsley (Chiwetel Ejiofor) learns about Earth's shifting molten core.

Meanwhile, science-fiction author Jackson Curtis (John Cusack) is trying to avert his own disaster.

The family ties that bind Curtis' world together are all that's keeping him alive—his ex lives with a new beau, but he still loves his children.

*2012* is loosely based off of Graham Hancock's non-fiction bestseller, *Fingerprints of the Gods*, as well as the numerous New Age 2012 interpretations and Mayan and Mesoamerican beliefs. Regardless of the source material, *2012* is an atypical genre film.

Emmerich often succeeds by making a point of having humanity unite in order to survive. But an overkill of CGI, combined with an overtly long running time of 158 minutes, makes this movie a drag. There are also too many supporting characters in the ensemble cast, but once they're killed off, the movie gets interesting.

Ultimately, Emmerich makes better films with frequent creative and writing collaborator Dean Devlin, who's absent from this project. Their last film together, *the Patriot*, was a strong example of what they can do together.

Will Smith's charisma in *Independence Day* made it watchable, but Cusack lacks that charisma in *2012*. He's more believable in the film while reacting to his family than he is reacting to the destruction of the Earth.

On the other hand, Woody Harrelson and Oliver Platt play great supporting roles.

Harrelson is a lunatic radio broadcaster and Platt is a mean-spirited politician caring more about the survival of the fittest than the survival of the everyman. Their scenes play out well and show the appeal that Cusack, sadly, doesn't have.

And, unsurprisingly, the movie takes some artistic license in the name of flashy effects. After all, despite all the predictions made about Dec. 21, 2012, in this movie and real life, the Mayans never said the world would end in hellfire.



Blue Rodeo

Save-on-Foods Memorial Centre, Nov. 24

ALAN PIFER

CONTRIBUTING WRITER

The last time I was at the Save-on-Foods Centre, it was for the Tragically Hip show, which was great, except for the arena's bad acoustics.

The music only sounded good when I held my fingers in my ears, and I thought, "Why don't they turn it down? It doesn't sound good this loud."

So when I saw Blue Rodeo last week, I learned how a concert sounds turned down. It sounds better... but it just doesn't rock.

I enjoyed hearing the group's big country sound, but it was like hearing a nice home stereo system

at a reasonable volume. Is this how a rock concert should sound? It was too polite. More like what you'd expect at a jazz concert.

I came to the show expecting to rock out and it just wasn't going to happen.

But at the same time, I didn't mind that I wasn't going to go home with ringing ears. And I liked the fact I could hear the music with pristine sound quality. But it was also disheartening.

As I get older, I find myself liking bands like Blue Rodeo more and more. Does liking older bands mean I'm getting too old to rock?

Later on in their set, the band did crank up the volume for their classic songs that everyone in the audience knew, and it finally sounded like a rock concert should.

# Join the Hootenanny hit parade

**ALEX PASK**  
CONTRIBUTING WRITER

Every Sunday at 4 pm a list of names starts to form inside Logan's Pub on Cook Street. This list determines the general order of that evening's performers for Hootenanny, a popular open mic based in country and folk.

At Hootenanny, a communal guitar and piano are provided with the occasional drum kit, stand-up bass, and other assorted instruments.

When the first couple of musicians take the stage, which is draped with a hand-quilted banner, the windows start to fog as players, some performing for the first time, nervously consume pints, hugs are exchanged, and the "hoot" gets going.

Hootenanny started in Edmonton and after playing at it there a few times, local singer/songwriter Carolyn Mark started her own version 17 years ago at Logan's Pub (then called Thursday's).

Mark also took Hootenanny on tour around this time, with a team of well-known musicians including Luther Wright, Hank Pine, Lily Fawn, and Juno-winner Sarah Harmer.

One of those touring musicians, Edmonton's Shuyler Jansen, formerly of the roots band Old Reliable, is still a Hootenanny regular.

"The whole point is not to judge anybody," says Jansen. "You listen

to their three songs and either you like it or you don't. You still support them because some people will get up that never play anywhere else."

Collaborations between musicians during their short sets are common and help to connect everybody.

**"It's a really awesome, casual place for someone to start performing. Everyone is so friendly and communicative."**

**TANYA SEMPLE**  
HOOTNENANNY PERFORMER

"We don't want anyone to go up on stage alone, so they play with a guitar player or a bass player—and magic happens," says Jansen.

Hootenanny attracts a wide range of people, some seasoned performers, some fresh to the stage. Acts like The Unicorns and Chad VanGalen are among the many that have taken part in the Sunday tradition.

"I've seen some amazing performances," says Hank Pine, a local musician and rotating host of the open mic.

"It's a nice public forum," says

Pine. "People can earn their chops at the Hootenanny and hopefully they go on to bigger and brighter things."

Newcomer Tanya Semple, who goes by the stage name of Elder Sister Plum, moved to Victoria from Toronto recently where she was going to school for music recording, production, and promotion. She really enjoys the Hootenanny.

"You really feed off of the audience because they are clearly having a good time," says Semple.

Although she was performing proper shows once a month before she came to Victoria, Semple has just started to get back into it by playing at the Hootenanny.

"It's a really awesome, casual place for someone to start performing. Everyone is so friendly and communicative," says Semple.

The energy at Hootenanny builds fast, and by 7 pm the sing-a-longs are in full force, with performers playing a variety of classic favorites as well as their own songs.

The open mic wraps up at 8 pm, which is great for those who have work or school on Monday morning.

Musicians and local music fans fill Logan's Pub every Sunday to enjoy the supportive atmosphere and meet new people at the Hootenanny.

"The whole idea," says Pine, "is that it's all free-wheelin'."

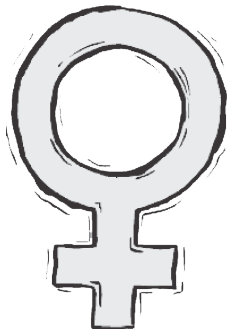


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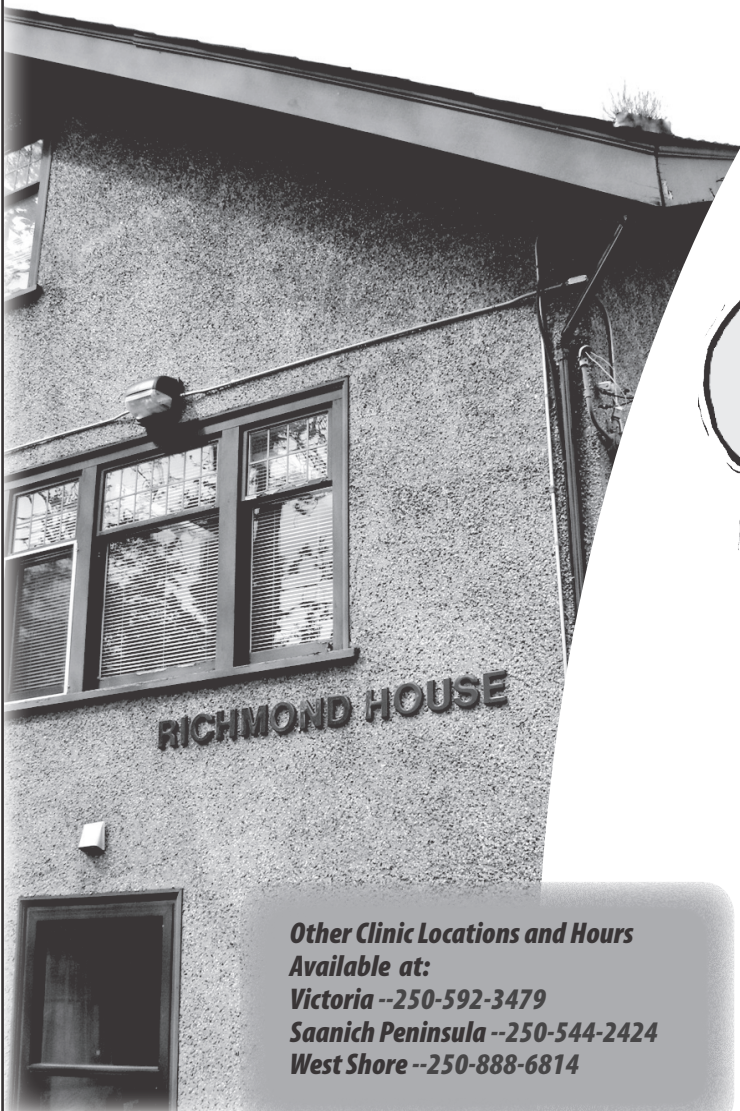
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# Guerilla artists in the midst

**LUKE HOLLAND**  
CONTRIBUTING WRITER

Eight-foot tall clothespins, cardboard utensils, and jumbo-sized tea strainers are randomly appearing on Camosun's Lansdowne campus.

These elaborate works of art are materializing without explanation in nooks and crannies of the campus grounds, then mysteriously vanishing the very next day.

Dreary-eyed, iPod-bearing students take notice of the sculptures while speedwalking across the dewy grass near the Ewing building on the way to an 8:30 am Philosophy lecture.

They glimpse bizarre mirrors dangling from the Garry Oaks near the deserted playground, or spot table lamps kicking around the gazebo.

"It's cool seeing art on campus," says university transfer student Chelsea Reimer. "Most universities have some sort of outdoor art, but Camosun is kind of boring in that

sense. I spend all day in the physics department, so it's nice to go outside and use the other side of my brain for a change."

Enigmatic outdoor art is a sure-fire way to jazz up any part of the Lansdowne landscape.

But what's the purpose of this short-lived guerrilla art? And where does it come from? Well, the presence of these pieces is thanks to those stealth students of the Visual Arts Program.

As an alternative to presenting art in a gallery or studio, they've ventured to new environments to showcase their talent, and the Lansdowne campus is a suitable venue.

The students are encouraged to show their work outdoors and utilize settings that complement the art and frame it in a broader context.

Visual Arts student Torey Beamish used the Young building courtyard as a backdrop for his sculptures of large, multi-coloured pyramids.

"They reference the organic landscape, industrial development, and minimalist art. Above all, they are intended to be weird and fun additions to the landscape."

**TOREY BEAMISH**  
VISUAL ARTS STUDENT

"I am attempting to inject colourful, interesting, abstract geometric forms into the daily scene around campus," says Beamish. "They reference the organic landscape, industrial development, and minimalist art. Above all, they are intended to be weird and fun additions to the landscape."



Torey Beamish and his artwork.

While many Camosun students are at home snoozing, Visual Arts pupils are busy erecting elaborate works during the dusk or dawn hours.

These artists will tough the harsh autumn of Victoria to place their work in a chosen location on campus, have it critiqued by their

instructors and peers, and then remove it by the end of the day.

They will be out either around 6 am the day of the critique or, depending on the complexity of any given piece, the night before.

Sometimes this only involves hauling a work out of the studio or, if the art is too large or complex, it has to be assembled on location.

Art produced through the program's sculpture course is what's predominantly seen around campus.

Most sculptors will try their art in a green space at least once during the two-year program.

Visual Arts program chair Joseph Hoh fully supports the unique concept of location-based art.

"It's how you want to contextualize your work," says Hoh. "It's all part of the presentation. We want to make the student think, 'How do you present a work? How do you convey the ideas you want to convey?'"



## A fine bromance

### I Love You, Man

Starring: Paul Rudd, Jason Segel, and Andy Samberg  
Directed by John Hamburg  
Runtime: 1 hr, 45 mins

Almost everyone has that one guy somewhere in their circle of friends whose sexuality is questionable. He's a straight guy with eight girlfriends, but he's not a player. Quite the contrary, he's just one of the girls. He goes to movie nights, he goes shopping, and he's never been to a poker-and-beer night.

Peter Klaven is that guy, and he's the subject of the hilarious comedy, *I Love You, Man*. So when Peter (Paul Rudd) proposes to his girlfriend, Zooey (Rashida Jones), he has no one but his parents to call, no one to throw his bachelor party, and no one to be his best man.

After a series of awkward mandates, Klaven is ready to give up, but then he meets Sydney Fife (Jason Segel) and it's bro's at first sight. As complete opposites, they hit it off, and over the next few weeks the straight-laced Peter learns how to

loosen up with his new BFF, who is soon to be his best man.





*I Love You, Man* has a fantastic collection of great comedy actors. It contains a plethora of awkward moments and outlandish situations that will have viewers in stitches.

Rudd and Segel make a terrific pair, having starred together before in *Forgetting Sarah Marshall*.

Combine that chemistry with a great supporting cast, which includes Samberg, John Favreau, J.K. Simmons, Lou Ferrigno, and Kirsten Wiig, and *I Love You, Man* is a hands-down success.

And if by the end of the movie viewers haven't had enough of Rudd making up stupid words like "totes-ma-gotes" in his pathetic attempts to be cool, the special features on the DVD are almost as entertaining as the film itself.

#### RATINGS

Complete disaster .....   
Unfortunate malfunction.....   
A solid stand.....   
Freakin' fabulous ..... 



## Songs for the season

With the holidays fast approaching, it's time to get in the spirit! And, no, I don't mean go shopping, hang lights, and sit on a fat guy at the mall—the best way to feel the joy of the holidays is to fill your ears with the season's songs. While classic Christmas songs and hymns are always important, sometimes it doesn't even have to be Christmas carols to get the point across.

Vancouver's **Sufjan Stevens** ([myspace.com/saidthewhale](http://myspace.com/saidthewhale)) love Christmas. It's easy to tell, as over the last two years the band has released a free Christmas EP on their MySpace page. They feature original tunes penned by the band with such titles as "This Winter I Expire," an ode to the crummy wet Christmas of the West Coast, something we can all relate to. "It's Christmas in Vancouver / another one the same / another shitty winter / another day of rain." Substitute "Victoria" for "Vancouver" and it could be our city's holiday theme.

Although it's not about the holidays directly, there isn't a more winter-sounding album than *The Trials*



Sufjan Stevens

of the *Van Occupanther* by **Midlake** ([myspace.com/midlake](http://myspace.com/midlake)). Featuring songs about being lost in the woods in the winter, and even one titled "It Covers the Hillside," which is all about snow, this album will turn any boring, rainy December eve into a winter wonderland... without having to shovel the driveway.

Easily the best collection of holiday hits is **Sufjan Stevens'** ([myspace.com/sufjanstevens](http://myspace.com/sufjanstevens)) five-CD holiday box set, *Songs for Christmas*. Featuring his takes on classic hymns, more modern

Christmas tunes, and some of his own original numbers, it's over two hours of music that will surely make you excited for Santa to come down your chimney. The standout track on the entire five-disc collection is a Stevens original called "Sister Winter." This track is the greatest Christmas song ever written. It's so good I've listened to it many times throughout the year, even when Christmas was a far-off memory. Now that Christmas has returned, it will no doubt be getting even more spins.

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## Worth the Trip?

The battle of on and off-campus eats  
BY ALAN PIFFER AND ED SUM



**Campus Café**  
**Lansdowne Campus**  
**Sushi**  
**\$6.69**

### Presentation and service

**Ed:** Bento Nouveau supplies the campus cafeteria's sushi. Who knows how long it took to get here from Vancouver. I laugh at the idea of fresh sushi from these guys. Plus, \$6.69 gives you only nine pieces of maki sushi. That's far too little compared to the 12 you get from Fujiya.

**Alan:** It's like a cruel joke—not only is the food bad, but you get such small portions. Just as with a lot of the other food Aramark offers here, students are getting totally hosed by the price-to-portion ratio. Just the psychological impact of the food's high prices makes it that much less palatable.

### Taste

**E:** The first thing I could tell was the rice wasn't fresh. It tasted like it had been sitting there for a long time. The rice should have been soft and fluffy. Once rice is refrigerated, it starts to stiffen, and just doesn't taste good, period. Having eaten rice every day for my entire life, I'd say I'm an expert. And who knows how long the fish sat in storage before these rolls were made? The smoked salmon was okay, but nothing special. If the quality of the rice wasn't so much of an issue, I'd almost say what they offer here is edible.

**A:** I'm definitely not as picky a rice-eater as you are, Ed, but the lesser quality of this sushi compared to other places is unmistakable. But if I'm in enough of a dire need of a sushi fix, I'll get some from here. It's half-decent, just not quite filling enough. Here's a fun tip—eat the entire glob of wasabi in one gulp. It really helps to wake you up.



**Fujiya**  
**3624 Shelbourne St.**  
**Sushi**  
**\$4.35**

### Presentation and service

**E:** At Fujiya you get 12 pieces in a portion, which is great. Make sure to arrive early to get the sushi; the longer it sits, the less tasty it gets. I'm surprised that Fujiya hasn't thought of doing a takeout window like McD's. I'm sure their business would quadruple.

**A:** Fujiya is awesome. Besides all the choices they have at their sushi counter, I enjoy looking for exotic snacks with the rad packaging they have here. Why is Japanese-style packaging always a million times cooler than North American-style packaging? I used to import video games from Japan back in the Nintendo days in the late '80s; so this gives me some serious nostalgia.

### Taste

**E:** I enjoy eating the spicy tuna roll the most; I rarely deviate from that. Once in a while, I delight in the nigiri plate when I'm really craving a slice of eel or octopus. It's a pity they don't offer exotic fish; I have to hit a restaurant for those. Sadly, they don't serve high-grade fish here. It's still good, but I can taste the difference compared to a restaurant. Still, for takeout sushi, this place can't be beat.

**A:** All the sushi they have at Fujiya kicks ass. In fact, pretty much everything they have here kicks ass. Man, my mouth is watering again.

### And the winner is...

It would be a mighty brave claim for any other place to say they top Fujiya's takeout sushi for quality and quantity.

### Verdict

For any discerning sushi fan, there's no alternative to Fujiya. It's well worth the short bus trip over there for a filling and tasty sushi bonanza.



## Inter-Course

BY KELTIE LARTER

# Having a bloody good time

I recently found myself in the middle of a conversation with a group of male friends about having sex with a woman while she's menstruating. Surprisingly, most of them said they didn't mind a little red-tide loving, because they'd rather have bloody sex than no sex at all.

Period sex is good for women who suffer from menstrual cramping because having an orgasm gets rid of some of the hormones that cause the uterus to contract when you have your period. And because an orgasm causes your uterus to contract, and therefore expel more menstrual blood, it can help shorten Aunt Flo's visit, which is nice for both men and women.

Speaking of what's nice for men, having sex with a woman who's on her period means extra lubrication and, when dillying the dally, slippery is good.

Another benefit for those of

you who use the rhythm method is when a woman is bleeding it's very unlikely that she will become pregnant—notice I say very unlikely, not impossible.

So, if your lady is willing to risk it, then this may just become your favourite time of month. In case you're not pickin' up what I'm puttin' down here, I'm saying you can come inside your girlfriend without worrying (too much) about getting her pregnant.

The risk of contracting a sexually transmitted disease is increased during menstrual sex, however, so this isn't recommended for casual partners, or even not-so-casual ones who haven't been cleared by a doctor.

For those of you who are a little squeamish about parting the red seas, there are a few tricks to help lessen the mess.

Using a diaphragm or cervical cap can really decrease the amount

of blood you have to deal with so you can concentrate on making each other scream. A diaphragm also lessens the risk of pregnancy.

Wearing a tampon during oral sex keeps your partner happy so he or she can make you happy too, and some women I've talked to just keep one in during penetration. If you try this, be warned that you may have to do a little digging around to find it afterwards.

Bumping uglies in the shower is always nice, and if your girl's trolling for vampires it washes away all of the evidence.

If you want to avoid ruining your nice sheets/upholstery/carpet, make sure to put down a dark coloured towel to soak up any excess blood.

But, most importantly, enjoy yourselves. Good sex involves trust, communication, and respect. If you've got all of those things, who cares if it gets a little bloody?

## Quick bites

### Kim's Vietnamese Restaurant

748 Johnson, 250-385-0455  
4/5 bites

**CHRISTOPH KONICZEK**  
CONTRIBUTING WRITER

Within its candlelit walls, Kim's has a décor reminiscent of Hanoi, with paintings and plants, as well as the charmingly traditional patina of Northern Vietnamese art. The menu choices are largely rice-noodle-based and other rice dishes

(great for celiacs!). Soup being a specialty of Vietnam, the Kwauh Teaw Crab Noodle Soup (#50 on the menu), which has tofu, tomatoes, crab, scallops, prawns, rice noodles, and a generous helping of bean sprouts and lime, is an easy choice. Most of the menu is under \$10, making this a gourmet squeeze that's not to be missed. The fried noodles with beef and black bean are very flavorful with a generous portion not to be under-estimated. It's served with a side dish of incredibly fresh bean

sprouts and cilantro sprigs to tear up and add to the dish as you see fit. The Classic Pho (beef noodle soup) is also a bargain at \$8. Kim's is sure to please any palate on a budget.

**Taster's tip:** To buy your own crabs, simply go down to the end of pier three on Fisherman's Wharf for whole, live Dungeness crab at only \$5 a pound. Crabs can be cleaned and prepared on the dock by request. To cook, steam or boil legs and claws about five to seven minutes for perfectly done local crab.

## Maude's December Specials

Martini Mondays (Music Bingo starts at 7:30 pm)

Appy Specials (4 pm) / Martini Mondays \$5  
Big Rock Trad/ Stanley Park \$5.25 pint/\$14.99 jugs

Black Tuesdays

Lighthouse Specials  
\$6.95 Classic Beef Dip & Fries (4 pm)  
\$4.75 Rip Tide / \$4 Jager

Wing Wednesdays

.35¢ Wings (after 2 pm)  
Blue Buck / Rock Creek Cider Specials

Thirsty Thursdays

Pilsner / Canadian / Rickards Red \$5.25/\$14.99  
\$6.95 10" Pizza (4 pm), \$6 Double Hi Balls

Traditional Handsome Man Fridays

Big Rock Traditional \$5.25/14.99 (Join the Club with a Mug)  
Imports Stella, Guinness, Strongbow \$6.50  
Buckets of Bud Lite Lime / Corona \$19.95

Shotski Saturdays

\$16 Shotski  
Okanagan 1516 / Pale Ale / Black Lager \$5.25/\$14.99  
\$5 glass / \$15.25 1/2 Litre Naked Grape Pinto Grigio and Shiraz

Hung Over Sundays

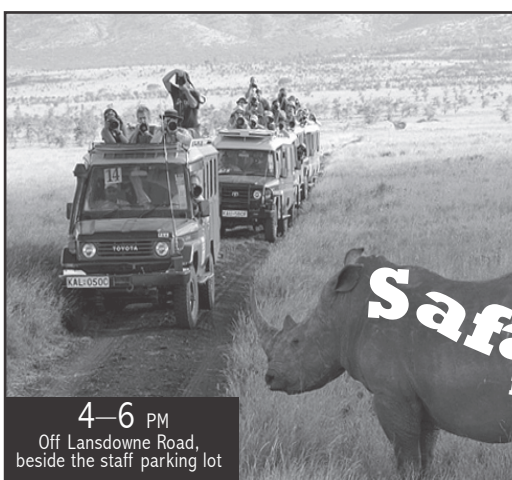
NFL Budweiser Bottles \$4.75  
Burger and a Beer \$9.95 (after 3 pm)  
\$4.95 Breakfast, \$5 Doubles, \$3.99 Caesars

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**Dunlop House**  
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**Safari**  
Dec. 3rd

4-6 PM  
Off Lansdowne Road,  
beside the staff parking lot

## World AIDS Day a time for awareness

**CRISTIAN CANO**  
PRIDE DIRECTOR

Dec. 1 is an important date. When I was younger it meant that in 24 days I was going to receive presents, and that the year would end within a month.

Now, on Dec. 1, I think about AIDS. That's correct—Dec. 1 is World AIDS Day.

This day is to honour those who lost their lives because of the AIDS virus and to raise awareness about the disease.

Even though medicine is able to improve the lives of those with AIDS now, it's important to remember there are lots of people in the world who still don't have access to proper treatment.

Some countries still think AIDS is a disease just for gay men and neglect to educate their popula-

tion. Now, heterosexual women are more likely to get AIDS, but there's still not enough education about the topic.

There's stigma about the issue of AIDS that makes people afraid of it. Some don't get tested because they'd rather not know the results than confront all the implications that AIDS brings.

I ask anyone who hasn't gotten tested for AIDS for a while to do so—the most important thing is to know. Keep getting tested regularly. Doing it once is not enough—do it for the rest of your life.

And make your partner get tested, unless you're a guardian angel who knows what your partner does at all times.

And, most importantly, protect yourself! It's your life that you're saving.

### Nexus is back online with a new website at [nexusnewspaper.com](http://nexusnewspaper.com)

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## INSIDE OUT

BY AMBER ROWSE-SIMMONS

### Gabriel Backstrom-Cayer

Gabriel Backstrom-Cayer was born in the nation's capital of Ottawa in 1991 and moved to Victoria in 1997. An avid musician, he has been playing the violin since the age of five. Gabriel is studying various disciplines of Humanities, but focusing on History while he completes his first year at Camosun College.

#### How would you describe yourself?

I'm a pretty happy-go-lucky guy with a bizarre sense of humour who generally doesn't take much of anything terribly seriously. While I wouldn't say I'm stupid, I can be occasionally very air-headed.

#### How do you celebrate the holidays?

I celebrate Christmas quietly at home, with family. I often get invited to a Hanukkah party, too.

#### Do you have any guilty pleasures?

Trivia! I have a garbage-truck brain, so I'm good at retaining all sorts of useless information.

#### Have you ever performed or received any random acts of kindness?

Many years ago I was due to play a solo in a violin recital when I realized that my music was missing. In the 20 minutes before I was up, someone who overheard me panicking jumped in her car, drove home, found a copy of the music I needed, sped back to the concert



NAOMI KAVKA

hall, and got it to me just in the nick of time.

#### Where have you travelled to?

I've been all across Canada, France, the American west coast, and New York. I'd love to visit Turkey and the Netherlands someday.

#### If you could meet someone living or dead, who would it be?

I'd visit His Majesty Norton I, Emperor of the United States and protector of Mexico. I also wouldn't mind meeting Hannibal Barca, Stravinsky, Paganini, or Kurt Vonnegut.

#### What kind of food really disgusts you?

I'm a pretty good eater, so there's no general type of food I dislike; but most fast food, Brussels sprouts,

and Thrifty's chicken are not high on my list.

#### How would you spend \$1 million?

I'd buy a cool house... and maybe a handful of real truffles. I've always wondered what they taste like.

#### What is your favourite song?

Either "House of the Rising Sun" by the Animals or "The Rite of Spring," obviously by Stravinsky.

#### Any advice for readers?

I want to give some advice to Nexus journalists instead. As Oscar Wilde said, "If you want to tell people the truth, make them laugh, otherwise they'll kill you."

Email [nexus@nexusnewspaper.com](mailto:nexus@nexusnewspaper.com) if you know an interesting person around campus that we could profile in Inside Out.

# Kool

107.3

## TOP 40 COUNTDOWN

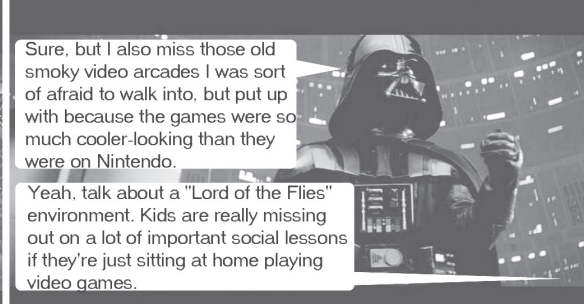
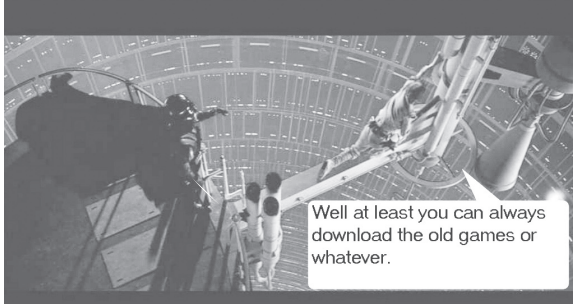
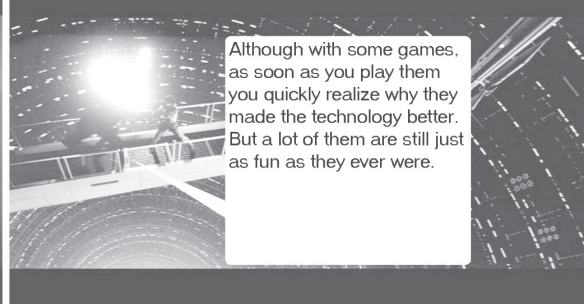
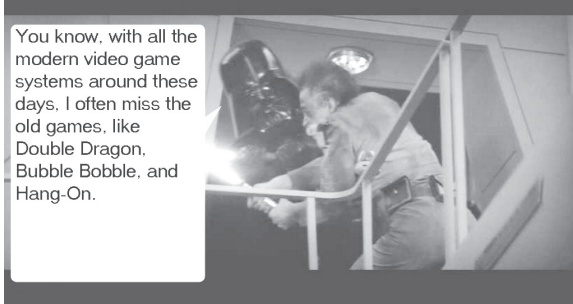
Saturdays 10am-2pm  
Sundays 6pm-10pm

### Today's Best Music

- |                      |                         |                       |                             |
|----------------------|-------------------------|-----------------------|-----------------------------|
| 1. D.Guetta/Akon     | > Sexy Chick            | 21. Black Eyed Peas   | > I Got A Feelin'           |
| 2. Cascada           | > Evacuate The Dance... | 22. Owl City          | > Fireflies                 |
| 3. Kelly Clarkson    | > Already Gone          | 23. Jay Z/Alicia Keys | > Empire State of Mind      |
| 4. Miley Cyrus       | > Party in the USA      | 24. Daughtry          | > No Surprise               |
| 5. Jason Darulo      | > Watcha Say            | 25. Cobra Starship    | > Good Girls Go Bad         |
| 6. Jay Z             | > Run This Town         | 26. Colbie Caillat    | > Falling For You           |
| 7. Kings of Leon     | > Use Somebody          | 27. Down w/ Webster   | > Rich Girl                 |
| 8. Jay Sean          | > Down                  | 28. Boys Like Girls   | > Two is Better Than One    |
| 9. Faber Drive       | > Get Up And Dance      | 29. Jordin Sparks     | > SOS                       |
| 10. Taylor Swift     | > You Belong With Me    | 30. Stereos           | > Throw Your Hands Up       |
| 11. Franti/Spearhead | > Say Hey (I Love You)  | 31. Rihanna           | > Russian Roulette          |
| 12. Beyonce          | > Sweet Dreams          | 32. Iyaz              | > Replay                    |
| 13. Hedley           | > Cha Ching             | 33. Lights            | > Saviour                   |
| 14. Lady Gaga        | > Paparazzi             | 34. Lady Gaga         | > Bad Romance               |
| 15. Default          | > Little Too Late       | 35. Jepsen/Ramsay     | > Sour Candy                |
| 16. Black Eyed Peas  | > Meet Me Halfway       | 36. Nickelback        | > Never Gonna Be Alone      |
| 17. Britney Spears   | > 3                     | 37. Michael Buble     | > Haven't Met You Yet       |
| 18. The Fray         | > Never Say Never       | 38. Suzie McNeil      | > Help Me Out               |
| 19. Pink             | > Funhouse              | 39. Jenna             | > That's What it Feels Like |
| 20. Ke\$ha           | > Tik Tok               | 40. Karl Wolf         | > Yalla Habibi              |

[www.1073kool.fm](http://www.1073kool.fm)

### Darth and Luke By Alan Piffer



### Phlegm By Shane Scott-Travis

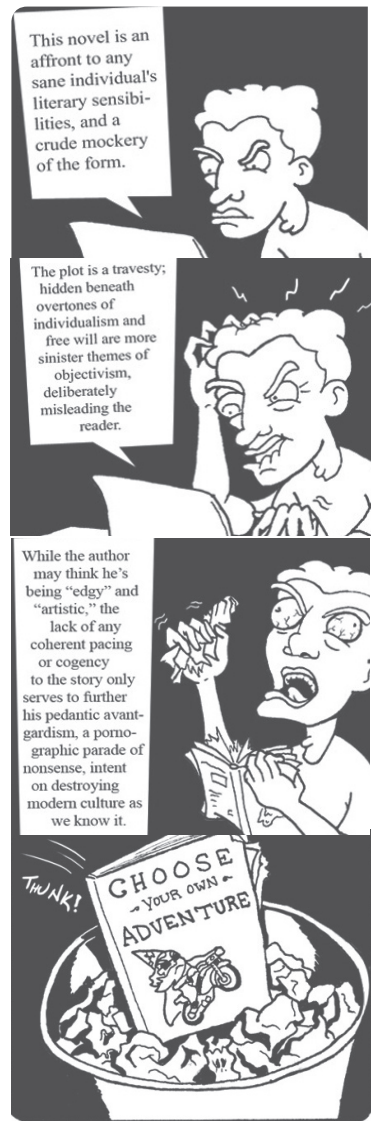


### Overheard at Nexus

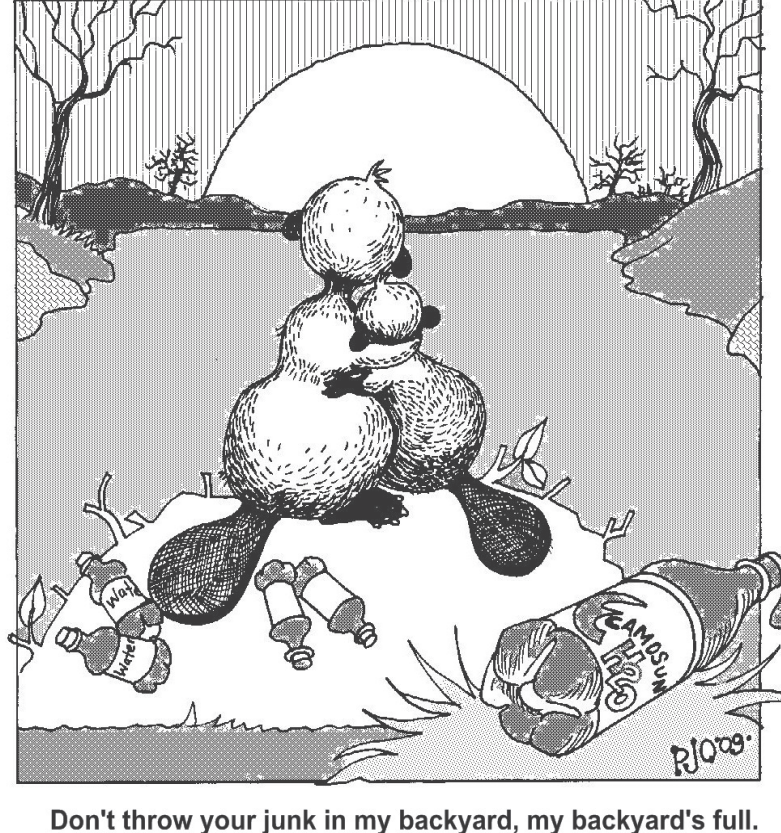
Who hasn't walked into a conversation at the wrong time — what did he say about anal beads? Or eavesdrop on a conversation that was the equivalent of smelling someone else's fart? At Nexus we do a lot of that, so here's what's been overheard lately...



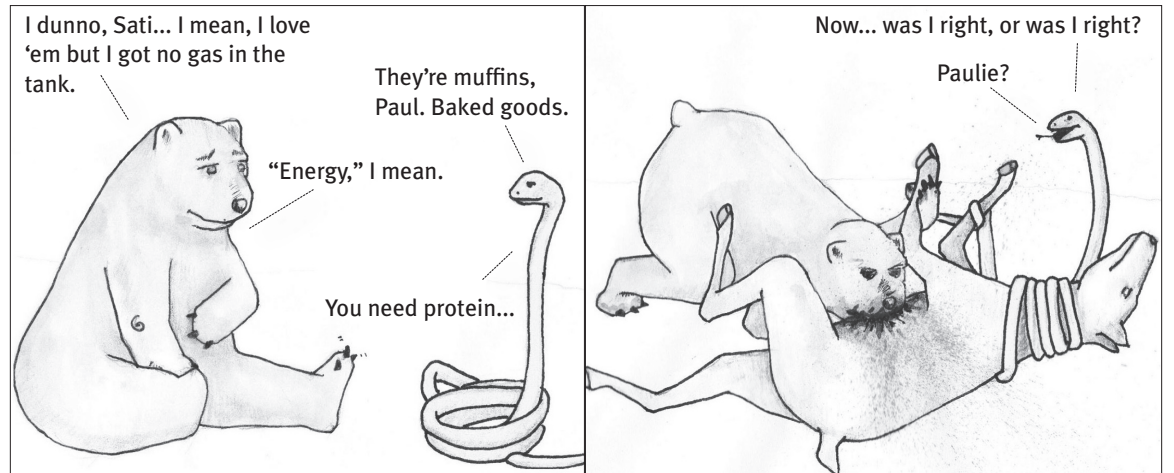
### Rental Geese By Mike Kendrick & Lucas Wagner (The Gateway - CUP)



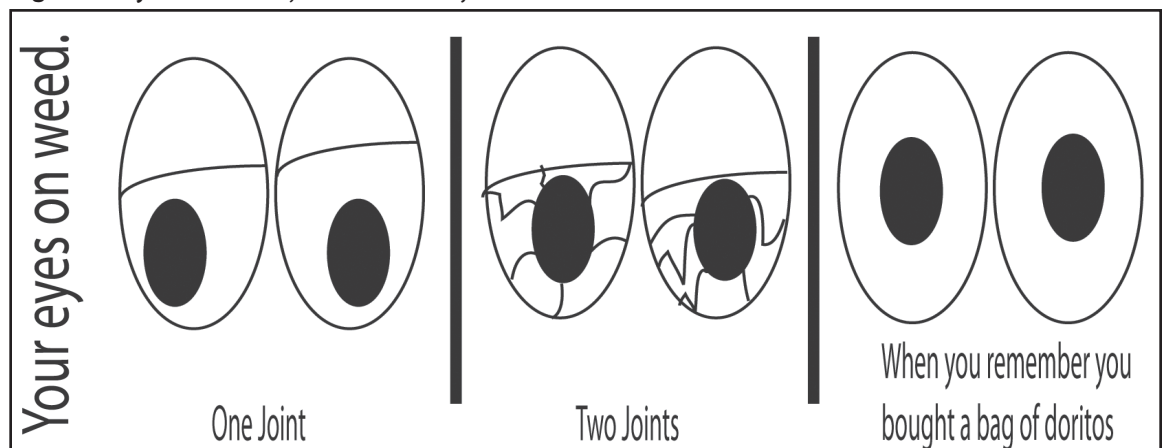
### Campus Callosum By Pam Oliver



### Natural Selection By Michael Brar and Doug Carswell



### Big Fat Hairy Ballsack By Shane Priestley





By Shane Scott-Travis

THURSDAY, DEC. 3

### Getting Louder: Loud-speaker 2010 Fundraiser

LOGAN'S PUB, 8:30 PM, \$10

Fernwood's fave watering hole plays host to this fun-filled fundraiser to benefit the latest local festival to find our fair city. LoudSpeaker is a multi-week fest celebrating music, poetry, and theatre that jives with International Women's Day in March. This show will feature a mixture of marvelous musical acts like Honeyloaf, Auto Jansz, Carolyn Mark, Kate Reid, and more. This night promises great banter, good tunes, and silly door prizes. Who could ask for more?

FRIDAY, DEC. 4

### Greenlaw, Big Reds, DJ Outsider

LUCKY BAR, 9 PM, \$12

If you're looking for a drum-and-bass blowout to get you through December's dark nights, look no further! Fresh from their European tour in support of their new single, "I'm Gone," comes Greenlaw, the much adored dub/soul/jazz maestros. With free giveaways of their new vinyl and two great guests, this is a night of dub-soul-electronica, and that happens to rhyme with Hanukkah. Oy vey!

SATURDAY, DEC. 5

### Guy Davis and Rod Davis

AMBROSIA CENTRE, 6 PM, \$32

Influential and outspoken Delta Blues guitar king Guy Davis will be passing through town for a highly anticipated and intimate show. Sharing the stage will be former member of John Lennon's

the Quarrymen, Rod Davis. This skillful showcase will be hard to pass up for any serious music fan. Don't let this double bill pass you by.

SATURDAY, DEC. 5

### It's Mint Records' Ridiculously Early Xmas Party!

LOGAN'S PUB, DOORS AT 8 PM, \$10

Vancouver's coolest label, Mint, is hosting another holiday-themed carousal showcasing many artists from their rockin' roster. Expect lively and 'lectrifying sets from Fanshaw, Hot Panda, Carolyn Mark, the Pack AD, Vancougar, and more! As usual with this annual affair, expect door prizes, sing-a-longs, and maybe even a visit from the jolly ol' elf himself. See you under the mistletoe, fo' sho'!

MONDAY, DEC. 7

### Band of Skulls

SUGAR, 9 PM, \$16

British alt-rockers Band of Skulls will be ferreting their freewheelin' riffage in support of their debut, *Baby Darling Doll Face Honey*. With their singles that have been burning up the charts overseas and their high-profile musical contributions in the new *Twilight* film, expect to hear more from these cool accent-spouting blokes (and babe).

FRIDAY, DEC. 4

### Racoons, Technomancer

SUGAR, 9 PM, \$13

Vancouver's creatively misspelled Racoons bring their eclectic musical mishmash to Sugar. Acknowledging a wide range of influences from the Cars and Joy Division to Zappa and the Muppets, this is a dance party waiting to erupt. Lots of opening act talent is available on this night as well. So get ready to pull shapes over some phat beats and let the good times roll.



By Shane Scott-Travis

WEDNESDAY, DEC. 2

### Getting hired seminar

Tired of your folks/roommates/significant others singing "Get a job, sha na na na, sha na na na" to you until they're blue in the face? Camosun has your back, Jack! This workshop, running from 4-5:30 pm at the Lansdowne campus (Fisher 310) will help you get your gluteus maximus gainfully employed, guaranteed! Learn ways to sell yourself to employers, get the career you want and put a malankey bit of cutter in your pocket. Visit [camosun.ca/coop](http://camosun.ca/coop) for more details. Yip yip yip yip yip!

SATURDAY, DEC. 5

### Tuba Christmas

This family-oriented afternoon of Christmas tunes, as performed by the tuba, will kick some serious brass! Eugene Dowling will be conducting the tuba-ing trillers from 1-3 pm at Market Square. Free.

TUESDAY, DEC. 8

### From Brain to Brawn

Part of the Café Scientifique Lecture Series, this seminar is open to the community, costs nothing, and will be held in the Maple Room of the Strathcona Hotel downtown. Join Dr. Paul Zehr as he discusses and shares approaches and perceptions on recovering and rejuvenating after suffering from stroke. Head on over to [cbr.uvic.ca](http://cbr.uvic.ca) for more erudition on this lecture and future ones being put on by Café Scientifique.

## classifieds

WANT TO GET PAID to talk about what you love? The Land Conservancy is seeking dedicated, environmentally conscious individuals to join our new canvass team. Part-time, flexible hours. Contact Erika at 383-4627 or email [everlinden@conservancy.bc.ca](mailto:everlinden@conservancy.bc.ca)

HOME-BASED AVEDA SALON in Fernwood offering hair and waxing services (specializing in Brazilians) at discounted prices. Call 250-294-0822 for more info or to make an appointment.

EACH REGISTERED STUDENT AT CAMOSUN IS ELIGIBLE FOR UP TO 40 WORDS PER SEMESTER FOR FREE. BUSINESS-RELATED ADS ARE \$15 FOR 20 WORDS. CALL 250-370-3593 FOR INFO ON CLASSIFIED ADVERTISING.

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For a complete list of Open Learning courses and programs, please visit our website.



## Have a great night at late night.

The City of Victoria, in partnership with local taxi companies and VicPD, is introducing three late night taxi stands from 2 a.m. to 4 a.m. every Thursday, Friday and Saturday night for the next six months.

Taxi stands are designed to help people find easier access to a safe ride home at the end of the night.

## Get home safely.



### Taxi Stand Locations:

- 1 Pandora Avenue at Government Street (adjacent to Centennial Square)
- 2 Government Street between View and Fort Streets
- 3 Douglas Street bus stop between Fort and Broughton Streets

Visit [www.victoria.ca](http://www.victoria.ca) and click on *What's New?*



## Nexus Shutterbugs



This issue's winner - "Craw" by Ken von Schilling.

### Did you take a cool photo lately?

Send it to us and if we like it and print it in Nexus, you'll win a prize. Please include your name, phone number, and Camosun student number with your entry. [nexus@nexus@nexusnewspaper.com](mailto:nexus@nexus@nexusnewspaper.com)