



BEST CO-OP EVER

Nine Camosun students head to Disney World for a fun six-month co-op work term.

CAMPUS—4



VICTORIA'S OLD PUBS

From parrots to prohibition, Victoria's pub history is rich and entertaining.

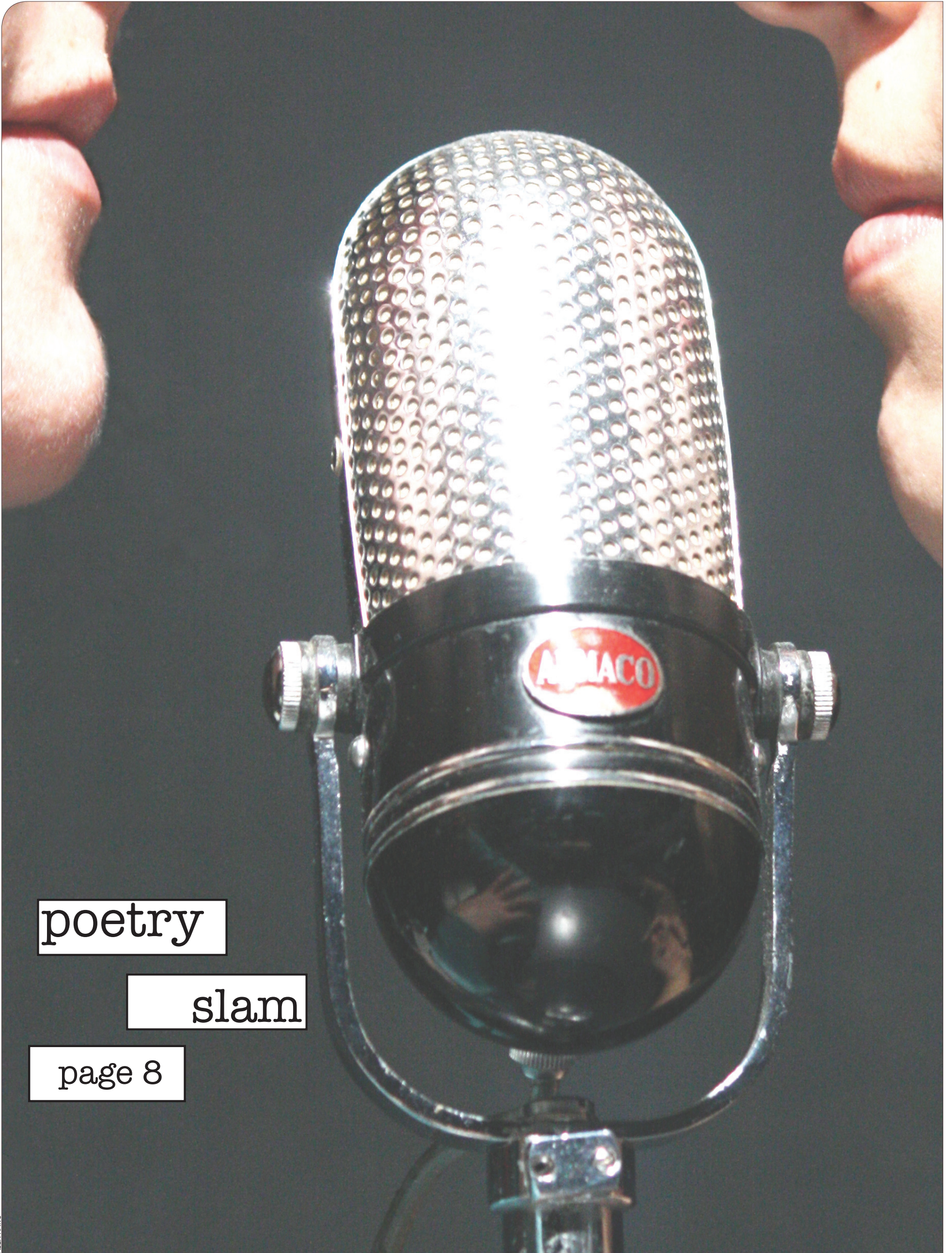
LIFE—6



ALL ABOUT YOU

Intrepid theatre invites emerging artists to stage their plays with *The You Show*.

ARTS—12



poetry

slam

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EDITORIAL MEETINGS
Come out to our weekly *Nexus* editorial meetings, where all Camosun students can get involved in their student newspaper. Meetings take place every Tuesday at 11:30 am in the *Nexus* office, Richmond House 201, Lansdowne. Call 250-370-3591 or email nexus@nexusnewspaper.com for more information.

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NEXUS NEEDS STUDENT VOLUNTEERS

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editorial Unleash the extracurricular beast

ERIN BALL
STAFF WRITER

Camosun College faces a challenge when it comes to overcoming student apathy and inspiring students to get involved with extracurricular activities on campus.

Camosun students are usually here for a short period of time—we have many university transfer (UT) students that use the college as a stepping stone to larger universities. Besides the UT students, many of us are involved in diploma programs that run anywhere between a few months and a few years.

Most of the students studying at Camosun for a short period of time just don't seem to care about the activities offered outside of class. And, because of this, they're missing out on excellent opportunities that are often more valuable than their studies.

Students that come to school and have their head stuck in the sand—or in the classroom—don't see the larger picture.

We are given opportunities that aren't available to those in the workforce. Professionals will give endless free advice because they don't view us as competition—yet. As soon as we graduate and enter the workforce, those opportunities disappear.

We are now competition. We must find our own way.

Once a student is part of a club or organization, they open themselves up to countless perks and

Once a student is part of a club or organization, they open themselves up to countless perks and opportunities.

An excellent example is being involved with a student newspaper like *Nexus*.

Volunteers are able to write and get published in a newspaper that's part of the Canadian University Press (CUP) and possibly get printed in campus newspapers across the country. Besides the networking opportunities and perks of being part of CUP, volunteering opens up many employment possibilities.

Local arts and entertainment columnist Mike Devlin started out writing for *Nexus* and landed a position at the *Times Colonist* before he even graduated.

The problems with student apathy aren't limited to individuals. In last fall's CCSS election only seven students ran for four board positions at Lansdowne and four students ran for four positions at Interurban.

That, coupled with a low voter turnout (approximately 3.7 percent) makes it unconvincing that the student population is being accurately represented. But the student society can't be blamed entirely for the low



JESSICA TAI

turnout; it's the students who need to come to the polls.

If it weren't for the few students that get involved with the student society, the CCSS wouldn't exist. And they are sometimes the only ones who speak up when administration implements more fees or regulations that may not be in student's best interest.

A solution to this problem of student apathy could lie in Camosun faculty working more closely with existing clubs and the student so-

ciety to encourage students to get involved.

With students here for just a short period of time, the college needs to put in even more effort to encourage them to take advantage of the extras the school has to offer and to care about the college community.

After all, Camosun staff is here to make sure that students succeed in their education, and part of that is education that takes place outside of class.

open space

Open Space accepts submissions from Camosun students. Submissions to Open Space should be 400 words or less. Responses to previous articles in *Nexus* should be 250 words or less. Email submissions to nexus@nexusnewspaper.com and include your name and student number.

Internet service providers ripping off users

ED SUM

CONTRIBUTING WRITER

Using the internet at home can become expensive if you're not careful. Given the direction where video entertainment is going—watching high-definition movies online via Netflix, Hulu, or YouTube—what most internet service providers (ISPs) are going to do is identify the problem users and charge them extra for their abuse.

But why now, when streaming video is hot? Simple. They can make easy money from an unsuspecting casual user, who doesn't expect to get punished for those who are taking up more bandwidth space.

The first time that unsuspecting person goes over the data-transfer limit (also known as a bandwidth cap), they'll get warned. If they

Bandwidth restrictions will no doubt discourage the proliferation of media on the internet.

continue unabated, every gigabyte used over their limit is going to cost at least \$2 per gig.

As of February 1, Shaw Communications is the next company to implement this measure. Bell and Rogers have been doing this for a while and the Canadian Radio-Television Telecommunications Commission, who regulates all broadcasting and telecommunications in Canada, is okay with it.

These restrictions will no doubt discourage the proliferation of media on the internet. If anything, Shaw should look at what Comcast offers in the States. About 250 gigabytes is more than enough to keep anyone happy. The computer-savvy can operate a server and the casual user can surf without worry.

That ISPs think 60-100 gigabytes per month is more than enough is utter nonsense. A home network of multimedia devices—two computers, an internet-capable DVD player, and a PlayStation3—in regular use can easily eat up half of that.

Unless ISPs can back their claims with data logs, they should look at the traffic reports from media-based websites rather than come up with their own figures. For the most part, these providers don't

care about what's being downloaded until someone complains.

Perhaps there's a conspiracy going on behind the scenes where the money being made by the ISPs is being used to pay off the entertainment industries. The Recording Industry Association of America and the Motion Picture Association of America have been suspiciously quiet of late. Where are all the lawsuits?

The internet was once a frontier for free speech, research, and downloading the latest wares. Fortunately, there are watchdog organizations like openmedia.ca who are trying to keep things free.

If these ISPs keep on being greedy, it'll be like cruising down the expressways of Japan, where you have to pay up before you can continue on.

textback

Tell us what you think. Send a text to 604-223-0076.

"It was nice to read a sports section that wasn't about our volleyball teams losing."

"Single Dad Banana makes my LIFE!"

"Seduction 101. I want it back. What will I read during physics class now?"

"Thank god I quit smoking before they banned it on campus."

"I have to keep my credit card in a bag of water in my freezer."

"Class is a waste of time, too expensive, and you're not learning anything, but you still sign up each

term. I'm sorry, I'm confused."

"Between Victoria's lack of taxis, a dilapidated bus system, and the world's worst drivers, it'd be safest to walk off the island in the event of an earthquake. I need a boat."

Nexus reserves the right to edit or exclude submissions for any reason. Discriminatory or libelous texts will not be printed.

Call us on it!

Did any of our articles spark your interest or get you riled up? Tell us what you thought in 250 words or less, e-mail your letters to *Nexus*, and we'll reprint them.

politics

Camosun instructor vies for riding

BRANDON ROSARIO
CONTRIBUTING WRITER

Randall Garrison is no stranger to the words “third time lucky.”

The Camosun College criminology and political science instructor, who balances his teaching duties with a spot on the Esquimalt municipal council, was acclaimed on Sunday, January 23 as the NDP candidate in the riding of Esquimalt-Juan de Fuca for the upcoming federal election, a position he had tried for two previous times. The position was made official on Sunday in a nomination meeting at the Archie Browning Sports Centre attended by New Democrat leader Jack Layton.

The riding, which has been held by Liberal MP Keith Martin under three different political parties since 1993, will be hotly contested in the upcoming election after a November announcement by the would-be incumbent of his decision to bow out of politics.

Frustrated by what he called in the press “hyper-partisanship” in Ottawa, Martin’s decision to step aside will guarantee a fresh face to represent the constituency, which encompasses Langford, Sooke, Metchosin, Esquimalt, and parts of Saanich.

Having been edged out by Martin twice in two previous elections, once in 2004 and again in 2006, Garrison hopes to combine his international experiences abroad with Amnesty International and work as an elections observer in East Timor with the skills he has acquired as a councilman. A New Democrat

“I’m interested in how to find practical solutions to problems.”

RANDALL GARRISON
FEDERAL ELECTION HOPEFUL

hasn’t held the position since Dave Barrett over two decades ago.

“I’m pretty much a results-oriented person,” says Garrison, “so whether I’m working internationally or on the council, I’m interested in how to find practical solutions to problems.”

Garrison’s main opponent is Conservative party hopeful Troy DeSouza, a former Camosun transfer student and award-winning lawyer who lost to Martin in a 2008 nail-biter by only 68 votes.

Garrison anticipates a visible split that will have former Keithvoters torn between himself and DeSouza due to the visibility and popularity factors that go with multiple attempts at election.

“Third time lucky can’t work for both Troy and I,” he says. “I think it’s going to come down to a two-way race because of history.”

One of the major issues that will undoubtedly decide the outcome of an election in Esquimalt-Juan de Fuca is the highly controversial debate surrounding the possible construction of an overpass connecting Mackenzie and Admirals above the Trans Canada—infrastructure that DeSouza has made



Camosun prof/NDP candidate Randall Garrison.

BRANDON ROSARIO

his number-one priority.

“This emphasis on patronage that Troy has drives me crazy,” says Garrison. “To me, you could take the money to build the interchange and run commuter rail for four to five years.”

Meanwhile, DeSouza expresses his firm belief in the overpass’ abilities to significantly reduce traffic congestion that can last upwards of an hour going in and out of Victoria, an all-too-familiar burden on students who commute from the Westshore.

“Leaders are expected to listen to people, hear their concerns, and act on their concerns,” says DeSouza. “This is not about me, but about helping thousands of frustrated commuters who are trying to get to work on time and back to their families for dinner.”

The project would require federal initiative and fiscal contribu-

tion, two things that DeSouza says will be much easier to lobby for as a Conservative MP if the party wins another minority government or bolsters themselves into a house majority.

“What I have to offer differently from Randall or the Liberals or Greens, is that I want to be an MP in government who can get things done,” says DeSouza. “I don’t want to bang my head against the wall.”

And in the event that a federal election be called during Camosun College’s winter semester, political science and criminology students in Garrison’s classes will be taken care of.

“I have contingency plans that I’ve talked to with the Camosun dean,” says Garrison. “If this comes too early it may require me to take some leave, but I’ve got people lined up to teach.”

NEWS BRIEFS

New map for bus rage

Being passed up by a full bus while trying to make it to class can be incredibly annoying, but instead of burying the rage deep down inside students can now express their frustration by placing a sticker on a map. Camosun College parking and transportation has put maps near the campus bookstores for students to indicate where they were passed up. They got the idea from UVic’s *Passed Up WTF?* campaign and both schools hope to forward the data to BC Transit so they increase service levels and frequency.

CCSS releases student-debt videos

The Camosun College Student Society (CCSS) has produced and released three videos for the Canadian Federation of Students-BC’s Debt Sentence campaign. The videos are each about a minute long and aim to illustrate the campaign’s main goals—to reduce tuition fees, eliminate student-loan interest, establish a student-grant program, and increase core funding. Matheus Clement, external executive with the CCSS, says they plan to send the videos to every MLA in the province. To watch the videos, visit the CCSS website at camosunstudent.org.

Digital course material emerging as a new trend

Most Camosun students are still hauling heavy backpacks full of expensive textbooks around campus, but a new trend is emerging with e-textbooks. Websites like coursesmart.com, currently the largest provider of digital course materials, are offering e-textbooks for a lower price than traditional texts. Students can purchase paperless versions of textbooks and either view or download them. But those that prefer to keep their books for future reference might not want to take advantage of this tech-savvy option—the online books expire after a predetermined time period.

UVic earns prestigious AACSB accreditation

On January 5, the Association to Advance Collegiate Schools of Business (AACSB) International announced that UVic has earned accreditation for the Peter B. Gustavson School of Business. AACSB accreditation is recognized as the hallmark of excellence in business education, and only 607 business schools in the world have earned the honor. Achieving accreditation is a process of rigorous evaluation and can take several years to complete. UVic met the 21 AACSB standards and now that they are accredited, they’ll go through a review process every five years in order to maintain the accreditation. Only 10 other business schools from around the world achieved accreditation this year. Including UVic, 18 Canadian schools are currently AACSB accredited.

safety

College beefs up emergency response

EMILY LAING
STAFF WRITER

Camosun College recently updated their emergency response plan, including more staff on duty and beefed-up alarm monitor services.

It’s unclear whether the increase in security is a direct reaction to the school shootings of recent years, but security concerns at educational

institutions have definitely been a factor, according to Camosun’s safety manager Pervez Ditta.

“We’re doing everything we can to make sure students are safe,” says Ditta. “We have an open-door policy, so if a student has a concern my door is always open.”

Ditta and his safety staff are currently implementing more on-campus drills, including a recent

earthquake drill, and educating students and staff regarding safety issues on campus.

“Recently, we completed our emergency-response plan that identifies all hazards including lockdowns and proper protocols in case of a massive emergency,” says Ditta. “We’ve got a way to go, but we are moving in the right direction.”

According to Ditta, harassment or assault is an infrequent occurrence on both Lansdowne and Interurban campuses.

“There has been minimal acts of violence in the last seven years,” says Ditta.

What do you think?
nexus@nexusnewspaper.com
or TEXTBACK to 604-223-0076.

SPEAK UP What’s the best and worst thing you’ve spent your student loan on? BY JINA MOUSSEAU



CODY KLINGBEIL

“The best thing was an engagement ring, and the worst is an abundance of McDonalds.”



LINDSAY ARMSTRONG

“Beer and beer.”



GAIL KELLY

“The best are little trips around BC, and I’m saving part of my loan to go on a big trip. The worst is too many cigarettes.”



REBECCA DOYLE

“The best thing I bought was two goats and four chickens through charity for underdeveloped countries. The worst is cheesy science-fiction novels.”



KELLY CROSSMAN

“The worst was spending \$800 on a vet bill, and the best was matching leather book bags for me and my wife—thank you Canada student loans!”

poverty

Needy students have options at Camosun

RENÉE ANDOR
STAFF WRITER

With the high cost of rent in Victoria and inflation making necessities like food more expensive, it can be a struggle for students to make ends meet. Many students aren't aware of emergency bursaries and other forms of emergency assistance at Camosun College.

Laura Paetkau, a Camosun College counsellor, says she sees students struggling with depression, anxiety, and relationship difficulties, among other things. But living in an uncomfortable situation or not having enough food because of money issues can make these stressors worse, and it's common that finances are an underlying issue for students seeking counselling.

"Many students who come to the Counselling Centre at Camosun have concerns about their finances," says Paetkau. "This certainly can affect their academic performance and overall sense of well-being."

Camosun's Financial Aid and

"We're kind of a last resort. We really want to be able to help when it's necessary."

LYNDA FUNSTON
CAMOSUN COLLEGE

Awards office offers up to \$26,000 per year through a Camosun College Student Society (CCSS) Emergency Aid program. When a student has a financial emergency and has exhausted all other means of assistance, from friends, family, and an overdraft at their bank, for example, they can apply for assistance.

However, they need to prove that it's a real emergency situation. For example, if their car was stolen, they would need a copy of the police report.

Once approved, students will receive a cheque in three to 10 days, or they may get a gift card to

use for groceries at Thrifty Foods right away.

CCSS contributed about \$6,000 to the program in 2010, and the Ministry of Education contributed \$5,000. Camosun College Foundation uses some bursary funds to buy the gift cards, and Thrifty Foods also donates some. About \$15,000 worth of cards was given out to students in 2010.

Lynda Funston, coordinator of financial aid and awards at Camosun, says the amount of money available may sound like a lot, but with a student population of about 7,500 students per semester, the funds don't stretch as far as she would like, and she stresses that the funds are for emergencies only.

"We're kind of a last resort," says Funston. "We really want to be able to help when it's necessary."

Another form of assistance is the CCSS food bank.

Students can take two items per day from the food bank, no questions asked. CCSS estimates that the

two food banks at the Lansdowne and Interurban campuses see about 200 students come through per week in total.

CCSS director of operations Michel Turcotte says a lack of money for food is a big issue Camosun students face.

"Rent and other things come first, and then food's the last variable," says Turcotte, "so when students run out of money, it's their stomachs that suffer."

Natalie Schlogl, CCSS student development assistant, encourages students to stop by the CCSS offices if they need help with any number of an array of problems, like finding housing, securing sources of funding. She says that students can come by the offices even if they need someone to advocate on their behalf because they're having trouble academically.

"It's based on what the individual needs," says Schlogl, "so if they come talk to me I'll point them in the right direction."

NEWS BRIEFS

Contest encourages aboriginal youth to share their stories

For the past seven years the Historica-Dominion Institute, an independent organization dedicated to Canadian heritage, have hosted the Canadian Aboriginal Writing and Arts Challenge. The challenge invites Aboriginal writers and artists to explore an aspect of Canadian aboriginal history. Canadian youth are encouraged to share their story, whether in a two-dimensional art piece (painting, drawing, or photography) or by writing a story. This year's deadline is March 31 and thousands of dollars in prizes are available. Well-known aboriginal authors Joseph Boyden and Drew Hayden Taylor and artists Kent Monkman and Stan Bevan will judge the work of these up-and-coming writers and artists. In the past, two finalists and one winner have come from Victoria. Details on how to enter the contest are located at our-story.ca.

ANCEStor teaches computer science through storytelling

On Tuesday, January 25, Camosun hosted a celebration in the technology building at Interurban campus for Grade 7-10 students from the LÁU, WELNEW Tribal School in Brentwood Bay. Six students from the school completed a pilot project called ANCEStor that uses 3D software to teach computer science concepts through cultural storytelling. Last summer Camosun announced that it was one of 51 organizations across Canada to receive funding from the Natural Sciences and Engineering Research Council of Canada (NSERC), to inspire young people to choose careers in science and engineering. Camosun is using the funding to develop ANCEStor. This year one student from the school made a video game; another used it to tell a traditional story.

Local collector hosts VintAgeous

In 2009, Sarah Rempel launched the website vintage-fairvictoria.com. She hosted Victoria's first vintage fair last October and it was such a success she's decided to put on another one. VintAgeous will take place on February 25 and 26 at Fernwood Community Centre. The fair features 30 local vendors selling clothing, jewelry, accessories, books, art, and décor, ranging in eras from the turn of last century to the early 1990s. Vendors range from vintage store-owners to collectors, students, and even family estates. The fair will also feature a roaming fashion show, a tea-leaf reader, live music, and prizes. Admission is \$3 for both days and partial proceeds go to the Fernwood NRG. For more information, visit vintagefairvictoria.com.

BY ERIN BALL

CO-OP

Camosun students do Disney for their co-op

RENÉE ANDOR
STAFF WRITER

Nine students from Camosun's hospitality and tourism management program will soon be working alongside Mickey Mouse, as they snagged co-op work terms at the Walt Disney World Resort in Orlando, Florida.

The nine students received \$500 scholarships each from the University of California, Riverside (UCR) and are currently there for a two-week orientation program before they start their six-month work/study terms at Walt Disney World on February 1.

The world-renowned program accepted 20 students from Canada,

and all 10 Camosun hospitality and tourism students who applied were accepted, with one student choosing not to go for personal reasons. Program instructor Carl Everitt says he's very happy with Camosun's acceptance rate.

"We're feeling pretty proud of ourselves that 50 percent of the students selected from Canada came from Camosun," says Everitt. "That's quite an achievement."

According to Everitt, Walt Disney World's hospitality training program is known as one of the best in the world. This year is the first time that Camosun has sent students on this work-experience program.



These nine lucky Mouseketeers will do their co-op at Disney World.

The students will do paid work experience and training at Walt Disney World, as well as taking online academic courses through UCR.

The students are in their final semester of Camosun's hospitality and tourism management program and will have their credit at UCR transferred back to Camosun so they can graduate.

While Everitt says the six months will be gruelling for the students, the payoff at the end will be huge.

"It'll really set them up for success," says Everitt. "When they come back to Canada it'll really put them in a good position for hiring."

One of the students on the work-term is Erica Parsons, who got a concierge position.

Parsons is writing a blog about her experiences to let friends and family know what she's up to, as well as giving future Camosun students an idea of what it's like to work at Walt Disney World Resort.

Although Parsons says she

knows the program will be tough, she's glad to have her fellow Camosun classmates there to lean on.

Over 120 postsecondary students from around the world are taking part in the Disney World co-op program, and Parsons says she's looking forward to the cultural experience as much as the educational aspect.

"This is a fantastic opportunity for us to network, and learn, and make new friends from all across the world," says Parsons. "The networking opportunities are amazing."

Everitt agrees that the experience of working and living in another country is one of the most important parts of this placement, and says the co-op partnership makes Camosun's hospitality and tourism management program more appealing to prospective students.

"Our industry is extremely international," says Everitt. "Students that come in are looking for opportunities to study and travel, so this really fit the bill."

What's Love Got to do with it?

Check out these two new, exciting groups being offered to Camosun students:



Looking for Love in all the Right Places:
Exploring and Creating Healthy Intimate Relationships

The Honeymoon's Over:
Taking Your Relationship to the Next Level

For more information call the Counselling office at (250) 370-3571 or email paetkauL@camosun.bc.ca
All groups are LGBT friendly.

COMICS

Comic strip series helps primates

RENÉE ANDOR
STAFF WRITER

UVic student and former Camosun student Troy Wilson is fighting to raise money for a primate sanctuary in the United States, and he's going about it with an unusual approach.

Wilson is the editor of *Panels for Primates*, which is an online anthology of comic strips about primates. The project started in October and one new comic strip will be installed every Wednesday until sometime in April. At the end of each installment is a page encouraging people to donate to the Primate Rescue Centre in Nicholasville, Kentucky.

Wilson admits the fundraising initiative is "an odd endeavour" and questions whether many people will donate money online for something they can view for free. But he says he hopes comic lovers will come around, as his own appreciation for comics inspired him to take on the project from the start.

"I love comics," says Wilson. "To throw my creativity in that direction was an interesting idea for me, so initially it was my love of comics that brought me to the project."

So far 16 comic strips by 26 different creators have been posted online. Some of the artists are already high profile in the world of comics, but the project also gives some lesser-known artists a way to get their work out there.

"Initially it was my love of comics that brought me to the project."

TROY WILSON
PANELS FOR PRIMATES

All the cartoonists create the comics strips for free, and all of the proceeds go the Primate Rescue Center. Wilson says he's amazed that so many artists are willing to donate their time for free, even during an economic downturn.

"It's a 'wow' thing for me that people who are working in a field that's difficult to make money in anyway would do this for no financial gain whatsoever," says Wilson.

Victoria cartoonist Gareth Gaudin created a comic for the site. He doesn't usually do comics about primates, but says he actually had an idea for one before Wilson approached him, and he was happy to contribute.

"If I can add some cartoons to potentially raise some money or awareness, that's the least I could do," says Gaudin.

According to April Truitt, founder and executive director for the Primate Rescue Center, the funds are much needed. Although she says the idea seemed "off the wall" at first, the centre is pleased with the results so far.

"We're very excited about the effort," says Truitt. "It's unlike anything we've ever collaborated on before and it seems to be generating a lot of interest for the plight of primates."

According to Truitt, the sanctuary is many primates' last hope for survival, as they are often put down in the US if no accommodation can be found for them. Most of the primates were used in entertainment or biomedical research, among other things, before they came to the centre for the remainder of their lives. Truitt says awareness is even more important than the money.

"So many people aren't aware that these animals are used in this way," says Truitt. "Most people assume that they go to zoos when other venues are done with them and really they don't."

Truitt estimates that \$200 has been raised so far, but says the real number is hard to gauge. If people don't insert a note that they're donating because of Panels for Primates, the centre has no way of knowing the comics had anything to do with the donation.

Wilson says any amount is appreciated and urges people to donate via PayPal if they would like to make small donations.

"We are really not asking people to donate very much," says Wilson. "We'd love it if they donated, but honestly a dollar or two would be fabulous."

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nightlife

Local pubs and the perseverance of fun

“At the music bingos students really get into it, singing along and pounding those daubers.”

NORM WILSON
MAUDE HUNTERS PUB

PAM OLIVER
CONTRIBUTING WRITER

In 1889, a parrot was occasionally tethered to a tree outside what is now Four Mile Bar and Grill, on the Old Island Highway. Victorian passengers, dragged up the long hill by stagecoach, heard its loud “Whoa!” as their lumbering vehicle passed by. At the command, delivered in a perfect mimic of the driver’s voice, the lead horses would veer left into the yard behind the pub.

“An early example of an effective advertising strategy,” jokes Four Mile Bar and Grill dining room manager Tate Dunnes. “Nowadays, we prefer to promote a pub as an experience that includes all the senses coming into play.”

Regardless of whether it’s 1889 or 2011, pubs do what they can to get the wandering attention span of potential patrons, many of whom are students. Maude Hunters, situated between Camosun’s Lansdowne campus and UVic, is



Persistence and determination, and good beer, are part of a long-lasting legacy of great neighbourhood pubs in town.

ALEX HARO

currently celebrating 25 years in the business, historically no mean feat for a pub.

“Our Rock, Paper, Scissors tournaments are packed with students,” says Maude Hunters manager Norm Wilson. “And at the music bingos students really get into it, singing along and pounding those daubers.”

Maudes is celebrating their 25th on Saturday, February 5 with 1986 prices, ’80s nachos, music bingo, and a best ’80s costume contest, says Wilson.

By contrast, the Knockenback Grill, just a stone’s throw from

Camosun’s Interurban campus, has a ’90s flavour, but the potential to become a favorite to students is high—they claim to make the best gravy and wings in the ‘burbs.

“We get a lot of students here during exams,” says office manager Tobi Minnis. “They come down to celebrate and fill up on food and drinks.”

Fun doesn’t have to burn a hole in an empty wallet either. Over at 1550s on Cedar Hill Cross Road, a cheap-drink night has long been a favourite for those on a tight budget.

“Students, for years, have loved

our hi-ball night,” says 1550’s pub bar manager Keith Campbell.

Out in View Royal, The Six Mile Pub opened in an old sawmill in 1885, proving that Victoria has a long history with the neighbourhood pubs.

But it’s a history that has proven that the local taverns have had to have a lot of perseverance to survive.

All the pubs in town were closed during the long years of prohibition from 1917 to 1921.

Not since the days when stagecoaches labored up the Four Mile Hill have pubs experienced a tough-

er licensing climate than they do today. No one gets by on a wink and a nod these days, with pubs carefully carding for ID.

Different in focus and ambiance than their downtown cousins, neighborhood waterholes all have the same thing in common—they share the tenacity of perseverance as they scramble to keep the suds flowing.

“A neighbourhood pub is an institute,” says Wilson, “a gathering place where you can forget the drudges of everyday life. It’s a place to let go and meet with friends in a warm and friendly environment.”



Student Sale

Unlimited Yoga
Jan 1 - April 30

\$249

(With this ad! Reg. \$299)

January Special
One Month
Unlimited
Intro
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49 classes/wk
5 mins from
Camosun
Visit us online
for more info
1620 Garnet Rd
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With valid student ID
Sale ends Jan 31

www.ihearthat.com

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The good life. Made easy.

Join Today!

only **\$199**

+ tax*



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*When joining you will be required to pay \$199 plus applicable tax. No additional fees are required above the specified membership fee. Must be 18 years of age or older with a valid student ID. Membership expires 4 months from date of purchase. Limited time offer. One club price only. Offer valid at participating clubs only. Other conditions may apply, see club for details.

SPORTS BRIEFS

Federal funding benefits Canadian winter sports

Gary Lunn, Canada's minister of state for sport, recently had some good news for Canadian athletes. Lunn announced that over \$27 million in funding will be provided to Canadian winter-sports organizations. The funding was made public on January 21, the opening day of the Canadian Figure Skating Championships at Save-on-Foods Memorial Arena in Victoria. The organizations that will benefit from the funding are Alpine Canada Lapin, Biathlon Canada, Bobsleigh Canada Skeleton, Broomball Canada, Canadian Curling Association, Canadian Freestyle Ski, Cross Country Canada, Hockey Canada, Ringette Canada, Skate Canada, Snowboard Canada, and Speed Skating Canada.

PISE hosts first annual conference

The Pacific Institute for Sport Excellence (PISE) is hosting their first annual Strength and Conditioning Conference on Saturday, April 2. PISE is on the leading edge in BC for sport and fitness research and innovation. The one-day event features expert speakers talking about long-term athlete development, nutrition, group fitness, sport-specific training, and personal training. Registration for the conference costs \$220 for the day. PISE is also offering the public to attend only the keynote speaker and reception portion of the conference for \$40.

Chargers results:

WOMEN'S BASKETBALL
 Saturday, January 15
 Loss—Chargers 54, VIU Mariners 58
 Friday, January 21
 Win—Chargers 73, Quest University Kermodes 64
 Saturday, January 22
 Win—Chargers 79, Quest University Kermodes 74
MEN'S BASKETBALL
 Saturday, January 15
 Loss—Chargers 61, VIU Mariners 84
 Friday, January 21
 Loss—Chargers 74, Quest University Kermodes 79
 Saturday, January 22
 Win—Chargers 62, Quest University Kermodes 61
WOMEN'S VOLLEYBALL
 Friday, January 14
 Loss—Chargers 1, VIU Mariners 3
 Friday, January 21
 Win—Chargers 3, CBC Bearcats 0
 Saturday, January 22
 Loss—Chargers 2, UFV Cascades 3
MEN'S VOLLEYBALL
 Friday, January 14
 Loss—Chargers 0, VIU Mariners 3
 Friday, January 21
 Loss—Chargers 1, CBC Bearcats 3
 Saturday, January 22
 Loss—Chargers 2, UFV Cascades 3

BY ERIN BALL

chargers

Coach brings optimism to the team

"It's not just all about volleyball; it's about life."

CHARLES PARKINSON
CAMOSUN CHARGERS

EMILY LAING
STAFF WRITER

To succeed as a team, especially during times of heightened emotions, you need a source of motivation. The Camosun Chargers men's volleyball team has found that motivation in their head coach, Charles Parkinson.

The team has lost several players this year due to injuries and personal matters. As a result the Chargers have more losses than victories at this point in the season, which sets them at the bottom of the league.

But if there was a coach to lead a team through the grit, then consider the unfailingly optimistic Charles Parkinson, who's taking the team into the second half of their season with the power of positivity.

"We can't help that our team is mostly sick or injured, we just have to play our best," says Parkinson. "We still have half the season left in terms of matches and we're going to fight like heck in order to represent this team the best we can."

The season has brought moments of taunting and cursing, but Parkinson's strategy of turning the



Coach Charles Parkinson (bottom left) is bringing optimism to the Chargers this year.

pressure on himself and away from his players will hopefully have the desired effect, he says.

"It's not just all about volleyball; it's about life," says Parkinson. "Also, it's about being a student, training hard, competing as hard as possible, and enjoying every moment, regardless whether you win or lose."

Parkinson's record speaks for itself; the team has won the BC title for the last two years and placed third in the nation two years ago.

"For the last two years we've won the banner for Camosun," says

Parkinson. "We started this year the same, but we've had a lot of setbacks along the way."

Parkinson has also taken on a new role at Camosun as a faculty member in the Centre for Sport and Exercise Education and is teaching a fourth-year sport management course in media and public relations.

Parkinson comes off as a pure motivator, excitement wrapped in energy, and a college-sports enthusiast who delights in competition as much as he does people.

According to Charger player

Jon Jorstad, Parkinson delivers the best style of coaching on the sidelines, especially in moments of pressure.

"Charles has a different philosophy than any other coach," says Jorstad. "He has the ability to accept failures and move on."

Training has now become more intensive than ever for the men's team. Every repetition of every drill is a competition.

The Chargers will continue to play aggressively, and their head coach is willing to accept errors as long as they're not lazy mistakes.

hockey

Women's hockey league body-checks stigma

EMILY LAING
STAFF WRITER

The face of women's hockey in Victoria is changing fast. The sport continues to grow and an increasing number of local women have taken up hockey in the past five years.

Camosun students Pam Lou-Poy and Ashley De Kock play for Island Pacific Phantoms Female Senior A, one of several teams in the league. The players range in age from 19 to 35. Many, including Lou-Poy and De Kock, play recreationally, and some come from a background in the women's triple A league.

Lou-Poy and De Kock were drawn in to the league by a number of reasons by family, role models, and friends, as opposed to simply wanting to emulate National Hockey League stars.

High sticks and errant pucks still pose a threat to the face but, according to Lou-Poy, the senior A league hosts a more intact set of rules, so a majority of the players get to keep their teeth. Some might think the action isn't as intense when the Victoria Phantom players take to the ice, but the competitive edge most fans associate with hockey is still there.

Lou-Poy says playing senior A is a whole different game of stick.

"I can't quit playing hockey because I would miss it too much."

PAM LOU-POY
VICTORIA PHANTOMS

No slapshots or body checking are allowed in this league.

"Since there's no hitting in this league, this allows us to focus more on stick-handling and building our skills," says Lou-Poy.

Fighting the stereotypes often associated with hockey athletes, such as fierce rivalries, aggression, and checks involving headshots, these female players come together every week to play some elite-level hockey.

Lou-Poy has been playing hockey for over 10 years. Up until she was 12, she played on a boy's team because there were no other options in Victoria at that time.

"I was always the only girl in the league. And it's definitely an all-boy's club when you play on a guy's team," says Lou Poy. "But I stayed with it and I can't quit because I would miss it too much."



Ashley De Kock (left) and Pam Lou-Poy are representing the Phantoms.

Lou-Poy says it's the focus required to play the game that hooked her. No matter what else is going on in life, it's all forgotten once the puck drops.

Both Lou-Poy and De Kock hope to attract some new players to join and tackle the misconceptions

that come along with women who play hockey.

The rink is always open, they say.

"We are always looking for new players," says Lou-Poy. "If you ever wanted to try women's hockey, now's the time."

Wham, bam, thank you

Take a moment and remember back to the 2010 Olympics in Vancouver. Amid the sports, medals, piss-poor weather, and droves of volunteers in Smurf-blue jackets, there was Shane Koyczan.

Koyczan wowed the nation during the Olympics' opening ceremonies with his poem "We Are More," which he performed as a piece of slam poetry.

With a quiet passion, Koyczan raised goosebumps on the arms and necks of nearly everyone who watched. For many, Koyczan's performance was their first experience with slam poetry, while others in the slam community saw it as a moment of international recognition for something they believe in.

Slam poetry has been running quietly in the background of cities across North America for over 20 years. It got its start in Chicago in late 1984 and has been steadily gaining momentum ever since. Slam is now present in over 20 countries, from Sweden to Bosnia and everywhere in between.

These slam competitions, sometimes referred to as spoken-word, are far removed from the typical bard and banker that comes to mind with dusty sonnets about unrequited love, but rather finds its place somewhere closer to the Eminem movie *8 Mile*, with keep-you-on-your-toes improv and an actively engaged audience.

Individual slams are usually limited to three-minute pieces with points deducted for going overtime. Pieces must be original and no props, costumes, or music can be used. It's about the poet and their voice.

Five judges are selected from the audience, usually those who have never been to a slam before and don't know any of the performers. The judges then give the performers and their pieces scores from zero to 10, with the highest and lowest scores being dropped (like in international sporting competitions), for a possible total of 30 points.

Slam masters emcee the event, calling on the audience to agree or disagree with the judges.

Slams are sometimes done in rounds, often with the first round at one minute, the second at two minutes, and the final round at three minutes.

Most slams are open format with everyone welcome, but there are also invitational slams and theme slams. Theme slams are common to draw out underrepresented demographics, like women and younger participants.

Early days

Victoria's performance-poetry scene started six years ago with the creation of the poetry collective Tongues of Fire. Four years ago Tongues of Fire expanded into slam, hosting the Canadian Festival of Spoken Word in 2009.

"Tongues of Fire came to be because there were five founders who took a spoken-word workshop one summer. They realized that there wasn't any spoken word in Victoria, so they started an open-mic night once a month," says Missie Peters, Tongues of Fire member and new slam master. "That turned into twice a month, and now we have the Big Slam once a month."

While Victoria is relatively new to performance poetry in the grand scheme of things, the community has already made a name for itself and is improving with every event.

"This season is going to be really exciting," says Shayne Avec I Grec, a member of Tongues of Fire who's hoping to nab a spot on this year's national team. "The

whole country is stepping up their game, and I really believe that Victoria is going to be a force to be reckoned with. I'm super excited about the caliber of performance that I've seen so far this year, and by all the new faces I've seen. Victoria is fresh and growing really rapidly as a spoken-word community."

Slam vs. spoken word

While slam is not for the faint of heart, open-mic nights are the perfect place for an up-and-coming poet to get their start.

"Slams are a competition, so it can be daunting, especially your first time," says Peters. "Tongues of Fire open mic, on the other hand, is the most open, gentle, accepting show I've been to. There's no attitude at those shows. It's a place of acceptance, where people know they can go to grow and try new things."

Aside from the welcoming atmosphere and lack of scorecards, open-mic nights feature an even broader format with five-minute time slots.

"Tongues of Fire and slam are very different and very much the same," says Avec I Grec. "Tongues of Fire is very much about just getting people up on stage. It's a beautiful, wonderful place, and really a safe place for people to get their stage legs."

Once participants get up on their feet, the next step is slamming. Slamming is very high octane and a constant learning process, says Avec I Grec.

"Competition ups everyone's game," adds Peters. "You don't roll into a slam with your B material, so everything you see there is really good material."

"The thing about performance poetry is that anyone with a pen and paper can do it"

JEREMY LOVEDAY
POETRY SLAMMER

Start them young

Keenan Proud, a University of Victoria philosophy student and up-and-coming slam artist, has been doing performance poetry for over a year, having discovered it in high school.

"I've probably been on stage about 25 times, but I've never done a slam before," says Proud. "There's one coming up that I'm going to perform at. I'm excited, but pretty nervous, too. It's a little nerve-wracking to know that you're going to be judged, even if it is just by audience members."

Proud says his start began on the Victoria youth team in a last-minute scramble before the competition.

"It was a total last-minute thing. I only had two weeks before the competition, but it all worked out in the end," says Proud. "I mean, we didn't win, but it was still a great experience."

Jeremy Loveday, Victoria's 2010 Individual Slam Champion and past member of the Victoria Slam Team, and Peters agree that it's important to bring poetry into high schools.

Loveday, who was also exposed to poetry writing in high school but didn't start performing live until 2007, says that he wanted to start a youth movement in Victoria, but was beaten to the punch.

"Brad Cunningham, a teacher at Reynolds, is the driving force behind the youth team in Victoria," says Loveday. "It's something that I'd been wanting to work on for a while, and then when I heard that he had already started working on it, we came together and there was a synergy. We do workshops in high-school classrooms for students that haven't yet been exposed to it. We go in and do performances and

ou, Shakespeare

Amanda Richardson
staff writer



just have a lot of fun.”

The open and welcoming atmosphere at Tongues of Fire shows is a safe place for someone to make their start, especially a high-schooler. The thing about performance poetry is that anyone with a pen and paper can do it.

“Really,” says Loveday, “anyone can do it. It’s not elitist. All the stereotypes of self-indulgence and anger are not true. It’s very diverse in Victoria. There’s a political side and a performance side. Some poems are really personal and then there are some that are really funny.”

While the team for the nationals will be decided after the June slam, Tongues of Fire held its individual championships back in December, which Loveday was the winner of with 106.7 points after four rounds.

“I’ll be going to the individual nationals in April. I’m really excited about it,” says Loveday. “It’s part of the Vancouver International Poetry Festival, which is also where the youth championships tie in.”

On top of his individual victory, Loveday is hoping to make the national team for Victoria, which will be happening this October in Toronto, with 2012 planned for Saskatoon, Saskatchewan.

“I’m hoping to get a spot on the national team this year,” says Loveday. “I was on the team in 2008 and again in 2010, so I’d really love to do it again. Nationals are amazing. It’s poetry from 11 in the morning to four the next morning, and then again the next day, and the day after that.”

Shakespeare, Kerouac, and beyond

It’s this kind of west-coast mosaic that breeds a diverse portfolio of poets and material, and is why the Victoria spoken-word community continues to grow rapidly.

“Every scene in Canada is different,” says Loveday. “Some are really serious and others are really loose. I think Victoria is somewhere in the middle. Typically, you won’t find people trying out brand-new stuff on paper here. Most come ready to perform. Some other cities, you’ll get people on stage with paper in their hand, but the judges here seem to mark hard for that.”

The point that today’s spoken word performers keep trying to get across is that they’re not all hemp-wearing, matcha-drinking, Kerouac-style beatniks who moonlight as PETA and Greenpeace activists. Some work as government minions. Others work for non-profits. Some run coffee shops. Others eat red meat like it’s going out of fashion.

Today’s slam poets are everyday Joes who have something to say and aren’t afraid to do so in front of a crowd. And the crowd is all too happy to be there to support the poets.

“Tongues of Fire is a great place,” says Loveday. “It’s so supportive and receptive to whatever part of yourself you have to give. I like that you can get rowdy and you

can cheer. I like that you can boo the judges. It’s very participatory and democratic. It’s up to the audience, not the performer, to set the mood for the night.”

Proud agrees with Loveday, saying that he loves “being in the crowd. I mean, I’m jealous that I’m not up on stage, because I love being up there, but there is so much positive energy in the crowd. You get to snap and stomp and really play a part in the whole performance.”

“There’s so much positive energy in the crowd. You get to snap and stomp and really play a part in the whole performance.”

KEENAN PROUD
POETRY SLAMMER

Tongues of Fire happens every second and fourth Thursday at the Solstice Café and the slams are held at Cabin 12 on the third Thursday of the month. All Tongues of Fire events are open to the public.

The first ever Victoria Spoken Word Festival will be held February 24–26 and will feature 12 of North America’s brightest young poets, including Vancouver’s legendary RC Weslowski as the festival’s poet of honour.

“I’m super stoked for the Vic Slam this year,” says Avec I Grec. “It’s going to be good for people. The audience is going to have a great time with this. The whole environment really encourages everyone to be a part of the experience. The Victoria poetry community is amazing and very supportive of one another. We’re like an open, giant, twisted family. It’s a great thing to be a part of.”

Trades & Technology CAREER Fair



THURSDAY, FEBRUARY 3, 2011 | 9:30 AM – 1:30 PM

INTERURBAN CAMPUS | TECHNOLOGIES CENTRE | PRESENTATIONS: 11:30 – 12:30

EXHIBITORS:

- > Applied Science Technologists & Technicians of BC
www.asttbc.org
- > BC Construction Association
www.stepbc.ca
- > BC Onsite Sewage Association
www.bcossa.com
- > BC Transit
www.bctransit.com
- > Canadian Navy
www.navy.gc.ca
- > Canadian Coastguard
www.ccg-gcc.gc.ca
- > Defence Construction Canada
www.dcc-cdc.gc.ca
- > DND MARPAC
www.dndjobs.forces.gc.ca
- > Epicure
www.epicureselections.com
- > Golder Associates Ltd.
www.golder.com
- > H.Y. Engineering Ltd.
www.hyengineering.com
- > IBEW 230
www.ibew230.org
- > MAXIMUS BC Health
www.maximus.com
- > Peter Kiewit Infrastructure Co.
www.kiewit.com
- > Prince of Whales
www.princeofwhales.com
- > VIATeC
www.viatec.ca

PETER KIEWIT INFRASTRUCTURE CO. will hold a special info session following the career fair and will accept resumes from students interested in employment on Thursday, February 3, 2011, 4:30 - 6 pm, Cafeteria Annex. Food and beverages will be provided.

INTERVIEWS for selected candidates will be conducted Friday, February 4, 2011.



PRESENTATIONS | THURSDAY, FEBRUARY 3

11:30 AM

- > **TECH 174**
John Rowse, BC Onsite Sewage Association – “After the Flush – what we should know about Wastewater Treatment”
- > **TECH 175**
Richard Gudz, Defence Construction Canada – “DCC Services ‘Covers All Bases’”

12 NOON

- > **TECH 174**
Neil Banman, IBEW 230 – “The Spark of an Electrical Career”
- > **TECH 175**
Peter Sparanese, City of Victoria – “Victoria’s Future and Your Place in it”

DOOR PRIZES!

Two (2) Starbucks cards to be drawn in each presentation!

Pizza available for sale in TECH 142. Attend a presentation and get a ticket for free pizza!

Get your résumé ready, dress the part and take advantage of networking with potential employers...

Don't miss out on your chance to win a draw prize! Enter to win a \$250 Camosun gift card and other prizes.



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cinema

Film fest offers zombies, chefs, and politics

“We’re about showing those smaller films that really are more niche.”

KATHY KAY
VICTORIA FILM FESTIVAL

DYLAN WILKS
CONTRIBUTING WRITER

Those seeking a respite from the constant barrage of trashy 3D movies and looking for a richer film experience don’t need to wait any longer, as the annual Victoria Film Festival is almost here.

Now 17 years old, the festival is saturated with the range of emotion and drama expected from the terrible teens.

Cinephiles will have hectic schedules, including nights with several famous directors and a legendary zombie filmmaker, an exploitation-themed evening, and indie gems scoured from across the globe. There’s something for every taste, no matter how esoteric.

Festival director Kathy Kay is most excited about the event with Hollywood veteran Larry Weinstein.

“He’s such a showman,” says Kay. “It’ll be a spectacular night for people.”



DYLAN WILKS

This year’s Victoria film fest promises to be even more esoteric than previous years.

Weinstein, who has more than 25 films to his credit, will be here for *The Process*, an event where his new, highly secretive film, *Politics is Cruel*, will have excerpts premiered for the first time after five years of highly secretive development.

The opening gala, taking place in The Atrium (800 Yates St.), will become a “sparkling ice castle” to coincide with the festival premier of *The Chef of the South Polar*.

“Gala tickets are a hot item,”

says Kay. “Ever since last year, they went like crazy. We sold out early.”

No festival is complete without an appearance by the undead, and this year the legend himself, George A. Romero, will be here for *An Evening with George A. Romero*.

Romero will accompany a screening of his most recent film, *Survival of the Dead*. If you’re a zombie lover, it’s an event you can’t afford to miss.

During tough economic times, finding films for a festival like the VFF can be challenging. Other film festivals are an integral part of the process as budget cutbacks force alternative routes to find these flicks.

“They are really important,” says Kay. “That’s where you find those unique little films.”

The festival is about exposing people to films outside their usual viewing experience.

“We’re about showing those smaller films that really are more niche,” says Kay. “There might be only 50 people in Victoria that want to see a film on eugenics, but you want to still be able to show those kinds of things.”

Victoria Film Festival

February 4–13
Capitol 6 and The Odeon
victoriafilmfestival.com

Big Screen Review

by Ed Sum

Green Hornet stings



Seth Rogen gets outshined by sidekick Jay Chou in *The Green Hornet*.

The Green Hornet

2.5/5

The pulp-action heroes of yesteryear are back in *The Green Hornet*, except this time the protagonist is played by Seth Rogen. This film may or may not be his attempt at claiming action-hero status, but one thing is certain—the movie’s a train wreck waiting to happen.

The story is unfocused, meandering between buddy-cop material to slapstick comedy. And the 3D conversion? It really isn’t needed, as the stunts are great to watch even without this extra third dimension.

Director Michel Gondry tosses in a bit of fun in the style of the TV series *Chuck*—cameras glimpse into what goes on inside characters’ heads before fists start flying with Kato (Jay Chou).

Chou is the true star with his sublime portrayal of a sidekick who’s better than the party animal Britt Reid. While Rogen’s interpretation of Reid as a bumbling buffoon is comical, he’s hardly a hero. Most of the film is about him trying to establish his heroic persona while the plot passes him by.

And when he touches base with reality, there’s a bromance happening—complete with Kato and Reid vying for the comely attention of Reid’s assistant, Lenore Case (Cameron Diaz).

Instead, their wannabe-hero antics raise the ire of mobster Benjamin Chudnofsky (Christoph Waltz). This character is wonderfully twisted and Waltz puts in a lot of work in the villainous roles he plays. He’s a natural at it and just like the pulps, this villain has a quirk that makes him memorable—don’t talk about the suit!

gaming

Gaming convention thrives

ED SUM
CONTRIBUTING WRITER

The popular gaming convention GottaCon is back for its third year and is only getting bigger and better. Founding organizers Carson Upton and Evan Hatch couldn’t be any happier that GottaCon, being held this year at the Pearkes Rec Center from February 4–6, has been so accepted by the community. But with recent advances in gaming technology, they’re also not surprised.

“Gaming is even more mainstream now,” says Camosun alumnus Upton. “And with people of all ages playing it, especially the Wii, events like GottaCon become a place for people to try new things and spend some moments in their favourite pastime with new people.”

Whether someone is a seasoned vet gamer or a newbie, finding people to play with can be tough. Sometimes there’s also the passing of the torch, when fellow gamers retire to pursue other interests, which can affect everyone from the casual player to the GottaCon coordinators.

“The loss of another founding partner increased the work on Carson and I, but we decided we were going to continue without compromising quality,” says Hatch.

“Events like GottaCon become a place for people to try new things and spend some moments in their favourite pastime with new people.”

CARSON UPTON
GOTTA CON

“We’re very excited to say that we’ve persevered.”

That perseverance paid off, as GottaCon’s local community and sponsor support has skyrocketed this year. The vendors appearing this year are varied—those going to the conference will have a chance to peruse brass oddities, pick up leather crafts, or join a local fan club before checking out the latest video or role-playing game.

The event will also have a costume contest and something by the intriguing name of Human Battleship, all of which will surely make this the most varied GottaCon yet.

“There have been some issues in the past with other event organizers who made some people gun shy,” says Hatch. “We’ve worked tire-



ED SUM

It’s GottaCon!

lessly for three years now to prove ourselves and it finally seems to be paying off.”

Upton moved to Vancouver in September, which had a good effect—he found a niche in a big city by being able to spread the word.

Even though he still finds some folks on the mainland not willing to pay the ferry cost, there are more who are willing to sail the savage seas for some weekend fun.

For GottaCon, even having one of the founders move away doesn’t stop the excitement.

“When you get that momentum going,” says Upton, “you have the whole community behind you.”

GottaCon

February 4–6
\$30 weekend pass
Pearkes Rec Centre
gottacon.com

theatre

Local play series helps struggling artists

ROSE JANG
CONTRIBUTING WRITER

Impulse Theatre, the creation of UVic theatre students Andrew Barrett and Emily Piggford, are bringing their physical-theatre piece *Wrath* to the Intrepid Theatre Club on February 5, as part of Intrepid's *You Show* series.

The *You Show*, now in its second season, is an opportunity for emerging artists in Victoria to stage shows without breaking the bank. Intrepid created the series to help out locals who had ideas for plays but not enough money to get them started.

"There were artists who were trying to develop plays but didn't have the funds to stage them," says Intrepid communications manager Sammie Gough.

Successful applicants get the theatre for the whole day, and can use the space for rehearsals, workshops, and anything else they want.

In the evening, they put on a public performance that can range from a staged reading to the first official performance of a new play.

"The main thing is that it has to be a new work," says Gough, "from an artist that's trying to make their way in the world of theatre."

"We want to help people who will also help themselves, who are focused and driven and really want to do the show."

SAMMIE GOUGH
INTREPID THEATRE

So far, the *You Shows* have been very successful. Tickets have sold well, with many shows selling out. Some of last year's artists, like Missie Peters, Ingrid Hansen, and Jeremy Banks, went on to perform their shows at the 2010 Fringe Festival.

Past *You Shows* have been wide-ranging, including spoken-word poetry, drama, and physical theatre, and they have been at various stages of completion.

"We want to help people who will also help themselves, who are focused and driven and really want to do the show," says Gough.

That sentiment sums up *Wrath*, their fourth show.

"The idea for *Wrath* started as an examination of why people hurt



Wrath is one of the many self-made productions in Intrepid Theatre's *You Show* series.

others and themselves, and getting trapped in hurting," says Barrett. "It's about losing yourself and finding yourself."

The show uses physical theatre—there's no dialogue—to take the audience on a journey through anger, and aims to show that anger is normal and can be overcome. Barrett had the idea for the show in September, and he and Piggford

have been working on the show since then.

Wrath consists of a narrative with a series of dances throughout. Barrett stresses that this isn't a dance show, but rather a theatre piece containing movement elements and dance pieces. Piggford is eager to point out that the show is not all dark.

"There's a certain childishness

and playfulness, and also a creepy state," she says. "There's a dichotomy of the happy 'I'm-fine' face and the storm."

Wrath

7 pm February 5, \$9
Intrepid Theatre Club (1609
Blanshard St.)
intrepidtheatre.com

music

The top 10 albums of 2010

TYLER ROWE
CONTRIBUTING WRITER1. **Four Tet**—*There Is Love in You*

If this is a theme record, it's one of warmth and freedom through smooth texture and colour. Four Tet went ahead and surpassed fellow bedroom producers Junior Boys, Hot Chip, Burial, Baths, James Blake, and Caribou to become the high watermark for the genre. This is *Kid A* for an entire musical movement.

2. **Twin Shadow**—*Forrest*

On this catchy but still intricate and intelligent album, some really delightful moments reveal themselves both immediately and over time.

3. **Matthew Dear**—*Black City*

Dear's fourth major release, *Black City*, is dark. Lumbering, dirty, and fearsome, this is a beast of a record. Not all of it is easy to sidle up to, but once you get it, *Black City* absolutely crunches.

4. **The Black Keys**—*Brother*

Everyone thinks they reinvented themselves with *Brothers*, but this duo really just got back to what worked circa *Rubber Factory*. People will be hearing this record for years after the car commercials have gone off the air. Blues rock isn't undergoing a revival—The Black Keys are doing it alone.

5. **Frog Eyes**—*Paul's Tomb: A Triumph*

These songs are so rich and dense, clattering with energy but



Four Tet's stoked because he's got the top pick for album of 2010.

somehow focused by Carey Mercer's vocal skips and flurries. Mercer is a poet of the highest order, and this may be Frog Eyes' best effort to date.

6. **The National**—*High Violet*

It wasn't even their best, but most bands would kill to make *High Violet*. The National is the consolation prize for everything in your life that should've been cool, but wasn't.

7. **Joanna Newsom**—*Have One on Me*

Listening to this album makes you feel like you're in Narnia. But sometimes the many, many layers of music kind of get out of the way and Newsom's voice just shines.

8. **LCD Soundsystem**—*This is Happening*

The best summer album in a long time might be James Murphy's last as LCD. While the songs might

not be as approachable as those on Sounds of Silver, tracks like "One Touch," "Dance Yourself Clean," and "Pow Pow" are unstoppable ass-movers.

9. **Girls**—*Broken Dreams Club*

A new addition to the girlfriend-will-never-complain-about-this all-star team of any guy's record collection.

10. **Baths**—*Cerulean*

Crazy stutter-step beats and beautiful vocal sample hooks; batshit ambition made good. Sure, Will Wiesenfeld could be a better singer, but that isn't really what Baths is about.

Some honourable mentions go to Deftones, Big Boi, Raekwon, Caribou, and Belle and Sebastian. Also, the top five most anticipated 2011 releases are Strokes, Radiohead, Ghostface, Clipse, and Deerhoof.



Noise Addict

by Alli Pickard

Fresh 2011 tunes

In the ever-changing music scene, it's not uncommon for a band to be on top one day and forgotten the next. They're known as one-hit wonders, and there's no shortage of them out there. But the following three bands are ushering in 2011 with some great releases that prove they have made it over the hump of the first-album slump.

Like a breath of fresh air from across the pond, London's **White Lies** (myspace.com/whitelies) are one of those bands that just appeared out of nowhere and hit it big on their side of the water. Their latest album, *Ritual*, which dropped on January 18, is full of catchy pop tunes. Songs like "Strangers" and "Bigger than Us" keep the listener wanting to hear more and more, diving further into the poppy secrets this album possesses. With *Ritual*, White Lies have proven they're more than a one-album band.

Known for their explosive hit "Ain't No Rest for the Wicked," **Cage the Elephant** (myspace.com/cagetheelephant), have shown that even a quirky band from Kentucky can be more than a one-hit wonder. Their new album, *Thank You, Happy Birthday*, has a little something for everyone. The album, which came out on January 11, goes from soft acoustic jams to grungy rock anthems. The band has struggled with people not taking them seriously, but this album will prove that Cage have writing talent. Songs such as "Aberdeen" show a different side



Edmonton's **The City Streets**.

of the Cage the Elephant we know; instead of an acoustic-based song it's bass-heavy alternative rock, which is a pleasant twist.

Edmonton band **The City Streets** (myspace.com/citystreets) are known for their self-absorbed behaviour, but here prove that you can sometimes get away with being a jerk if you're making good music. The band has three albums under their belt, and their latest, *The Jazz Age*, is a bright light in a dark alley of over-processed repetitive music. The album actually came out last year, but it's so good it's still worth mentioning. It has a simplistic take on rock music that has tons of appeal and attitude. "Song for Lee" is not the typical love song; its rawness doesn't make you want to gouge your eyes out like other love songs do. The album has many moods, though—"The Midnight Sun" is a slow laid-back jam that you can picture yourself just cruising down the road to, not necessarily knowing where you're going, but knowing you just have to be there.



Worth the Trip

by Shawn O'Hara and Alex Pask

Stir-fry saga



Campus café
Lansdowne campus
Beef stir-fry with honey garlic sauce
\$6.71

Shogun
Hillside Mall
Beef teriyaki stir fry
\$7.13

Presentation and service

Alex: This stir-fry is huge! I appreciate that the meal comes in a cardboard container as opposed to a Styrofoam one; however, the dish smells strongly of gasoline. This may be because the rice was microwaved in a plastic bag.

A: The rice came straight from a rice cooker and the meal was cooked faster than its competitor, even though no microwave was used. Thankfully, the Styrofoam plate that the meal is on will be around forever to serve as a tribute to this wonderful experience.

Shawn: Watching this stir-fry being made was like watching a voodoo priest brew a stir-fry. Seeing this process happen before your very eyes isn't a great way to start a meal, and it doesn't get better. It looks like a stir-fry, but like a stir-fry whose parents are going through a divorce. Just kind of bummed.

S: Our server was really supportive, and helped me decode the phonetic Japanese required to order (apparently "Teppan" means stir-fry?). The food looks pretty good, and was cooked in front of us, without nary a plastic bag in sight.

Taste

Taste

A: As far as food from the cafeteria goes, this is the closest to what I would make at home, minus the pound of sauce that they slapped on there to protect the ingredients from further harassment.

A: You can taste all of the ingredients, rather than just making out their texture through the mask of sauce. The beef comes in smaller strips and is cooked with mushrooms, which are like two friends at summer camp.

S: This just tasted like honey to me. Sometimes a little beef gets through, but the vegetables are completely masked. I feel just as hungry as I did when I started.

S: I'm a big fan of mushrooms, so this is already ahead for me. There's a ton of sauce, but I guess that's par for the course for fast-food stir-fry. It's simple, filling, and tastes good. That's it.

And the winner is... Shogun

Verdict: It uses fresher ingredients, it's fair-sized without being murderous, and the sauce is a compliment instead of a slap in the face.



Green Your World

by Keira Zikmanis

Creative waste

As environmentalism has become more mainstream, many faces that embodying the green movement have arisen.

Sunday from 9 am until 2 pm at the Fernwood Community Centre. See fernwoodneighbourhood.ca for more details.

There are the hippie naturalists, the local and organic princes and princesses, the dumpster-diving activists, and the concerned yuppie moms and dads, to name just a few of the different types of enviro-folk that can be found out there here in the early 2000s.

"One purpose of the Swap n' Shop is to divert goods from the landfill, finding new owners for things rather than throwing out those Christmas sweaters you don't want anymore," says Kate Naugler, event coordinator of the Swap n' Shop.

But despite our differences in philosophies and lifestyles, there's at least one thing we can all agree on—getting free stuff is pretty awesome.

Naugler says people can bring their own items in and trade, hence the swap option in the event name.

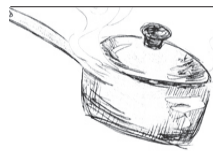
All of us go through the constant cycle of acquiring new things and purging our homes of those items that once were shiny and new and are now potentially housing moths at the back of our drawers. Now we can fulfill our consumptive urges and be rid of those old Bon Jovi shirts in one fell swoop.

"Rather than just having vendors, people can also bring in their gently used goods and swap with others," says Naugler.

Fernwood NRG has started a weekly goods and services exchange, or Swap n' Shop, every

The Swap n' Shop is just one example of the growing trend of bartering as a component of an eco-friendly lifestyle.

And you don't need a ton of resources to get something started on your own—it's as easy as calling up some friends for an impromptu clothing swap.



What's Cooking, Camosun?

by Naomi Kavka

Rice is nice



AMANDA RICHARDSON

Don't be ashamed to use one of these bad boys while making rice.

I have a confession to make—I use a rice cooker.

helpful to avoid terrifying, starchy boil-overs).

I know I shouldn't be ashamed, because everyone does, but it feels like cheating. I love rice, and have an easy time cooking delicious rice on a stovetop, but the cooker is just so convenient.

Sometimes, after rinsing rice, I brown it in butter. That way it gets a nice even covering of oil to keep it from sticking to itself while cooking. This step is optional, and my last few experiences have been pretty successful without this step.

When it comes to rice, there are as many ways to cook rice as there are varieties. I keep a few types of rice on hand, depending on the dish I'm preparing.

The most tricky part about rice cooking is timing. Generally allot about 20 minutes, depending on quantity.

Right now, I have basmati (white and brown), Japanese (white and brown), and plain old long grain white rice. Lately I've been rocking the brown rice to make me feel better about my eating habits, and, honestly, the flavour and texture are not only pleasant, but work well in many contexts.

Back burner rice:

Unless you're cooking certain types of sticky rice, make sure you clean your rice by rinsing it in cold water. Do this until the rinse water runs clear (this can seem like it takes forever sometimes, but it's

- 1 cup basmati rice
- 1 cup Japanese short grain rice
- 3 cups water (for brown rice, add about half a cup more water)
- salt to taste
- (These ratios may need adjusting for a rice cooker; they work for mine, but not for others, so you may need to experiment if you use one.)
- Combine rice in a medium pot

and rinse with cold water. Add 3 cups water, and salt. Heat on high until it reaches a boil. Reduce to simmer, and cover for 20 minutes. Don't take off the lid to check until you're pretty darned sure it's finished. Steam is what cooks rice, so when you remove the lid you can spoil it by removing too much steam from the pot. Patience is key; trust your measurements and you should be okay. I tend to add a pretty healthy dose of salt to give rice more flavour. I've also added amounts of other spices, such as saffron or paprika to give rice a nice colour. You can cater these spices to whatever you're serving the rice with. If you plan on making rice pudding (which I often do) you might want to be a bit more conservative with these sorts of additions. Rice goes with anything, so go nuts pairing it with different foods and experimenting.

Tasty tip: If you opt to use different fluids, such as coconut milk, be careful because the sugar content can easily burn.



The Bottom, Bottom Line

by Lisa Brown

CEOs we love and hate

The hate:
Tony Hayward, ex-CEO of British Petroleum

McDonald's we know today, a company who refuses to address concerns about nutrition and health issues. Ray Kroc passed away from heart failure in 1984.

During the Gulf oil disaster Hayward was seen enjoying boat races and vacations, and was quoted as saying he just wants his life back. As head of a company that chose profit over precedence, we can securely place Hayward's name on the naughty list.

Marc Zuckerberg, CEO of Facebook

Donald Trump, CEO of The Trump Organization
Okay, we can't hate someone for having bad hair or a crappy catchphrase, but how many times has Trump filed bankruptcy? Once in 1991, and again in 1992; by 1994 he had \$900 million in personal debt alone. He filed bankruptcy again in 2009; who gave this guy his own show?

Some attribute his chauvinistic remarks to his poor social skills, but as the world's youngest billionaire, who can argue with his genius? He dropped his own chief financial officer's percentage of ownership from 24 percent to less than 10 percent in 2005, a court case later closing on the side of Eduardo Saverin, a now official co-founder of Facebook.

Ray Kroc, ex-CEO of McDonald's

The love:
Warren Buffett, CEO of Berkshire Hathaway

After purchasing the franchise from the McDonald brothers, Kroc refused to acknowledge royalties promised to the group, taking the company and building it into the

Aside from pledging 99 percent of his fortune away, the third-wealthiest man in the world still lives in the same Nebraska home he secured before the billions. He still frequents business meetings through McDonald's, and continues to keep his life as simple as he can.

Oprah Winfrey, CEO of The Oprah Winfrey Network (OWN)

Between her philanthropic efforts around the world and personal charities, there's a reason why Oprah is one of the most respected women in the world. She's also promoted the mainstream acceptance of gays and lesbians.

Richard Branson, CEO of Virgin Group

Humanitarian initiatives and random world records aside, this man is trying to get us into space. He hopes to have commercial flights orbiting the earth within a few years. For a fee of around \$200,000 you can experience weightlessness and travel where few have gone before.

Bill Gates, CEO of Microsoft

So, some goofy-looking kid went and changed the world and became the richest man alive for a time. He and his wife Melinda are giving away their fortunes through the Bill and Melinda Gates Foundation. Just try to forget about that mugshot.



What's Up with Her?

by Chantal Kyffin

No space like home

The Women's Centre recently welcomed our very first Women's Collective meeting of the year.

These meetings are important and invaluable to Camosun women because they help support and give women a sense of belonging and a voice to express themselves.

One of the issues we spoke about at this particular meeting was the importance of safe spaces for women.

Many of us refer to the Women's Centre as home away from home. Its Victorian-style windows let natural light into the room, which is situated in sunken garden surroundings.

For over 20 years, the Camosun Women's Centre has been providing a safe, welcoming environment for all self-identified women to come and enjoy. The Women's Centre offers food and beverages, as well as resources.

Some women use this space as a safe place to eat as they can't eat in public for religious reasons. We

have women in the nursing program that use the centres to eat, lunch, nap, or study. Women find support and a sense of family that they otherwise may not get.

Although the centre doesn't cater to males, it's been a special place that many women love and need. One woman I spoke to asked if women don't have a safe space to go to, how can we function and reach our full potential?

We recognize how important it is to make sure we continue to have a Women's Centre; as a collective we hope to have your support in our future goals to keep the Women's Centre funded by the Camosun College Student Society.

What do you think about these columns? Email your thoughts, opinions, and feedback to nexus@nexusnewspaper.com or TEXTBACK to 604-223-0076.



The Electric Bungalow

by Ed Sum

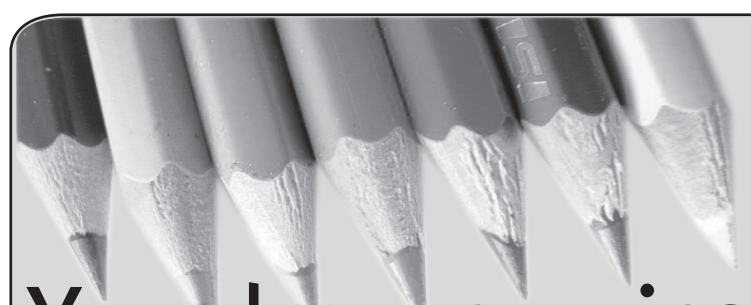
Tablet time

Now that the rage is all about owning a tablet computer instead of a netbook, many students will be wondering what type they should buy. That will depend on individual needs and when certain tablets are due to arrive. Here are some things that you need to know:

- Tablet computers have been around since 2001. They're basically laptops with a screen that can twist around 180 degrees and fold in to rest against the keyboard. An electronic pen is required to interface with the screen.
- If you want Adobe Flash support on a tablet, you'll have to

opt for either the tablet-optimized versions of Windows 7, or Android.

- Tablets with cameras for video conferencing are coming. Some will sport one camera and others will have two, one front-facing to look at the user and the other rear-facing for photography.
- For those wondering if bigger screen sizes are better, that depends. For graphics or video—go big; for basic tasks, seven inches is fine.
- Want to watch 3D video on these screens? Wait a year or two. The technology is here, but it's not economical to manufacture these displays just yet.



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Screwed

by Alexah Konnely

Fakers and starfishers

Dear Screwed,

I think my girlfriend is faking orgasms. Every time I supposedly get her off, it's a big theatrical thing—moaning, yelling, writhing... the works. The sheer magnitude of her orgasms made me kind of suspicious. When I ask her what her orgasm was like after sex—how it felt, if it was good, and so on—she brushes me off and won't go into details. Am I just beating myself up assuming that I couldn't possibly be that good? Is there any way I can really find out the truth?
- Gives a Shit About Her

Dear Gives a Shit About Her,

First, let's give your girlfriend the benefit of the doubt. Obviously, some people have seriously theatrical orgasms, and she could legitimately be one of those people. But how does that explain why she brushes you off after you interrogate her about it afterwards? Maybe she thinks that her clearly expres-

sive display of pleasure should be enough explanation. Now, let's say your compassionate concern isn't totally unfounded. Don't accuse her of faking, because then she'll probably get defensive—instead, open up the lines of communication. Say to her, "If there's anything I could do better or do differently, let me know. My feelings won't get hurt."

Dear Screwed,

I'm a gay dude who was recently told by a guy I've been seeing that I'm a "starfisher"—you know, I just lay there. I've always thought of myself as sexually liberated. I'm comfortable talking about it, and when I think about sex I imagine myself to be relaxed, sexy, and in control. But when I get down to the act, I get so nervous that I freeze up. How can I take it easy and tap into my inner slut? And how do I break it off with this guy now that he burned me?
- Stiff

Dear Stiff,

How do we jump out of planes? It's simple: we jump the fuck out of the plane. You're on the right track—you say that you're comfortable talking and thinking about sex, and you sure don't sound like a prude. Maybe your next step should be to give some thought about what it is about sex that makes you so nervous. Do you not know what to say or what to do? Talk to the dudes you're sleeping with. Ask them what works for them, tell them what works for you, and let them know in advance what you're up for and what you're not up for. Most importantly, tell them that you're feeling nervous. It'll probably seem like less of a big deal if you're not trying to hide it the whole time. As for the guy, if you don't want to see him anymore after this whole "starfish" revelation, just tell him so and leave it at that. Or you could always just make something up. My personal favourite is the old classic, "it's just bad timing."



First Person, Plural

by Pam Oliver

Singlehood realty

Sometimes the only useful thing about a knight in shining armor is his horse.

Most young women will not spend much time wondering why there's such a high incidence of women in their thirties and forties who dive so quickly back into second marriages.

In her twenties, a woman feels the relative security of youth, born of her naturally tight collagen and perky boobs. Her goals, not all that dissimilar to her older sisters, often include finding a partner, but with a much more limited focus.

At 52, married for 23 years, now divorced for six, I feel no urge to combine forces with some nice person out there. It's not all about my continued mistrust of myself in a relationship that I remain stubbornly single.

Scratching backs is a valid argument at any age. And I'm not a

feminist; I understand why many women continue to identify as chatel as a form of lifestyle preservation. Independence is a relative thing.

Was Scheherazade any less alone in her harem environment than the young mother with three children in low-income housing? Both are financially affordable environments—that is, until the sultan pulls up his tent pegs and kicks us out. I can hear my mother saying, "What's *your* plan beyond *his*, my dear?" A wise woman, with an unfortunately stubborn daughter.

Woman has long used her brains to fight for her identity, for self-expression, for her very survival in a never-ending fight against social stigmas. But too often passion wins out over prudence.

There's arguably no passion as intense as romantic love. The mistake is not forgetting your diaphragm, but rather in falling for the lie that being in love somehow pro-

TECTS you from the consequences.

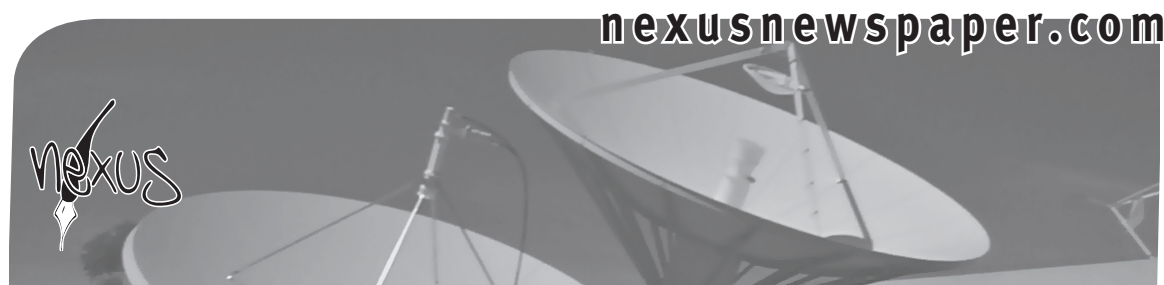
If you think about it, romantic love's purpose can only logically be as a method of getting the human race temporarily past noticing our blotchy bits long enough to produce a child—thus ensuring the race continues even as the relationship more often doesn't.

While I might choose not to marry again, that isn't to say I can't hope to mature enough to earn the right to a healthy relationship some day.

Let's take a stand for our right to be proud of ourselves if we identify as single.

Let's be passionate about preserving our personal space, surrounded by our own mistakes and successes, unguided and unhindered by all the pitfalls of partnered intimacy.

And let's fall in love with independence, whatever form it may take.



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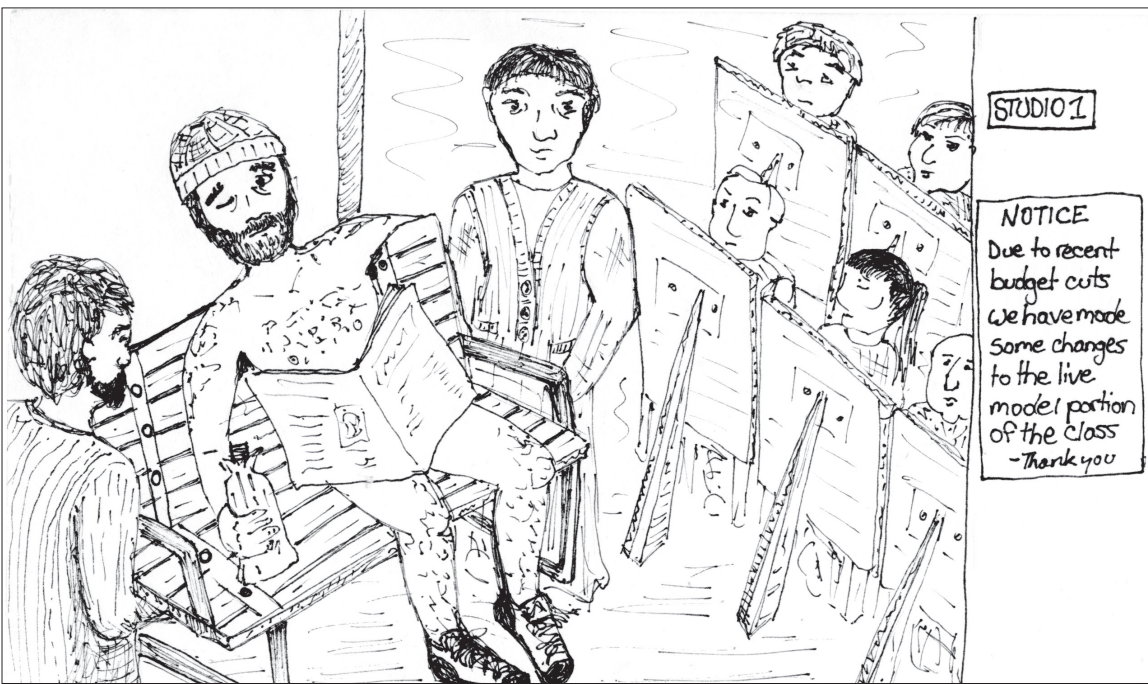


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Richmond House 201, Lansdowne

Single Dad Banana By Benjamin Ripley (The Gateway, CUP)



Norma Jean By Jenna Cotton



Campus Callosum By Pam Oliver



Moving out, moving in. . .Moving on.

Kool 107.3

TOP 40 COUNTDOWN

Today's Best Music

Saturdays 10am-2pm
Sundays 6pm-10pm

- | | |
|--|--|
| 1. Pink > Raise Your Glass | 21. Nelly Furtado > What you Want to Do |
| 2. Black Eyed Peas > The Time (Dirty Bit) | 22. Usher > More |
| 3. Katy Perry > Firework | 23. Michael Jackson > Hold My Hand |
| 4. Maya/Martina > Stereo Love | 24. Katy Perry > Teenage Dream |
| 5. Far East Movement > Like a G6 | 25. Far East Movement > Rocketeer |
| 6. Bruno Mars > Grenade | 26. Maroon 5 > Give a Little More |
| 7. Rihanna > Only Girl | 27. Danny Fernandes > Automatic |
| 8. Ke\$ha > We R Who We R | 28. Offishal/Akon > Body Bounce |
| 9. Eminem > Not Afraid | 29. Sunloverz > Fire |
| 10. Nelly > Just a Dream | 30. Neverest > About Us |
| 11. Fefe Dobson > Stuttering | 31. Enrique Inglesias > Tonight (I'm Loving You) |
| 12. Taio Cruz > Dynamite | 32. Kaskade > Fire in Your New Shoes |
| 13. Bruno Mars > Just the Way You Are | 33. Alyssa Reid > Alone Again |
| 14. Dirty Radio > My Heart | 34. Shawn Desman > Night Like This |
| 15. Usher/Pitbull > DJ Got Us Fallin In Love | 35. JRDN > U Can Have It All |
| 16. Rihanna/Drake > What's My Name | 36. Taylor Swift > Back to December |
| 17. Marianas Trench > Good to You | 37. Usher/Will.I.Am > OMG |
| 18. Flo Rida > Club Can't Handle Me | 38. David Guetta > Memories |
| 19. Mike Posner > Please Don't Go | 39. Fefe Dobson > Ghost |
| 20. Eminem/Rihanna > Love The Way You Lie | 40. Chris Brown > Yeah 3X |

www.1073kool.fm

local, live, and loud
by erin ball

THURSDAY, JANUARY 27

Niska Napoleon, *Everybody Left, Dirt Merger*

V-LOUNGE, 8 PM, \$12
Singer/songwriter Niska Napoleon, daughter of Cree cover-artist Art Napoleon, is holding an EP release party at the V-Lounge, located at the Red Lion Inn. Niska is a member of Rocky Mountain Rebel Music, a collective of musicians from across Canada who are regulars on the Victoria ska scene. After receiving praise for her live solo shows the past few years, she has finally released an EP of original work.

THURSDAY, JANUARY 27

Parker, Mt. Doyle, Neon Steve, Xavier

HUSH, 9:30 PM, \$12 BEFORE MIDNIGHT, \$15 AFTER
Parker, also known as Pete Hall from the UK, dropped his debut album *To Eternity* in 2008 to critical acclaim. Since then he's been releasing hit remixes, such as 2009's *Where's My Monkey*, and racking up the airtime on *BBC Radio One*. His live show features the best of dub step, hip-hop, breaks, and drum 'n' bass. Up and coming drum 'n' bass DJ (and Camosun student) Mt. Doyle opens, along with the always-funky Neon Steve and Xavier from W.A.X.

FRIDAY, JANUARY 28

Top Less Gay Love Tekno Party

LUCKY BAR, 9 PM, \$15
Indie-pop electro group, Top Less Gay Love Tekno Party (TLGLTP), is bringing their eccentric live show to Lucky Bar. This six-piece party band is known for getting patrons in any given venue moving with their energetic tunes and wacky costumes. TLGLTP played in Victoria back in September and stole the show.

FRIDAY, FEBRUARY 4

Five Alarm Funk

SUGAR, 9 PM, \$20
Vancouver's 12-piece jam band Five Alarm Funk returns to Victoria for one of their energetic, costumed, and crowd-pleasing performances at Sugar. Five Alarm Funk started at a six-piece band in 2003 and have evolved into the tight, funky jazz band that packs dance floors across western Canada. Five Alarm Funk recently released their third studio album, *Anything Is Possible*, and are currently touring the western states before they bring their show back up to Canada.

TUESDAY, FEBRUARY 8

Finger Eleven, *Hail the Villain*

CLUB 90NE9, 8 PM, \$35
Juno-award winning rockers Finger Eleven make a stop in Victoria during their Canadian winter tour for the new album *Life Turns Electric*. Finger Eleven found success in the charts both at home and in the US with their 2007 hit single, "Paralyzer." Since then, they've been touring North America and Europe and recording the new album. Canadian hard rockers Hail the Villain open.

TUESDAY, FEBRUARY 8

Lauren Mann and the Fairly Odd Folk

THE SPIRAL CAFÉ, 7 PM, FREE
Calgary folk-singer Lauren Mann and her band, the Fairly Odd Folk, hit up the Spiral Café as part of a cross-Canada tour.

eye on campus

by erin ball

THURSDAY, JANUARY 27

Cinema Politica: *El Contrato*

Once a month, Camosun welcomes the public to Lansdowne campus for a screening of a film with a topical social issue. The first film of 2011 is *El Contrato*. The film follows Teodora Bello Martinez, a poverty-stricken father of four living in Central Mexico, and several of his countrymen, as they make an annual migration to Southern Ontario. The screening of *El Contrato* will be followed by a facilitated discussion by the BC Justice for Migrant Workers. Films show at 7 pm in the Gibson Auditorium at the Lansdowne campus. Admission is by donation.

TUESDAY, FEBRUARY 1

Q2W: Quit to Win Contest

Camosun College, in partnership with the BC Lung Association and the BC Healthy Living Alliance, is hosting its second annual Quit to Win Contest. The goal is to reduce tobacco use among students and staff and to minimize secondhand smoke on both campuses. Students and staff who have been daily smokers for the last year or have quit within the last three months (and smoked daily before that) are eligible to enter the contest, along with a support buddy. Participants must stay tobacco free from February 1 to March 15 to be eligible for the prize draws and support buddies are eligible for prizes, too. The registration deadline is January 31. Register at surveyfeedback.ca/surveys/wsb.dll/s/1gb8c.

SATURDAY, FEBRUARY 5

Saturday Short Takes: *The Causes of War*

This new course being offered through Camosun's continuing education department examines why modern wars occur. The one-day course will introduce most of the various causes of war such as racism, nationalism, religious differences, and fear, and ascribe them to the many conflicts students are familiar with. After the three-hour course, participants should be able to think more critically about war and understand it from multiple perspectives. The cost is \$49 and class starts at 1:30 pm. Visit camosun.ca/ce/new-classes.html to register.

TUESDAY, FEBRUARY 1 AND

WEDNESDAY, FEBRUARY 2

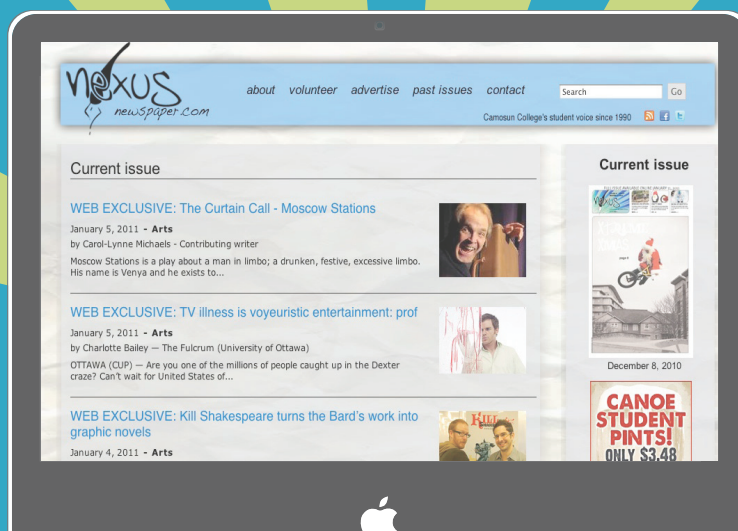
Learning Skills workshops: Lansdowne and Interurban

Camosun College offers free learning skills workshops for any student wanting to improve their performance in class. Lansdowne holds workshops in the multipurpose classroom in the Library Learning Commons on Tuesdays from 11:30 am-12:20 pm. On February 1, participants can learn how to take effective notes in class. Interurban holds their workshops on Wednesdays at the same time in the Campus Centre, room 123. Interurban's workshop on February 2 is all about reading textbooks and increasing comprehension and concentration. The Camosun College Student Society will be offering free coffee during the workshops. Visit camosun.ca/services/learning-skills for more information.

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- Breaking news
- Concert/play reviews
- National news
- Exclusive interviews

nexusnewspaper.com



A large advertisement for Big Rock Brewery's 25th Anniversary Celebration. The background is a textured, brownish-gold color. At the top left, there's a circular logo for "MAUDE HUNTERS 1986-2011". To the right is the Big Rock Brewery logo. The central focus is a large, stylized "25th" in red and white. Below this, a banner reads "ANNIVERSARY CELEBRATION". Further down, it says "SATURDAY FEBRUARY 5, 2011" and "ALL DAY EVENT". There are several bullet points: "★ 1986 PRICES", "★ MUSIC BINGO AT 8PM", and "★ PRIZE FOR BEST 1986 OUTFIT". At the bottom, it says "25 YEARS AS YOUR NEIGHBOURHOOD PUB" and "bigrockbeer.com". Two glasses of beer are shown on the right: a tall one labeled "ROCK CREEK DRY CIDER" and a shorter one labeled "Grasshopper". At the very bottom, it says "Of all your choices, enjoying Big Rock responsibly is the best."

classifieds

FREE EYEBROW THREADING with Brazilian \$37. Specializing in waxing and threading. Fernwood Holistic Health Care Centre. Only by appointment. 250-507-7174.

EACH REGISTERED STUDENT AT CAMOSUN IS ELIGIBLE FOR UP TO 40 WORDS FREE PER SEMESTER. This can be a 40-word ad or two 20-word ads. Please include your student number and contact information. Nexus reserves the right to refuse ads. Business ads are \$15 for 20 words or less; 50 cents per extra word.